



a·H·Informer

A news update from Adirondack Health Institute

August 8, 2019

News Headlines

Students from the University of Costa Rica Visit AHI

AHI had the distinct pleasure of hosting students from the [University of Costa Rica](#) last week for a discussion on health care in the Adirondack region. The visit was part of the [University at Albany School of Public Health's](#) Center for Global Health's International Learning and Exchange Program. The session also provided an opportunity for students to share information about Costa Rica's highly-regarded health care system, its most pressing public health challenges and vulnerable populations, and the country's rich cultural heritage.



Partner Success Stories

Elderwood Teams with Mobile Primary Care to Provide Telehealth Services



[Elderwood of Uihlein at Lake Placid](#), a facility that offers long-term care, rehabilitation, subacute care, skilled nursing, and specialty programs, has partnered with [Mobile Primary Care](#) in Buffalo to offer its residents and patients telehealth services.

Doctors from Mobile Primary Care are available via video conference from 10:00 a.m. to 10:00 p.m. for admissions, acute care visits, and discharges. "Our facility has set up an iPad kiosk complete with a dermascope, otoscope, EKG, stethoscope, and other medical equipment," explained Rachel Tart, Elderwood of Uihlein at Lake Placid Assistant Administrator. According to Tart, any time an issue arises, one of their nurses simply brings the kiosk to a patient's room and connects with a doctor via Bluetooth. "The MD has the patient's medical chart readily available and can also get details and ask specific questions of the nurse. This allows the MD to quickly identify

the patient's need for emergent care and expedite an emergency room visit, if necessary, or direct a change in medical care, as needed," shared Tart.

"This service has greatly reduced emergency room visits," said Marc J. Walker, Administrator and Regional Director of Operations, Elderwood of Uihlein at Lake Placid. "It's also allowed our residents to stay in the comfort of their own home and our short-term rehab patients to stay in our facility without being transferred from a subacute to an acute care health center. It's had a significant impact on the quality of our patients' lives and their health outcomes."

InSHAPE from the Ground Up



InSHAPE (Self Health Action Plan for Empowerment) participants recently gathered with health coaches and [Citizen Advocates](#) employees to celebrate achievements and unveil a new vegetable garden at their clinic in Malone. The garden became a reality with support of DSRIP innovation funding from the AHI Performing Provider System.

InSHAPE is a comprehensive evidence-based practice for the improved health and longevity of people experiencing mental illness challenges.

In addition to being a source of healthy food, the garden is a place for InSHAPE members to experience the therapeutic benefits of rolling up their sleeves and digging in the dirt. Health coaches plan to harvest vegetables over the next few months and incorporate them into their healthy cooking classes.

Other News

GFH Nurse Residency Program Earns Accreditation with Distinction from the American Nurses Credentialing Center

Congratulation to the Nurse Residency Program at [Glens Falls Hospital](#) for achieving accreditation with distinction from the [American Nurses](#)



Glens Falls Hospital

[Credentialing Center \(ANCC\)](#). ANCC Practice Transition Accreditation validates hospital residency programs that transition registered nurses into practice settings that meet rigorous, evidence-based standards for quality and excellence. Nurses in accredited transition programs, like GFH's Nurse Residency Program, acquire the knowledge, skills, and professional behaviors necessary to deliver safe, high-quality care. Providing a structured framework for didactic content, nurses engage in experiential learning and mentorship with experienced nurses over a 12-month period.

All of Us Research Program Aims to Advance Individualized Prevention, Treatment, and Care

In May 2018, the [All of Us Research Program](#) began national enrollment, inviting people 18 years of age and older, regardless of health status, to join a momentous

All of Us
RESEARCH PROGRAM

effort to advance individualized prevention, treatment, and care for people of all backgrounds.

Part of the [National Institutes of Health, All of Us](#), expected to be the largest and most diverse longitudinal health research program ever, is asking participants to share different types of health and lifestyle information via online surveys and electronic health records. Collected data will be broadly accessible to a large array of researchers to support thousands of studies across a wide range of health topics in efforts to discover how to more precisely prevent and treat various health conditions for years to come.

The program is seeking one million or more people from all walks of life to participate in this historic endeavor. Click below to learn more and join the program.

[Visit JoinAllofus.org.](https://www.joinallofus.org)

Malone Complete Streets Project Receives Green Light



The [Village of Malone](#) Board recently passed a resolution approving Complete Streets recommendations for Main Street restoration.

Earlier this year, national public health, planning, and transportation consultant Mark

Fenton visited Malone and met with community leaders, residents, and other key stakeholders to explore ideas and projects aimed at increasing pedestrian safety, boosting community health and wellness, and stimulating the downtown economy. Earlier this year, Fenton declared Malone "is ready to try something new."

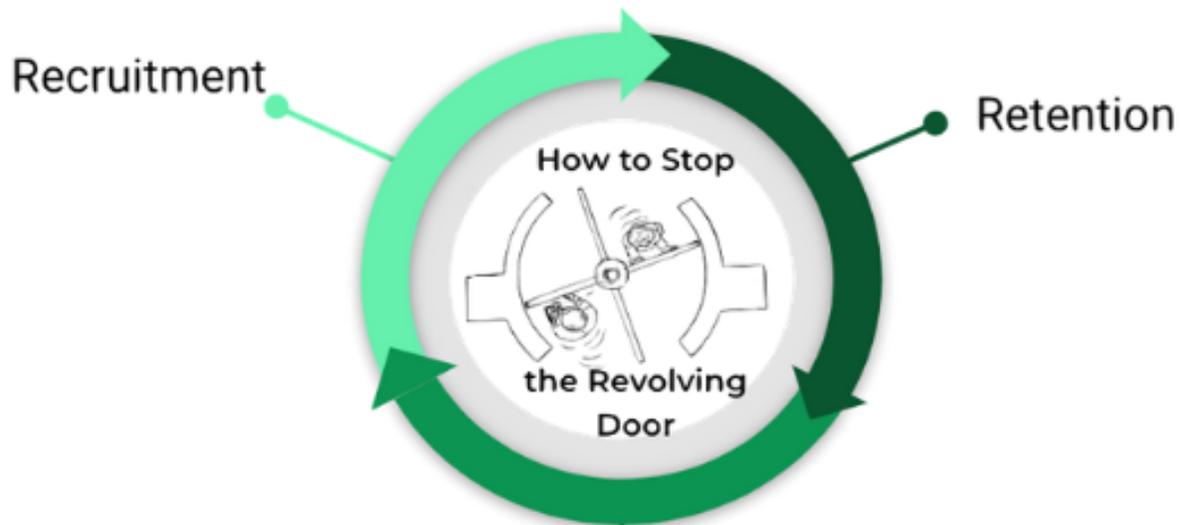
[Read the complete story.](#)

Training Sessions, Meetings, and Events

EMS LEADERSHIP
ACADEMY

"Leadership is More Than a Position"

Free Webinar Series EMS Recruitment & Retention



A 3 Part Series & Live Training

Part 1 - Mon Aug 12 @ 5pm EST

Part 2 - Mon Aug 19 @ 5pm EST

Part 3 - Mon Aug 26 @ 5pm EST

Signup and attend for Special Bonuses
www.emsleadershipacademy.com/webinar

[Click here to register.](#)



ADK Wellness Connections Webinar Series

Social Determinants of Health: *Background and Best Practices*

Tuesday, August 13, 10:30 am to 11:30 am

Join us for this live webinar which will identify best practices to addressing social determinants through local resources to improve health outcomes.



Presented by: Martine Hackett, Ph.D., Assistant Professor, Public and Community Health Programs, Hofstra University and the National Center for Suburban Studies, Suburban Health Equity Institute.



ADK WELLNESS
CONNECTIONS

Register Via Zoom: <https://bit.ly/335t5Qy>

[Click here to register.](#)



Rural Communities Opioid Response Program Strategic Planning Workshop

Thursday, August 15, 2019, 8:30 a.m. – 4:30 p.m.
Crowne Plaza, 101 Olympic Drive, Lake Placid, NY

Registration required: <https://rcorpstrategicplanning.eventbrite.com>



Refreshments will be provided.

Please email Rebecca Evansky
at revansky@ahihealth.org
with any questions.

[Click here to register.](#)



**Department
of Health**

Creating Infographics and Fact Sheets – Tools, Resources, and the Design Process

August 15, 2019
3:00 PM-4:00 PM

Online via Adobe Connect + Phone

During the webinar the presenter will provide an overview of the process for developing fact sheets and infographics, including best practices, and thinking through the design process, audience, and goals. As part of the presentation, the presenter will provide examples of infographics/factsheets used in public health. The presenter will provide a brief demonstration of developing an infographic in MS PowerPoint. The presenter will share some tips, tools, and resources throughout the presentation.

[Click here to register.](#)

2019 AHI LEADERSHIP SUMMIT



*Advancing Whole-Person Care
Through a Collaborative System of Health*

SEPTEMBER 19, 2019

8:00am to 4:00pm

The Conference Center at Lake Placid
2634 Main Street, Lake Placid, NY 12946

KEYNOTE:
Exciting Announcement Coming Soon!

— General Assembly Panel —

Collaborative System of Health

Regional leaders converse on collectively advancing whole-person care in our rural region.

\$35/person

Breakfast, lunch,
and refreshment
breaks included

— Selected Breakout Sessions —

Bridging Treatment Gaps

Dr. Tim Brooks, Saratoga Hospital Medical Group

*Building, Measuring and Leading for
Organizational Wellbeing and Resiliency*

Kathleen Schulz and Mitchell Gold, Ph.D, Arthur J. Gallagher & Co.

**Register
Here**

Leveraging GIS Mapping for SDoH Interventions

Robert S. Dickie and Lisa Cyphers, Adirondacks ACO

*Wellness RX - A Component of an Integrated
Approach to Improving Local Access to Fresh Foods*

Amanda Whisher, UVMHN - Elizabethtown Community Hospital
Elizabeth Terry, Essex County Health Department

*For more information or to inquire about sponsorship opportunities, please contact ahisummit@ahihealth.org.

[Click here to register.](#)

[Click here to view the agenda.](#)

Volume to Value

A Path Towards Data-Driven Health Outcomes

September 26, 2019

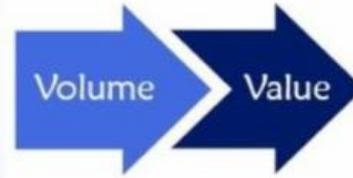
9:30am - 3:00pm

Registration will begin at 8:30am

The Queensbury Hotel

88 Ridge Street • Glens Falls, NY

**Registration ends September 19th



*Please note that each organization may send a maximum of 3 attendees.

The event includes:

- ◆ **Keynote: To Be Announced**
- ◆ **Feature Presentation:** Representatives from Health Catalyst, Hixny, OMH/PSYCKES and Unite Us discussing the value of data in health care transformation
- ◆ **Breakout Sessions for:**
 - Behavioral Health / Primary Care Providers
 - Community Based Organizations

Click Here to Register or visit:
<https://vbp-data-drivenhealthoutcomes.eventbrite.com>

Sponsored by DSRIP PPS:
Adirondack Health Institute
Alliance for Better Health
Better Health for Northeast New York

Hotel rooms are available at a reduced price of \$84/night. Please call 518.792.1121 to make your reservation.

Parking is available at The Queensbury Hotel and the Public Parking Lot located on East Washington Street (adjacent to The Queensbury Hotel lot).

New York State aims to have 80-90% of Medicaid payments within a value based arrangement by 2020. These collaborative forums are aimed to inform and assist your organization during this transition.



Click here to register.

New York State Association for

Infant Mental Health

SENSORY PROCESSING:

What it is • Why it is important
What gets in the way • What we can do

A day of exploration with Martha M. Frank, PhD, OTR/L
Program Director, Whispering Pines Preschool, Delanson, NY



September 27, 2019, 9AM—4PM
Clinton County Mental Health
130 Arizona Avenue, Plattsburgh, NY

We all share a passionate commitment to healthy relationships between babies and their caregivers, yet how much do we know about how key relationships and experiences affect the way infants and very young children will grow to experience themselves in the world? In this workshop, Martha Frank will share her expertise and experiences in supporting children, to provide a solid foundation for understanding the dynamic field of Sensory Processing (SP) and the role relationships play.

Email reachus@nysaimh.org with any questions.

[Click here to register.](#)



FREE Movie Screening
FREE Author presentation
and book signing

While working as an economics reporter for The New York Times, Sylvia Nasar discovered the story of John Nash, the Princeton mathematical genius who suffered from schizophrenia for three decades before recovering and ultimately winning a Nobel Prize in economics.

A Beautiful Mind

NAMI Champlain Valley @ Cumberland 12

Theaters presents:

OCTOBER 2:

5PM SCREENING

7PM PRESENTATION

"A BEAUTIFUL MIND REVISITED"

OCTOBER 3:

10AM SCREENING

12PM PRESENTATION

"ACT THREE, THE RECOVERY OF JOHN NASH"

register: nami-cv.org

[Click here to register.](#)



5th Annual North Country Telehealth Conference

The Value of Virtual Care

Perspectives from Policymakers, Providers, and Patients

WE INVITE YOU TO JOIN US



PRE-CONFERENCE SESSION

Wednesday, November 6, 2019
12:30pm – 4:30pm

FULL CONFERENCE

Thursday, November 7, 2019
8:00am – 4:00pm

LOCATION

The Fort William Henry Hotel and
Conference Center
48 Canada Street, Lake George, New York

**\$45 for both Pre
and Full Conference**

**\$35 for Full
Conference**

*Includes Breakfast, Lunch,
and Refreshment Breaks*



Dr. Jonathan Neufeld
Keynote Speaker

KEYNOTE SPEAKER

Dr. Jonathan Neufeld
Director, Greater Plains Telehealth Resource Center
Extended Reality: The Future of Virtual Care

AFTERNOON PLENARY SESSION

NYS Telehealth Regulation & Reimbursement Updates
from DOH, OMH, OASAS, & OPWDD

This event
brought to you by:



For information and to register:

[Click here](#)

or visit <https://5thannualnctc.eventbrite.com>

For more information or to inquire about sponsorship opportunities, contact Katy Cook, kcCook@ahihealth.org

Click here to register.



REAL. FRESH. FOOD.

STRUGGLING TO AFFORD FRESH PRODUCE? RECEIVE FREE FRUITS AND VEGETABLES AT A SITE NEAR YOU.

Fresh produce is healthier, but more expensive, than non-perishable goods, which means many people experiencing food insecurity do not have access to it. It is the Fresh Food Collective's mission to contribute to the health of our community through the inspirational power of good food.

By incorporating more fresh fruits and vegetables into their diet, our community members avoid complications from diet related illnesses making them happier, healthier and more productive.

**HEALTHIER FOOD +
REDUCED HUNGER =
HAPPY COMMUNITIES.**



EVERY FRIDAY JULY 12 — NOVEMBER 1

SENIOR CENTER KINGSBURY	10:30 — 10:50 AM
EARL TOWERS HUDSON FALLS	11:00 — 11:20 AM
WHITEHALL REC CENTER WHITEHALL	12:10 — 12:30 PM
SKENESBOROUGH HARBOR WHITEHALL	12:35 — 12:55 PM
MOUNTAIN VIEW COMMONS GRANVILLE	1:25 — 1:45 PM

VISIT FRESHFOODCOLLECTIVE.ORG FOR MORE INFO!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to share updates with Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHI Informer*.

Adirondack Health Institute | 101 Ridge Street, Glens Falls, NY 12801 | 518.480.0111
communications@ahihealth.org | www.ahihealth.org

STAY CONNECTED WITH US!

