



a·H·Informer

A news update from Adirondack Health Institute

March 18, 2021

News Headlines

FCC Establishes \$3.2 Billion Emergency Broadband Program

The Federal Communications Commission (FCC) has established the Emergency Broadband Benefit Program, a \$3.2 billion federal initiative to help lower the cost of high-speed internet for eligible households during the ongoing COVID-19 pandemic.



Among other benefits, the temporary program provides a monthly discount for broadband internet services, and a one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

[Click here to learn more.](#)

AHI CASA Team Meets With Legislators



Staff from *Clear the Air in the Southern Adirondacks*, a program of AHI, participated this week in Legislative Education Day. Among other elected officials, the team met virtually with Assemblywoman Carrie Woerner, pictured, to discuss the program's efforts to create smoke-free communities.

Important Information

Check out our UPDATED LGBTQ+ Resources page!



<https://ahihealth.org/resources-for-supporting-lgbtq/>

New resources, categories, and training presentations have been and will continue to be added to the web page to further the goal of improving LGBTQ+ health and well-being.



LGBTQ+ Training Presentations



LGBTQ+ Youth and Family Resources



LGBTQ+ Organizational Resources



LGBTQ+ Adult Resources



Transgender Health and Wellness Resources



LGBTQ+ Local Support Groups/Meetings

Watch Mini, 15-Minute On-Demand Training Modules:

Working Effectively with LGBTQ+ Patients and Clients

Strategies for Supporting LGBTQIA+ Youth

Real-Life Questions from North Country Youth

Meeting LGBTQ+ Clients Where They Are

Click here to visit the web
page.

Training Sessions, Meetings, and Events

 **UPCOMING WEBINAR**

It's OK Not to Be OK: Physician Burnout and Mental Health

DATE & TIME

Wednesday, March 24, 2021

2:00 - 3:00 PM ET

The COVID-19 pandemic has exacerbated the existing crisis of physician burnout, with lasting implications for health care quality. The pandemic has highlighted the critical need to reduce the stigma physicians encounter when seeking help and increase their access to mental health services. Webinar attendees will hear from health care leaders who are working to reduce burnout and address challenges related to the pandemic.

[Click here to register.](#)

hope.

Join the South Glens Falls CSD & the Community Coalition for Family Wellness for a Family Wellness Forum: Mental Health Matters & Substance Misuse

Wednesday, March 31

6:30 p.m.

View live online at www.sgfcscd.org

Forum content is designed for adults.



A program of the Prevention Council of Saratoga County



Mercy Care
for the Adirondacks

Faith Community Nurse Foundations Course



What: Using the Westberg Institute for Faith Community Nursing curriculum, this course prepares registered nurses for health ministry in a church congregation. Faith Community Nurses provide health education, advocate for clients connecting them with resources in the community, listen and provide support in times of illness. Their focus is on the whole person with special emphasis on the spiritual.

Who: This course is open to RNs or other persons interested in health ministry in a church or community. Mercy Care's Faith Community Nurse Program is a volunteer program. It offers the nurse an opportunity to choose the number of hours she/he is able to give. Mercy Care will provide the training and networking with other health ministers who are called to take on this role

Where: St. Marguerite D'Youville Academy, 315 Gates St, Ogdensburg

The classroom is large enough to provide for social distancing.

When:

Fridays, April 9, 16 & 30, 2021
1 PM - 5 PM
and
Saturdays, April 10, 17 & May 1, 2021
8:30 AM - 5 PM

Attendance at all 6 sessions is required.

How: There is no charge for this course but registration is required.

To register go to:
<https://forms.gle/peNM66cCWRD6f5gf8>
or print and complete the attached form and mail to:

Holly Huber
Mercy Care for the Adirondacks
185 Old Military Rd
Lake Placid, NY 12976

Or scan and email to:
hhuber@adkmercy.org

Call 518-523-5583 with questions.

The Foundations of Faith Community Nursing Course is supported by a grant from the Mother Cabrini Health Foundation.

[Click here to register.](#)

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to Phil Kahn at communications@ahihealth.org to be considered for inclusion in *AHI Informer*. This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

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