



# a·H·Informer

A news update from Adirondack Health Institute

September 3, 2020

## News Headlines

### AHI Hosting Two-Week Virtual Learning Symposium

#### 2020 Two-Week Virtual Learning Symposium

Uniting the Future of Population Health and Virtual Care

September 21 – October 2, 2020

Daily one-hour sessions at 10:00 a.m. and 2:00 p.m.

##### North Country Telehealth Conference

Week 1: September 21 – September 25

Daily one-hour sessions at 10:00 a.m. and 2:00 p.m.



Brought to you by

The North Country Telehealth Partnership

Sessions will feature regional telehealth experts discussing sustainability, expansion, inventive solutions, innovative programs, removing barriers, and more.



##### AHI Leadership Summit

Week 2: September 28 – October 2

Daily one-hour sessions at 10:00 a.m. and 2:00 p.m.

Brought to you by

Adirondack Health Institute

Sessions from regional experts will address health disparities, advancing whole-person care, cross-sector collaboration, behavioral health, and more.

Visit <https://ahihealth.org/2020conferences>  
for more details and to register for individual sessions.



Click here for more details and to register for individual sessions.

## Other News

### GFH, aptihealth Announce Partnership to Deliver Virtual Behavioral Health Care

Glens Falls Hospital (GFH) and [aptihealth](#) recently announced a



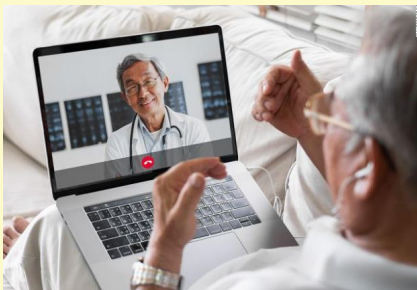
Glens Falls Hospital

partnership to deliver rapid access to virtual care. In providing aptihealth's innovative teletherapy program to patients, GFH is proactively addressing a critical community need that has been significantly exacerbated by the COVID-19 pandemic.

All patients at GFH's seven primary care practices can now access integrated physical and behavioral care through the aptihealth platform within days. aptihealth's supportive care team model and patient-driven 90-day care program has been shown to decrease symptom severity by more than 50 percent, resulting in improved health outcomes and reduced care costs.

[Click here to learn more.](#)

## CMS Acts to Spur Innovation for America's Seniors



The [Centers for Medicare & Medicaid Services \(CMS\)](#) earlier this week issued a proposed rule to unleash new and innovative technology so Medicare beneficiaries have access to the latest, most cutting-edge devices. The action represents a step forward that will help eliminate barriers that have inhibited the creation and use of innovative products, and improve access for America's seniors.

[Click here to learn more.](#)

*Training Sessions, Meetings, and Events*



The Alzheimer's Association, Northeastern New York Chapter offers a variety of care and support programs to those impacted by Alzheimer's or another dementia.

Some of the services we offer includes:

- 24/7 Helpline - 800.272.3900
- Information and Referrals
- Care Consultations
- Engagement Programs for those affected by the disease.
- Safety Services
- Access to funding events
- A plethora of virtual /telephone support groups and education program that are outlined below.

All programs listed below are free of charge.

You local dementia care specialist: Jon Weaver  
Phone: 518.675.7216 Email: joweaver@alz.org

## September/October 2020

### Northeastern New York Programs and Services



#### EDUCATION PROGRAMS

<b>Community Medicaid Updates:</b> Herzog Law Firm, P.C. <ul style="list-style-type: none"> <li>• Tuesday, 9/1 @ 4pm</li> <li>• Tuesday, 9/14 @ 10am</li> </ul>	<b>Healthy Living for your Brain and Body</b> <ul style="list-style-type: none"> <li>• Thursday, 9/10 @ 10am</li> </ul>	<b>Leading the Fight Against Alzheimer's</b> <ul style="list-style-type: none"> <li>• Friday, 9/11 @ Noon</li> <li>• Thursday, 9/24 @ 9am</li> </ul>	<b>Research Update and Understanding Alzheimer's Disease</b> <ul style="list-style-type: none"> <li>• Tuesday, 9/15 @ 1pm</li> </ul>
<b>Effective Communication Strategies</b> <ul style="list-style-type: none"> <li>• Friday, 9/11 @ 11am</li> <li>• Thursday, 10/22 @ 4pm</li> </ul>	<b>Meaningful Engagement, Activities at Home</b> <ul style="list-style-type: none"> <li>• Wednesday, 9/16 @ 12:30pm</li> <li>• Thursday, 10/22 @ 4pm</li> </ul>	<b>Understanding Dementia-Related Behaviors</b> <ul style="list-style-type: none"> <li>• Friday, 9/18 @ 11am</li> <li>• Wednesday, 10/7 @ 3:30pm</li> <li>• Thursday, 10/29 @ 4pm</li> </ul>	<b>Stress Management and Self-Care (In partnership with Eddy Alzheimer's Services)</b> <ul style="list-style-type: none"> <li>• Thursday, 10/1 @ 2pm</li> </ul>
<b>Legal and Financial Planning:</b> Herzog Law Firm, P.C. <ul style="list-style-type: none"> <li>• Thursday, 10/8 @ Noon</li> </ul>	<b>Dementia Conversations with Content Expert Guest Speakers</b> <ul style="list-style-type: none"> <li>• Thursday, 10/15 @ 4pm</li> </ul>	<b>Understanding Alzheimer's and Dementia</b> <ul style="list-style-type: none"> <li>• Friday, 10/23 @ 11am - Neurologist Q&amp;A @ 12pm</li> </ul>	<b>Know the 10 Warning Signs</b> <ul style="list-style-type: none"> <li>• Wednesday, 10/28 @ 4pm</li> </ul>

#### Living with Alzheimer's for Caregivers

Late Stage:

- Part 1, Wednesday 9/16 @ 2:30-4:00pm
- Part 2, Wednesday 9/23 @ 2:30-4:00pm

Middle Stage:

- Part 1, Tuesday 9/29 @ 1:00-2:30pm
- Part 2, Tuesday 10/6 @ 1:00-2:30pm
- Part 3, Tuesday 10/13 @ 1:00-2:30pm

Late Stage:

- Part 1, Tuesday 10/20 @ 1:00-2:30pm
- Part 2, Tuesday 10/27 @ 1:00-2:30pm



REGISTER TODAY ON OUR 24/7 HELPLINE 800.272.3900 OR ON ALZ.ORG/CRF



**HUDSON  
HEADWATERS**  
HEALTH NETWORK

THE  
**University of Vermont**  
HEALTH NETWORK  
Elizabethtown Community Hospital



You are invited to our  
**Virtual Grand Opening**

JOIN US ONLINE AS WE CELEBRATE THE NEW

## **Ticonderoga Health Center**

**Tuesday, September 8, 11:00 a.m. - 12:00 p.m.**

Click here to learn more and  
RSVP.

### **NYSARH Annual Conference September 14-17**

The New York State Association for Rural Health (NYSARH) will be holding its annual conference virtually this year. *Connecting to the New Rural Landscape* will be held Monday - Thursday, September 14-17. NYSARH has chosen themes for each day of this year's event based on member and stakeholder needs. Connect with other rural health systems to discuss telehealth, equity, diversity, determinants of health, the sustainability of rural health service systems, and rural resilience and innovation in response to COVID. Registration details to come.



Visit the conference web  
page.



# NEED HEALTH INSURANCE?

**AHI can help—with free, friendly and fast assistance!**  
**Explore your health insurance options today.**

**Medicaid:** Expanded income guidelines for 2020. You may qualify if you are an individual making less than \$17,609 annually.



**Child Health Plus:** Regardless of income, every child is eligible to apply with NO co-pays or deductibles.

**Essential Plan:** Available for lower income individuals and families who don't qualify for Medicaid. Medical-only coverage has a monthly premium of \$20. Medical/Dental/Vision coverage has a premium of \$40. Depending on income, there may be zero premium/zero copays!

*Essential Plan Guidelines:*

Family of 1.... Max Household Income = \$25,520

Family of 2.... Max Household Income = \$34,480

Family of 3.... Max Household Income = \$43,440

Family of 4.... Max Household Income = \$52,400

Family of 5.... Max Household Income = \$61,360

**For a FREE phone appointment,  
please visit us on the web at [ahihealth.org/EASE](http://ahihealth.org/EASE)  
or call 1-866-872-3740**

**COVID Special Enrollment Period ends Sept. 15, 2020**



ENROLLMENT ASSISTANCE SERVICES & EDUCATION: EASE is an AHI Program | For more information, visit [www.ahihealth.org/EASE](http://www.ahihealth.org/EASE)

WHILE  
SUPPLIES  
LAST!

# FREE NICOTINE GUM<sup>\*</sup>

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1-866-NY-QUITS (1-866-697-8487) [NYSMOKEFREE.COM](http://NYSMOKEFREE.COM)

\*Up to a 3-month supply. Generous nicotine gum donation compliments of Ro.



## Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at [communications@ahihealth.org](mailto:communications@ahihealth.org) to be considered for inclusion in *AHI Informer*.

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STAY CONNECTED WITH US!



