

Behavioral Risk Factor Surveillance System (BRFSS) Health Indicators by County

Data from the 2016 Behavioral Risk Factor Surveillance System were used to generate percentages of non-institutionalized adult (18+) NYS residents for various health indicators for a range of geographies.

<https://health.data.ny.gov/Health/Behavioral-Risk-Factor-Surveillance-System-BRFSS-H/jsy7-eb4n>

Year	Health Indicator	County	Crude Rate	CL 95% Lower, Crude	CL 95% Upper, Crude	Age-adjusted Rate	CL 95% Lower, Age-adjusted	CL 95% Upper, Age-adjusted	Notes
2016	Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury	Essex	37.6	21.9	53.3				unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults reporting a depressive disorder	Essex	13.8	9.1	18.5	16.4	10.4	22.5	
2016	Percentage of adult binge drinking during the past month	Essex	21.9	15.9	28	24.7	18.2	31.1	
2016	Percentage of adults aged 18+ years with flu immunization in the past year	Essex	41.2	34.7	47.7	37.8	30.8	44.9	
2016	Percentage of adults aged 18-24 years who are current smokers	Essex							rates suppressed due to small sample size
2016	Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	Essex	75.4	68	82.7				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 18-64 years with healthcare coverage	Essex	96.8	94.8	98.8				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 50-64 years receiving colorectal cancer screening based on recent guidelines	Essex	57.2	46.6	67.7				unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines	Essex	66.9	59.4	74.4				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 65+ years with at least one fall in the past 12 months	Essex	28.8	21.1	36.6				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 65+ years with flu immunization in the past year	Essex	57.8	49.3	66.2				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults aged 65+ years with pneumococcal immunization	Essex	73.7	65.9	81.6				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of adults experiencing housing insecurity in the past 12 months	Essex	29.4	22.3	36.6	31.9	23.1	40.6	
2016	Percentage of adults overweight or obese	Essex	68.2	62.1	74.3	69.2	62.2	76.2	
2016	Percentage of adults reporting 14 or more days of poor physical health	Essex	15.4	10.5	20.2	16.1	9.9	22.3	
2016	Percentage of adults reporting driving under the influence in the past 30 days	Essex							rates suppressed due to small sample size
2016	Percentage of adults reporting poor self-reported health	Essex	6.2	2.4	10.1	6.5	1.3	11.7	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults who are current smokers	Essex	16.8	11.7	21.9	17.6	11.7	23.5	
2016	Percentage of adults who are obese	Essex	32.7	25.8	39.6	36	27.6	44.4	
2016	Percentage of adults who consume one or more sugary drinks daily	Essex	22.6	16.5	28.6	23.4	16.5	30.4	
2016	Percentage of adults who did not receive medical care because of cost	Essex	6.7	3.9	9.4	6.6	3.7	9.6	
2016	Percentage of adults who had a dentist visit within the past year	Essex	62.7	56.1	69.3	61.5	53.6	69.4	
2016	Percentage of adults who had a test for high blood sugar or diabetes within the past three years	Essex	57.2	50	64.3	53.6	45.7	61.6	
2016	Percentage of adults who have a regular health care provider	Essex	89.5	85.3	93.7	88.5	82.6	94.4	
2016	Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition	Essex	10.5	3.3	17.8	9.9	2.7	17	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults who participated in leisure time physical activity in the past 30 days	Essex	76.6	70.8	82.5	75.6	68.3	82.9	
2016	Percentage of adults who report consuming less than one fruit and less than one vegetable daily (no fruits or vegetables)	Essex	19.5	14.2	24.8	17.3	12.1	22.4	

Year	Health Indicator	County	Crude Rate	CL 95% Lower, Crude	CL 95% Upper, Crude	Age-adjusted Rate	CL 95% Lower, Age-adjusted	CL 95% Upper, Age-adjusted	Notes
2016	Percentage of adults who use e-cigarettes	Essex							rates suppressed due to small sample size
2016	Percentage of adults with an annual household income less than \$25,000 who are obese	Essex	45.4	29.8	60.9	48.5	32.8	64.2	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults with annual household income less than \$25,000 who are current smokers	Essex	32.5	19.2	45.9	33.7	20.2	47.2	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults with arthritis	Essex	32.9	27.1	38.8	29.6	23.1	36	
2016	Percentage of adults with cardiovascular disease (heart attack, coronary heart disease, or stroke)	Essex	9.9	6.2	13.5	8.5	3.6	13.3	
2016	Percentage of adults with COPD	Essex	8.2	4.6	11.8	7.5	3.5	11.5	
2016	Percentage of adults with current asthma	Essex	12.4	7.5	17.3	13.3	7	19.6	
2016	Percentage of adults with diagnosed high blood pressure taking high blood pressure medication	Essex	76.2	66.9	85.4	49.9			variability of age-adjusted rate not defined due to age-adjustment cells with 1 observation
2016	Percentage of adults with disability (based on 6 ACA disability questions)	Essex	26.8	20.1	33.5	27	19.2	34.8	
2016	Percentage of adults with disability who are obese	Essex	54.3	39	69.7	60.8	45.1	76.5	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults with disability who smoke	Essex	24.3	11.6	37.1	28.1	16.7	39.5	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults with disability with cardiovascular disease (heart attack, coronary heart disease, or stroke)	Essex	20.5	9.1	31.9	18.8	6.6	31	unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error
2016	Percentage of adults with food security over the last 12 months	Essex	80.3	73.7	87	78.5	70.3	86.7	
2016	Percentage of adults with physician diagnosed diabetes	Essex	14.2	8.8	19.5	14.3	7.8	20.8	
2016	Percentage of adults with physician diagnosed high blood pressure.	Essex	37.2	30.5	43.9	34.3	27.4	41.2	
2016	Percentage of adults with physician diagnosed prediabetes	Essex	11.5	7	15.9	10.2	5.8	14.7	
2016	Percentage of adults with poor mental health for 14 or more days in the last month	Essex	10.7	6	15.4	14.4	8.3	20.5	
2016	Percentage of cigarette smoking among adults who report poor mental health	Essex							rates suppressed due to small sample size
2016	Percentage of men aged 55-69 receiving shared decision making for PSA screening (discussed the advantages and disadvantages of the PSA test with a health professional)	Essex	32.7	20.7	44.6				unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of women aged 18-44 years who had dental visit within the last year	Essex							rates suppressed due to small sample size
2016	Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy	Essex							rates suppressed due to small sample size
2016	Percentage of women aged 18-64 years with health care coverage	Essex	97.4	95.5	99.3				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of women aged 21-29 years receiving cervical cancer screening based on 2012 guidelines (Pap test within past three years for women aged 21-65, or Pap test plus HPV test within past five years for women aged 30-65)	Essex							rates suppressed due to small sample size
2016	Percentage of women aged 21-65 years receiving cervical cancer screening based on 2012 guidelines (Pap test within past three years for women aged 21-65, or Pap test plus HPV test within past five years for women aged 30-65)	Essex	93.1	89	97.3				age-adjusted rate not defined for indicators with an age restriction
2016	Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	Essex	78.4	70.2	86.7				age-adjusted rate not defined for indicators with an age restriction
2016	Women aged 18-44 years who saw a doctor for a routine checkup within the last year	Essex							rates suppressed due to small sample size