



a·H·Informer

A news update from Adirondack Health Institute

October 17, 2019

News Headlines

First Installment of DY4 P4P Funds Flow Will Total \$14.8M



Initial payments for DSRIP Year 4 P4P (partner pool) were mailed to partners beginning the week of October 1. The PPS is pleased to announce the distribution for the first installment of DY4 P4P funds flow will total \$14.8 million. To be considered in the calculations and receive a DSRIP Year 4 P4P payment, a partner must have both returned financial sustainability documents and be considered a safety-net partner, based on the NYS DOH DSRIP reporting tool.

If your organization has not returned 2018 financials or a Waiver of Financial Sustainability monitoring, please forward them to dsripahi@ahihealth.org.

As with prior P4P funding methodology, a component of a partner's P4P payment will include determinations made by PHN triad leaders in a PHN-level pool. Upon approval from the AHI Board of Directors, PHN-level pool determinations will be distributed to those partners who are allocated a payment in a separate remittance. By paying the PHN-level pool separately, the AHI PPS is able to get funds earned in the partner-level pool to organizations sooner in order to help fund transformational efforts.

Additional information regarding the DSRIP Year 4 P4P methodology can be referenced by clicking below and visiting the AHI website. Any questions regarding partner payments should be directed to dsripahi@ahihealth.org with "DSRIP P4P Question" in the subject line.

[Click here for DY4 P4P methodology information.](#)

AHI PPS Compensation and Benefits Analysis Reminder

Communication and links to all documents (an assessment tool, directions, and a frequently asked questions document) for the required Compensation and Benefits Analysis have been sent to all AHI PPS partners by the [Center for Health Workforce](#)

Studies (CHWS). Thanks to those of you who have already completed the assessment. The assessment tool is a fillable pdf that can be completed electronically, saved, and sent back to Kris Stiegler, Senior Project Coordinator at CHWS. All assessments are due back to CHWS by Friday, November 8. Information provided will help us take a comprehensive look at the number of staff, number of vacancies, and anticipated retirements and new/added positions in 2020. In January, we will begin to review the data and complete a cohort analysis focusing on data from 2015, 2017, and 2019, to assess the AHI PPS workforce status over the course of DSRIP. All questions related to the assessment tool should be directed to Kris Stiegler at kstiegler@albany.edu.

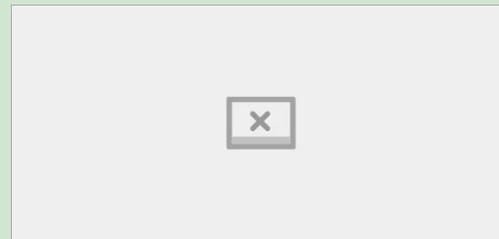
DSRIP Partner Feedback Sought

Selected individuals from AHI PPS partner organizations on September 9 received an email with a link to a DSRIP partner survey being conducted by the Independent Evaluator at the [University at Albany](http://www.albany.edu). The survey asks partners about their DSRIP perceptions and how the program has affected their organization and patients/clients. AHI PPS partners who received the survey are encouraged to complete it at their earliest convenience. Feedback received will help improve the program by letting DOH and the PPS know which aspects of DSRIP have been effective and which have not. Evaluating these changes each year helps determine whether improvements are taking place over time.

Partner Success Stories

JCEO Mobile Farmers' Market Brings Fresh, Healthy Produce to Rural North Country Communities

With support from the AHI PPS, the [Joint Council for Economic Opportunity of Clinton and Franklin Counties, Inc. \(JCEO\)](http://www.jceo.org) has established a mobile farmers' market to bring fresh, healthy produce to communities throughout the North Country. To learn more, click the video to the right to view a news report from Mountain Lake PBS.



AHI PPS Helps Adirondack Internal Medicine & Pediatrics Improve Patient Monitoring, Outreach Efforts



ADIRONDACK
INTERNAL MEDICINE
& PEDIATRICS, P.C.

With support from the AHI PPS, [Adirondack Internal Medicine & Pediatrics](http://www.adirondackim.com) has greatly improved its patient monitoring and outreach efforts.

"Among other things, funding has supported staffing needs for our ongoing efforts to meet quality measures, as well as allowed for increased staff time spent tracking unnecessary emergency room visits and educating patients concerning appropriate after-hours care," explained Ann

Becker, Practice Administrator. Funds have also been used to implement a number of patient screening tools, including the Integrated Palliative Care Outcome Scale (IPOS), CAGE-AID, a questionnaire that focuses on the use of alcohol and other drugs, and CRAFFT, a clinical assessment interview tool used to screen for substance-related risks and problems in adolescents.

An NCQA-Recognized Level 3 Patient-Centered Medical Home, the practice, with locations in Saranac Lake and Tupper Lake, knows full well resource and other challenges associated with primary care provision in a rural region and is grateful for the support. "Our motto is reliable, supportive, patient-centered care and the backing we've received has helped us continue living up to that statement," shared Becker.

Food Pantry Now Open at Crown Point Health Center



The University of Vermont Health Network - Elizabethtown Community Hospital has opened a new food pantry in its Crown Point Health Center. The goal of the project, started with support from the Essex County Health Department and the Well-Fed Essex program, is to make healthier food options available at no cost to those in need. "Expanding

access to healthy food is so important," Essex County Health Department Chronic Disease Outreach Coordinator Elizabeth Terry said. "Over 30 percent of Essex County residents are individuals and families with an income above the federal poverty level, but below a sustainable wage. They make just enough to miss out on nutrition benefit programs, but don't make enough to purchase healthy foods."

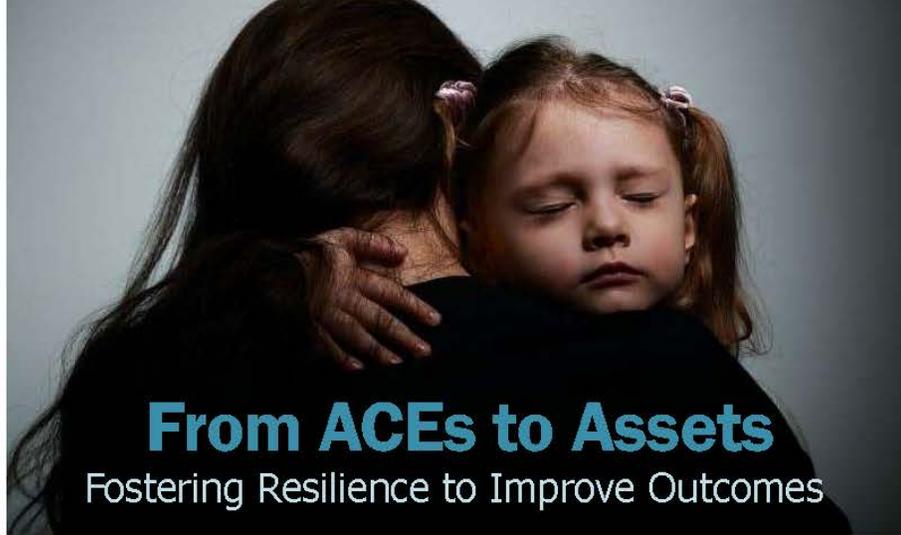
[Click here to read the full Press-Republican article.](#)

Hudson Headwaters Ranks Among Top One Percent of Health Centers in the Nation for Quality

Hudson Headwaters Health Network has been recognized by the United States Department of Health and Human Services, Health Resources and Services Administration (HRSA) as a National Quality Leader, ranking tenth in the United States for best overall clinical performance for 2018. This standing represents the top one percent of 1,273 federally-qualified health centers in the nation.

The organization also achieved the best overall clinical performance rating among the nation's health centers. In the state, Hudson Headwaters ranked second in quality leadership, and fifth as a patient-centered medical home. "The dedication of Hudson Headwaters Health Network staff, and their ongoing commitment to high-quality patient care for everyone in our communities, resulted in this outstanding level of recognition," said Dr. Tucker Slingerland, Hudson Headwaters CEO.





From ACEs to Assets

Fostering Resilience to Improve Outcomes

Foundational Trauma-Responsive Care

8:00 AM to 11:00 AM

From Trauma to Healing—Building Trauma Sensitive Services to Support Resiliency

This session provides participants with a short overview of the essential elements of trauma-informed care, including the ACEs study and the effects of trauma on brain development. Additionally, participants will examine the impact of stress, “traumatic exposure responses,” and burnout to explore several options for working with these occupational challenges.

Trauma Responsive Workshop

12:00 PM to 3:00 PM

From ACEs to Assets: Fostering Resilience to Improve Outcomes

The impact of childhood adversity/trauma on health and wellness outcomes through the lifespan is undeniable. Research has established that “resilience trumps ACEs,” yet most practitioners have little experience in integrating resilience development as an overt part of their clinical approach. In this session participants explore the foundation of resilience and asset development and offer strategies for applying them to mental, physical and/or behavioral healthcare through the adoption of a resilience development mindset.

Franklin County System of Care has been developing trauma responsive practices within their community over time to better meet the needs of children and their families. There is now a desire to build upon the existing foundation to strengthen these practices across the system including mental health, education and social services. This is a foundational training for new staff as well as a refresher for existing staff. OASAS and Social Work CEU's are available. Participants may register for either session or a full day. Lunch will be provided for participants registered for both sessions.

Dates and locations offered:

Wednesday, October 23, 2019

St. Joseph’s Rehabilitation Center, Fellowship Hall, 159 Glenwood Drive, Saranac Lake

Thursday, October 24, 2019

Malone Transportation Building, 22 Bus Garage Lane, Malone

Friday, October 25, 2019

Pine Room at Paul Smiths College, 7777 NY-30, Paul Smiths

School Personnel: Register with [Rhonda Peets](mailto:rspeets@mail.fehb.org): rspeets@mail.fehb.org or online www.fehb.org (518) 483-5230

DSS/County Employees: Register with [Tracy Merrick](mailto:TracyMerrick@dca.state.ny.us): TracyMerrick@dca.state.ny.us (518)481-1431

Community Based Organizations: Register with [Ara Newman](mailto:anewman@franklincony.org): anewman@franklincony.org (518) 891-2280



ADIRONDACK HEALTH



Mercy Care
for the Adirondacks

present

Community Health Forum

Laugh & Learn

Engaging Aging

5:00 p.m.
Wednesday,
October 23

Free Admission

Keynote with
Dr. Bill Thomas
a global leader in the
effort to challenge ageism

- Panel discussion
- Information booths
- Light refreshments
- Free daycare on site
- Parking assistance will be available on site



Transportation help is available: Call Heidi at 518-897-2735 or email hbailey@adirondackhealth.org if you need help getting to the event.

Harrietstown Town Hall, 39 Main St., Saranac Lake

Our sponsors help
make this event possible



north country
public radio



Means Matters Prevention Workshop



Many suicide attempts take place during a short-term crisis. Putting time and space between the means and individuals during a crisis can prevent suicide and save lives. Prevention strategies includes monitoring or locking up prescription drugs, and locking up firearms or the temporary removal of firearms from the home of individuals at risk for suicide.

October 24th 2019

10:30am-12:30pm

Washington County WIC Building
411 Lower Main St. Hudson Falls

This is a free workshop with lunch provided. Please RSVP to Allison Reynolds allisonreynolds@councilforprevention.org

Workshop Goals:

- An understanding of suicide loss data for Warren Washington Counties.
- Strategies for means reduction.
- Educating community members and professionals on means reduction.
- We are asking all stakeholders and community members to attend, so we can have comprehensive input as we discuss these strategies.

Implementing School-Based Telemental Health in New York: Best Practices, Challenges, and Successes Webinar, Oct. 29



The [North Country Telehealth Partnership](#) is rolling out a series of telehealth-related webinars. The first such webinar, *Implementing School-Based Telemental Health in New York: Best Practices,*

Challenges, and Successes, will be held 1:00 - 2:00 p.m., Tuesday, October 29. The [NYS Education Department](#) and [NYS Office of Mental Health](#) have increasingly encouraged school districts and local mental health systems to partner to ensure children with mental health needs have improved access to services. Join us as we hear from Lisa

Pappa, Psychiatric Nurse Practitioner from [Comprehensive Medicine](#), as she shares the process for implementing telemental health services in a school setting.

[Click here to register.](#)



CARE AND TREATMENT OF HIP AND KNEE ARTHRITIS

Monday, November 4th
6pm at the Greenwich Medical Center
1134 Route 29, Greenwich

Wednesday, November 13th
6pm at The Queensbury Hotel
88 Ridge Street, Glens Falls

Please RSVP one week prior to the date of the event by calling **518.926.6348**



[f](#) [t](#) [in](#) [k](#) [GlensFallsHospital.org](#)



Please join Dr. Thomas Varney of the Orthopedic Specialists of Glens Falls Hospital for a presentation and community discussion regarding hip and knee arthritis.

Arthritis can cause progressive pain and stiffness of the hips and knees, often leading to a declining quality of life. Arthritis pain can have a profound impact on activities of daily living and leisure negatively impacting life satisfaction if left improperly treated.

Dr. Varney will discuss the causes and impact of arthritis of the hip and knee, conservative treatments available to preserve aging joints, as well as surgical options for restoration of function and alleviation of pain.

Mercy Care Educational Forum, Nov. 6 at Paul Smith's College

[Mercy Care for the Adirondacks](#) will be holding an educational forum from 9:30 a.m. - 3:00 p.m., Wednesday, November 6, at [Paul Smith's College](#).

The forum will feature an overview of THRIVE, a pilot project that aims to increase retention of Certified Nursing Assistants (CNAs) and home health care workers. A panel discussion, featuring panelists from numerous AHI PPS partner organizations, will follow focusing on how the frontline and direct care workforce shortage crisis in the Adirondacks and around the state is impacting health care institutions and the people who need care.



Registration is \$25 and includes lunch. For more information, contact Holly Huber at hhuber@adkmercy.org, or 518.523.5583.

[Click here to register.](#)

Last Chance to Register!



5th Annual North Country Telehealth Conference

The Value of Virtual Care

Perspectives from Policymakers, Providers, and Patients

WE INVITE YOU TO JOIN US



PRE-CONFERENCE SESSION

Wednesday, November 6, 2019
12:30pm – 4:30pm

FULL CONFERENCE

Thursday, November 7, 2019
8:00am – 4:00pm

LOCATION

The Fort William Henry Hotel and
Conference Center
48 Canada Street, Lake George, New York

**\$45 for both Pre
and Full Conference**

**\$35 for Full
Conference**

*Includes Breakfast, Lunch,
and Refreshment Breaks*



Dr. Jonathan Neufeld
Keynote Speaker

KEYNOTE SPEAKER

Dr. Jonathan Neufeld
Director, Greater Plains Telehealth Resource Center
Extended Reality: The Future of Virtual Care

AFTERNOON PLENARY SESSION

NYS Telehealth Regulation & Reimbursement Updates
from DOH, OMH, OASAS, & OPWDD

This event
brought to you by:



For information and to register:

[Click here](#)

or visit <https://5thannualnctc.eventbrite.com>

For more information or to inquire about sponsorship opportunities, contact Katy Cook, kcCook@ahihealth.org

Click here to register.

2019

PHIP Stakeholder Meeting

Wednesday, November 13th, 2019

9:30am-2:00pm

Golden Arrow Lakeside Resort

2559 Main Street, Lake Placid, NY

[Click Here to Register](#)



Adirondack Health Institute

New York State Medicaid National Diabetes Prevention Program



IT'S COVERED!

The National Diabetes Prevention Program is now a covered benefit for Medicaid members in New York State (NYS).

Join the NYS Department of Health on November 13th from 10:00 – 11:30 a.m. for a [Kickoff Webinar](#).

Topics will include:

- Overview of the NYS Medicaid Program's coverage of the National Diabetes Prevention Program
- NYS Medicaid provider enrollment
- NYS Medicaid reimbursement/billing

[Click here to register.](#)

Greater Glens Falls Transit Offering Transportation Train-the-Trainer Sessions

As a result of conducting well-attended, positively-received basic public transportation classes for the community and to expand the region's public transit awareness, [Greater Glens Falls Transit \(GGFT\)](#) is now offering a train-the-trainer program to teach individuals



from interested agencies to be in-house "travel trainers" for colleagues and clients.

Agencies expressing interest will be asked to identify a staff member(s) enthusiastic about teaching others how to use the GGFT bus system. Designees will receive comprehensive training from GGFT to help prepare them to instruct other riders. Upon course completion, trainers will be issued a GGFT ID badge permitting them to ride the bus for free while training others. GGFT staff members will be available during regular business hours to answer trainers' travel-related questions.

For more information, contact Ed Holub, GGFT Deputy Transportation Director, at edholub.ggft@gmail.com, or 518.792.1086.

OUTPATIENT SUBSTANCE ABUSE TREATMENT PROGRAM
offering
MEDICATION ASSISTED TREATMENT *and*
SAME DAY ACCESS*

CONIFER PARK, GLENS FALLS
Come find your path to Recovery with Us!

At Conifer Park Glens Falls Outpatient Center, we understand there are different paths to recovery. We are dedicated to providing quality, person-centered substance abuse treatment for you or someone you know and love.

Outpatient Services include:

- Medication Assisted Therapy (MAT) (Suboxone/Vivitrol)
- Evidence-based Substance Abuse Treatment for Adolescents & Adults
- Same Day Inductions, if clinically appropriate (*Mon, Tue, Thu, Fri*)
- Walk-ins Welcome (*Mon, Tue, Thu, Fri*)
- Intensive Outpatient Services
- Multidisciplinary Team, including: Physicians, Registered Nurses, and Certified Alcohol and Substance Abuse Counselors
- DWI Evaluations
- OASAS, DEA and CSAT Certified

Local Services available in:

GLENS FALLS

55 Elm Street
Glens Falls, NY 12801

To make a confidential appointment:

Call (518) 793-7273

or Fax (518) 798-5004

Location Hours:

Mon - Thurs: 8:00 am - 7:30 pm
Fri: 8:00 am - 5:00 pm
Sat: 8:00 am - 12:00 pm

***Open Access Hours:**

Monday, Tuesday, Thursday, Friday
8:30am - 10:30am



Outpatient Substance Abuse Clinic Services

The Treatment
You've been Looking for.
The Recovery
You Deserve!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to share updates with Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHI Informer*.

Adirondack Health Institute | 101 Ridge Street, Glens Falls, NY 12801 | 518.480.0111
communications@ahihealth.org | www.ahihealth.org

STAY CONNECTED WITH US!

