

2020 Telehealth Innovators

Ceremony Moderated By:

Nancy Gildersleeve, Adirondack Health Institute

Executive Director of DSRIP Operations & Fulton PHN



Congratulations to our 2020 Telehealth Innovators!



Telehealth Team
Planned Parenthood of Greater NY



Sheena Smith
St. Lawrence County Community Services



Neha Golwala, DPT, CKTP
Adirondack Physical Therapy



Darcy Fournier & Tiffany King
UVMHN - Alice Hyde Medical Center



Dr. Brett Nelson & Frederick Jones
Four Winds Saratoga

2020 Telehealth Hospital Innovators



Darcy Fournier

Darcy Fournier and Tiffany King
UVMHN – Alice Hyde Medical Center

Excerpt from nomination:

“During this implementation, a special segment of our patient population was identified as being special needs. Some of our more rural residents did not have adequate internet service to connect with their provider. Another significant segment of our patients did not own a device, or if they did, were not comfortable setting up a televideo connection. Tiffany and Darcy created a curbside service, whereby these patients can receive the same video service, with our device and on our campus.”



Tiffany King

Nominated by: Emily Campbell & Kelly Beach, UVMHN - Alice Hyde Medical Center

2020 Telehealth Primary Care Innovators



Telehealth Team Planned Parenthood of Greater New York

Excerpt from nomination:

"Throughout the COVID-19 crisis, PPGNY has worked tirelessly to ensure our patients and communities can still rely on us for care, and our providers have found innovative ways to make our services more accessible, patient-centered, and sustainable, all while keeping patients and themselves safe. In early April, our team launched a new telehealth platform so that patients can access a range of services-including birth control, emergency contraception, and gender-affirming hormone therapy (GAHT), without leaving their homes."

Nominated by: Racquel Benford & Kathryn Reinhardt, Planned Parenthood of Greater New York

2020 Telehealth Mental Health Innovators

Dr. Brett Nelson, Four Winds Saratoga

Excerpt from nomination:

“What would typically take months or years took 4 days because Dr. Nelson had done all of the research and much of the prep work, without clerical support, and was solution-seeking from the start. It was Dr. Nelson’s vision and leadership that was the driving force. Between March 23rd – June 30th, and just looking at patients from the 11 counties that AHI serves, Dr. Nelson and his colleagues held 2,478 telepsychiatry appointments, serving 893 children and adolescents.”

Frederick Jones, Four Winds Saratoga

Excerpt from nomination:

“Within days of the program closing its physical doors, Mr. Jones reimagined the partial hospital and intensive outpatient programs and led his team of prescribers, therapists and nurses to open a virtual group therapy program using the doxy.me online platform. This required an enormous amount of restructuring, rescheduling, faith in the power of telehealth and a steadfast belief in his team of professionals. In addition to the online group therapy, Mr. Jones’s programs continue to provide the evaluations, medication management and individual therapy to each patient, all online. The results have been remarkable.”

Nominated by: Michele Phillips, Four Winds Saratoga



Dr. Brett Nelson



Frederick Jones

2020 Telehealth Specialty Care Innovator

Neha Golwala, DPT, CKTP
Adirondack Physical Therapy

Excerpt from nomination:

"I can only talk about my experience with Neha. The key to her therapeutic approach with me was communication. She called several times to be sure I had a device (I used an iPad) and that I knew how to use the Zoom app. She sent me an email indicating what I would need for her sessions. And most of all, I received phone calls or emails constantly asking how I am doing on days I wasn't scheduled/I felt a bond with her during this time period, and she made me feel important. I'm proud to nominate her for this award and hope you will also recognize her amazing achievements in telehealth services."

Nominated by: Sierra Clothier



2020 Telehealth Mental Health Innovator



Sheena Smith

St. Lawrence County Community Services

Excerpt from nomination:

"Sheena devoted much of her time before the COVID pandemic began to getting us on track for utilizing telehealth simply because this technology would allow for us to help more people who were unable to find the time to attend sessions in the office. This proved to be a wise choice when the pandemic hit as we were already familiar with utilizing this technology. Our clients have responded very well. Our success in utilizing this technology has also driven us to begin with telehealth in our Mental Health clinic. Sheena is always looking for more ways to help our current and potential clients."

Nominated by: Michael Luck & Nicole Smith, St. Lawrence County Community Services



Congratulations to our 2020 Honorable Mentions

**Steve Koop-Angelicola
Essex County CHHA**

**Dr. Dragos Banu
UVMHN – Alice Hyde
Medical Center**

**Dr. John Bennett
CDPHP**

**Kimberly Coolidge
UVMHN – Elizabethtown
Community Hospital**

**Christopher Del Vecchio
MVP Health Care**

**Traci Ploufe
MHA in Essex County**

**Linda Spokane
Hudson Headwaters
Health Network**

Celebrating our Regional Rural Health Champions



- ❖ To celebrate our regional champions and to spotlight National Rural Health Day, the Rural Health Networks of Northern New York have created a advertisement, which will be displayed on social media outlets, including Facebook, Twitter, and LinkedIn.
- ❖ The congratulatory ad will also be featured on the 2020 North Country Telehealth Conference webpage, at ahihealth.org/2020conferences/#telehealth.



Thank you for joining us!
Congratulations again to our
2020 Telehealth Innovators!

