



a·H·Informer

A news update from Adirondack Health Institute

September 26, 2022

News Headlines

Governor Hochul Announces \$35 Million Available for Permanent Supportive Housing Projects

[Request for Proposals](#) Issued for Funding Through the Empire State Supportive Housing Initiative

Awards to Provide Operating Expenses for 1,400 Supportive Housing Units Statewide

On September 8, Governor Kathy Hochul announced the availability of \$35 million in funding to provide supportive services for affordable housing projects statewide. The seventh round of funding through the Empire State Supportive Housing Initiative will help cover operating expenses for 1,400 units of permanent supportive housing that will help reduce housing instability among vulnerable populations in New York.

For additional details and to read the full press release, click [here](#).



Adirondack Health Institute

Congratulates

SARAH WRIGHT, CPA



CHIEF FINANCIAL OFFICER

2022 **20 UNDER 40** HONOREE!

Adirondacks ACO Receives \$3.4M in Savings from the Medicare Shared Savings Program

We are pleased to announce that the [Adirondacks ACO](#) earned \$3.4M in shared savings, reflecting two consecutive years of shared savings for the region's providers. Congratulations, and great work to all in achieving this milestone.

Comparing 2020 financial performance with 2021 -

- Total savings: \$8,628,669 in 2021, improved from \$7,879,019 in 2020.
- Eligible Shared Savings: \$3,382,438.08 in 2021, improved from \$3,062,968 in 2020.

The total quality score for 2021 is 91.06%, which allowed the ACO to earn the full 40% of eligible shared savings. Overall, the ACO made improvements in six out of ten quality measures - screening for fall risk, depression screening, colorectal cancer screening, breast cancer screening, diabetes - poor control, and hypertension. Slight declines in performance were reported for influenza vaccination, tobacco use and cessation intervention, statin therapy for preventative cardiovascular disease, and depression remission at twelve months.

The ACO patient experience scores were above the mean performance rate for all Medicare Shared Savings Programs for seven of the ten defined areas, with significantly higher performance for communication, health promotion and education, care coordination, courteous and helpful office staff, and overall provider rating.

According to the National Association of ACOs (NAACOS) overall the Medicare Shared Savings Program ACO model served 11 million seniors in 2021 and collectively achieved \$3.6 billion in gross Medicare savings, and \$1.6 billion after accounting for shared savings payments. Of the 475 ACOs, 81% achieved shared savings to Medicare with 56% achieving shared savings. Nearly all ACOs - 99% - reported and met the quality standard required to share in savings under the Shared Savings Program

It is expected that CMS will release shared savings payments to ACOs in late September. Additional communication will follow in the coming weeks regarding timing and details of distribution to participants.



SUNYADIRONDACK

A State University of New York Community College

LET US HELP YOU AS YOU LEARN TO HELP OTHERS!

Join the **SUNY Adirondack**
substance abuse services
grant opportunity.



ENROLL IN OUR NYS OASAS-CERTIFIED PROGRAM!

Students can apply to our Criminal Justice:
Substance Abuse Services AAS (CRSA)
program and **receive financial support
along the way.**

“SUNY ADK has given me more than
an education; it has given me a career
that I love. I highly recommend this
program to all individuals who
want a meaningful career helping
individuals in their community.”

— Matthew Ryan, former CRJ SAS Student,
Director of Supportive
Housing-Warren Washington
Association for Mental Health

ELIGIBILITY REQUIREMENTS:

- ✓ Successfully admitted to SUNY Adirondack
(sunyacc.edu/apply)
- ✓ Matriculated as Substance
Abuse Services major
- ✓ New to the college, currently enrolled in this
degree or switching majors to this degree

GRANT OPPORTUNITIES:

- Textbook support
- Gas cards
- Wraparound supports
- Completion stipends
- CASAC-T examination fees
- Professional coaching
- Academic advising

SUBMIT AN INTEREST FORM

by scanning this QR Code or visiting
[https://connect.sunyacc.edu/
register/CRSA_interest](https://connect.sunyacc.edu/register/CRSA_interest)



QUESTIONS?

Email advising@sunyacc.edu



**GREAT FUTURES
START HERE**

LEARN MORE ABOUT OASAS

<https://oasas.ny.gov/>

Become an Age-Friendly Health System in 2023 with HANYS

HANYS is inviting health system teams to join the next New York Age-Friendly Health Systems Action Community and/or New York Geriatric Emergency Department Accreditation Collaborative – both beginning in January 2023! Health system teams can join one or both collaboratives.

To learn more, join HANYS for the upcoming virtual event, ***Become an Age-Friendly Health System in 2023 with HANYS*** on **Monday, November 7, 2022**. This special event features Dr. Kedar Mate, President and CEO, IHI and Adam Herbst, Esq, Deputy Commissioner of Aging and Long-Term Care, NYSDOH. Teams may enroll in the 2023 cohort on the [New York Age-Friendly Action Community page](#) or the [Geriatric Emergency Department Accreditation, New York State Cohort page](#) of our website.

The Institute for Healthcare Improvement's **Age-Friendly Health Systems' framework** for care of older adults is referred to as 4Ms Care: What Matters, Medication, Mentation and Mobility. When

practiced together, 4Ms Care leads to improvements in patient experience scores, as well as quality outcomes such as hospital readmissions, emergency department utilization and length of stay (Mechcatie, 2018).

The American College of Emergency Physician's [Geriatric Emergency Department Accreditation](#) promotes geriatric-focused education, policies and protocols and quality improvement projects to improve the care of older adults in the emergency department. This care model can decrease [hospital admissions](#), [30-day hospital readmissions](#) and [avoidable future ED visits](#).

HANYS provides project management, training, and technical assistance to ensure teams achieve Age-Friendly recognition and emergency departments (EDs) meet the criteria to become accredited, and we facilitate a free virtual collaborative learning environment where best practices for Age-Friendly healthcare can be shared.

Age-Friendly health system participants may apply for a \$ 10,000 stipend to support this work (up to 20 teams will be awarded stipends), and scholarships are available to Geriatric Emergency Departments new to accreditation (up to 18 hospitals will receive funding on a first-come, first-serve basis).

The benefits of joining one of these programs are:

- Redeploying and prioritizing existing health system resources to deliver high-quality, evidence-based care to older adults;
- Becoming recognized as an "Age-Friendly Health System" and/or becoming accredited as a "Geriatric Emergency Department"; and
- Improved patient and clinician experience and more efficient, lower cost care.

Questions may be directed to actioncommunity@hanys.org.

We want to hear from you!

Are you a health care provider in the North Country?

The North Country Digital Inclusion Coalition, formed by Adirondack Health Institute and Fort Drum Regional Health Planning Organization, is looking for insights on access to telehealth and digital inclusion barriers in our communities.

Please take the 5 minute survey by visiting <https://www.surveymonkey.com/r/NCDIC2> or by scanning the QR code below!



We want to hear from you!

Are you a community member in the North Country?

The North Country Digital Inclusion Coalition, formed by Adirondack Health Institute and Fort Drum Regional Health Planning Organization, would like to hear about your experience using telehealth services.

Please take the 5 minute survey by visiting <https://www.surveymonkey.com/r/NCDIC> or by scanning the QR code below!



Free, On-Demand Training:

Screen & Intervene: Addressing Food Insecurity Among Older Adults


"Screen & Intervene: Addressing Food Insecurity Among Older Adults" is a course designed for health care providers who work with adults ages 50 and over. The course also is useful for those interested in learning more about food insecurity and how to address this serious health issue facing millions of older Americans.

The course is offered free of charge. The full course takes an hour but does not have to be completed in one seating. Participants can receive 1 AMA PRA Category 1 Credit of Continuing Medical Education (CME) for MDs and DOs as well as other professional groups. A certificate of completion is also available.



Click [here](#) for more information!

A new publication is available from Moreau Community Center.

Events



**NATIONAL DIAPER
NEEDS AWARENESS
WEEK SEPTEMBER 24
- OCTOBER 2**



United Way
United Way of the Adirondack Region, Inc.

ADIRONDACK REGION DIAPER DRIVE

Saturday, September 24th to
Sunday, October 2nd

WHY DONATE DIAPERS?

*58% of children ages 0-2
fall below the ALICE
threshold
*52% of children ages 3-4
fall below the ALICE
threshold

WHAT IS ALICE?

ALICE stands for Asset
Limited, Income Constrained,
Employed. ALICE households
earn more than the Federal
Poverty Level, but less than
they need to afford a basic
survival budget.

Drop Off Locations

United Way of the
Adirondack Region, Inc.
45 Tom Miller Road, Plattsburgh
**Adirondack Community
Action Programs**
7572 Court Street #2, Elizabethtown
**Community Connections of
Franklin County**
209 W Main Street, Malone
**Joint Council for Economic
Opportunity (JCEO)**
Plattsburgh and Malone Offices & all Outreach
Centers
Champlain Centre Mall
Outside Target Near the Food Court
YMCA
17 Oak Street & 52 US Oval, Plattsburgh
**Plattsburgh Public Library
Children's Room**
19 Oak Street (basement), Plattsburgh
Kinney Drugs
Plattsburgh, Peru, Champlain, Malone, Saranac
Lake, Tupper Lake, Lake Placid, Elizabethtown

Questions? Call Us at 518-563-0028

Screening, Brief Intervention, and Referral to Treatment (SBIRT Training) September 28 - 29, 2022

Join **Allison Reynolds** from the Council for Prevention for a FREE SBIRT Training! SBIRT is an integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders. SBIRT is an evidence-based training and will assist in identifying individuals with problems using or at risk for substance use disorders. This training incorporates screening for all types of substance use with brief, tailored feedback and advice. SBIRT is reimbursable - billing codes are available.

To register for this event, contact Sabrina Herlick at sherlick@ahihealth.org.

Skills to Calm and De-escalate Emotionally Dysregulated Patients September 28, 2022

Building upon one's natural social skills, attendees will learn to enhance personal self-regulation skills and apply them to co-regulating an emotionally dysregulated patient. Combining a bit of evidenced based theory and much more practice, all shall leave the session with usable tools for the care manager, some of which may be taught to the patient. Theoretically we shall briefly focus on why people emotionally dysregulate to aid in anticipating behaviors. Thereafter we shall discuss emotional self-regulation and co-regulation techniques, assessment, various verbal/non-verbal techniques, and scripting interventions to shape behaviors safely.

Presenter: Charles O'Donnell, RN, MS, FNP, CMHN

Time: 9:00 - 10:30AM

Register here: https://us02web.zoom.us/meeting/register/tZEpd-2przMqE91U_WiBZURUEcKOIGtAoPX

After registering, you will receive a confirmation email containing information about joining the meeting.

This training was identified as a priority on the care manager survey many months ago.

Innovation for Results Workshop October 18 - 19, 2022

Join the Saranac Lake Area Chamber of Commerce and [New & Improved](#) for this highly interactive two-day workshop! The **Innovation for Results** workshop is focused on driving business results. It provides participants with a range of creative problem solving, creativity and innovation tools and techniques. It also includes a framework for immediately applying those skills. Participants develop solutions to real work challenges and offers an immediate return on your training investment.

- **Dates:** Tuesday, October 18 and Wednesday, October 19
- **Time:** 8am-5pm (both days)
- **Location:** Harrietstown Town Hall Auditorium, 39 Main St. Saranac Lake
- **Cost:** \$75 includes workshop, materials, coffee/drinks
- **Registration:** [Register Here](#) or call 518-891-1990

During this workshop you will:

- Learn immediately applicable methods for Design Thinking and Creative Problem Solving
- Apply these skills to current work challenges to rapidly develop viable solutions
- Develop action plans to support your organization's growth and impact
- Learn a shared vocabulary that fosters creativity and collaboration for extended impact

This workshop is facilitated by **Bob Eckert**, CEO and Master Facilitator/Trainer of [New & Improved](#). His focus is on helping organizations harness and develop the innovative brain power of their people to deliver new and improved results.

Questions? Call 518-891-1990.

Addressing Burnout and Improving Wellbeing Series Various Dates

You can still register for the **Addressing Burnout and Improving Wellbeing Series** with **Kim Perone**! There are three sessions left and you can pick which you'd like to attend:

- Wednesday, October 19, 9AM: **Work-Life Balance**
- Wednesday, November 16, 9AM: **Self-Care**
- Wednesday, December 14, 9AM: **Managing Priorities**

Register here: <https://us02web.zoom.us/join/register/tZUrceiqgTkuHNRK0e6bdLMmz8P-uFkOMFtb>.

After registering, you will receive a confirmation email containing information about joining the meeting.

Other Information

Health Insurance Enrollment Assistance

AHI's **EASE (Enrollment Assistance Services and Education)** program assists individuals, families and small business owners enroll in health insurance coverage through the NY State of Health Marketplace. We serve eight counties: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington.

We don't charge and we're not an insurance company. We help clients look at available insurance plans and find out if they're eligible for financial assistance.

[Request an appointment online](#) or call toll-free, **1.866.872.3740**, to make an appointment with a certified enrollment specialist. We'll help to review health insurance choices via phone, for free. To learn more, click [here](#).

AHI also provides assistance with helping individuals and families resolve issues in [accessing substance use disorder and mental health services](#), as well as [care management services](#).

COVID-19 Resources

For links to various COVID-19 resources for community partners, please visit [AHI's website](#).

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801 | 518.480.0111 communications@ahihealth.org | www.ahihealth.org

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