



a·H·Informer

A news update from Adirondack Health Institute

March 17, 2022

News Headlines

Glens Falls Hospital Expands Visitation Effective March 3

Glens Falls Hospital has expanded visitation hours. For more information on the updated guidelines, click [here](#)!

Citizen Advocates Establishing Charitable Foundation

Latest initiative will bolster causes in six-county region of Northern NY

MALONE, N.Y. – Citizen Advocates is taking the lead on a new initiative by establishing a charitable Foundation to support key causes that advance the health and wellness of communities spanning a six-county region of Northern New York.

The Foundation will operate as a separate and distinct organization with the goal of supporting worthwhile charitable causes in counties where Citizen Advocates currently has a presence: Franklin, Clinton, St. Lawrence, Jefferson, Essex and Hamilton counties.

In addition to new opportunities for charitable giving, the Foundation will continue supporting causes championed by Citizen Advocates, including, but not limited to:

- Backpack Programs in Franklin and St. Lawrence counties
- Local YMCAs
- Watertown Urban Mission
- Adirondack Health
- Alice Hyde Medical Center
- Hospice of the North Country
- Small Town Pride
- Out of Darkness Suicide Prevention Walk

Leading the newly formed Foundation is Jennifer Bilow, who was named as its first Executive Director in January, following an extensive and competitive search process. A North Country native, she is very familiar with Citizen Advocates having previously served on the organization's Board of Directors for three years.

Key duties of the Executive Director include:

- Leading fundraising campaigns
- Planning charitable events
- Cultivating & distributing major gifts

“As a Board Member, I was always impressed with the extent to which Citizen Advocates focused on making lives better both through its services and programs, but also by generously giving to a wide range of causes in the community,” said Ms. Bilow. “Now, we have this amazing opportunity to elevate the work we do through a Foundation by helping those we support on a much greater scale throughout the region.”

To read the full article, visit Citizens Advocates [here](#)!

The March edition of the **Family Service Association of Glens Falls, Inc.** newsletter is now available!

Click [here](#) to read!

A new publication is available from **Moreau Community Center.**

Click [here](#) to read!

Events

Telehealth Learning Collaborative March 21, 2022

The **North Country Telehealth Partnership** will be hosting the next Telehealth Learning Collaborative on **March 21** from 2:00 - 3:00pm. The featured presentation will be by **Nancy DelMastro, Telehealth Project Manager** at AHI, presenting an update on the new North Country Digital Inclusion Coalition.

To register, click [here](#).

Are you looking to improve your LGBTQ Health Care competency and earn continuing education credits?

Hudson-Mohawk AHEC, in collaboration with the Clinical Education Initiative, Catskill Hudson, Central New York, and Northern Area Health Education Centers are pleased to present an **LGBTQ Training Series** in April.

For more information on the training sessions and to register, click [here](#).

AHI's Easter Egg Hunt April 16, 2022

Join AHI for our **2022 Easter Egg Hunt!**

This year's *egg-cellent* event will be held on **April 16, 2022** from **9:30 - 11:00am** at Glens Falls City Park.

Don't miss the *egg-citement!*
For more information and to register, visit <https://ahiegg hunt2022.eventbrite.com>.

Thank you to Irving Tissue, our 2022 Premier Sponsor!



FREE!

EASTER

• EGG HUNT •



SATURDAY, APRIL 16, 2022

9:30 - 11:00AM

CHECK IN BEGINS AT 9:30; EGG HUNT AT 10:15, RAFFLE AT 10:45!

EGG HUNT & RAFFLE!

GLENS FALLS CITY PARK, GLENS FALLS, NY

PLEASE PRE-REGISTER AT:

[HTTPS://AHIEGGHUNT2022.EVENTBRITE.COM](https://ahiegg hunt2022.eventbrite.com)

THANK YOU TO OUR 2022 PREMIER SPONSOR, IRVING TISSUE!

Adirondack Rural Health Network Educational Series First Session: April 5, 2022

In collaboration with the **North Country Telehealth Partnership**, ARHN is proud to present the first session of the 2022 Educational Series with a presentation titled: *The Straw That Stirs the Drink? Why & How Face-to-Face and Telehealth Tobacco Treatment Can Empower Virtually All Medical Programs*, Presented by **Matthew Bars**, Director of the Fire Department of New York (FDNY) Tobacco Treatment Program.

The webinar will take place April 5, 2022 from 10:00 - 11:00am.

To register click [here](#).

UNITED WAY OF THE
ADIRONDACK REGION'S

Annual Day of Caring

Please follow appropriate safety guidelines at all times.

Those who can do, do. Those who can do more, volunteer.



SATURDAY, APRIL 23, 2022

Serving Clinton, Essex & Franklin Counties

SUGGESTED VOLUNTEER OPPORTUNITIES

PROMOTE MENTAL HEALTH & WELLNESS: Visit, call or message people who may need your kindness. Share messages of wellness.

DONATE NEEDED FUNDS: Make a monetary donation to a local or regional charity of your choice. You can go to www.unitedwayadk.org for a list of partner agencies or contact us for additional information.

HELPING NEIGHBORS: In accordance with local guidelines and when deemed safe, help an elderly or disabled person with yard work, minor repairs or spring cleaning. Help to clean and beautify public places for the enjoyment of all.

DONATE FOOD TO ALLEVIATE HUNGER: Conduct a food drive or donate food to a food shelf of your choice. Please contact the food shelf directly to ensure they are accepting donations and to arrange for drop off.

ACTS OF KINDNESS: Create your own unique opportunities as a person, family or group to help make a difference in the Adirondack Region.

Our Partners:



For more information:
call (518) 563-0028

Family Resource Day and Opioid Overdose Prevention April 28, 2022

Chances are, you or someone you know has been touched by the opioid crisis. Join us on **April 28** from **1:00 - 4:00pm** at the **MHAB Life Skills Campus** in Plattsburgh to learn more and ask questions about opioid use, overdose prevention, treatment, and recovery. This event will also feature a Narcan training and participants will leave with a free Narcan kit, fentanyl test strips, and deterra packs.

Click [here](#) for more information. Note that registration is not required.

Questions can be directed to Sabrina Herlick, Director, RCORP Implementation at AHI at sherlick@ahihealth.org.

Other Information

Job Opportunity - North Country Health Heart Network

The North Country Health Heart Network is seeking a **Practice Engagement Coordinator** to join their team!

This individual will work with medical and behavioral health provider practices to support their efforts to increase identification, treatment, and referral of individuals at risk for or diagnosed with diabetes and other chronic conditions. This is a great opportunity for someone interested in, or wanting to gain first-hand experience facilitating quality and performance improvement projects.

For more information, click [here](#) or <https://heartnetwork.org/about-us/job-opportunities/>.

Health Insurance Enrollment Assistance

AHI's **EASE (Enrollment Assistance Services and Education) program** assists individuals, families and small business owners enroll in health insurance coverage through the NY State of Health Marketplace. We serve eight counties: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington.

We don't charge and we're not an insurance company. We help clients look at available insurance plans and find out if they're eligible for financial assistance.

[Request an appointment online](#) or call toll-free, **1.866.872.3740**, to make an appointment with a certified enrollment specialist. We'll help to review health insurance choices via phone, for free. To learn more, click [here](#).

AHI also provides assistance with helping individuals and families resolve issues in [accessing substance use disorder and mental health services](#), as well as [care management services](#).

FREE TAX RETURN ASSISTANCE

Available for families and individuals whose household income is \$57,000 or less per year in Warren, Washington and Northern Saratoga counties

Attached are the flyers and postcard handouts promoting the Free Volunteer Income Tax Service for the 2022 tax filing season.

The IRS certified Tax preparers will be hosting day, evening, and weekend hours throughout Washington County following the current health guidelines.

[The postcard size](#) is good to include in food baskets, backpacks, and to have on counters or desk where there is a traffic flow or appointments.

[The full page flyer](#) is larger for bulletin boards etc.

Feel free to include any these in your newsletters or other promotions over the next few months. We have learned from experience when they see something multiple times they will take notice.

Thank you for your continued support of VITA to the local communities.

COVID-19 Resources

For links to various COVID-19 resources for community partners, please visit [AHI's website](#).

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801 |
518.480.0111 communications@ahihealth.org | www.ahihealth.org

STAY CONNECTED WITH US!

