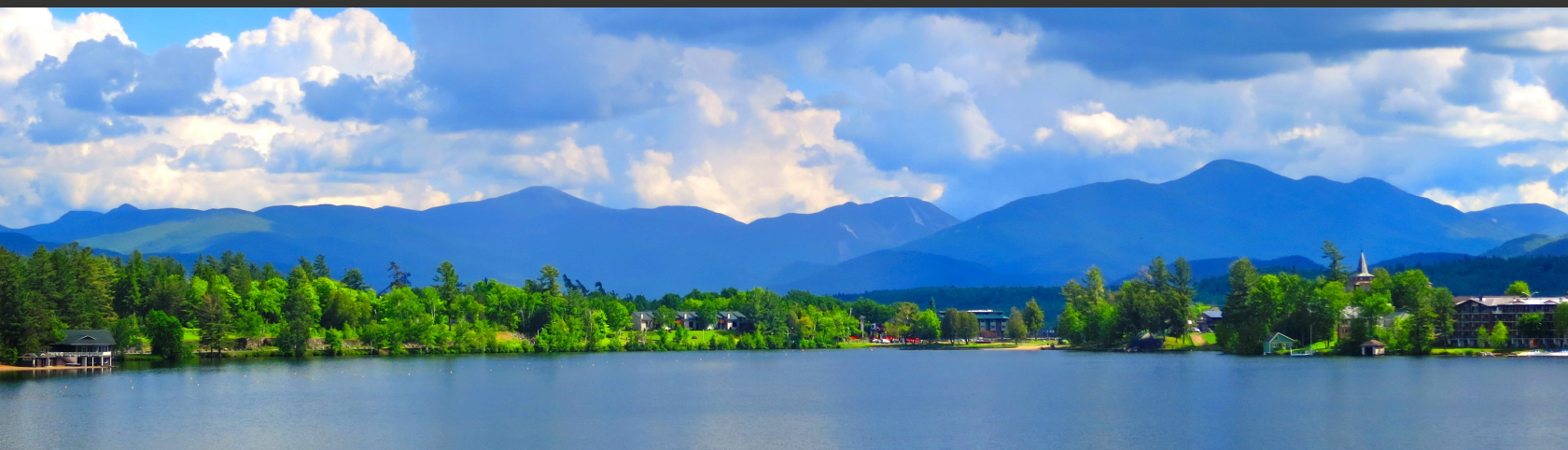




THE TENTH ANNUAL



2018 a·H·I SUMMIT

*Celebrating a Decade of Collaborative Excellence:
Improving Health Outcomes*

===== INNOVATIVE • POWERFUL • INSPIRATIONAL =====

September 27, 2018

Lake Placid, NY



#AHISummit

Agenda

Registration 7:30-8:00	Continental Breakfast in Edelweiss-Sponsored by Health Management Associates		
Opening 8:00-8:15	Welcome Eric Burton, CEO, AHI <i>Lussi Ballroom</i>		
Morning Keynote 8:15-9:30	Celebrate, Collaborate, and Sustain: Powering Transformative Value in Rural Population Health Gregory S. Allen, Director, Division of Program Development & Management, NYS DOH <i>Lussi Ballroom</i>		
Break 9:30-9:45	Beverages provided in Edelweiss-Sponsored by HCR Home Care		
Remarks 9:45-9:50	Remarks from our Premier Event Sponsor <i>Unite Us</i>		
Panel 9:50-11:10	Whole Person Care: Addressing Social Determinants of Health Panelists share collaborative approaches for tackling the social determinants of health in our rural region. <i>Sponsored by Arthur J. Gallagher & Co.</i> <i>Lussi Ballroom</i>		
Rural Health Champion Awards 11:10-11:50	2018 Rural Health Champions Nancy Gildersleeve, Executive Director – Fulton PHN and DSRIP Operations, AHI <i>Sponsored by Arthur J. Gallagher & Co.</i> <i>Lussi Ballroom</i>		
Lunch 11:50-1:00	Buffet Lunch in Edelweiss-Sponsored by Glens Falls National Bank (Seating in Salons A, B, C)		
Breakout Sessions 1:00-2:15	Collectively Eradicating the Opioid Epidemic Featuring panelists from GFH Center for Recovery, Rob Constantine Recovery Center, St. Joseph's Treatment Center, and Warren County Sheriff's Office <i>Van Hoesen</i>	Collaborative Efforts: Reducing Avoidable Admissions with Mobile Health Care Mark Spiezio, Cambridge Valley Rescue Squad, and Kathy Jo McIntyre, Washington County Public Health <i>Intervale</i>	Health Home: Stories of Reaching the Vulnerable Featuring panelists from Alliance for Positive Health, Citizen Advocates, and Glens Falls Hospital Family Health Centers <i>Whiteface</i>
	Developments in Recovery	Mobile Health	Care Management
Break 2:15-2:30	Refreshment break in Edelweiss-Sponsored by MVP Health Care		
Breakout Sessions 2:30-3:45	Embracing Telemedicine Wound Care Dr. Jitendra Singh, Singh Plastic Surgery, with Patricia Ross, Holly Vaughn, and Amanda Waite, Fort Hudson Health System, Inc. <i>Whiteface</i>	The Journey to Value Based Payment Todd Moore, OneCare Vermont ACO, Adirondacks ACO, UVMHN, and Karen Ashline, UVMHN-CVPH/Adirondacks ACO <i>Intervale</i>	North Country Behavioral Health Care Collaborative Featuring panelists from Citizen Advocates, Inc., St. Joseph's Treatment Center, United Helpers, and Warren-Washington Association for Mental Health <i>Lussi Ballroom</i>
	Telemedicine	Value Based Payment	Behavioral Health Collaboration



On behalf of Adirondack Health Institute's Board of Directors, member organizations – Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network, St. Lawrence Health System, and The University of Vermont Health Network – Champlain Valley Physicians Hospital - committee members, partners, and staff, I would like to extend a warm welcome to our 10th Annual AHI Summit.

The theme of our conference is *Celebrating a Decade of Collaborative Excellence: Improving Health Outcomes*. Today we have a chance to celebrate our collective work over the past decade to improve the health and well-being of people in our respective communities, while also looking ahead and planning for what is coming next.

We are extremely grateful you are with us and expect you will find this year's conference to be enlightening and invigorating.

Eric

Eric Burton, CEO, AHI

Thank you for attending the 10th Annual AHI Summit!

- ♦ Lake Placid Conference Center Wi-Fi connectivity:

Username: SUMMIT

Password: AHI2018!

- ♦ Watch for the AHI Summit Survey email. Your feedback is essential to future Summit planning!
- ♦ Photography and Recording Notice: AHI will be capturing media today; if you prefer we do not capture your image, please complete an opt-out form at Registration.

- ♦    Adirondack Health Institute  @ahi_health #AHISummit

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- + Managed Care
- + Public Health
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Celebrate, Collaborate, and Sustain: Powering Transformative Value in Rural Population Health

Gregory S. Allen
Director, Division of Program Development & Management
NYS Department of Health

Weaving together a multitude of AHI PPS success stories, the keynote will illustrate the true power of collaboration in spurring and sustaining meaningful transformation and progress in the ever-evolving world of rural health care delivery and population health.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Whole Person Care: Addressing Social Determinants of Health

Did you know that approximately 80 percent of the factors influencing health outcomes are social and environmental? Health starts where we live, learn, work, and play. To reduce health care costs, improve health outcomes, and enhance quality of care, it is important to recognize building healthy communities begins long before a patient arrives at a doctor's office. Panelists from three community-based organizations and a Federally Qualified Health Center (FQHC) within the AHI PPS service area will share innovative approaches to addressing social determinants of health.

Moderator: Gregory S. Allen, NYS DOH

Panelists:

- ◆ Kim Cook, Open Door Mission
- ◆ Michael Countryman, The Family Counseling Center
- ◆ Amelia Gelnett, Comfort Food Community
- ◆ Tucker Slingerland, MD, HHHN

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Collectively Eradicating the Opioid Epidemic

The complex drivers of the opioid epidemic make it impossible for any single organization or professional sector to make a significant impact on its own. Non-traditional partnerships have formed across the AHI PPS to implement innovative approaches, create new pathways to recovery, and bring knowledge and prevention strategies to the region. Collaboration crossing all sectors, and remaining person-centered, has allowed us to identify opportunities and shift from gaps in care to fulfilling resources.

Moderator: Rebecca Evansky, AHI

Panelists:

- ◆ Ginger Cato, Rob Constantine Recovery Community and Outreach Center
- ◆ Robert Ross, St. Joseph's Addiction Treatment and Recovery Centers
- ◆ C. Shawn Lamouree, Warren County Sheriff's Office
- ◆ Susan K. McManus, Center for Recovery, Glens Falls Hospital

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Collaborative Efforts: Reducing Avoidable Admissions with Mobile Health Care

Mark Spiezio, Cambridge Valley Rescue Squad

Kathy Jo McIntyre, Washington County Public Health

Community Paramedicine/Mobile Integrated Health Care continues to grow nationally and has demonstrated positive results in reducing avoidable hospitalizations, including emergency department visits, which in turn is saving health care dollars. The Mobile Health Care System is a collaborative endeavor formed in January of 2014. It includes members and medical directors from the Cambridge Valley, Easton-Greenwich, Salem, Bay Ridge, and Granville Rescue Squads and has been providing eyes on the patient in a coordinated approach with at-risk patients in Washington, and parts of Warren and Rensselaer Counties, for nearly two years. Additional members of the Mobile Health Care System include Washington County Public Health, Glens Falls Hospital Family Health Centers, Southwestern Vermont Medical Center, Adirondack Rural Health Network, Fort Hudson Health System, HCR Home Care, the Alzheimer's Association, and other community health care groups.

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Health Home: Stories of Reaching the Vulnerable

A panel of Health Home Care Managers from the Alliance for Positive Health, Citizen Advocates, and Glens Falls Hospital Family Health Centers, facilitated by Mary McLaughlin of AHI's Health Home program, will share examples of program successes, dispel common myths, and illustrate how the program is relevant to patients and providers in the North Country. New York State's Health Home program has improved coordination and quality of care for Medicaid beneficiaries with multiple medical, behavioral, and social challenges. Learn about how this program has attained proven results that positively impact social determinants of health.

Moderator: Mary McLaughlin, AHI

Panelists:

- ◆ Carol Byron, Glens Falls Hospital Family Health Centers
- ◆ Mary Madison, Glens Falls Hospital Family Health Centers
- ◆ Hayley Fye, Citizen Advocates, Inc.
- ◆ Reneé Stephenson, Alliance for Positive Health

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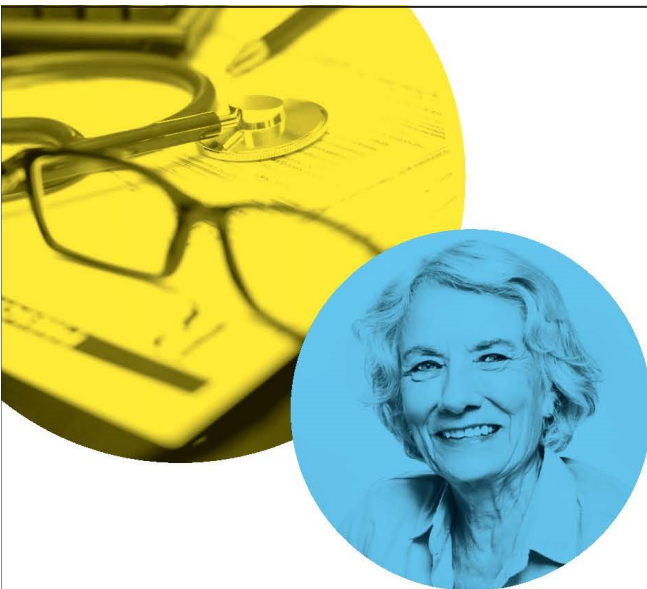
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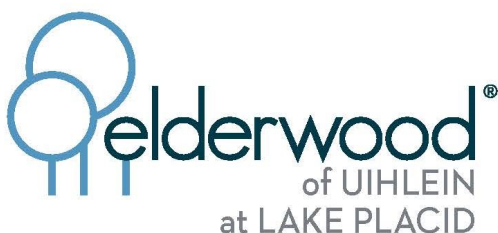


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HEALTH NETWORK

Embracing Telemedicine Wound Care

Wound care represents an important facet of elderly medical care. In nursing homes and skilled nursing facilities, it is often said that wound management is a prime reason for hospital readmission and high transportation costs. Explore how a Washington County nursing home discovered an innovative solution to this problem by using telewound care. A panel of local leaders will identify best practices and lessons learned in delivering telewound care in the nursing home setting, including how leveraging a local plastic surgeon helped to reduce preventable readmissions and transportation costs.

Moderator: Katy Cook, AHI

Panelists:

- ◆ Dr. Jitendra Singh, Singh Plastic Surgery
- ◆ Patricia Ross, Fort Hudson Health System
- ◆ Holly Vaughn, Fort Hudson Health System
- ◆ Amanda Waite, Fort Hudson Health System

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The Journey to Value Based Payment

Todd Moore, OneCare Vermont ACO, Adirondacks ACO, UVMHN

Karen Ashline, UVMHN-Champlain Valley Physicians Hospital/Adirondacks ACO

In 2017, the NYS Department of Health received final approval from CMS for their *New York State Roadmap for Medicaid Payment Reform*. This roadmap was conceptualized as a living document that would be updated annually to ensure that best practices and lessons learned through implementation would be leveraged and incorporated into the State's overall vision to achieve 80-90 percent value based payments to providers by 2020.

The Adirondacks ACO is on this journey – a complex journey with a myriad of roadblocks that can create obstacles for real payment reform and delivery system transformation. One might compare navigating the roadmap to being in the middle of the Adirondacks without cell service or a GPS – in January – and if you know the Adirondacks in January, you get the picture.

This session will offer you a chance to understand the complexity through lessons learned and best practices – and help you find your way on your journey.

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North Country Behavioral Health Care Collaborative

After years of comfort and predictability in a 'fee-for-service' health care environment, community-based organizations (CBOs) must now rethink how they approach the business of health care. To survive, organizations are required to view their competition differently, speak of value propositions, and build capacity to demonstrate the quality of the care they provide. Members of the North Country Behavioral Health Care Collaborative project will expand on their efforts and reflect on what they've learned from working together.

Moderator: Gerald Archibald, The Bonadio Group

Panelists:

- ◆ James Button, Citizen Advocates, Inc.
- ◆ Angela Doe, United Helpers
- ◆ Andrea Deepe, Warren-Washington Association for Mental Health
- ◆ Robert Ross, St. Joseph's Addiction Treatment and Recovery Centers

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Speaker Biographies

Gregory Allen, MSW—New York State Department of Health

Keynote: *Celebrate, Collaborate, and Sustain: Powering Transformative Value in Rural Population Health*

Gregory Allen, MSW, is the Director of the Division of Program Development and Management, Office of Health Insurance Programs, at the New York State Department of Health. In that role, he is responsible for Medicaid services planning and policy, and the development of new and emerging program areas. Mr. Allen is also responsible for managing policy and payment support for New York State's Medicaid inpatient, clinic, practitioner and pharmacy services, as well as payment policy for mental health, chemical dependence and developmental disability services. Mr. Allen holds a Master of Social Work (MSW) degree.

Gerald Archibald—The Bonadio Group

Breakout Session: *North Country Behavioral Health Care Collaborative*

Gerald Archibald is a partner in The Bonadio Group's Healthcare/Tax-Exempt Division. Before joining the firm in 1986, he spent the first 12 years of his career with Arthur Andersen & Co. Mr. Archibald has more than thirty-five years of experience in providing business advisory, assurance, compliance, and consulting services to health care, tax-exempt, and government clients. Mr. Archibald is certified as a Fellow in the Healthcare Financial Management Association and is a Certified Managed Care Professional.

Karen Ashline—UVMHN-Champlain Valley Physicians Hospital/Adirondacks ACO

Breakout Session: *The Journey to Value Based Payment*

Karen Ashline is Associate Vice President for the Adirondacks ACO (Accountable Care Organization), encompassing both the Medicare Shared Savings Program and Adirondack Multi-Payer Medical Home Program. The Adirondacks ACO works closely with partner hospitals including UVMHN - Champlain Valley Physicians Hospital, UVMHN - Elizabethtown Community Hospital, Glens Falls Hospital, Adirondack Health, UVMHN - Alice Hyde Medical Center, and the UVMHN Medical Center. Ms. Ashline holds a Masters' degree in Administration and Leadership from SUNY Plattsburgh.

James Button—Citizen Advocates, Inc.

Breakout Session: *North Country Behavioral Health Care Collaborative*

James Button is the Chief Operations Officer for Citizen Advocates, Inc. Mr. Button's core values focus on patient-centered care, world-class customer service, profitability, and support for the frontline. He works closely with other regional stakeholders to build new networks, share a vision of sustainability, and bring new groups to the table. Prior to taking on his current role, Mr. Button successfully launched the Regional Planning Consortium, a statewide managed care initiative jointly led by NYS County Mental Health Directors, with support from NYS OMH/OASAS/DOH. He holds Masters' degrees in Education and Clinical Social Work, as well as a professional certificate in Health Care Administration.

Carol Byron—Glens Falls Hospital Family Health Centers

Breakout Session: *Health Home: Stories of Reaching the Vulnerable*

Carol Byron has been employed at Glens Falls Hospital since 2005, working in numerous roles including Urgent Care, Ambulatory Triage, Desk Nurse, and most recently as a Care Coordinator. Ms. Byron has also worked as a Case Manager in OPWDD (Office for People with Developmental Disabilities). She is on the Steering Committee for the Mobile Health Care System and the Nursing Research and Innovation Committee at Glens Falls Hospital. Ms. Byron received her BSN from East Stroudsburg University in Pennsylvania. In 2017, she was awarded the Adirondack Health Institute Rural Health Champion Award.

Ginger Cato—Rob Constantine Recovery Community and Outreach Center

Breakout Session: *Collectively Eradicating the Opioid Epidemic*

Ginger Cato is the Director of the Rob Constantine Recovery Community and Outreach Center, a program of HFM Prevention Council. Before that, she was the Assistant Program Director at Montgomery County Domestic Violence, a program of Catholic Charities of Fulton and Montgomery Counties. Ms. Cato is a Certified Recovery Peer Advocate (CRPA), a Domestic Violence special topics instructor for NYS Police Academies, and in 2014 was named a Women of Distinction by Assemblyman Angelo Santabarbara. She holds a Bachelor of Science degree in Community and Human Services from SUNY Empire State College.

Katy Cook, MS, CTC—Adirondack Health Institute

Breakout Session: *Embracing Telemedicine Wound Care*

Katy Cook has been with Adirondack Health Institute (AHI) as the Telehealth Project Manager since late 2016. She, alongside Fort Drum Regional Health Planning Organization, oversees the North Country Telehealth Partnership, Northern New York's leading agency focused on increasing access to health care through the innovative use of telehealth and telemedicine technology. Ms. Cook helps oversee the day-to-day operations and strategic development of this state-funded partnership by providing expert assistance to health care providers and entities seeking information on telehealth as it relates to implementation, technology, reimbursement, clinical standards of practice, and more. She holds a Master of Science degree in Health Care Administration from Utica College, and a Certified Telehealth Coordinator designation from the National School of Applied Telehealth.

Kim Cook—Open Door Mission

Panel: *Whole Person Care: Addressing Social Determinants of Health*

Kim Cook is President/CEO of the Open Door Mission in Glens Falls. A former volunteer and board member, Ms. Cook has been at the helm of the organization for five years. In her time with Open Door, Ms. Cook has raised the public profile of the organization's mission through fundraisers, marketing and networking, including the establishment of a Code Blue shelter for the homeless. In 2018, the Mission opened the first year-round shelter in Glens Falls. In 2015, Ms. Cook was recognized as a Dorothea Dix Award winner by the Warren-Washington Association for Mental Health, presented annually to professionals outside the field of mental health who have made significant contributions that have had a positive impact on community mental health.

Michael Countryman—The Family Counseling Center

Panel: *Whole Person Care: Addressing Social Determinants of Health*

Michael Countryman has served the community for the past 18 years as Executive Director of The Family Counseling Center of Fulton County. The center provides a broad range of high-quality, evidence-based mental health and social services, with a focus on the needs of children and families. Working with professionals and partner organizations, Mr. Countryman has helped design, implement, and expand a multitude of programs to address evolving client needs and the social landscape in communities throughout central New York. He oversees all business, regulatory, service delivery, and program development functions for a network of 28 facilities. Mr. Countryman earned a Bachelor of Science degree in Finance from Siena College in Loudonville, NY.

Andrea Deepe—Warren-Washington Association for Mental Health

Breakout Session: *North Country Behavioral Health Care Collaborative*

Andrea Deepe is the current CEO for the Warren-Washington Association for Mental Health, Inc. (WWAMH). WWAMH provides an array of services, including residential, clinical, support services, care management, and dual recovery services, to individuals living with mental illness residing in Warren and Washington counties. Prior to becoming CEO, Ms. Deepe had over a decade of experience working in the quality assurance, advocacy, and corporate compliance fields, working for private not-for-profits and the State of New York supporting individuals with mental illness, developmental disabilities, and substance use disorders. Her early professional career working in direct care led her into the quality assurance and advocacy world to help pave the way for better care and services for all individuals regardless of their disability. Ms. Deepe is currently on the Board of Directors for the Hudson Mohawk Area Health Education Center. She is also a Board Member of the Regional Planning Consortium: Northern Region. Ms. Deepe is a graduate of Liberty University.

Angela Doe, MS, LMHC, CASAC, ICADC, HS-BCP—United Helpers, Inc.

Breakout Session: *North Country Behavioral Health Care Collaborative*

Angela Doe, MS, LMHC, CASAC, ICADC, HS-BCP, serves as the Director of Behavioral Health Services for United Helpers, Inc., a community-based organization specializing in the treatment of mental health and co-occurring disorders, and developmental disabilities. She holds a Master of Science degree in Counseling, and completed graduate course work at Heidelberg College, Bowling Green State University and the Sage Colleges in Health Services Administration. Ms. Doe is also a NYS-Licensed Mental Health Counselor (LMHC), Credentialed Alcoholism and Substance Abuse Counselor (CASAC), Internationally-Certified Alcohol and Drug Counselor (ICADC) and a Board-Certified Human Services Practitioner (HS-BCP).



Speaker Biographies

Rebecca Evansky—Adirondack Health Institute

Breakout Session: *Collectively Eradicating the Opioid Epidemic*

Rebecca Evansky currently holds a position with AHI's Health Home, supporting initiatives focused on care management of chronic conditions, including behavioral health and substance use disorders. Her professional career includes DSRIP Project Management and more than 13 years dedicated to direct client services, working with the Washington County District Attorney's Office and prior to that, AHI's Sexual Trauma and Recovery Services (STARS) program. Ms. Evansky earned a Bachelor of Arts degree in Psychology from the University of South Florida and an AA degree in Psychology and Nursing from St. Petersburg College. She is an active board member for the New York Crime Victims' Assistance Task Force, and a hotline volunteer for the Domestic Violence Project and Planned Parenthood Mohawk Hudson.

Hayley Fye—Citizen Advocates, Inc.

Breakout Session: *Health Home: Stories of Reaching the Vulnerable*

Hayley Fye is a Children's Health Home Care Coordinator at Citizen Advocates in Malone. Prior to that, Ms. Fye worked as a Care Coordinator with adolescent-aged youth struggling with co-occurring disorders. Ms. Fye graduated from SUNY Potsdam in 2014 with a Bachelor's degree in Sociology and Criminal Justice.

Amelia Gelnett—Comfort Food Community

Panel: *Whole Person Care: Addressing Social Determinants of Health*

Amelia Gelnett is the Pantry Manager and Community Health Coordinator for Comfort Food Community. She leads the healthy pantry initiative for two emergency food relief programs, maintains the community garden, connects guests to resources, and teaches nutritional, psychosocial, and mindfulness education. Ms. Gelnett's diverse background includes four seasons at the Alleged Farm, three years of crisis management and supportive counseling at Planned Parenthood of the North Country New York, and more than ten years of experience in environmental and health education. Ms. Gelnett is currently completing a therapeutic recreation graduate program through SUNY Cortland, studied health sciences at North Country Community College, and earned her Bachelor of Arts degree at Bloomsburg University.

C. Shawn Lamouree—Warren County Sheriff's Office

Breakout Session: *Collectively Eradicating the Opioid Epidemic*

Since 2012, C. Shawn Lamouree has been the Undersheriff of the Warren County Sheriff's Office. Additionally, he has been a Unit Supervisor for the Emergency Response team for nine years, and in the past has served as a member of the Traffic Safety Unit (1997-2008) and Unit Supervisor for the SCUBA Unit (2000-2009). Mr. Lamouree has been a member of the Allocations Committee for Tri-County United Way and a Board Member for Freedom Machines since 2017. Since 2015, he has been an active member for the Coalition of Hometown vs. Heroin & Addiction, working to destigmatize addiction and support those suffering from the disease. Mr. Lamouree holds an Associate of Applied Science degree in Criminal Justice from Hudson Valley Community College and a Bachelor's degree in Criminal Justice and Political Science from SUNY Brockport.

Mary Madison, RN, BSN—Glens Falls Hospital

Breakout Session: *Health Home: Stories of Reaching the Vulnerable*

Mary Madison has been employed by Glens Falls Hospital since 2016 as a Care Coordinator at the Cambridge Family Health Center. She is responsible for the implementation of care coordination and wellness promotion, as well as identifying and assisting high-risk populations in obtaining services and supports to achieve optimum health and well-being. Throughout her career, she has worked in many areas of nursing including critical care, obstetrics, risk and utilization management, and performance improvement. Ms. Madison is presently a member of the Nursing Professional Development Council as well as the Southern Washington/Northeastern Rensselaer County Mobile Health Care Steering Committee. She received her RN in 1979 from Adirondack Community College and her BSN in 2001 from Southern Vermont College in Bennington, VT. She has been a Certified Case Manager since 1998 and completed the Coleman Care Transitions training in 2012. In 2001, she was honored by being presented with the Vermont State Nurses Association Award for Academic and Clinical Excellence.

Kathy Jo McIntyre—Washington County Public Health

Breakout Session: *Collaborative Efforts: Reducing Avoidable Admissions with Mobile Health Care*

Kathy Jo McIntyre is the Assistant Director for Washington County Public Health. She has been a member of the department for nearly 30 years, first in the homecare division providing care and education for patients and families, and then in the public health division supporting population health across the continuum. Ms. McIntyre has been a member of the Steering Committee for Southern Washington/Northeastern Rensselaer County Mobile Health Care since its inception in January 2014. The program aims to reduce preventable hospitalizations, re-hospitalizations, and emergency department visits for those ineligible for traditional homecare. She is also a member of the Washington County EMS Advisory Council.

Mary McLaughlin, BSN, MBA—Adirondack Health Institute

Breakout Session: *Health Home: Stories of Reaching the Vulnerable*

Mary McLaughlin is Executive Director—Glens Falls Population Health Network (PHN) of Adirondack Health Institute. In conjunction with executives from partner organizations, she is responsible for quality and financial outcomes for the PHN. She is also accountable for overseeing AHI's Health Home Care Management program. Prior to joining AHI, Ms. McLaughlin held leadership roles at Albany Medical Center, most recently as Patient Care Services Director. Ms. McLaughlin earned a Bachelor of Science degree, *magna cum laude*, in Nursing from Adelphi University and an MBA from the University at Albany.

Susan McManus, LCSW—Center for Recovery, Glens Falls Hospital

Breakout Session: *Collectively Eradicating the Opioid Epidemic*

Susan McManus, LCSW, graduated from the Broadland School of Nursing, Norwich, England, as a Registered Nurse in 1986. She served eight years as a military spouse in the US Army. During that time, she was a Community Outreach Worker in Germany, a Rape Crisis Counselor in Ft. Dix, New Jersey, a Hospice Worker in California, and taught English at the Women's Language Center in Saudi Arabia. In 1994, her family settled in Glens Falls, NY. She has been a Residence Counselor and Program Director for WWAMH, an Intensive Case Manager (ICM) for Glens Falls Hospital, and an ICM/SCM Director for the Transitional Services Association in Saratoga Springs. In 2008, she returned to Glens Falls Hospital working as an Emergency Services Clinician and then the Director. In 2014, Ms. McManus became the Director of the Center for Recovery and a founding member of Hometowns Versus Heroin. She currently also serves as the Project Manager for Ambulatory Detoxification services under the new Campus Transformation Project. She holds a Bachelor of Arts degree in Clinical and Counseling Psychology from San Jose State, CA, and a Master's in Social Work from the University at Albany.

Todd Moore, MBA— OneCare Vermont ACO, Adirondacks ACO, UVMHN

Breakout Session: *The Journey to Value Based Payment*

Todd Moore is the CEO of OneCare Vermont, a statewide Accountable Care Organization (ACO) founded in 2012 by the University of Vermont Medical Center and Dartmouth-Hitchcock Health. Mr. Moore also serves as CEO of the Adirondacks ACO, co-founded by the University of Vermont Health Network and Hudson Headwaters Health Network, an organization of Federally Qualified Health Centers. In addition to his ACO roles, Mr. Moore concurrently serves as Senior Vice President of Accountable Care and Revenue Strategy for the University of Vermont Health Network. Mr. Moore joined the network in 2007 after a 16-year health care consulting career. He earned a degree in Engineering from the University of Illinois and an MBA in Finance from the University of Chicago.

Patricia Ross, RN—Fort Hudson Health System

Breakout Session: *Embracing Telemedicine Wound Care*

Patricia Ross, RN, started her career in long-term care at Fort Hudson Health System in 1972 as a Housekeeper. She went on to become a CNA in high school and worked weekends and evenings for the facility. From 1976-1986 she served in the capacity of an LPN Charge Nurse. In 1986, Ms. Ross became a Registered Nurse and assumed an evening supervisor position. For the last five years, Ms. Ross has served in the capacity of an RN Nurse Manager but has always had a passion for wound care. In the last year, Ms. Ross has become the facility champion for wound care and has applied her expertise on the advanced dementia unit where anticipated physical decline and immobility are major risk factors.



Speaker Biographies

Robert Ross—St. Joseph's Addiction Treatment and Recovery Centers

Breakout Sessions: *Collectively Eradicating the Opioid Epidemic* and *North Country Behavioral Health Care Collaborative*

Robert Ross has more than 40 years of experience in the addiction services field in both private and public entities on a state, national, and international level. Mr. Ross is currently the CEO/President of St. Joseph's Addiction Treatment & Recovery Centers in Saranac Lake, NY. Mr. Ross served for six years as the Executive Deputy Director of the New York State Division of Alcoholism and Alcohol Abuse, and for one year as the Acting Commissioner, and was a part of the New York City Bureau of Alcoholism Services, serving as Deputy Director for two years. For 22 years, Mr. Ross owned and operated a health care consulting firm that served government and private clients with health care policy and organizational consulting both nationally and internationally. Mr. Ross serves on a number of significant boards: President of the Board of the New York State Alcoholism and Substance Abuse Providers Association (ASAP); President of the Board of Homeward Bound Adirondacks (a community-based Veterans support organization); and Board Member of the North Country Community College Human Service Advisory Board.

Jitendra Singh, MD—Singh Plastic Surgery

Breakout Session: *Embracing Telemedicine Wound Care*

Dr. Jitendra Singh is a Board-Certified Plastic and Reconstructive Surgeon who has spent the past 11 years providing medical care to the residents of the Adirondack region. Dr. Singh earned his B.A. degree in Biology with a minor in Religious Studies from the University of Rochester in 1993. He then went on to pursue research in biochemistry at Case Western Reserve University in Cleveland, OH. He graduated in 1996 with a Master of Science degree in Nutritional Biochemistry/Metabolism. In 2001, Dr. Singh received his medical degree from SABA University, Netherland Antilles. After completing medical school, Dr. Singh spent the next three years in general surgery training at Nassau University Medical Center. He then went on to complete a one-year burn fellowship at Nassau University Medical Center with the prestigious Long Island Plastic Surgery Group. Following his fellowship, he remained with the group and completed his plastic surgery training. In 2007, Dr. Singh opened his private Plastic and Reconstructive practice in Glens Falls, NY. Dr. Singh is a Diplomate of the American Board of Plastic Surgery and a Fellow of the American College of Surgeons. He is an active member of the American Society of Plastic Surgeons and Board Certified by The American Board of Plastic Surgery.

Reneé Stephenson—Alliance for Positive Health

Breakout Session: *Health Home: Stories of Reaching the Vulnerable*

Reneé Stephenson is a Health Home Program Manager for Alliance for Positive Health and has worked for the agency for 14 years. She currently oversees a three-county region and supervises six community-based Care Managers. Ms. Stephenson has worked in the field of Medicaid Case Management for almost two decades. In addition to Health Home, Ms. Stephenson is involved in community navigation and health coaching initiatives as part of DSRIP Project 2di: *Implementation of Patient Activation to Engage, Educate, and Integrate the uninsured and low/non-utilizing Medicaid populations into Community Based Care*. Ms. Stephenson graduated from the University of Buffalo.

Tucker Slingerland, MD—Hudson Headwaters Health Network

Panel: *Whole Person Care: Addressing Social Determinants of Health*

Dr. Tucker Slingerland is Chief Executive Officer and a family physician at Hudson Headwaters Health Network (HHHN) where he has been deeply involved in their transformation to a Patient-Centered Medical Home model. In addition, he is a member of the Adirondack Medical Home Governance Committee, the Board of Managers for the Adirondacks ACO (Accountable Care Organization), and chairs the combined Network Committee of the Adirondacks ACO and DSRIP initiative. In these roles, he is actively engaged in ongoing provider-insurer negotiations, as well as planning for future population health-based models of providing care to patients living in the Adirondack region and surrounding communities. As part of his primary care practice at HHHN, he provides clinical instruction to third-year Albany Medical School and University of Vermont clerkships. Dr. Slingerland attended Williams College and St. George's School of Medicine.

Mark Spiezio—Cambridge Valley Rescue Squad, Inc.

Breakout Session: *Collaborative Efforts: Reducing Avoidable Admissions with Mobile Health Care*

Mark Spiezio has more than 28 years of active service as a volunteer and career EMS provider. He founded the Southern Washington/Northeastern Rensselaer County Mobile Health Care System. He is a certified Paramedic, Instructor Coordinator, and Program Director for the New York State Department of Health, Bureau of EMS. Mr. Spiezio has spent 27 years as the Chief Operating Officer of the Cambridge Valley Rescue Squad, and is a member of both the National Association of EMS and the New York Mobile Integrated Health Care Association. He is a champion of community paramedicine and has recently utilized remote patient monitoring technology to enhance the existing Community Check Program established by the Cambridge, Salem, and Greenwich Rescue Squads.

Holly Vaughn, RN—Fort Hudson Health System

Breakout Session: *Embracing Telemedicine Wound Care*

Holly Vaughn, RN, joined Fort Hudson Health System just shy of 40 years ago. She began her career as an RN. One of Ms. Vaughn's greatest strengths is her willingness to constantly look at the latest and greatest technologies that are advancing the field of long-term nursing and has found great value in the concept of keeping residents "at home" despite their need for advanced wound care. She feels strongly that we, as a team, must look at how traditional practices such as transporting residents to medical appointments with consultants adds and compounds the issue for the wound care resident and that we must reinvent our practices to better the quality of life for our residents. Ms. Vaughn is active with the Association of Nursing Service Administrators.

Amanda Waite, LNHA, MHA, BS—Fort Hudson Health System

Breakout Session: *Embracing Telemedicine Wound Care*

Amanda Waite joined Fort Hudson Health System in 2014. Ms. Waite is a Licensed Nursing Home Administrator in both New York State and Minnesota. She graduated from the University of Minnesota, School of Public Health with a Masters' degree in Healthcare Administration in 2010. Her undergraduate studies at Cornell University were in Communications and Gerontology. Ms. Waite has partnered over the last six months with Plastic Surgeon Dr. Jitendra Singh to offer Fort Hudson residents an alternative to uncomfortable transportation and waiting rooms for wound care. Dr. Singh has afforded those professional examinations in the comfort of Fort Hudson residents' own homes.



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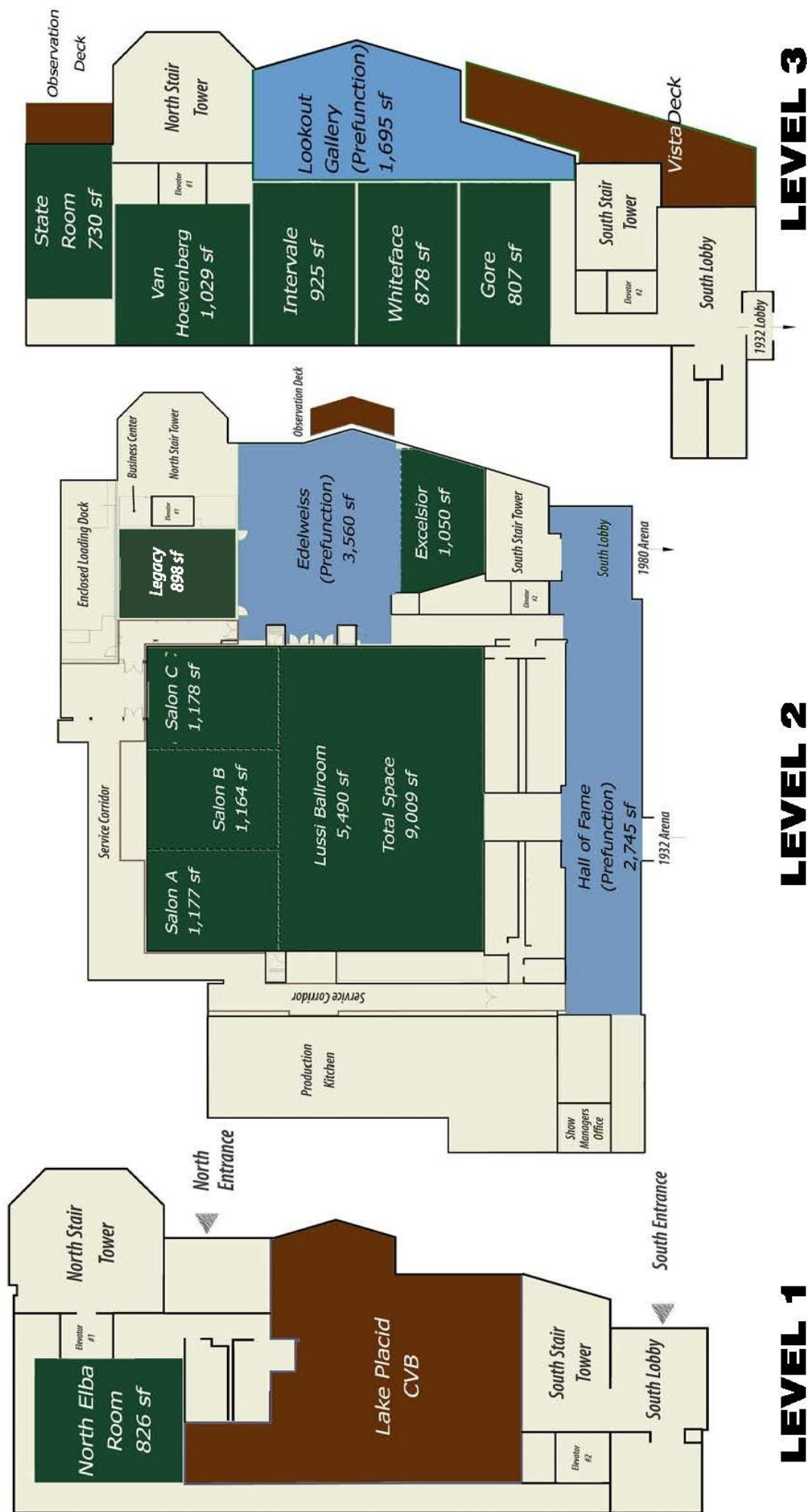
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AHI is an independent, non-profit organization that partners with health care providers and community-based organizations to ensure **every resident of the Adirondack region reaches their full potential and lives a healthy life.**

MISSION:

- * To create transformative initiatives to improve access to health care services allowing the residents of the Adirondack region to realize their full potential and live a healthy life.
- * To create a national model for a low-cost, integrated delivery system.
- * To demonstrate improved clinical outcomes and lower cost of care for the people we serve.
- * To become trusted leaders in innovative health care solutions, decision support, and community engagement.

MEMBERS:

AHI is a joint venture of Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network, St. Lawrence Health System, and UVMHN-Champlain Valley Physicians Hospital.

SERVICES:

AHI serves a NINE-COUNTY region throughout the North Country and the Adirondacks: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren and Washington.

