



August 20, 2020

News Headlines

AHI's Cook Selected as 20 Under 40 Award Recipient

Katy Cook, AHI's Telehealth Program Manager, was one of 20 young professionals recently selected by *The Post-Star* newspaper as a 2020 "20 Under 40" award recipient. Each year, the newspaper honors people younger than 40 who have demonstrated success and dedication to their career and are role models in their trade and community.



Cook, alongside colleagues from Fort Drum Regional Health Planning Organization, oversees the North Country Telehealth Partnership, Northern New York's leading agency focused on increasing access to health care through the innovative use of telehealth and telemedicine technology. Cook, who joined AHI in late 2016, oversees the day-to-day operations and strategic development of this state-funded partnership, by providing expert assistance to health care providers and entities seeking information on telehealth as it relates to implementation, technology, reimbursement, clinical standards of practice, and more.

[Click here to read the full article.](#)

Other News

Fort Hudson Featured in New York Magazine Article



Fort Hudson Health System in Fort Edward was recently spotlighted in a feature article in *New York Magazine's Intelligencer*. The article, *The Virus and the Dementia Unit*, tells the story of the nursing home's battle to treat COVID-19 in its most challenging and vulnerable population, individuals in its S Wing dementia unit.

[Click here to read the article.](#)

GFH Earns Stroke Honor Roll Silver Plus Quality Award



Glens Falls Hospital

Glens Falls Hospital (GFH) has received the American Heart Association/American Stroke Association's Get With

The Guidelines[®] Target: Stroke Honor Roll Silver Plus Quality Achievement Award. The award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally-recognized, research-based guidelines based on the latest scientific evidence. GFH earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period.

Training Sessions, Meetings, and Events



Mental Health Association in New York State, Inc.

Get Trained Now In Mental Health & Wellness 101

Mental Health Association in New York State, Inc.
is partnering with The Prevention Council for Saratoga County
September 23rd, 2020, 11:00 am-12:00 pm

Take part in Mental Health Association in New York State, Inc. (MHANYS') Capital Region Project AWARE. This project provides **FREE** training to individuals **who work with or support Veterans, Older Adults, and the General Public**. By September 2021, **MHANYS will train over 830 individuals across Albany, Rensselaer, Saratoga and Schenectady Counties**. Participants will improve their mental health literacy by increasing awareness, care, and support that the **General Public** receives for behavioral health challenges.

Mental Health & Wellness 101 (MHW101) is a 1-hour training which reframes the conversation about mental health – teaching that we ALL have mental health; it's not just about the presence or absence of an illness. The training will help participants understand mental health as an integral part of overall health, prevalence of mental illness, and risk & protective factors; and promote help-seeking behavior, recovery, and self-care.

Do Not Miss this Opportunity
Register Now - <https://mhanys.org/registration/>

For more information, email or call Matthew Delaney, MHANYS' MHFA Program Associate at mdelaney@mhanys.org or (518) 434-0439.

MHANYS' Capital Region Project AWARE is supported by the Substance Abuse and Mental Health Services Administration (SAMHSA).

HEALTHY MINDS FOR A HEALTHY NEW YORK

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NEED HEALTH INSURANCE?

**AHI can help—with free, friendly and fast assistance!
Explore your health insurance options today.**

Medicaid: Expanded income guidelines for 2020. You may qualify if you are an individual making less than \$17,609 annually.



Child Health Plus: Regardless of income, every child is eligible to apply with NO co-pays or deductibles.

Essential Plan: Available for lower income individuals and families who don't qualify for Medicaid. Medical-only coverage has a monthly premium of \$20. Medical/Dental/Vision coverage has a premium of \$40. Depending on income, there may be zero premium/zero copays!

Essential Plan Guidelines:

Family of 1.... Max Household Income = \$25,520

Family of 2.... Max Household Income = \$34,480

Family of 3.... Max Household Income = \$43,440

Family of 4.... Max Household Income = \$52,400

Family of 5.... Max Household Income = \$61,360

**For a FREE phone appointment,
please visit us on the web at ahihealth.org/EASE
or call 1-866-872-3740**

COVID Special Enrollment Period ends Sept. 15, 2020



ENROLLMENT ASSISTANCE SERVICES & EDUCATION: EASE is an AHI Program | For more information, visit www.ahihealth.org/EASE



Respond to the 2020 Census online.

The 2020 Census is here, and it's your chance to shape your community's future. You can respond online using a mobile phone, tablet, or computer — even if you haven't received your census invitation.

Responding is as easy as 1-2-3:

1. Visit 2020CENSUS.GOV and click "Respond."
2. Complete the online form. Be sure to include everyone who lives in your household.
3. You're done!

Shape
your future
START HERE >

United States*
Census
2020

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Census data impacts funding for things like:

- > Supplemental Nutrition Assistance Program
- > Rural Rental Assistance Payments
- > Section 8 Housing Choice Vouchers
- > Medicare Part B
- > Children's Health Insurance Program
- > School Breakfast Program
- > Unemployment Insurance
- > Community Development Block Grants

For more information, visit:
2020CENSUS.GOV

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2020

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHI Informer*.

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