



A news update from Adirondack Health Institute

October 4, 2018

AHI Lands HRSA Rural Communities Opioid Response Program Planning Grant

Adirondack Health Institute has received from the Health Resources and Services Administration (HRSA) a one-year, \$200,000 Rural Communities Opioid Response Program Planning grant. Funding will support treatment for and the prevention of substance use disorders in eight high-risk counties. AHI will serve as the lead agency for the development of a consortium that will undertake the planning and capacity-building goals and objectives of the grant.



"Receiving this award is a major accomplishment and we are honored that HRSA has entrusted AHI to lead the planning efforts for this initiative," said Eric Burton, Chief Executive Officer, AHI, who shared that the organization is one of only 95 in the nation to receive project funding. "These funds will help us bring together organizations across our region to plan solutions to address this complex health problem."

Collaborative Excellence, Improved Population Health Outcomes Focus of Tenth Annual AHI Summit





Nearly 250 professionals attended Adirondack Health Institute's Tenth Annual Summit, *Celebrating a Decade of Collaborative Excellence: Improving Health Outcomes*, last week in Lake Placid. NYS DOH's Gregory Allen (top right) provided a compelling keynote address, *Celebrate, Collaborate, and Sustain: Powering Transformative Value in Rural Population Health*. The event also featured a panel discussion, *Whole Person Care: Addressing Social Determinants of Health* (top left), and breakout sessions on such timely topics as mobile health care, the opioid epidemic, health home care management, telemedicine, value-based payment, and behavioral health collaboration.

Visit the [AHI website](#) for a recap, including speakers' slide decks and an event photo gallery.

ARHN Renewed Through 2023



The [Adirondack Rural Health Network \(ARHN\)](#), the longest-running AHI program, has been renewed through 2023. ARHN provides a forum for a regional, multi-stakeholder coalition of public health leaders, community health centers, hospitals, behavioral health agencies, emergency medical services and other community-based organizations to assess regional population health needs and develop collaborative responses to priorities. ARHN informs on planning assessment, provides education and training to further the [NYS DOH Prevention Agenda](#) and [Delivery System Reform Incentive Payment \(DSRIP\) Program](#), and offers other resources in support of the development of the regional health care system in Clinton, Essex, Franklin, Fulton, Hamilton, Warren, and Washington counties.

Volume to Value: The Power of Data in Value Based Payment



Nearly 200 professionals from three Performing Provider Systems recently convened in Glens Falls for *Volume to Value: The Power of Data in Value Based Payment*. Hosted by AHI, the [Alliance for Better Health](#) and [Better Health for Northeast New York](#), the event, the third of a six-part workshop series, featured an insightful keynote presentation, *Using Health Care Analysis in VBP Transformation*, by Joseph Conte, PhD, Executive Director, Staten Island PPS (above right). If you missed the event, a recording will soon be available for AHI PPS partners subscribed to

Partner Success Story: WWAMH Unveils Urban Garden

The [Warren-Washington Association for Mental Health \(WWAMH\)](#) recently received grant funding through the U.S. Department of Agriculture to construct a new high tunnel urban garden at its East Side Center in downtown Glens Falls which was unveiled to the public at a recent ribbon-cutting ceremony. According to CEO Andrea Deepe, the greenhouse-like structure will allow the facility, a psychiatric rehabilitation center for adults, to incorporate year-round gardening therapy.



[Read the Post-Star article.](#)

Training Sessions, Conferences and Events

Value Based Payment (VBP) Bootcamp, Oct. 10 in Albany

The New York State Department of Health will be hosting a Value Based Payment (VBP) Bootcamp, 8:30 a.m. - 3:00 p.m., Wednesday, October 10, at Empire State Plaza in Albany. The free training

session will equip VBP contractors and interested parties with the knowledge necessary to implement payment reform, with a deep-dive focus on VBP fundamentals and principles. The event will feature representatives from a managed care organization and health care provider sharing best practices and lessons learned from their own VBP contract negotiation experiences. Attendees will also participate in a mock negotiation exercise.



**Department
of Health**

If you have any questions, contact VBP@health.ny.gov.

[Click here to register.](#)

Vicarious Trauma

Vicarious traumatization results from empathic engagement with traumatized clients following their reports of traumatic experiences. It is a form of counter-transference triggered by exposure to the client's traumatic material. In this workshop, participants will learn how to recognize and manage threats to their own psychological and emotional safety by prioritizing boundaries, self-awareness, and self-compassion. Additionally, health providers will learn self-care skills which will minimize burnout, thus helping retention rates.

This is a 4-hour training for health care workers who have direct patient contact with those patients who have experienced trauma; EMT's, first responders, behavioral health providers, and front-line staff.

Breakfast is included;
Registration is required.

October 19, 2018
8:30am - 12:30pm

Registration begins at 8:00am
High Peaks Resort
2384 Saranac Avenue
Lake Placid, NY

Presented by:

Kate Watson, MA, EdM, DrPH
Watson Wellness Promotion
Dr. Watson launched Watson Wellness Promotion in 2012. She conducts approximately 50 workshops annually with participants across many disciplines. Her areas of academic interest include gender-based violence, sexual assault response, trauma-informed practice, and Motivational Interviewing.

To register, please visit
<https://AHIVicariousTrauma.eventbrite.com>

There is a reduced rate room block available at the High Peaks Resort for attendees who would like to spend the night. Please call 518.523.4411 and mention the AHI Vicarious Trauma training.

Please direct questions to:
AHI Workforce Team,
DSRIPWorkforce@ahihealth.org

[Click here to register.](#)




**Cultural Competency and Health Literacy
Training Opportunity**
Join us for the last CCHL training workshop of the year!
**TRAINING SERIES WRAP-UP
WORKSHOP: OCTOBER 26**

[Click here to register.](#)




4th Annual North Country Telehealth Conference
Virtual Care in a Value Based World
Pre-Conference: Wednesday, November 7, 2018
Full Conference: Thursday, November 8, 2018
The Queensbury Hotel, Glens Falls

[Click here to register.](#)

Submit Your Content for *AHI Informer*

AHI partner organizations in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to submit content (news, success stories, educational opportunities, community events, etc.) to communications@ahihealth.org to be

considered for inclusion in *AHInformer*.

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