



A news update from Adirondack Health Institute

October 29, 2020

News Headlines

DY5 P4P Funds Flow Released to PPS Partners, Total P4P Funding Tops \$69.3 Million



As the Delivery System Reform Incentive Payment (DSRIP) program nears completion, the AHI PPS would like to thank all of our partners for their efforts in fulfilling the goals of the program in our region. The AHI PPS was able to achieve many population health targets that would not have been possible without the collaboration, communication, and engagement of our partners in all health-related sectors, including both clinical and community-based organizations.

Collectively, we were able to bring together diverse provider types to address health and wellness, build and strengthen connections between the health care system and community resources, drive health care performance by coordinating data analytic capabilities, and build workforce capacity through training, retention, and recruitment efforts.

The results of these efforts have paid off tremendously. The AHI PPS received a final payment for the DSRIP program of more than **\$33 million**, primarily through the achievement of several high-performance targets that were the byproduct of our collective regional progress.

The AHI PPS is pleased to announce **\$28.5 million** of these funds will be used to complete a final distribution of Pay-for-Performance (P4P) funds to partners. These funds are for metric achievement in DY5, the final year of the DSRIP program. This payment will bring the total paid to AHI PPS partners for P4P performance to more than **\$69.3 million**. In total, the AHI PPS has been able to flow more than **\$126 million** directly to partners over the duration of the DSRIP program.

Payments were mailed to eligible partners this week. As a reminder, to be considered in good standing for P4P payments, a partner must have returned financial sustainability documents, and be considered a safety-net partner based on the New York State Department of Health DSRIP reporting tool.

[Click here](#) to reference the DY5 P4P funding allocation methodology document. For DY5, two components made up a partner's payment - a PPS-level pool and a participant-level pool. The determinations for each pool were combined into a single

payment as mentioned above.

Any questions regarding partner payments should be directed to dsripahi@ahihealth.org with "DSRIP P4P Question" in the subject line.

Other News

BHSN to Expand Services to Warren and Washington Counties

Earlier this year, Behavioral Health Services North (BHSN), based in Plattsburgh, received endorsements from Glens Falls Hospital and the Community Services Board of Warren and Washington Counties to become the provider of outpatient substance abuse, mental health treatment, and child and family services for the Glens Falls region. They hope to begin offering services in Warren and Washington counties in November.



"We are honored to have the opportunity to partner with Glens Falls Hospital and Warren and Washington County CSB to bring the BHSN model for integrated care to the region. We believe our approach to care, which is inclusive of care coordination, education and employment, social, housing, and physical health, helps enrich the lives of our communities and those we serve," said Mark Lukens, CEO, BHSN.

BHSN and Glens Falls Hospital have been collaborating closely to ensure services are seamlessly transitioned. All Glens Falls clinical staff have been offered employment with BHSN, and "BHSN is excited to be starting with a great team of professionals who are invested and dedicated to continuing to support the community, and we look forward to expanding access of care to the Glens Falls region," said Liz Cole, VP of Operations, BHSN.

BHSN operates 23 programs ranging from behavioral health for adults and children, residential services, care management, and various social programs, and is also a Certified Community Behavioral Health Clinic (CCBHC) designee through the Substance Abuse and Mental Health Services Administration (SAMHSA).

Family Counseling Center Receives Grant from Community Foundation to Support New Substance Abuse Program



The Family Counseling Center, based in Gloversville, has received a \$25,000 grant from the Johnstown Hospital Foundation to support a new medically-assisted substance abuse program. Through the program, the organization has licenses to treat 175 persons based on the professional credentials of their psychiatrists and three psychiatric nurse practitioners.

"This program will provide an invaluable service to our community. Over the last decade, we have witnessed the substance abuse crisis in our area grow significantly. Grants such as this will allow us to address this crisis from multiple angles to ensure that everyone gets the support they need," stated Michael Countryman, Executive Director, The Family Counseling Center. "This program, and the agency, will address all aspects of substance abuse and addiction, ranging from prevention to recovery, as well as support and empowerment of families. By strategically advancing addiction

care, and addressing misconceptions and stigma, we hope to change the way addiction is perceived in our area.”

In addition to the new substance abuse program, the organization continues to provide counseling services for children within 22 schools across Fulton and Montgomery Counties, as well as those who are incarcerated, maintain a Mobile Crisis team, and a Domestic Violence program and shelter.

AdkAction Offering Farm Fresh Packages to Low-Income North Country Residents

AdkAction, based in Saranac Lake, in partnership with the Hub on the Hill, located in Essex, is offering Farm Fresh Packages, which contain healthy meals and fresh ingredients sourced from local farms, to low-income residents in the North Country. Through the Hub on the Hill's mobile market, residents will have the ability to purchase healthy food from multiple local farms at a subsidized price and have it delivered to their homes. To ensure accessibility for low-income residents, the mobile market will accept SNAP, Double Up Food Bucks, and other incentives. Additionally, AdkAction will pilot Fair Food Pricing—an incentive program that will reduce the cost of local food purchases by 30 percent for qualifying families—and assist low-income residents with enrolling in the pilot program.

FARM FRESH PACKAGES

AFFORDABLE • DELICIOUS • DELIVERED

**Order local food
delivered to your door,
at an affordable price!**



WHAT'S INSIDE ?

A selection of fruit, vegetables, dairy products, meat, eggs, and the option of prepared food like frozen meals and freshly baked bread. All food is sourced locally with an emphasis on organic and sustainable farms.

HOW MUCH DOES IT COST?

We are on a mission to make local food affordable for everyone.
Package pricing works on a sliding scale, depending on your income.

FULL PRICE \$66 • FAIR FOOD PRICE \$46 • SNAP WITH DOUBLE UP \$23



ON SNAP? TRY IT FOR \$1.

During the month of October, anyone on SNAP can purchase \$66 worth of local food products for only \$1 using an EBT card. Not on SNAP but need help affording local food? You may qualify for AdkAction's Fair Food Pricing discount. You can see if you qualify and sign up at AdkAction.org.

Place an order, sign up for AdkAction's Fair Food Pricing, and learn more at:

thehubonthehill.org

Call or text (518) 963-6704



Training Sessions, Meetings, and Events



Pyramid Model Trainings Save the Date

Positive Solutions for Families

Mondays 6:00 – 8:00 pm

November 9 – Dec 14

A series of six sessions helping adults promote positive, effective guidance to support children's development while addressing emotional needs of their children.

For registration & more information please go to:

<https://teachingimprovesperformance.regfox.com/positive-solutions-fall-2020>

Professionals supporting Parents Interacting With Infants and young children (PIWI)

Thursday & Friday 1:00 – 4:00 pm December 17 & 18

A six-hour training for homebased service providers and parent-child group facilitators

For registration & more information please go to:

<https://teachingimprovesperformance.regfox.com/piwi-october-2020>

Pyramid Model for Early Childhood

Professionals

Three modules that focus on increasing ongoing participation of young children in early childhood settings.

Focus on Infants & Toddlers

Mondays & Wednesdays 2:00 – 5:00 pm

October 26 – November 11

For registration & more information please go to:

<https://teachingimprovesperformance.regfox.com/pmit-fall-2020>

Focus on Preschoolers

Tuesday & Thursdays 6:15 – 8:30 pm

October 27- December 8

For registration & more information please go to:

<https://teachingimprovesperformance.regfox.com/pm-preschool-fall-2020>

All sessions will be presented on Zoom meetings!

Presenter: Debbie Collette-Cromp, NY State Master Cadre Trainer for the Pyramid Model

Cost: Free – With much gratitude to grants from the federal CCDBG and NYS B5 grants

Questions??? Contact Debbie at

teachingimprovesperformance@gmail.com or 518-569-7124

The Pyramid Model was developed at the Center on the Social and Emotional Foundations for Early Learning (CSEFEL). It is a conceptual framework of evidence-based practices for promoting young children's social and emotional competence and for preventing and addressing challenging behavior.

NCPMI – challengingbehavior.org

Click here to register for Positive
Solutions for Families.

Click here to register for Focus on
Infants and Toddlers.

Click here to register for Parents
Interacting With Infants.

Click here to register for Focus on
Preschoolers.

Positive Solutions for Families

A series of six sessions, Positive Solutions for Families, helps adults promote positive, effective parenting behaviors to support children's social and emotional development while addressing the challenging behavior and emotional needs of their children.

The sessions are designed to give parents general information on key strategies that may be used with all children.

Participants will learn about, discuss, and practice the following:

1. **Making a Connection!** Participants will learn new ways to build relationships, have quality time, give positive comments and encouragement to their children through everyday opportunities.
2. **Making It Happen!** – Discussions will be around how play is a powerful parenting practice that supports the development of friendships & skills while encouraging positive behavior
3. **Why Do They Do What They Do?** –Determining the meaning of behavior is important in understanding how to support children's social and emotional development. We will explore how to make expectations clear and develop & teach household rules.
4. **Teach Me What to Do!** – Discover how teaching children emotional vocabulary, managing their anger, handling disappointment, and learning how to be problem solvers as young children will increase the joy you have with the children in your life.
5. & 6. **Facing the Challenge Parts 1 & 2** – We aim to help strengthen your strategies to promote positive behavior, problem solving skills and challenging behavior within your everyday routines.

Mondays November 9 – December 14 from 6- 8 pm **Location: Zoom**
Please pre-register via the link below to receive access to the Zoom series.

Positive solutions is a series, an ongoing continuous 6-session learning experience intended for participants to attend all sessions to provide a wide understanding of interacting with the young children in your life.

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Registration is available at:

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[Click here to register.](#)

Important Information

Reimagine New York Commission Seeking Input

New York State has created a 16-member Reimagine New York Commission that will leverage advanced technology tools to build back a better and more resilient state. The Commission, which includes educators, innovators, labor organizers, business leaders, and artists, is seeking input from individuals across the state to increase opportunity in three essential ways: reducing the digital divide, improving access to health care, and creating more and better employment in an increasingly

digital economy. In each one of these areas, the state is asking individuals to share ideas and propose new solutions via a survey so that it may build back better in the wake of the COVID-19 pandemic.

[Click here for more information and to take the survey.](#)

Rural Health Network of SCNY Produces Video Series for CBOs Interested in Engaging in Value-Based Payment

The Rural Health Network Serving South Central New York has produced a series of videos aimed at small and rural community-based organizations interested in engaging in value-based payment. The series, *Dispatches from the Road to Value*, features interviews with leaders of small and rural community organizations and service providers on their experience with DSRIP (New York State Medicaid Redesign) and preparing for value-based payment. The series is available for viewing on the network's Youtube channel.

Comments and questions can be directed to Emma Nalin at enalin@rhnscny.org.

[Click here to view the video series.](#)

Medicare Open Enrollment Begins

The Centers for Medicare & Medicaid Services (CMS) has announced Medicare Open Enrollment is officially open and will run through December 7. More than 60 million people with Medicare can review health and drug plans, and make changes to their health care coverage for next year, based on their financial and medical needs, from the comfort of their homes.

[Click here to learn more.](#)

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHIformer*.

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STAY CONNECTED WITH US!

