



a·H·Informer

A news update from Adirondack Health Institute

December 10, 2020

News Headlines

Deadline to Enroll in Health Insurance for Coverage Beginning Jan. 1 is Dec. 15, AHI Offering Free Enrollment Assistance

Health Insurance Open Enrollment through the NY State of Health Marketplace is underway. For those seeking coverage beginning on January 1, the deadline to enroll is December 15. AHI's Enrollment Assistance Services and Education (EASE) program is offering free telephone enrollment assistance to those seeking coverage in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington counties. Call 1.866.87.3740, or [click here](#) to visit our website to schedule an appointment.

Other News

United Helpers Launches Community Needs Web Page

United Helpers in St. Lawrence County has launched a new community needs web page. The page offers an opportunity to review United Helpers' list of essential staffing and material needs and the ability for individuals to respond with support they can offer. United Helpers delivers the specialized medical, physical and emotional support individuals need to be fully connected to life.



Click here to visit the web page.

Training Sessions, Meetings, and Events



Make 2021 Your Year to Shine Unwrap the Gift of a Tobacco Free Life

Are you ready to break free from tobacco?
Join us for a live Zoom event to help you prepare for your quit journey.

**Wednesday, December 16
3:00 - 4:00 pm**

Speakers

Dr. Jan Duus, Medical Oncologist/Hematologist, FitzPatrick Cancer Center
Troy King, RN, Certified Tobacco Treatment Specialist, Alice Hyde Medical Center
Stephanie Leffler, MS, Family Nurse Practitioner, Alice Hyde Medical Center
Katrina Kraft, Personal Success Story
And More

Event features: success stories, tips and tricks to quit tobacco successfully, resources available to help and question and answer session.

FREE AND OPEN TO ALL

Visit UVMHealth.org/CVPHVirtualLecture for tips on how to join the live event. No registration required.
Call Marketing & Communications at (518) 562-7320 for more information.

This panel presentation is made available through a collaboration between the FitzPatrick Cancer Center, Tobacco-Free Clinton, Franklin and Essex Counties and the North Country Healthy Heart Network.



UVMHealth.org/CVPHVirtualLecture

THE
University of Vermont
HEALTH NETWORK
Champlain Valley Physicians Hospital

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHI Informer*.

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