



# a·H·Informer

A news update from Adirondack Health Institute

January 21, 2021

## News Headlines

### ARHN Publishes Funding Opportunities Web Page

#### ARHN Researched Funding Opportunities

Local, Regional, and NYS  
Foundations >

Research Focused  
Foundations >

National Funding  
Resources >

For the benefit of partner organizations, the Adirondack Rural Health Network (ARHN), a program of Adirondack Health Institute, has published a web page of researched funding opportunities. The site includes a compiled list of regional, New York State, and federal foundations. Presently it lists 17 organizations, including descriptions and direct links to their websites. The page will be continually updated on a rolling basis with new resources. The program encourages partners to submit information on other funding resources to be consideration for inclusion on the page. Please send your submissions to Sara Deukmejian at [sdeukmejian@ahihealth.org](mailto:sdeukmejian@ahihealth.org).

Click here to visit the web  
page.

### Open Door Mission Receives \$1.5M Award for Expansion



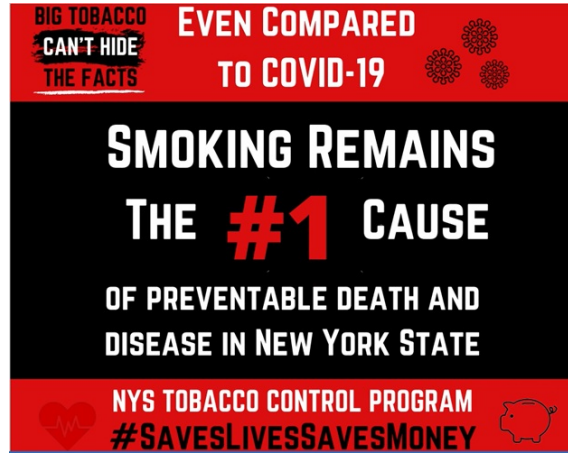
As part of its 30<sup>th</sup> Anniversary, the Open Door Mission in Glens Falls recently announced they have been awarded a \$1.5 million grant from the Federal Home Loan Bank of New York and Glens Falls National Bank and Trust Company. Awarded through the FHLBNY's Competitive Affordable Housing Program, the organization will use the funding to help complete its comprehensive temporary housing development project. The project will provide shelter with wrap-around support services for men in times of transition, in addition to

Open Door's LifePath program of daily services for men and women. It will include an emergency shelter for 50 men, a job-resource computer lab, a medical clinic, and offices for partner organizations.

## Important Information

Recent evidence shows smokers are more susceptible to severe symptoms if they contract COVID-19. The CDC states, "Being a current or former cigarette smoker increases your risk of severe illness from COVID-19."

We know smoking kills approximately 22,000 adult New Yorkers each year and 650,000 live with a tobacco-related chronic illness. Cigarette smoking is responsible for more than 480,000 deaths per year in the United States. This equates to one in five deaths annually, or more than 1,300 deaths every day in the country.



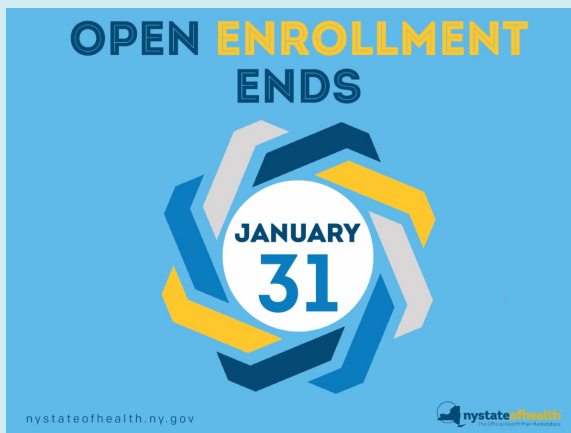
**BIG TOBACCO  
CAN'T HIDE  
THE FACTS**

**EVEN COMPARED  
TO COVID-19**

**SMOKING REMAINS  
THE #1 CAUSE  
OF PREVENTABLE DEATH AND  
DISEASE IN NEW YORK STATE**

**NYS TOBACCO CONTROL PROGRAM  
#SAVESLIVESAVESMONEY**

To learn more, visit AHI's Clear the Air in the Southern Adirondacks web page at [www.ahihealth.org/CASA](http://www.ahihealth.org/CASA), and the Seen Enough Tobacco website at [www.seenenoughtobacco.org](http://www.seenenoughtobacco.org).



**OPEN ENROLLMENT  
ENDS**

**JANUARY  
31**

nystateofhealth.ny.gov

nystateofhealth

Health insurance Open Enrollment through the [NY State of Health Marketplace](#) ends on January 31. If you'd like coverage beginning on March 1, call Adirondack Health Institute today at 1.866.872.3740 to set up a free telephone appointment with one of our enrollment specialists who will guide you through the entire sign-up process. You can also [click here](#) to visit our website to request an appointment online.



Ask your doctor  
about screenings  
for cervical  
cancer.

**Break the  
Silence.**

Talking about  
cervical cancer  
screening with  
your doctor is  
easier than you  
think.



Glens Falls Hospital

An affiliate of  ALBANY MED

Warren, Washington and Hamilton Counties

**Cancer Services Program**

Your partner for cancer screening, support and information



January is Cervical Cancer Awareness Month. The Cancer Services Program of Warren, Washington and Hamilton Counties can help uninsured women age 40 and older in New York State get screened for cervical cancer.

Contact the program today at 518.926.6570 for more information.

### *Training Sessions, Meetings, and Events*

## **North Country Telehealth Partnership Hosting Learning Collaborative on January 25**

The North Country Telehealth Partnership will be hosting its next Learning Collaborative video

conference from 2:00 - 3:00 p.m., Monday, January 25. Speakers Wayne Teris, MD, and James Racht of the [Care Compass Network](#) will share how their organization was able to rapidly implement an emergency funding program designed to help clinical providers and non-clinical community-based organizations in the Southern Tier survive the COVID-19 lockdown. In addition, among other topics, updates will be provided about the [Reimagine New York Commission](#) initiative outlined in Governor Andrew Cuomo's State of the State address.



[Click here to register.](#)

# Suicide Loss Survivor Group

(Peer Support Group)

**Suicide Loss Survivors supporting each other!  
Attend 1 meeting or all 12 meetings in the year.**

**No registration needed.**  
(No fee required)

**Meets every 3rd Wednesday of every month  
6:30pm to 8pm**

**Community Connections of Franklin County  
7 Pearl St. Malone, NY 12953**

**Facilitated by a Suicide Loss Survivor**  
(Group is CDC compliant; please wear a face mask)



# PREVENTING BURNOUT AND COMPASSION FATIGUE

Join us for a webinar dedicated to providing the necessary tools and resources to help healthcare and essential workers navigate these difficult times. This webinar will demonstrate how to provide and encourage self-care, and promote resiliency in the workplace.

Following this webinar, participants will be able to:

- Define burnout and compassion fatigue;
- Identify triggers and signs of burnout and compassion fatigue;
- Understand the risks associated with burnout and compassion fatigue;
- Identify ways to avoid burnout and improve workplace culture;
- Identify strategies for conflict resolution;
- Recognize how to ensure employee retention during a crisis; and
- Identify best practices for scaling up staff in the midst of a global pandemic.

***For Support Staff and Community Health Workers***  
***Thursday, February 25, 9:30-11:00 a.m.***

[Click here to register.](#)

***For Behavioral Health Professionals***  
***Thursday, March 4, 9:30-11:00 a.m.***

[Click here to register.](#)

## Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at [communications@ahihealth.org](mailto:communications@ahihealth.org) to be considered for inclusion in *AHI Informer*.

Adirondack Health Institute | 101 Ridge Street, Glens Falls, NY 12801 | 518.480.0111  
[communications@ahihealth.org](mailto:communications@ahihealth.org) | [www.ahihealth.org](http://www.ahihealth.org)

STAY CONNECTED WITH US!



Visit our website