LEVERAGING
TELEPRACTICE TO FIGHT
THE OPIOID EPIDEMIC

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Clinical Services including Outpatient, Full-Day Rehabilitation
Permanent Supportive Housing
Substance Abuse Prevention Program

Center for Treatment Innovation (COTI)
Residential Services
Impaired Driving Program
Wrap Around Aftercare Program

OASAS-Sponsored Prevention, Treatment and Recovery Provider
New Choices Recovery Center is an OASAS-designated Center of Treatment Innovation (a.k.a. COTI Project). This program seeks to increase access to treatment and recovery supports to individuals with an Opioid Use Disorder (OUD). This program can provide services to persons who are uninsured or underinsured, have difficulty accessing treatment and reside in under-served communities within Montgomery, Saratoga, and Schenectady counties.
STR GRANT & COTI PROJECTS
*RESPONSE TO THE OPIOID EPIDEMIC*

Federally-Funded via SAMSHA (2 years) / OASAS
Year One COTI Projects – Serving 16 Counties
Year Two COTI Projects - Serving 36 Counties

**Goal:**
1. Reduce the number of opioid/heroin-related deaths
2. Improve access to treatment
3. Focus on underserved communities
4. Uninsured / Underinsured / MA Billing

**Innovations in Treatment:**
- Telepractice (infrastructure investments)
- Recovery Peer Advocate Support Services
- Mobile Treatment Team / Van(s)
**Spokes – satellite offices**

- Amsterdam
- South Glens Falls
- Mechanicville
- Saratoga Springs
- Fort Plain
- Mobile Vans (3) - one in each county – outfitted with hardware to conduct telepractice sessions
### COTI Program Staffing

<table>
<thead>
<tr>
<th>Position</th>
<th>Responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director – LMSW</td>
<td>Implementing and Oversight</td>
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<tr>
<td>Registered Nurse - PT</td>
<td>Nursing Assessments</td>
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<tr>
<td>Registered Nurse Practitioner - FT</td>
<td>Nursing Assessments, Medical &amp; Psychiatric Assessments, Medication-Assisted Treatment</td>
</tr>
<tr>
<td>Registered Physicians Assistant - PT</td>
<td>Medical Assessments, Medication-Assisted Treatment</td>
</tr>
<tr>
<td>2 Clinicians – FT (Social Work &amp; Mental Health Counselor)</td>
<td>Clinical Assessments, Treatment Services (Individual Sessions)</td>
</tr>
<tr>
<td>7 Certified Peer Recovery Advocates - FT</td>
<td>Identify potential participants</td>
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</tbody>
</table>
Join the team
As a Recovery Peer Advocate eligibility requirements include:
High School diploma or GED; Two-years of sobriety; driver’s license and reliable vehicle; live in Saratoga County; minimum CRPA credentials and/or willingness to successfully complete the Certified Recovery Peer Advocate – Provisional (CRPA-P) trainings at agency expense; flexible schedule including evenings and possible weekends; full-time with generous benefit package of medical, dental, 403B plan and life insurance and paid leave.

Contact Information:
Chad Putman, COTT Project Director
New Choices Recovery Center
302 State Street, Schenectady, NY 12305
Email: cputman@newchoicesrecovery.org

Mission: New Choices Recovery Center through its caring responsive staff, provides innovative and comprehensive addiction treatment services that enhance the quality of life for the individuals and the communities we serve.

Opportunity is knocking...
New Choices Recovery Center is now an OASAS designated Center of Treatment Innovation (COTI). This project will seek to provide increased access to treatment and recovery supports in the under-served communities of Saratoga County utilizing emerging technology to empower opioid dependent individuals toward recovery at home.
MARKETING

- Meeting with Stakeholders
- Materials
- Radio Announcements
- Newspaper Ads

COTI
(Center of Treatment Innovation)

Do you or a loved one need help?
Are you struggling with an Opioid Addiction?
Do you live in Schenectady, Saratoga or Montgomery County?

New Choices Recovery Center, a substance abuse treatment program in Schenectady, is here to help. Our mobile team of professionals can support you to get the help that you need. If you do not have access to treatment or are not able to come to us, our mobile outreach team will come to you.

We can provide the following services:
- Clinical Assessment
- Medical/Psychiatric Assessment
- Case Management
- Medication Assisted Therapy
- Recovery Peer Support

Please do not hesitate to contact us by phone:
(518) 346-4436 or (518) 382-7838
What is the COTI Project?
This project seeks to increase access to treatment and recovery supports in under-served communities within the tri-county service area utilizing peer supports, clinical services, and emerging technology to support individuals with an opioid use disorder toward recovery closer to home.

What services are available?
• Assessment & Treatment Referrals
• Telepractice & Medication Assisted Treatment (MAT)
• Individual, Family and Group Therapy (Evidence Based Treatment)
• Recovery Support – Peer Advocates
• Case/Care Management
• Mobile Outreach Team

Serving Montgomery, Saratoga & Schenectady Counties

Field Offices:
(office hours vary by location please call/text ahead)
(518) 688-4901
1250 Riverfront Center, #2414
Amsterdam, NY 12010
81 Canal Street
Fort Plain, NY 13339
27 North Main Street
Mechanicville, NY 12118
The Business Hub
63 Putnam Street
Saratoga Springs, NY 12866
Moreau Community Center
144 Main Street
Glens Falls, NY 12803
302 State Street
Schenectady, NY 12305

Chad Putman, LMSW
COTI Project Director
New Choices Recovery Center
302 State Street, Schenectady, NY 12305
Email: cputman@newchoicesrecovery.org
Main: (518) 346-4436 Cell: (518) 579-9233
www.NewChoicesRecovery.org

Life on Solid Ground
New Choices Recovery Center
COTI Project
Center of Treatment Innovation

New Choices Recovery Center is now an OASAS designated Center of Treatment Innovation
Serving Montgomery, Saratoga & Schenectady Counties
Comprehensive Substance Use Disorder Assessment & Treatment Evaluation:
Our multidisciplinary team made up of physicians, nurses, qualified health professionals (LMSW/LMHC) and peer advocates can offer comprehensive substance use disorder assessments, diagnosis, prescription treatment, treatment interventions and service plan development.

Case/Care Management & Treatment Referrals:
Our team will work with individuals to explore and address the entire continuum of psycho-social issues potentially impacted by addiction including medical, housing, financial, employment, legal and others.

Individual, Family & Group Therapy:
Utilizing evidence-based treatment interventions including Motivational Interviewing, Community Reinforcement and Family Therapy & Seeking Safety, our skilled team is prepared to help individuals and families work through the challenges of addiction and early recovery.

Certified Recovery Peer Advocates:
Our Recovery Peer Advocates are at the center of the COTI Project and a point of contact for individuals and families seeking to engage with our treatment team. Our peers utilize their own recovery experience and story to inspire, connect and support individuals struggling with addiction and in early recovery from an opioid use disorder.

Telepractice & Medication Assisted Treatment (MAT)
Employing emerging telepractice technologies the COTI team is able to bring critical treatment interventions, including Medication Assisted Treatment (MAT) throughout the tri-county service area. Telepractice helps remove common barriers to treatment and recovery and can improve individual engagement and outcomes.

Mobile Outreach Team:
Our mobile outreach team seeks to engage and provide treatment to individuals in under-served communities by bringing our innovative scope of services to you. Our COTI team will also coordinate care with other substance abuse treatment providers to ensure a comprehensive continuum of care.
Saratoga County
Dept. of Mental Health & Addiction Services
(518) 584-9030

Healing Springs
(Recovery Community Center)
(518) 306-3048

Saratoga Community Health Ctr.
Addiction Medicine Program
(518) 886-5600

St. Peters Addiction Recovery Services (SPARC)
(518) 885-6884

NAR-ANON FAMILY GROUPS
WWW.NAR-ANON.ORG
(800) 477-6291

How much is too much?
www.alcoholscreening.org

Do I have a drug problem?
www.drugscreening.org

2-1-1
Free and confidential help
www.211neny.org

National Suicide Prevention Lifeline
1-800-273-TALK (8255)
www.suicidepreventionlifeline.org

HOPENY 1-877-846-7369
Call or Text

Combat Heroin
www.combatheroin.ny.org/prevention

Projectsafepoint.org
Harm Reduction Services
518-449-3581

Prepared by:
Center for Treatment Innovation
Schenectady, NY  Phone (518)346-4436
www.newchoicesrecovery.org
PARTNERSHIPS

- Adirondack Health Institute
- Bethesda House
- City Mission of Schenectady
- Ellis Hospital
- Hale Creek Correctional Facility
- Local Substance Abuse and Mental Health Community Residences
- Moreau Community Center
- Mechanicville Community Center
- NAMI in Amsterdam
- Regional Recovery Community Centers
- Schenectady Police Dept.
- Saratoga County Sheriff’s Office
- Saratoga Hospital
LEARNING THE ROPES

- Adirondack Health Institute Collaboration
- OASAS Legal Staff
- Telepractice Regulations (Draft)
- Waiver Application
- Attestations
- Policies & Procedures
**Setting up Hubs & Spoke sites**

- AHI ↔ AMD
- Solutions by Design, IT Vendor
- Trouble-shooting
Index: Telepractice Policy & Procedures & Related Forms

T1. Practice Procedure
T2. Telepractice Authorization & Contingency Plans
T3. Medication-Assisted Treatment
T4. Physical Environment & Confidentiality
T5. Emergency Protocol
T6. Administration, Billing & Quality Management
T7. Patient Suitability
   T7a. What to Expect (Form #1)
   T7b. Consent Form (Form #2)
Telepractice Equipment

**Spoke set-up components:**
- Agnes Software
- Pan, Tilt, Zoom Camera (USB 2.0 Video Camera, 10x, 1080P HD)
- Speaker Phones (Chat 50 USB)
- 32” LED-LCD Monitor
- Windows 10 PRO 64 bit quad core i7 PC

**Mobile Van set-up components:**
- Agnes Software
- Pan, Tilt, Zoom Camera (USB 2.0 Video Camera, 10x, 1080P HD)
- Speaker Phones (Chat 50 USB)
- 29” Widescreen Monitor (picture by picture – HD)
- Fujitsu Laptop Lifebook E557, I5-7200 U 8GB, 256GB SSD, 15.6” with built in HD Camera 10 Pro

**Tele Hub set-up components:**
- Speaker Phones (Chat 50 USB)
- 32” LED-LCD Monitor
- Webcam (Logitech C920 HDPRO)
- Windows 10 PRO 64 bit quad core i7 PC
Hitting the ground...

- Transporting Clients to Hubs/Spokes
- Home Visits/In-Community Visits (Parks, ER)
- Transfer to Other Providers
- Prior Authorizations for MAT
- Telepractice Consents
COTI is on the move!!

Click here for video
PRACTITIONER EXPERIENCES
STATS/OUTCOMES

Started seeing clients October, 2017
101 Clinical Assessments completed

- 78 opiates
- 17 alcohol
- 45 completed nursing assessments and admitted for MAT services (first MAT was in November 2017)
- 60 Telepractice MAT follow-up visits
- 13 for peer support services only
- 26 referred to detox; 28-day rehab; ambulatory detox
- 45 Saratoga Hospital referrals for peer support services
BILLING AND SUSTAINABILITY

- **Peer Support Services** – 1 unit = 15 minutes ($11.37), max of 4 units per day ($45.48)
- **Clinical Assessments** (Normative $134.80 and Extended $155.53)
- **Individual Clinical Sessions** (Brief $93.91 and Normative $124.42)
- **Nursing Assessment** (Pre-admission $134.80 if done on different day than clinical assessment and Post Admission $93.91 if done on different day than clinical individual session)
- **MAT Visits** (Low complexity and Moderate complexity, however services are paid off of diagnosis on average $104 per visit)
WHAT WE HAVE LEARNED SO FAR...

Challenges and Opportunities
We would be happy to share any information with you regarding the New Choices COTI Program.

Please contact:
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cputman@newchoicesrecoverycenter.org