

Behavioral Risk Factor Surveillance System (BRFSS) Health Indicators by County

Data from the 2016 Behavioral Risk Factor Surveillance System were used to generate percentages of non-institutionalized adult (18+) NYS residents for various health indicators for a range of geographies.

<https://health.data.ny.gov/Health/Behavioral-Risk-Factor-Surveillance-System-BRFSS-H/jsy7-eb4n>

| Year | Health Indicator | County | Crude Rate | CL 95% Lower, Crude | CL 95% Upper, Crude | Age-adjusted Rate | CL 95% Lower, Age-adjusted | CL 95% Upper, Age-adjusted | Notes |
|------|---|----------|------------|---------------------|---------------------|-------------------|----------------------------|----------------------------|---|
| 2016 | Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury | Saratoga | 42.1 | 28.3 | 56 | | | | unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults reporting a depressive disorder | Saratoga | 13.6 | 10.2 | 17 | 13.9 | 10.4 | 17.5 | |
| 2016 | Percentage of adult binge drinking during the past month | Saratoga | 21.5 | 16.7 | 26.2 | 24 | 19 | 29 | |
| 2016 | Percentage of adults aged 18+ years with flu immunization in the past year | Saratoga | 43.3 | 38.4 | 48.3 | 41.8 | 36.4 | 47.2 | |
| 2016 | Percentage of adults aged 18-24 years who are current smokers | Saratoga | | | | | | | rates suppressed due to small sample size |
| 2016 | Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year | Saratoga | 72.2 | 66.8 | 77.5 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 18-64 years with healthcare coverage | Saratoga | 94.1 | 90.9 | 97.2 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 50-64 years receiving colorectal cancer screening based on recent guidelines | Saratoga | 70.6 | 63.1 | 78.1 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines | Saratoga | 75.6 | 70 | 81.2 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 65+ years with at least one fall in the past 12 months | Saratoga | 26.7 | 20.2 | 33.2 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 65+ years with flu immunization in the past year | Saratoga | 62.2 | 54.5 | 69.9 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults aged 65+ years with pneumococcal immunization | Saratoga | 76.1 | 69 | 83.2 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of adults experiencing housing insecurity in the past 12 months | Saratoga | 21.2 | 17.1 | 25.3 | 21.1 | 16.6 | 25.5 | |
| 2016 | Percentage of adults overweight or obese | Saratoga | 64 | 59 | 69.1 | 64.2 | 59.1 | 69.2 | |
| 2016 | Percentage of adults reporting 14 or more days of poor physical health | Saratoga | 11.2 | 8.2 | 14.2 | 10.3 | 7.4 | 13.2 | |
| 2016 | Percentage of adults reporting driving under the influence in the past 30 days | Saratoga | 2.7 | 1.1 | 4.4 | 3.2 | 1.2 | 5.1 | unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error |
| 2016 | Percentage of adults reporting poor self-reported health | Saratoga | 3.6 | 2.1 | 5.1 | 3.5 | 1.9 | 5.1 | |
| 2016 | Percentage of adults who are current smokers | Saratoga | 16.5 | 12.7 | 20.4 | 17.3 | 12.8 | 21.7 | |
| 2016 | Percentage of adults who are obese | Saratoga | 27 | 22.7 | 31.4 | 25.7 | 21.3 | 30.2 | |
| 2016 | Percentage of adults who consume one or more sugary drinks daily | Saratoga | 21.2 | 16.9 | 25.4 | 21.9 | 17.2 | 26.6 | |
| 2016 | Percentage of adults who did not receive medical care because of cost | Saratoga | 7.2 | 4.9 | 9.5 | 7.3 | 4.8 | 9.8 | |
| 2016 | Percentage of adults who had a dentist visit within the past year | Saratoga | 75 | 70.6 | 79.5 | 74.3 | 69.5 | 79.2 | |
| 2016 | Percentage of adults who had a test for high blood sugar or diabetes within the past three years | Saratoga | 59.8 | 54.5 | 65 | 57.6 | 52.1 | 63 | |
| 2016 | Percentage of adults who have a regular health care provider | Saratoga | 89.3 | 85.9 | 92.6 | 88.1 | 84.1 | 92 | |
| 2016 | Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition | Saratoga | 6.7 | 3.5 | 9.9 | 5.2 | 2.3 | 8.1 | |
| 2016 | Percentage of adults who participated in leisure time physical activity in the past 30 days | Saratoga | 83 | 79.8 | 86.3 | 85.1 | 82.2 | 88 | |
| 2016 | Percentage of adults who report consuming less than one fruit and less than one vegetable daily (no fruits or vegetables) | Saratoga | 21.8 | 17.7 | 26 | 21.5 | 17 | 26 | |
| 2016 | Percentage of adults who use e-cigarettes | Saratoga | 3.6 | 1.5 | 5.7 | 4.1 | 1.4 | 6.7 | unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error |

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|------|--|----------|------------|---------------------|---------------------|-------------------|----------------------------|----------------------------|---|
| 2016 | Percentage of adults with an annual household income less than \$25,000 who are obese | Saratoga | 26.7 | 14.7 | 38.8 | 27.8 | 16 | 39.6 | unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error |
| 2016 | Percentage of adults with annual household income less than \$25,000 who are current smokers | Saratoga | 23.9 | 13.4 | 34.5 | 23.5 | 13 | 34.1 | unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error |
| 2016 | Percentage of adults with arthritis | Saratoga | 29.7 | 25.4 | 33.9 | 26.3 | 22.2 | 30.5 | |
| 2016 | Percentage of adults with cardiovascular disease (heart attack, coronary heart disease, or stroke) | Saratoga | 8.7 | 6 | 11.4 | 7.4 | 5 | 9.9 | |
| 2016 | Percentage of adults with COPD | Saratoga | 5.6 | 3.8 | 7.5 | 4.6 | 3.2 | 6.1 | |
| 2016 | Percentage of adults with current asthma | Saratoga | 14.6 | 10.8 | 18.5 | 15.4 | 11 | 19.8 | |
| 2016 | Percentage of adults with diagnosed high blood pressure taking high blood pressure medication | Saratoga | 71.9 | 63.9 | 79.8 | 45.2 | 37.3 | 53.1 | |
| 2016 | Percentage of adults with disability (based on 6 ACA disability questions) | Saratoga | 20.3 | 16.6 | 24 | 19 | 15.2 | 22.8 | |
| 2016 | Percentage of adults with disability who are obese | Saratoga | 33.8 | 24.2 | 43.4 | 35.6 | 24.1 | 47.1 | unreliable age-adjusted rate due to large standard error |
| 2016 | Percentage of adults with disability who smoke | Saratoga | 22.8 | 14.2 | 31.4 | 23.7 | 14.2 | 33.1 | |
| 2016 | Percentage of adults with disability with cardiovascular disease (heart attack, coronary heart disease, or stroke) | Saratoga | 11.1 | 5.8 | 16.5 | 7.6 | 3.5 | 11.6 | |
| 2016 | Percentage of adults with food security over the last 12 months | Saratoga | 86.9 | 83.5 | 90.3 | 86.5 | 82.8 | 90.1 | |
| 2016 | Percentage of adults with physician diagnosed diabetes | Saratoga | 8 | 5.9 | 10.1 | 6.9 | 5 | 8.7 | |
| 2016 | Percentage of adults with physician diagnosed high blood pressure. | Saratoga | 30.8 | 26.3 | 35.2 | 27.1 | 22.9 | 31.2 | |
| 2016 | Percentage of adults with physician diagnosed prediabetes | Saratoga | 6.5 | 4.4 | 8.6 | 6.2 | 4 | 8.4 | |
| 2016 | Percentage of adults with poor mental health for 14 or more days in the last month | Saratoga | 9.9 | 6.9 | 12.9 | 9.9 | 6.9 | 12.9 | |
| 2016 | Percentage of cigarette smoking among adults who report poor mental health | Saratoga | 26.6 | 13.7 | 39.5 | 34 | 21.5 | 46.5 | unreliable crude rate due to large standard error; unreliable age-adjusted rate due to large standard error |
| 2016 | Percentage of men aged 55-69 receiving shared decision making for PSA screening (discussed the advantages and disadvantages of the PSA test with a health professional) | Saratoga | 33.7 | 22.4 | 45 | | | | unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of women aged 18-44 years who had dental visit within the last year | Saratoga | 71 | 58.1 | 84 | | | | unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy | Saratoga | 29.8 | 18.1 | 41.6 | | | | unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of women aged 18-64 years with health care coverage | Saratoga | 97.5 | 95.8 | 99.3 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of women aged 21-29 years receiving cervical cancer screening based on 2012 guidelines (Pap test within past three years for women aged 21-65, or Pap test plus HPV test within past five years for women aged 30-65) | Saratoga | | | | | | | rates suppressed due to small sample size |
| 2016 | Percentage of women aged 21-65 years receiving cervical cancer screening based on 2012 guidelines (Pap test within past three years for women aged 21-65, or Pap test plus HPV test within past five years for women aged 30-65) | Saratoga | 85 | 78.1 | 91.9 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines | Saratoga | 77.9 | 71 | 84.7 | | | | age-adjusted rate not defined for indicators with an age restriction |
| 2016 | Women aged 18-44 years who saw a doctor for a routine checkup within the last year | Saratoga | 72.3 | 61.4 | 83.2 | | | | unreliable crude rate due to large standard error; age-adjusted rate not defined for indicators with an age restriction |