



Created by the AHI Telehealth Technical Assistance Center

Telehealth Best Practices for Remote Patient Monitoring

Remote patient monitoring (RPM) uses digital technologies to collect medical data and other personal health information from members in one location and electronically transmit that information to health care providers in a different location for assessment and recommendations.

NYS Medicaid Billing Guidance

Telehealth services provided by means of RPM should be billed using CPT code "99091" (Collection and interpretation of physiologic data (e.g., Electrocardiography (ECG), blood pressure, glucose monitoring) digitally stored and/or transmitted by the patient and/or caregiver to the physician or other qualified health care professional, qualified by education, training and licensure/regulation (when applicable) requiring a minimum of 30 minutes of time.

Providers are not to bill "99091" more than one time per member per month.

Medicare Billing Guidance for Remote Physiological Monitoring:

CPT Code 99453 covers reimbursement for initial set-up and patient education on the use of equipment for the remote monitoring of physiologic factors like weight, blood pressure, pulse oximetry, and respiratory flow rate.

CPT Code 99454 covers reimbursement for initial supply and daily recording or programmed alert transmission for a 30-day period for remote devices measuring the same physiologic factors as code 99453.

CPT Code 99457 covers reimbursement for remote monitoring and management of physiologic conditions, including 20 minutes or more per month of staff time requiring interactive communication with the patient or caregiver.

Tips for documenting a Remote Patient Monitoring visit:

- ✓ Always document type of service in the visit note;
- ✓ Complete documentation immediately following the call;
- ✓ Describe the patient's appearance and demeanor;
 - ✓ Include the teachings completed;
- ✓ Identify the plan for the next contact – will it be in-person or virtual?
- ✓ Include progress toward goals and update care plan.



For more information on telehealth, please review the resources available in the AHI Telehealth Technical Assistance Center Resource library:

<https://ahihealth.org/telehealth-technical-assistance-center/#about>