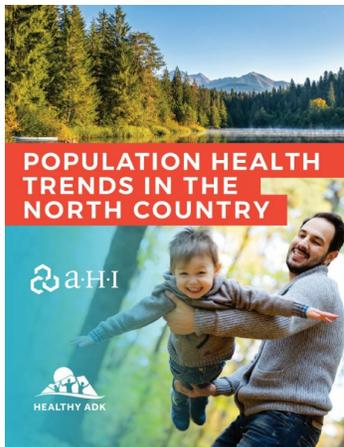




May 2, 2019

News Headlines

AHI Publishes Regional Population Health Trends Report



AHI's Population Health Improvement Program (PHIP) has published a report, *Population Health Trends in the North Country*. The report shows the trajectory of the region's health with information and data related to factors that have influenced population health outcomes in the recent past. It also looks at changes in the North Country's premature mortality rates due to specific diseases and conditions.

Click below to access a downloadable flipbook version of the report. A limited number of hard copies are available on request by emailing phip@ahihealth.org.

[Read the report.](#)

Partner Success Story

Essex County Ranks in Top 10 in Health Outcomes

Essex County was recently ranked among the top 10 counties in New York state for health outcomes, a designation that signals continued improvement for the county's quality and length-of-life scores.

In the past two years, the county has moved up 27 slots in the annual County Health Rankings & Roadmaps report released by the Robert Wood Johnson Foundation and the University of Wisconsin-Madison Public Health Institute. The report takes into consideration various indicators of residents' health behaviors and the availability of health care services in each county.



"Our high ranking reflects the priority this county has placed on improving the factors that affect residents' health," said Essex County Public Health Director Linda Beers.

Other News

Glens Falls Hospital Adds Second MRI System

Glens Falls Hospital has added a second Magnetic Resonance Imaging (MRI) system to its main campus. The system, located in the Pruyn Pavilion, will improve access to the non-invasive diagnostic service which provides higher-quality images and faster exam times than traditional imaging technology. The addition of the system, which will primarily be used for outpatient care, is the second important enhancement to the hospital's MRI services in the past year. In 2018, the hospital invested in an advanced MRI system for its Medical Imaging area.



Glens Falls Hospital

The hospital has also expanded the availability of these services. Appointments are now available Mondays through Fridays, 7:00 a.m. - 9:00 p.m., and weekends from 9:00 a.m. - 3:00 p.m. For more information, call 518.926.5333.

Malone Complete Streets to Host Mark Fenton



Malone Complete Streets is hosting a series of free community-centered discussions next week with national public health figure Mark Fenton (pictured). The series, "*Designing Walkable, Livable, Healthy Communities*," sponsored by the Malone Chamber of Commerce, the Malone Revitalization Foundation, and the North Country Healthy Heart Network's Creating Healthy Schools and Communities program, coincides with a New York State Department of Transportation project that will increase pedestrian safety along Main Street in Malone.

Fenton will present healthy community design principles and best practices on Wednesday, May 8, at the Malone Elks Club Lodge. A free dinner will be offered from 5:00 - 6:00 p.m., followed by his presentation and a facilitated work session from 6:00 - 8:00 p.m. Call the Malone Chamber of Commerce at 518.483.3760 to register.

[Read more details.](#)

United Hospital Fund Lauds DSRIP for Spurring Patient-Centered Medical Home Adoption

United Hospital Fund, an independent, nonprofit organization working to build a more effective health care system for New Yorkers, recently credited the DSRIP program for the rapid growth of primary care providers adopting the patient-centered medical home model.

According to a report recently released by the organization, the number of primary care providers in the state adopting the model rose by more than 35 percent between



United
Hospital Fund

[Read the complete article.](#)

Latest Edition of Hudson Headwaters Health Published



Hudson Headwaters Health Network has published the Spring/Summer 2019 edition of its bi-yearly magazine, *Hudson Headwaters Health*.

Among other items, the magazine features articles on the organization's new health center, Plattsburgh Family Health, Warren County's new Recreation Mapper, and the benefits of play and leading an active, healthy lifestyle.

The issue also contains a *Hudson Headwaters 2018 Community Report* special insert.

[Read the magazine.](#)

Training Sessions, Meetings, and Events



Mental Health First Aid USA

An 8-hour certification course to help communities better understand mental illness and respond to psychiatric emergencies.



YOUTH MENTAL HEALTH FIRST AID TRAINING

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health, addictions challenge or is in crisis.

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

May 7th & May 8th, 2018 9:00 AM – 1:00 PM
Community Connections of Franklin County
7 Pearl Street Malone, New York 12953

Training consists of 2-days, 4-hours each day. Morning snacks will be provided.

Space is limited.

For more information or to register, please call Darren at (518) 521-3507 or by e-mailing ddumas@communityconnectionsfcny.org

**The Power of Resiliency: Unlocking the Quadruple Aim,
May 8**

The HRSA Bureau of Health Workforce is hosting the next session of their workforce grand rounds

webinar series, *The Power of Resiliency: Unlocking the Quadruple Aim*, 12:00 - 1:30 p.m., Wednesday, May 8.



The session will provide resources for building a resilient health workforce to meet the demands of a dynamic professional landscape. The webinar will feature discussions on risk factors that impact workforce effectiveness in rural and underserved areas, organizational strategies for increasing resiliency among health professionals and trainees, and successful initiatives among HRSA grantees.

Presenters include Alyson Ross, PhD, RN, National Institutes of Health Clinical Center, Jaime Murphy Dawson, MPH, American Nurses Association, and Allison Abayasekara, MA, STAR² Center.

[Click here to register.](#)



Question Persuade Refer
Ask a Question. Stop a Suicide.

Q.P.R.
(QUESTION, PERSUADE, REFER)
SUICIDE PREVENTION TRAINING

Recognize the warning signs of suicide, Ask a Question, Save a Life!



The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

Like CPR, QPR is a simple process that anyone can be trained to use, to help prevent a suicidal act. Participants learn how to recognize the warning signs for someone who may be at risk for suicide, and then get them to appropriate help.

May 14th, 2019 6:00PM-7:30PM
Community Connections of Franklin County
7 Pearl Street Malone, New York 12953

As the training is sponsored by Franklin County Suicide Prevention Coalition, training course is free for all participants.

Space is limited.

For more information or to register, please contact Darren Dumas by e-mailing ddumas@communityconnectionsfcny.org or by calling (518) 521-3507.



CARE AND TREATMENT OF SHOULDER ARTHRITIS

Wednesday, May 15th
6pm at The Saratoga Hilton
534 Broadway, Saratoga Springs

Wednesday, May 22nd
6pm at The Queensbury Hotel
88 Ridge Street, Glens Falls

Please RSVP one week prior to the date of the event by calling **518.926.6348**



    GlensFallsHospital.org

Please join Glens Falls Hospital and Dr. Andre Johnson and Dr. Michael Rozell for a presentation and community discussion regarding shoulder arthritis.

According to the National Institute of Health, more than 50 million people were affected with some form of arthritis. Arthritis, simply defined, is inflammation of a joint. Arthritis can cause pain and stiffness, which ultimately can affect activities of daily living and many hobbies such as tennis and golf.

The Orthopedic Specialists of Glens Falls Hospital will discuss how we get arthritis, standard non-operative treatments, and potential operative treatments available to patients.

An anesthesia specialist will speak about new methods of anesthesia and post-operative pain control with limited need for narcotics.



Buprenorphine Waiver Eligibility Training, June 1 in Albany

A free buprenorphine waiver eligibility training session for clinical providers is being held 8:00 a.m. - 2:00 p.m., Saturday, June 1, at the Albany Marriott. The session is being sponsored by Albany County Department of Health, Hudson Mohawk Area Health Education Center, and other partners. Under current regulations, authorized practitioners are required to obtain a 'waiver' to prescribe buprenorphine. To acquire the waiver, practitioners are required to complete standardized training. This session fulfills 4.5 hours of training requirements. An additional 3.5 hours of online self-study is also required. CME credits are available for this training. If you have any questions, contact Suzanne Swan at 518.447.4648, or suzanne.swan@albanycountyny.gov.

[Click here for more information and to register.](#)

Behavioral Health Payor/Provider Value-Based Forums,

June 6 in Plattsburgh, June 14 in Albany

Join [MCTAC](#) and the [National Council for Behavioral Health](#) for a day-long learning opportunity to engage with payors and better understand their goals and objectives for behavioral health providers in a value-based payment environment. The *Behavioral Health Payor/Provider Value-Based Forum* will be held 9:30 a.m. - 4:00 p.m., Thursday, June 6, in Plattsburgh, and Friday, June 14, in Albany.

During this workshop, providers will learn about opportunities for utilizing data and analytics and directly connect with payors, getting their perspective for operationalizing value in contracts and business arrangements. Participants will also work closely with payors and other subject matter experts in the development of a sample value proposition pitch.

[Click here to register for one of the sessions.](#)

The poster features a dark blue background with a network of glowing blue lines and nodes, overlaid with several interlocking gears in shades of blue and white. The text is centered and reads: "2019 AHI Leadership Summit" in large white serif font, followed by the subtitle "Advancing Whole-Person Care Through a Collaborative System of Health" in a smaller white serif font. Below the subtitle is the date "SEPTEMBER 19, 2019", the location "LAKE PLACID CONFERENCE CENTER", and the AHI logo (three interlocking rings in green, orange, and blue) next to the text "a·H·I".

2019
AHI Leadership Summit
*Advancing Whole-Person Care
Through a Collaborative System of Health*
SEPTEMBER 19, 2019
LAKE PLACID
CONFERENCE CENTER
a·H·I

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to share updates with Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHIformer*.

Adirondack Health Institute | 101 Ridge Street, Glens Falls, NY 12801 | 518.480.0111
communications@ahihealth.org | www.ahihealth.org

STAY CONNECTED WITH US!



