



Adirondack Health Institute

Lead Empower Innovate



Created by the AHI Telehealth Technical Assistance Center

Telehealth Basics for Health Care Providers

Telehealth provides the opportunity to deliver high-quality services in a convenient way.

Telehealth can help practices in multiple ways:

Increase Access for Patients: Telehealth not only improves consumer access, it extends the geographic reach and expertise of physicians and health facilities.

Efficiency: Telehealth allows providers to see more patients during the same amount of time than if patients were coming for in-person visits. Data also shows that there are fewer no-shows and cancellations with telehealth visits.

Cost: Telehealth reduces the cost of health care and increases efficiency with better management of chronic diseases, shared health professional staffing, reduced travel times, and fewer or shorter hospital stays.



Flexibility: Telehealth allows providers to deliver care anytime, anywhere which can allow for extended office hours or weekend availability without having to staff an office.

Improved Patient Outcomes: Telehealth visits are an effective way to increase patient engagement, and studies have shown that patients are satisfied with telehealth visits as much as in-person visits.



For more information on telehealth, visit the AHI Telehealth Technical Assistance Center:

<https://ahihealth.org/telehealth-technical-assistance-center/#about>

