

AHI LEADERSHIP SUMMIT

*Advancing Whole-Person Care
Through a Collaborative System of Health*

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SEPTEMBER 19, 2019

Lake Placid, NY



#AHISummit

Agenda

| | | | |
|--|--|--|--|
| Registration 7:30-8:00 | Continental breakfast in Edelweiss - <i>Sponsored by Glens Falls National Bank</i> | | |
| Opening 8:00-8:15 | Welcome Eric Burton, CEO, AHI <i>Lussi Ballroom</i> | | |
| Keynote 8:15-9:30 | Keynote Address Dr. Eugene Heslin, First Deputy Commissioner, New York State Department of Health <i>Lussi Ballroom</i> | | |
| Break 9:30-9:50 | Beverages provided in Edelweiss - <i>Sponsored by HCR Home Care</i> | | |
| Remarks 9:50-9:55 | Remarks from our Premier Event Sponsor <i>Unite Us</i> <i>Lussi Ballroom</i> | | |
| Panel 9:55-11:05 | Collaborative System of Health Regional leaders converse on collectively advancing whole-person care in our rural region. <i>Lussi Ballroom</i> | | |
| Rural Health Champion Awards 11:05-11:45 | 2019 Rural Health Champions Nancy Gildersleeve, Executive Director, DSRIP Operations and Fulton PHN, AHI <i>Sponsored by Arthur J. Gallagher & Co.</i> <i>Lussi Ballroom</i> | | |
| Lunch 11:45-1:00 | Buffet lunch in 1932 Arena and Edelweiss - <i>Sponsored by Rivkin Radler, LLP</i> | | |
| Breakout Sessions 1:00-2:15 | Bridging Treatment Gaps: Opiate Addiction in the ED Dr. Timothy Brooks, Saratoga Hospital Medical Group <i>Salon A</i> | Leveraging GIS Mapping for SDoH Interventions Lisa Cyphers and Robert Dickie, Adirondacks ACO <i>Salon B</i> | Building, Measuring and Leading for Organizational Wellbeing and Resiliency Kathleen Schulz and Dr. Mitchell Gold Arthur J. Gallagher & Co. <i>Salon C</i> |
| | Advancement in Addiction Care | Data/IT | Organizational Wellbeing |
| Break 2:15-2:30 | Refreshment break in Edelweiss - <i>Sponsored by Adirondack Health</i> | | |
| Breakout Sessions 2:30-3:45 | Northwinds Integrated Health Network-IPA Northwinds Board Panel Moderated by James Button, Northwinds Interim Executive Director <i>Salon A</i> | Exploring Access and Integration Opportunities for Rural Practices and Communities Mary M. Ford and Dr. Andrew Philip, Primary Care Development Corporation <i>Salon B</i> | Wellness RX-A Component of an Integrated Approach to Improving Local Access to Fresh Foods Amanda Wisher, UVMHN-Elizabethtown Community Hospital Elizabeth Terry, Essex County Health Department <i>Salon C</i> |
| | Behavioral Health | Care Delivery | Innovation in Food Security |



On behalf of Adirondack Health Institute's Board of Directors, member organizations – Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network, St. Lawrence Health System, and The University of Vermont Health Network – Champlain Valley Physicians Hospital - committee members, partners, and staff members, I would like to extend a warm welcome to our 11th Annual AHI Leadership Summit.





The theme of this year's conference is *Advancing Whole-Person Care Through a Collaborative System of Health*. Perhaps the two most powerful portions of this title are the words 'whole-person' and 'collaborative.' For years, many of us have operated in silos, each responsible for different aspects of taking care of the health and welfare of the populations we serve. If we want to take care of the whole person and provide a seamless continuum of care now and into the future, we must figuratively and literally work side-by-side, sharing data, services and new ideas as never before. Today we will have a welcomed opportunity to explore creative and workable strategies for developing, maintaining, and expanding partnerships for the betterment of population health in our rural region.

We are extremely grateful you are with us today and expect you will find this year's conference productive and meaningful.

Eric

Eric Burton, CEO, AHI

Thank you for attending the 2019 AHI Leadership Summit!

- ◆ Lake Placid Conference Center Wi-Fi connectivity:
Username: SUMMIT Password: AHI2019!
- ◆ Watch for the AHI Summit survey email. Your feedback is essential for future Summit planning!
- ◆ PowerPoint presentations will be available on the Summit page of the AHI website, www.ahihealth.org/ahi-summit-2019
- ◆    Adirondack Health Institute  @ahi_health #AHISummit

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Keynote Address

Eugene Heslin, MD
First Deputy Commissioner
New York State Department of Health

Panel — *Lussi Ballroom*

General Assembly Panel: Collaborative System of Health

Moderator: Hope Plavin, Adirondack Health Institute

Panelists:

- ◆ Linda Beers, MPH, Essex County Health Department
- ◆ Andrew Cruikshank, Fort Hudson Health System
- ◆ Kevin Gallagher, MD, Glens Falls Hospital
- ◆ Sylvia Getman, Adirondack Health

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Bridging Treatment Gaps: Opiate Addiction in the ED

Timothy Brooks, MD, FACEP, Saratoga Hospital Medical Group

Saratoga Hospital's Department of Emergency Medicine Chair, Dr. Brooks, will share details on how he and his team respond to the opiate crisis. Using collaboration, open-access scheduling, and advancements in bridging the treatment gaps for our region, his talk will include an overview of policy changes, efforts to decrease opiate prescribing and a shift in stigma around care for people struggling with addiction to address and overcome the epidemic.

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Breakout Session — *Salon B*

Leveraging GIS Mapping for Social Determinants of Health Interventions

Lisa Cyphers, Adirondacks ACO

Robert Dickie, Adirondacks ACO

Where we live has a well-documented effect on our health and longevity. Northern New York's vast rural landscape presents unique challenges in terms of access to health care, healthy food, and other social determinants of health.

In this session, the presenters will demonstrate how they leverage GIS software to map medical, social, and food resources in our region and some health outcomes that might be related. Such maps can aid health care providers by illustrating their patients' geographic obstacles to care and illuminating potential interventions.

They will also point you to some useful, publicly-available interactive maps.

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Building, Measuring and Leading for Organizational Wellbeing and Resiliency

Kathleen Schulz, MS, CHES, Arthur J. Gallagher & Co.

Mitchell Gold, PhD, LP, Arthur J. Gallagher & Co.

As the nature of work changes, issues related to stress and burnout are diminishing resiliency and overall employee engagement. Join us as we discuss the changing demographics of today's workforce and stressors by generation, the workplace issues that reduce resiliency, the relationship between resiliency, burnout and employee engagement and how to first measure, and then operationalize a plan to enhance organizational wellbeing and resiliency.

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Northwinds Integrated Health Network – IPA

Established in 2019, the Northwinds Integrated Health Network is led by fourteen behavioral health and social determinants providers covering a seven-county region in northern New York. This breakout group features a panel discussion with Northwinds Board Officers on the organization’s ‘whole health’ vision, lessons learned, contracting considerations, progress, and insight on how to get involved.

Moderator: James Button, MSW, Northwinds Interim Executive Director

Northwinds Board Panel:

- ♦ Mark Lukens, Behavioral Health Services North
- ♦ Robert Ross, St. Joseph’s Addiction Treatment & Recovery Centers
- ♦ Reid Anthony, Citizen Advocates
- ♦ Angela Doe, MS, United Helpers

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Breakout Session — *Salon B*

Exploring Access and Integration Opportunities for Rural Practices and Communities

Mary M. Ford, MSc, Primary Care Development Corporation (PCDC)
Andrew Philip, PhD, LP, Primary Care Development Corporation (PCDC)

Access to care in rural communities is a pressing challenge, resulting in regional health disparities for New Yorkers. In this session, highlights from a report on Rural Access to Primary Care in New York State will be reviewed. Presenters will then explore models of care integration focusing on increasing quality of and access to care in the context of these findings. Presenters will highlight best practices, innovative models, and other ‘gold-standard’ techniques (e.g. pain management, SBIRT) through case studies.

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Wellness RX - A Component of an Integrated Approach to Improving Local Access to Fresh Foods

*Amanda Whisher, UVMHN - Elizabethtown Community Hospital
Elizabeth Terry, Essex County Health Department*

The Wellness RX program will be explored in this session. The referral-based program provides patients with nutrition education and vouchers for fresh produce that can be redeemed at local grocery stores. The mission of the program is to provide patients with needed knowledge and resources to live a healthier lifestyle.

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Speaker Biographies

Reid Anthony—Citizen Advocates

Breakout Session: *Northwinds Integrated Health Network-IPA*

Reid Anthony is CEO of Citizen Advocates and a Northwinds Integrated Health Network Board Officer. An exceptional business leader, change agent, and strategist with a proven track record of rapid results as an executive-level manager with several national and multi-national firms, Mr. Anthony has nearly 25 years of experience in the for-profit sector. Mr. Anthony, who has a deep passion for mission-driven organizations, presently serves on the Board of Directors for New York State Industries for the Disabled (NYSID) and has also served as President and CEO of KOWA American Corporation, a division of the multi-national, multi-billion-dollar KOWA Group, where he directed U.S. commercial growth and market expansion for this Japanese company, selling a diverse suite of products related to textile production, manufacturing, machinery and building materials, and optics. Mr. Anthony holds an MBA in Management from Rensselaer Polytechnic Institute.

Linda Beers, MPH—Essex County Health Department

General Assembly Panel: *Collaborative System of Health*

Linda Beers, MPH, has served as Public Health Director at Essex County Public Health since 2011. In that role, she is responsible for the administration of four diverse public health programs, including preventive services, children's services, the Women Infant Child (WIC) program, and the Certified Health Home Agency. Prior to her present role, she was the Supportive Employment/Day Habilitation Manager, and a Residential Manager at Mountain Lake Services in Essex County. Ms. Beers earned a Bachelor's degree in Sociology and Public School Teacher Certification from SUNY Geneseo. She also holds a Master's degree in Public Health Practice from the University at Albany's School of Public Health. She was recently awarded the 2019 NYSPHA "Outstanding Leadership" for an individual award.

Timothy Brooks, MD, FACEP—Saratoga Hospital Medical Group

Breakout Session: *Bridging Treatment Gaps: Opiate Addiction in the ED*

Timothy Brooks, MD, FACEP, is the Director/Chairman of the Department of Emergency Medicine at Saratoga Hospital. An emergency medicine specialist who has been practicing for 32 years, he is also the Founder/President of Saratoga Emergency Physicians, PC. Dr. Brooks presently holds the titles of City of Saratoga Springs Health Officer, Chairman of the Saratoga County Emergency Preparedness Committee, Bioterrorism Medical Consultant for Saratoga County Public Health, Medical Director of Saratoga Springs City School District's AED program, Medical Director of the Saratoga Springs Fire Department, and is a member of the Saratoga County Public Health Advisory Committee. Dr. Brooks earned a Bachelor of Science degree in Biological Sciences from Michigan Technological University and graduated from the University of Michigan Medical School. He completed his integrated residency in emergency medicine at Wright State University School of Medicine.

James Button, MSW—Northwinds Integrated Health Network

Breakout Session: *Northwinds Integrated Health Network-IPA*

James Button is the Interim Executive Director of Northwinds Integrated Health Network and the Chief Operations Officer of Citizen Advocates, Inc. Mr. Button has significant experience in clinical program development, health care acquisitions and affiliations, value-based payment contracting and behavioral health startups. Prior to taking on his current role, Mr. Button successfully launched the Regional Planning Consortia, a statewide managed care initiative jointly led by NYS County Mental Health Directors and NYS OMH/OASAS/DOH. He holds Master's degrees in Education and Clinical Social Work, as well as a professional certificate in Health Care Administration.

Andy Cruikshank—Fort Hudson Health System

General Assembly Panel: *Collaborative System of Health*

Andy Cruikshank is the Chief Executive Officer of Fort Hudson Health System, a multi-level, integrated, post-acute provider, including short-term rehabilitation, long-term care, dementia care, respite, social and medical adult day programs, licensed home care, certified home care, care management, and resident housing. A Registered Nurse and New York State Licensed Nursing Home Administrator, Mr. Cruikshank has more than 30 years of experience in post-acute service delivery, including 19 with Fort Hudson. He earned a Bachelor of Science degree in Nursing from SUNY Plattsburgh, and a Master of Science degree in Health Administration from Russell Sage College.

Lisa Cyphers—Adirondacks ACO

Breakout Session: *Leveraging GIS Mapping for SDoH Interventions*

Lisa Cyphers is a Senior Performance Improvement Analyst for the Adirondacks ACO. A native of Rochester who grew up in Colorado, Ms. Cyphers embarked on learning geographic information systems (GIS) after reading about Dr. Jeffrey Brenner's medical hot-spotting in Camden, NJ. A self-professed nerd who loves most aspects of data analysis - especially mapping - and all aspects of the Adirondacks, presently lives in Plattsburgh. Ms. Cyphers holds degrees in Behavior Genetics from the University of Colorado Boulder and Developmental Psychology from New York University.

Robert Dickie—Adirondacks ACO

Breakout Session: *Leveraging GIS Mapping for SDoH Interventions*

Robert Dickie is the Director of Population Health Resources for the Adirondacks ACO. In this role, he leads a team of analysts who work to identify opportunities for improvement across the ACO. He also serves as an internal process improvement consultant for the organization. Mr. Dickie holds a Bachelor's degree in Engineering from Syracuse University and a Master's degree in Health Care Administration from Champlain College.

Angela Doe, MS, LMHC, CASAC-master, ICADC, HS-BCP—United Helpers

Breakout Session: *Northwinds Integrated Health Network-IPA*

Angela Doe is the Director of Behavioral Health Services at United Helpers, Inc., and a Northwinds Integrated Health Network Board Officer. In her role, Ms. Doe provides oversight for the administrative and clinical operations of the organization's Behavioral Health Services Division. Ms. Doe began working in the field of addiction and mental health in 1991. She possesses vast experience working with special populations in various settings, including acute care detoxification, opioid treatment programming, methadone maintenance, and more. Ms. Doe also serves as an adjunct faculty member teaching courses in human services, applied psychology, and alcohol and substance abuse counseling. A NYS Licensed Mental Health Counselor, Ms. Doe holds a Master's degree in Counseling and has completed post-graduate course work at Heidelberg College, Bowling Green State University, and the Sage Colleges in health services administration. She is also a Master Level Credentialed Alcoholism and Substance Abuse Counselor, International Credentialed Alcohol and Drug Counselor, and a Board-Certified Human Services Practitioner.

Mary M. Ford, MSc—Primary Care Development Corporation

Breakout Session: *Exploring Access and Integration Opportunities for Rural Practices and Communities*

Mary Ford joined Primary Care Development Corporation (PCDC) in 2017 as the Director of Evaluation and Analytics, leading projects that evaluate the impact of PCDC's work, examine access measures around primary care, and further research on primary care and population health outcomes. Ms. Ford has previously worked in both public and private health care research, geo-spatial analysis, and program evaluation. She holds a Bachelor of Arts degree from Rice University and a Master of Science degree in Epidemiology and Biostatistics from the University of Texas Health Science Center.

Speaker Biographies

Kevin Gallagher, MD—Glens Falls Hospital

General Assembly Panel: *Collaborative System of Health*

Kevin Gallagher, MD, is Chief Medical Information Officer and Medical Director of the Glens Falls Medical Group at Glens Falls Hospital. A family medicine attending physician, Dr. Gallagher has been with the hospital for 13 years. He is board certified by the American Board of Preventive Medicine in Clinical Informatics. In addition, he is board certified in Family Medicine and a Fellow of the American Academy of Family Practice. Dr. Gallagher holds a Bachelor of Arts degree in Biology from Siena College. He earned his MD from Albany Medical Center and completed a Family Medicine Residency at St. Joseph's Hospital Health System where he served as Chief Resident.

Sylvia Getman—Adirondack Health

General Assembly Panel: *Collaborative System of Health*

Sylvia Getman is the President & CEO of Adirondack Health, the only full-service health system in the 6.1 million-acre Adirondack Park. She is responsible for the oversight of a 95-bed acute care hospital, 60-bed skilled nursing facility, physical rehabilitation facilities, dialysis, primary, dental, and specialty care centers. Prior to Adirondack Health, Ms. Getman, a compassionate, transformational health care leader and patient advocate with more than two decades of experience as a CEO, was the top executive at Aroostook Medical Center in Maine. She also served in top leadership positions at Nantucket Cottage Hospital in Massachusetts, and Mitchell County Regional Health Center in Iowa. She serves on numerous boards, including the New York State Association of Rural Health, Adirondacks ACO, Adirondack Health Institute, Iroquois Healthcare Association, and the Healthcare Trustees of New York State. Ms. Getman holds Bachelor of Business Administration and Master of Science in Business degrees from the University of Wisconsin-Madison.

Mitchell Gold, PhD, LP—Arthur J. Gallagher & Co.

Breakout Session: *Building, Measuring and Leading for Organizational Wellbeing and Resiliency*

Mitchell Gold, PhD, LP, is a Managing Director and Senior Advisor of Engagement Surveys for the Arthur J. Gallagher & Co. Human Resources and Compensation Consulting practice. For more than 20 years, Dr. Gold has worked with numerous Fortune 100/500 organizations, helping them evolve their human capital and talent management practices. He has worked in an array of industry segments, including telecommunications, manufacturing, technology, health care, oil and gas, construction, and retail services. Dr. Gold holds a Bachelor of Science degree in Psychology and Personnel Management from the University of Arizona, a Master of Science degree in Industrial/Organizational Psychology from the University of Memphis, and a PhD in Industrial/Organizational Psychology from the Illinois Institute of Technology in Chicago.

Eugene Heslin, MD—New York State Department of Health

Keynote Address

Eugene Heslin, MD, is First Deputy Commissioner of the New York State Department of Health. He has extensive experience leading health system transformation and working across public and private payers on initiatives that span local, state, and federal government agencies. Dr. Heslin previously served as the Chairman and Vice-Chairman of the Health Alliance Board, Chairman of the Kingston Regional Health Care Systems, and Chairman of the Kingston Hospital Board. In these positions, he oversaw a variety of hospital systems, inclusive of critical access, acute care, retirement communities, and nursing homes. He was part of the Comprehensive Primary Care Initiative, Hudson Valley Capital District Steering Committee, a CMMI transformation initiative. Dr. Heslin is also a Health Information Technology expert. He was a Vanguard IT Fellow to ONC. He was on the New York eHealth Collaborative Board of Directors as Executive Committee Treasurer. He also served as secretary to the Taconic Health Information Network and Community Regional Health Information Organization Board of Trustees. Additionally, Dr. Heslin's experience includes service on the HealthlinkNY Executive Committee, the New York State Medicaid Evidenced-Based

Benefit Review Advisory Committee, Chairman of Strategic Planning for HealthAlliance, and Director of TKH Diabetes Education. Dr. Heslin is an active practicing primary care physician committed to providing the highest levels of care and compassion to his patients. He holds both a Bachelor and Master of Science degree in Chemistry from Fordham University. He received his medical degree from the University of Texas Medical School at Houston.

Mark Lukens—Behavioral Health Services North

Breakout Session: *Northwinds Integrated Health Network-IPA*

Mark Lukens is President and CEO of Behavioral Health Services North, a leading health and human services company headquartered in Plattsburgh, and serves as the President of the Board of Northwinds Integrated Health Network. He is also a partner in the global management consulting firm, Capatus. Mr. Lukens has more than 20 years of C-level executive and consulting experience delivering strategies and transformational programs in and around the health care space, including hospitals, government, for-profits, and community non-profits. Mr. Lukens serves on several regional boards and is a professor at the State University of New York where he teaches in the School of Business and Economics. Mr. Lukens has a clinical background as a former flight and SWOT paramedic and health educator, and technical background as an MCSE. He holds an MBA from Eastern University.

Andrew Philip, PhD, LP—Primary Care Development Corporation

Breakout Session: *Exploring Access and Integration Opportunities for Rural Practices and Communities*

Andrew Philip, PhD, LP, is a clinical health psychologist and Senior Director of Clinical and Population Health at the Primary Care Development Corporation (PCDC). At PCDC, Dr. Philip leads a robust team of subject matter experts and implementation specialists in the fields of clinical and population-based prevention and treatment. The Population Health team works with state and local health authorities, Federally-Qualified Health Centers, HIV and AIDS service organizations, community clinics, and integrated hospital systems to improve capacity and service delivery. Dr. Philip is the immediate past Deputy Director of the SAMHSA-HRSA Center for Integrated Health Solutions at the National Council for Behavioral Health. He has a clinical background as a psychologist in primary care and has assisted with large-scale training and integration efforts in the largest health care systems in the country. His experience includes integrating behavioral change principles within numerous medical settings and emphasizing improved care for diverse groups, such as LGBTQ and veteran populations. Dr. Philip assists in driving initiatives aimed at improving patient care and promoting health innovation, as well as speaking nationally and conducting integrated care research.

Hope Plavin—Adirondack Health Institute

General Assembly Panel: *Collaborative System of Health*

Hope Plavin is the Director of Planning and Development at Adirondack Health Institute (AHI). Prior to joining AHI in 2018, Ms. Plavin worked for United Healthcare Community & State on Medicaid policy and for Health Management Associates as a private consultant. With New York State, Ms. Plavin worked on a wide array of health innovations, including UNY*Care, a universal access to care model developed in the late 1980s; HIV Special Needs Plans; New York State's response to multiple emerging epidemics including H1N1; novel sepsis regulations; and oversight of New York's State Innovation Model program. She holds a Bachelor of Arts degree in Economics from SUNY Stony Brook, a Master of Public Administration degree from the University at Albany, and a Master of Health Care Delivery Science degree from Dartmouth.

Speaker Biographies

Robert Ross—St. Joseph’s Addiction Treatment & Recovery Center

Breakout Session: *Northwinds Integrated Health Network-IPA*

Robert Ross is the CEO/President of St. Joseph’s Addiction Treatment & Recovery Center, and a Northwinds Integrated Health Network Board Officer. Mr. Ross has more than 40 years of experience in the addiction services field in both private and public entities on state, national, and international levels. Mr. Ross served for six years as the Executive Deputy Director of the New York State Division of Alcoholism and Alcohol Abuse, and for one year as the Acting Commissioner. He was also part of the New York City Bureau of Alcoholism Services, serving as Deputy Director for two years. For 22 years, Mr. Ross owned and operated a health care consulting firm. He serves on numerous boards, including President of the Board of the New York Alcoholism and Substance Abuse Providers Association, President of the Board of Homeward Bound Adirondacks, and member of the North Country Community College Human Service Advisory Board. Mr. Ross earned a Bachelor of Arts degree in Government from Hamilton College.

Kathleen Schulz, MS, CHES—Arthur J. Gallagher & Co.

Breakout Session: *Building, Measuring and Leading for Organizational Wellbeing and Resiliency*

Kathleen Schulz is Regional Vice President, Wellbeing and Engagement Practice Leader, Northeast, Atlantic, and Southeast Regions for Arthur J. Gallagher & Co. She has more than 20 years of experience designing and implementing wellness, fitness, occupational health, employee assistance program, benefits, and work/life programs. In her practice leadership role, Ms. Schulz works with Gallagher teams and clients to design holistic strategies to address the total employee value proposition, including all the dimensions of wellbeing, employee engagement, and productivity. Ms. Schulz holds a Bachelor of Science degree in Cardiovascular Health from Northeastern University and a Master of Science degree in Organizational Development with a minor in Health Administration and a Post-Graduate diploma in Occupational Health from St. Joseph’s University in Philadelphia. She is also a Certified Health Education Specialist and in 2018 was named a Top 25 National Wellbeing Leader by the Corporate Health and Wellness Association and Corporate Wellness Magazine.

Elizabeth Terry—Essex County Health Department

Breakout Session: *Wellness RX-A Component of an Integrated Approach to Improving Local Access to Fresh Foods*

Elizabeth Terry is the Chronic Disease Outreach Coordinator at the Essex County Health Department, Public Health Unit. In this role, Ms. Terry studies local upstream, root causes for chronic diseases, including belief systems, policies and practices, and living conditions - physical, social, economic and services environments - that contribute to chronic diseases. She engages in strategic partnerships to advance local mobilization, capacity and collaboration to influence chronic disease prevention and management. Her most current work, and why she’s here today, is to discuss her leadership of the Well Fed Essex County Collaborative, an AHI PPS innovation grant-funded project to increase food security through five integrated interventions: Wellness Rx, The Farmacy Project, WIC/SNAP Navigation, Healthy Food Pantry initiative, and the Better Choice Retailer program. This collaborative relies on strong partnership engagement with AdkAction, the University of Vermont Health Network – Elizabethtown Community Hospital, Cornell Cooperative Extension of Essex County, local retailers and other community-based organizations.

Amanda Whisher—UVMHN-Elizabethtown Community Hospital

Breakout Session: *Wellness RX-A Component of an Integrated Approach to Improving Local Access to Fresh Foods*

Amanda Whisher is in her eleventh year with The University of Vermont Health Network - Elizabethtown Community Hospital where she is the Primary Care Data Quality Specialist. Ms. Whisher’s focus is on community engagement and outreach strategies to promote the health of the population and bring awareness to chronic disease prevention. She holds a seat on the board of Office for the Aging in Essex County. She also works closely with community-based organizations, Adirondack Health Institute, and individual insurers on quality improvement and performance measures. Ms. Whisher holds an Associate’s degree in Business and is currently pursuing a Bachelor’s degree in Hospital Administration from Champlain College.

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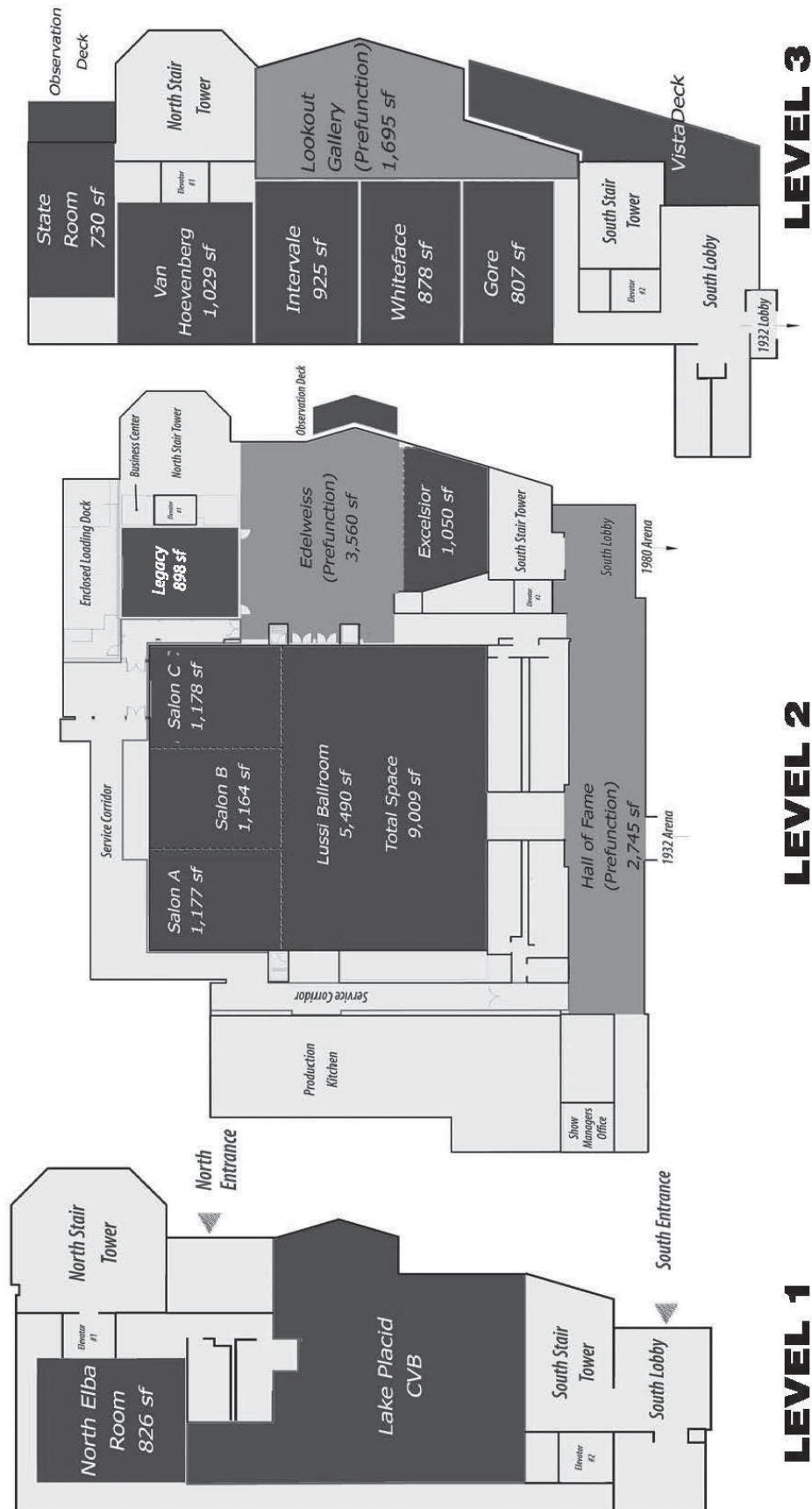
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Adirondack Health Institute

AHI is an independent, non-profit organization supporting hospitals, physician practices, behavioral health providers, community-based organizations, patients and others in our region to *transform health care* and *improve population health*.

Mission

To lead and work collaboratively with community partners on innovative initiatives that advance quality, improve access and affordability, and transform health care delivery in the Adirondack region.

Vision

Every individual in our region reaches their full potential and lives a healthy life.

Members

AHI is a joint venture of Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network, St. Lawrence Health System, and The University of Vermont Health Network—Champlain Valley Physicians Hospital.

Service Area

AHI serves nine counties in the North Country/Adirondack region: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren and Washington.

