



# a·H·Informer

A news update from Adirondack Health Institute

April 30, 2020

## *News Headlines*

### **AHI Publishes VBP Resources Web Page**

Health care delivery continues its transformation from a fee-for-service to a value-based payment (VBP) model, with an emphasis on quality outcomes. For the benefit of partner organizations, AHI has compiled helpful VBP resources, including webinar recordings, presentation slide decks, and other pertinent documents on a newly-created Value-Based Payment Resources web page. The page contains webinar recordings from the *Volume to Value* workshop series, and recordings and toolkits from the recently-concluded workshop series for community-based organizations, *Preparing for Success in a Value-Based Care Environment*.

Click here to visit the VBP Resources web page.

## *Partner Success Story*

### **Ridge Mills Physician Practices Earn NCQA PCMH Recognition**

Physician practices affiliated with [Ridge Mills Medical Center](#) in Rome have earned NCQA Patient-Centered Medical Home (PCMH) recognition with the assistance of AHI's Practice Innovation Solutions team.



"Dr. (Jennifer) Cesana worked tirelessly to achieve this recognition," said Louann Villani, AHI's Executive Director, Saranac Lake Population Health Network. "We congratulate her and the Ridge Mills practices for this well-deserved accolade."

## *Other News*

### **Collaborative Project Creating Positive Buzz**

A team effort at [Citizen Advocates](#) is



creating some positive buzz through their participation in a local initiative.

A few months ago, individuals receiving supports at Enhanced Day Habilitation in Saranac Lake partnered with [Adk Action](#) to help with a unique project. The Adirondack Pollinator Project promotes the health of pollinators, such as bees

and butterflies, critical to food and ecosystems by empowering people to take individual and collective action to help pollinators thrive. Specifically, the initiative promotes pollination by making available free wildflower seeds intended to provide a diversity of nectar and pollen sources for local bees, butterflies, moths, and hummingbirds.

“Some of the individuals we support are participating by stapling informational brochures to packets of seeds that are distributed to places like the Paul Smith’s College,” said Eric Ackerson, Habilitation Coordinator for Citizen Advocates.

“This is a great example of individuals being able to contribute to a local initiative that is providing a benefit on such a broad scale,” said James Button, Chief Operations Office for Citizen Advocates.

[Click here to learn more about the project.](#)

## BHSN to Launch Livestream Series

[Behavioral Health Services North, Inc. \(BHSN\)](#) recently announced the launch of *BHSN Live*, a livestream video series focused on the intersections of life, health, and wellness. BHSN seeks to engage with the community and foster discussions surrounding topics that effect people's everyday lives, such as health, family, and current events. Inaugural episodes will focus on events of the day, most notably COVID-19, taking a look at how individuals and families are coping with the unique challenges associated with the pandemic.



The first episode, *Life Unscripted*, is slated for 4:00 p.m., Thursday, May 7. The episode, which will be broadcasted live on the organization's website and YouTube channel, will be geared toward parents who are working from home and caring for their families.

[Click here to visit the BHSN YouTube channel.](#)

# YOUR RESPONSE MATTERS.

Shaping your future starts with self-response to the **2020 Census**.

*Hospitals. Emergency services. Schools.  
Roads and highways.*

When you self-respond to the 2020 Census, you're doing your part to make sure Clinton, Essex & Franklin Counties are accurately counted and funded.

**Even if you have not received a census form in the mail, you can still respond by phone or online! It's easy and takes just 10 minutes.**



To complete the census online, visit <https://my2020census.gov>



To complete the census by phone, call toll-free **844-330-2020**



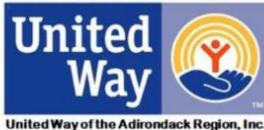
If you received a census form by mail, you may complete it and mail it back in provided envelope.

## Are you a *seasonal* resident?

Make sure when filling out your census, you respond for the residence where you spend the most time out of the year.



For Special Assistance  
Please Call Our Office at  
(518)563-0028



## Self-Responding

Responding to the census does not require a visit by a census enumerator. Taking just **10 minutes** out of your day to self-respond by mail, phone or online will ensure our communities receive proper funding and representation for years to come!



### It's Safe.

The U.S. Census Bureau is bound by law to protect your answers and keep them strictly confidential.

### It Affects Funding.



If our community is properly counted, it can receive the funding it needs for schools, emergency services, infrastructure, healthcare and more!

### It's Your Civic Duty.



No matter which method you choose, the census takes only 10 minutes to complete and will ensure our counties are properly counted.

### Do Your Part.



Visit <https://my2020census.gov>



Call toll-free **844-330-2020**



If received, complete mailer

*Training Sessions, Meetings, and Events*



**No one should face Alzheimer's alone.**

Register for one of our free virtual programs for information and resources about Alzheimer's and other dementias from the safety of your own home. View all listings at [alz.org/events](http://alz.org/events).

**Understanding Alzheimer's and Dementia**

- May 1, 2020 | 10 a.m.
- May 5, 2020 | 1 p.m.
- May 19, 2020 | 2 p.m.

**Meaningful Engagement, Activities at Home**

- May 4, 2020 | 3 p.m.
- May 21, 2020 | 11 a.m.

**Effective Communication Strategies**

- May 5, 2020 | 10 a.m.
- May 27, 2020 | noon

**Legal and Financial**

- May 6, 2020 | 10 a.m. presented by Herzog Law Firm

**10 Warning Signs of Alzheimer's**

- May 7, 2020 | 10 a.m.
- May 22, 2020 | noon

**Dementia Conversations**

- May 11, 2020 | noon
- May 26, 2020 | 1 p.m.

**Research Update & Understanding Alzheimer's Disease**

- May 12, 2020 | 1 p.m.

**Understanding Dementia Related Behaviors**

- May 14, 2020 | 10 a.m.

**Recognizing and Coping with Caregiver Stress**

- May 15, 2020 | 1 p.m.

**Coronavirus (COVID-19) Tips for Dementia Caregivers**

- May 20, 2020 | 2 p.m.

**Telehealth: What is it? What's available and how can it help?**

- May 29, 2020 | 11 a.m.

**Registration is Required.** You will receive a Blue Jeans (video conference) link to access and can sign in as a guest to enter the virtual program.

RSVP at [alz.org/CRF](http://alz.org/CRF), via our 24/7 Helpline at 800.272.3900, or by contacting Jon Weaver at 518.675.7216.

This program is supported in part by a grant from the New York State Department of Health.

**EMS**  
Leadership Academy  
**SAFETY FORUM**

[www.EMSSafetyForum.com](http://www.EMSSafetyForum.com)

**A Free Online Event**  
**May 1 & 2, 2020**



**A LASTING CULTURE OF HEALTH & SAFETY**

DR. PETER ANTEVY, FEATURED SPEAKER



**PREHOSPITAL APPROACH TO INFECTION PREVENTION**

GEOFF MURPHY, FEATURED SPEAKER

**GLOBAL INNOVATIONS & EMS SAFETY RESEARCH**

DR. NADINE LEVICK, FEATURED SPEAKER



**FIT FOR FIRST RESPONSE: TRAINING TO ALWAYS BE READY**

CALEB NELSON, FEATURED SPEAKER



**WORKPLACE BULLYING & OCCUPATIONAL SAFETY**

DAVID DANIEL, FEATURED SPEAKER



**NUTRITION & PERFORMANCE FOR EMS**

DEB DITTNER, FEATURED SPEAKER



**CREATING & FOSTERING MENTAL RESILIENCE**

JAMES BOMHOWER, FEATURED SPEAKER



**PROTECTING PROVIDERS FROM VIOLENCE AGAINST EMS**

JASON BROOKS, FEATURED SPEAKER



**UNCONSCIOUS BIAS & MICROAGGRESSIONS IN THE WORKPLACE**

KATHLEEN MCLEAN, FEATURED SPEAKER



**WHAT ABOUT THE OTHER PPE? PERSONAL PSYCHOLOGICAL EQUIPMENT**

WENDY LUND, FEATURED SPEAKER



**CREATING A NEW CULTURE OF SAFETY**

ROBBIE MACCUE & LISA GIRUZZI,  
YOUR HOSTS & FEATURED SPEAKERS



**PATIENT RESTRAINT — THE SCENE IS NOT SAFE**

DAVID DALTON, FEATURED SPEAKER



# Community Health Worker Training

## New Online Training Opportunity!

**May 4, 6, 11, 13, 18,  
20, 27 and 29  
June 1 and 3  
9:00 am to 11:30 am**

### Who is eligible?

Care coordinators, community health workers, service navigators and health support staff who work in Albany, Clinton, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren or Washington counties can join us for this **FREE** training.

The Community Health Worker training model is designed to provide new and incumbent community health worker staff with the necessary theoretical and practical knowledge to address a number of health needs in the community. Through ten training modules, participants will gain necessary core competencies and knowledge of the communities and populations they support.

This **FREE** training is offered to community health workers, care coordinators, service navigators and any health support staff who are dedicated to improving the health outcomes of their clientele.

**This training is offered online over the course of 10 days, offering a unique training session each day.**

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*Hudson Mohawk AHEC aims to develop and strengthen the healthcare workforce in underserved communities. We achieve our mission through myriad career exposure and workforce initiatives. Learn more at [www.hmahec.org](http://www.hmahec.org).*

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This training is provided in part by support from the New York State Department of Health, Office of Primary Care and Health Systems Management, Center for Health Care Policy and Resource Development, Division of Workforce Transformation through the Health Workforce Retraining Program/Initiative. The opinions, results, findings and/or interpretations of data contained therein are the responsibility of the Contractor and do not necessarily represent the opinions, interpretations or policy of the New York State.

Register for the **FREE** training by visiting:

[https://zoom.us/meeting/register/  
tJOucuihrz8oG9NhNk-Fc8UHUwfMEOqqC4LD](https://zoom.us/meeting/register/tJOucuihrz8oG9NhNk-Fc8UHUwfMEOqqC4LD)



**Click here to register.**

# ENHANCING THE PATIENT EXPERIENCE WEBINAR LEARNING SERIES



The Enhancing the Patient Experience Webinar Learning Series will provide participants with frameworks for the practical application of strategies to address social needs, promote cultural competency and health literacy, and improve patient engagement and satisfaction in clinical practice settings. Each webinar will take place at 12pm on the first and third Thursdays of each month, beginning in February 2020. **Please note rescheduled dates below.**

## Is Your Practice Health Literate?

Thursday, February 6, 2020, 12pm-12:30pm

## Best Practices for Social Needs Screening and Linkage

Thursday, February 20, 2020, 12pm-12:30pm

## Low Health Literacy Red Flags and Interventions

Thursday, March 5, 2020, 12pm-12:30pm

## Health Literate Patient Materials

**New date:** Thursday, April 16, 2020, 12pm-12:30pm

## Fostering a Stigma-Free Environment for Individuals with Behavioral Health and Substance Abuse Treatment Needs

**New date:** Thursday, May 7, 2020, 12pm-1pm

## Leveraging Patient Feedback to Inform Solutions

**New date:** Thursday, May 21, 2020, 12pm-12:30pm

## Improving Interpersonal Communications with Patients

**New date:** Thursday, June 4, 2020, 12pm-12:30pm

## Reducing Unconscious Bias

**New date:** Thursday, June 18, 2020 12pm-1pm

## Engaging Amish and Mennonite Patients

**TBD:** 12pm-1pm

For more information contact:

Brenda Stiles, [bstiles@cvph.org](mailto:bstiles@cvph.org), or

Victoria Knierim, [vknierim@ahihealth.org](mailto:vknierim@ahihealth.org).

## Webinar information for the first Thursday of every month:

WebexLink: <https://bit.ly/2NfzNNi>

Meeting Number: 91-592-309

Call-in Number: 1-650-479-3207

## Webinar information for the third Thursday of every month:

Webex Link: <https://bit.ly/37SVpHi>

Meeting Number: 192 311 490

Call-in Number: 1-650-479-3207

Presented by:



# EMS Leadership Webinar Learning Series

## Resilience in EMS: What It Is and How to Get It

Wednesday, May 13th, 2020

1:00pm to 2:00pm

**Presented by:**

**Drew Anderson, PhD, EMT**  
Associate Professor of Psychology,  
University at Albany-SUNY

**Registration:**

[https://zoom.us/webinar/register/WN\\_VmDyrEGmRum0huMU20d-Pg](https://zoom.us/webinar/register/WN_VmDyrEGmRum0huMU20d-Pg)

For questions or issues with registration, please contact the staff at Hudson Mohawk AHEC at 518.480.2432.

[Click here to register.](#)

## Planning for the Future of Telehealth Workshop, June 25

AHI and the [Center for Technology in Government at the University at Albany](#), are hosting *Planning for the Future of Telehealth: A Strategic Planning Workshop* 8:00 a.m. - 4:30 p.m., Thursday, June 25, at the Crowne Plaza in Lake Placid. The workshop will bring together collaborative partners to develop a strategic plan for the future implementation of telehealth in the North Country region. An AHI Telehealth Listening Tour report, *The State of Telehealth in the North Country*, compiled by AHI with funding support from the [Charles R. Wood Foundation](#), will shape the workshop discussion. Stakeholders across the region are encouraged to review the report and then attend the workshop in support of prioritizing needs and actions that address barriers to telehealth adoption, implementation, and expansion.



Contact Nancy DelMastro at [ndelmastro@ahihealth.org](mailto:ndelmastro@ahihealth.org), or Katy Cook at [kcook@ahihealth.org](mailto:kcook@ahihealth.org) with any workshop, report, or application questions.

[Click here to register.](#)

## Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at [communications@ahihealth.org](mailto:communications@ahihealth.org) to be considered for inclusion in *AHI Informer*.

STAY CONNECTED WITH US!

