



July 8, 2021

## *News Headlines*

### **New York State's Working CAREGIVERS**

Caregivers are defined as family, friends and neighbors who provide a variety of tasks to help an individual with their daily living.

There are an estimated 4.1 million caregivers in New York State who provide 2.68 billion hours of unpaid care that if paid for at the market rate, would cost \$32 billion annually.

In the U.S. today, one in six employees is a caregiver for a relative or friend and spends on average more than 20 hours a week providing some kind of care.

The costs of caregiving to business and industry exceed \$50 billion annually.

The New York State Office for the Aging, the New York State Department of Labor, and the New York State Department of Health today announced the launching of a public-private partnership to [survey businesses](#) and their employees. The state is encouraging employers to ask employees to complete the survey. This will help identify the number of employees who are caregiving for a loved one and to assess working caregiver intensity and connect them to supports and information.

Statewide Working Caregiver Survey launched, collecting data on the number of working caregivers and tasks they perform

Partnership with ARCHANGELS provides the “Caregiver Intensity Index” to Working Caregivers to Engage Caregivers, Assess the Intensity of Their Experience and Connect Them to Resources

A new state publication, the Resource Guide for Businesses, aims to identify working caregivers and link them to community services

**Citizen Advocates Providing Safe Stable and Affordable Housing**

Safe, stable and affordable housing is a cornerstone of good health, especially for individuals living with chronic or serious illness.

Citizen Advocates provides programmatic services at apartments designed to support people with complex health needs throughout Clinton, Franklin, Essex and St. Lawrence counties. Each setting is designed so every individual can live as independently as possible. Currently, apartment-based housing programs serve approximately 60 individuals.

As a result of this initiative, Citizen Advocates was awarded a five-year, \$2.5 million grant in 2019 to launch and operate its Health Home Supportive Housing Program. The term 'Health Home' is used to describe the coordinated effort among professionals lead by a care manager who are jointly responsible for managing the needs of individuals with complex health needs.

In addition to housing, Mr. Phillips has access to a broad range of supports from Citizen Advocates, including clinical services.

Citizen Advocates housing counselors work with program participants to establish a lease, guide them through financial assistance, direct program funds for apartment furnishings, establish connections to safety-net programs and other services to help meet health needs and support day-to-day living.

To learn more about the program or qualifications, contact Cheryl Blanchard, Community Living Team Manager at (518) 651-2270.

[Housing Info](#)

## Moreau Community Center

A new publication is available from Moreau Community Center. Please click the *Read Now* button to view your publication or [click here to view the advertisers](#) that help make this publication possible.

[READ NOW](#)

## Substance Abuse and Mental Health Services Administration (SAMHSA)

The Substance Abuse and Mental Health Services Administration (SAMHSA) has published new guidance on the use of telehealth services for the treatment of serious mental illness and substance abuse disorders. This guide (can be downloaded as a PDF) reviews ways that telehealth modalities can be used to provide treatment for serious mental illness and substance use disorders among adults, distills the research into recommendations for practice, and provides examples of

how these recommendations can be implemented.

## Telehealth Guide

### *Important Information*

#### Grant Award for Family OR Adult Gerontology Nurse Practitioner

Binghamton University's Decker College of Nursing graduate program is seeking applicants for the Health Resources and Services Administration (HRSA) ANEW Federal Workforce training grant. Applicants must submit an application and be accepted for the Fall 2021 entry term in the Family Nurse Practitioner or Adult Gerontology Primary Care program of study.

#### ANEW Grant

#### Stepping Back In: Coping with Transitions

There is so much to think about, it can be overwhelming! With all the changes and uncertainty caused by COVID, it's normal to feel stressed, scared, anxious, sad, or angry.

**Please know that help is available for ALL New York residents through NY Project Hope.**

Call the NY Project Hope Covid-19 Emotional Support Helpline at 1-844-863-9314 any day from 8 am-10 pm to talk with trained crisis counselors who provide a listening ear, as well as information and referrals to a vast array of community resources. Visit the [NY Project Hope website](#) to find [coping tips](#), [relaxation strategies](#), and follow us on Facebook, Twitter, and Instagram for more supportive information.

NY Project Hope is a statewide program of the NYS Office of Mental Health and is funded by the Federal Emergency Management Agency.

#### NY Project Hope

### *Events*

#### North Country Leadership Summit

We are excited to announce our **Save the Date** for the *virtual 2021 North Country Leadership Summit*, with the AHI Leadership Summit joining forces with the state's premier telehealth conference, brought to you by the North Country Telehealth Partnership (a collaboration of Fort Drum Regional Health Planning Organization and Adirondack Health Institute). This virtual one-week learning symposium will bring together leaders from New York's North Country and beyond and is an opportunity to learn from experts on both telehealth, population



health, and advancing whole-person care.

SAVE THE DATE

# 2021 North Country Leadership Summit

*Emerging from a Year of Change:  
An Opportunity to Rebuild and Reimagine*

AHI and FDRHPO present a virtual One-Week Learning Symposium focusing on population health and virtual care in a post-pandemic world



September 13-17, 2021

## AHI Career Opportunities

AHI is hiring! AHI is seeking dedicated, motivated, and highly passionate individuals who share our drive and commitment to making a difference by improving the health of our community. We are seeking a Regional Care Coordination Specialist to join our Care Management Agency in our Glens Falls, NY office. AHI provides a friendly and challenging work environment and a comprehensive benefits package. For more information or to apply online, visit [AHI Careers](#).

EOE/M/F/V/D.

## AHI COVID NEWS

Over the past year, AHI has been publishing a newsletter that started out as 3X a week and has decreased over the past several months to once a week. We recognize that positive as there is less urgent information to share. At this time we will be discontinuing this publication.

Through the ADK HUB and the State sites you can still obtain current

statistics and information. As well, we have links on our website home page that should bring you to the majority of the information you seek. Thank you to all who provided information to assist with keeping our region up to date with the pandemic.



## Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to [communications@ahihealth.org](mailto:communications@ahihealth.org) to be considered for inclusion in *AHI Informer*. This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801 | 518.480.0111 [communications@ahihealth.org](mailto:communications@ahihealth.org) | [www.ahihealth.org](http://www.ahihealth.org)

STAY CONNECTED WITH US!

