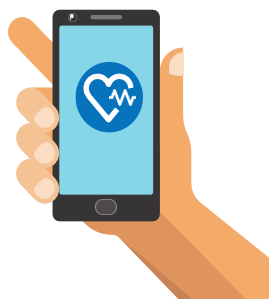


Telehealth 101

What is Telehealth?

Telehealth is a collection of methods for delivering health care, public health, and health education by using virtual communication. Telehealth connects patients to their doctors through their computers or phone.



Telehealth can be used for:

- Face-to-face, live visits with providers;
- Monitoring health conditions;
- Follow-up visits;
- Capturing images and sending to distant providers to diagnose and treat an ailment.

Telehealth can help communities by:

- Reducing barriers to health care;
- Improving health outcomes;
- Increasing access to specialty services;
- Improving patient engagement.



For more information on telehealth, visit the AHI Telehealth Technical Assistance Center:
<https://ahihealth.org/telehealth-technical-assistance-center/#about>