



Adirondack Health Institute

Lead Empower Innovate

Think It Through Before You Do.....

COVID-19 Strategies for Health Home Member Face-to-Face Interactions

Keep in Mind	Precautionary Measures for Everyone’s Protection
<p>Think Safety first to avoid the Worst</p>	<p><u>Plan:</u></p> <ul style="list-style-type: none"> ➤ Avoid face-to-face contact if possible. Always strive to use remote contact to engage with a member when you can. ➤ If face-to-face contact is being considered due to a member’s circumstance, assess risk vs. benefit before proceeding.
<p>Before you go things to know</p>	<p><u>Know yourself:</u></p> <ul style="list-style-type: none"> ➤ If you display positive Covid-19 symptoms, are sick, or have a temperature greater than 100 degrees Fahrenheit, stay home. ➤ Screen yourself each time before a face-to-face encounter by self-evaluating the potential symptoms of Covid-19. ➤ When possible, take your temperature to verify it is less than 100 degrees Fahrenheit. <p><u>Know the member:</u></p> <ul style="list-style-type: none"> ➤ Complete and document a Covid-19 screen before or within 24 hours of each face-to-face encounter with a member. ➤ If the member screens positive, face-to-face contact should not occur. ➤ Connect the member to appropriate care/testing via telehealth/telephonic encounter. <p><u>Plan for the environment:</u></p> <ul style="list-style-type: none"> ➤ Explain the process for face-to-face so the member knows what to expect (social distancing, need for mask and handwashing, gloves, and a plastic bag for a phone when needed). ➤ Have available gloves, plastic bags, hand sanitizer, and masks for yourself and the member if needed. ➤ Ensure you and the member wear a mask. ➤ Masks can be worn until they are wet, soiled, or potentially contaminated. ➤ Discuss and plan with the member a location to meet (i.e.) outdoors at a picnic table.
<p>While your there please take care</p>	<ul style="list-style-type: none"> ➤ Wash hands before and after interactions using soap and water for 20 seconds. ➤ If water is not accessible have hand sanitizer available to use. ➤ Use social distancing, always remain at least 6 feet apart, using an obstacle when possible (i.e.) table. ➤ Use gloves if exchanging goods or documents. ➤ If a phone is being shared, put it in a plastic bag, and disinfect it while wearing a glove after use.
<p>Before you depart know your part</p>	<p><u>Sanitize:</u></p> <ul style="list-style-type: none"> ➤ Wipe down surfaces, doorknobs, light switches, etc., in the area the face-to-face occurred. ➤ Dispose of gloves after each encounter, using care not to touch the outside of the glove as it is removed. ➤ Wash hands or use hand sanitizer after gloves are disposed of.
<p>Don’t forget to make it legit</p>	<ul style="list-style-type: none"> ➤ Document the face-to-face interaction to include the type of encounter, location, and screening precautions conducted.