REGIONAL COMMUNITY HEALTH ASSESSMENT

ADIRONDACK RURAL HEALTH NETWORK
Executive Summary 2022-2024

SEVEN-COUNTY REGION OF NEW YORK STATE
Clinton, Essex, Franklin, Fulton, Hamilton, Warren and Washington Counties

This report is also available online at: www.ahihealth.org/arhn

Adirondack Rural Health NETWORK

a·H·I Adirondack Health Institute

AHI VISION AND MISSION STATEMENTS

AHI Vision
Every individual in our region reaches their full potential and lives a healthy life.

AHI Mission
To lead and work collaboratively with community partners on innovative initiatives that advance quality, improve access and affordability, and transform health care delivery in the Adirondack region.

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* The information contained in this publication is comprised of a blending of multiple data sources. Please see page 17 for a detailed list.

MESSAGE TO THE COMMUNITY

The Adirondack Rural Health Network (ARHN) is proud to present you with this report of a comprehensive collection and analysis of data regarding health issues and needs in Clinton, Essex, Franklin, Fulton, Hamilton, Warren, and Washington counties in New York State. This report is the result of information gathered from a variety of sources and perspectives to provide valuable insight into the region's needs.

The well-being of a community is reflected through a wide array of factors including access to medical services, individual behaviors, socio-demographic characteristics, and the environment in which one lives. The results enable us to guide strategic planning throughout the Adirondack region, highlight topics for increased public awareness and education, identify areas for training, and support the New York State Department of Health's Prevention Agenda to aid in developing regional health planning activities and resources.

ARHN hopes the information in this Executive Summary will provide insight into the needs of the region and help communities identify their strengths, as well as areas where additional resources are needed.

Health is – and must be – an issue of concern and action for all of us.

ADIRONDACK HEALTH INSTITUTE
Founded in 1987, Adirondack Health Institute (AHI) has supported hospitals, physician practices, behavioral health providers, community-based organizations and others in the region in transforming the health care delivery system and improving population health. A joint venture of Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network, St. Lawrence Health System, and the University of Vermont Health Network – Champlain Valley Physicians Hospital, AHI serves nine counties in the North Country/Adirondack region - Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington.

ARHN STAFF

Sara Deukmejian, ARHN Manager

Andrea Bonacci, Director of Population Health Programs

ADIRONDACK RURAL HEALTH NETWORK
The Adirondack Rural Health Network (ARHN) is a program of AHI, supported by the New York State Department of Health, Office of Health Systems Management, Division of Health Facility Planning, Charles D. Cook Office of Rural Health.

Originating in 1992, ARHN is a strategic partner driven, seven-county region rural health network, that supports the NYS Prevention Agenda through advocacy, education, collaboration, training, funding, and data sharing to improve the health and well-being of our rural residents. Regional leaders of public health, community health centers, hospitals, behavioral health organizations, emergency medical services, and other community-based organizations are all active members of the network. ARHN includes organizations from Clinton, Essex, Franklin, Fulton, Hamilton, Warren, and Washington counties.

Adirondack Rural Health NETWORK

The Community Health Assessment (CHA) Committee, made up of the CHA service contract holders with AHI, is a multi-county, regional stakeholder group that convenes to support ongoing health planning and assessment by working collaboratively on interventions and developing the planning documents required by the New York State Department of Health and the Internal Revenue Service (IRS) in an effort to advance the New York State Prevention Agenda. Since 2002, ARHN has coordinated the CHA Committee, providing a resource for collaborative formal community health planning throughout the region.

CHA COMMITTEE

CLINTON COUNTY
Clinton County Health Department
UVMHN-Champlain Valley Physicians Hospital

ESSEX COUNTY
Adirondack Health
Essex County Health Department
UVMHN-Elizabethtown Community Hospital

FRANKLIN COUNTY
Franklin County Public Health
UVMHN-Alice Hyde Medical Center

HAMILTON COUNTY
Hamilton County Public Health
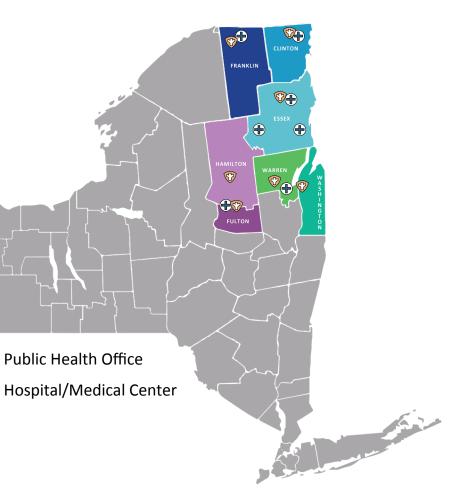
FULTON COUNTY
Fulton County Public Health
Nathan Littauer Hospital and Nursing Home

WARREN COUNTY
Glens Falls Hospital
Warren County Health Services

WASHINGTON COUNTY
Washington County Public Health

🛡 Public Health Office

✚ Hospital/Medical Center

The Prevention Agenda 2019-2024 is New York State's health improvement plan, the blueprint for state and local action to improve the health and well-being of all New Yorkers and to promote health equity in all populations who experience disparities. In partnership with more than 100 organizations across the state, the Prevention Agenda is updated by the New York State Public Health and Health Planning Council at the request of the Department of Health. This is the third cycle for this statewide initiative. New to this 2019-2024 cycle is the incorporation of a *Health Across All Policies* approach, initiated in 2017, which calls on all state agencies to identify and strengthen the ways that their policies and programs can have a positive impact on health. It embraces *Healthy Aging* to support New York's commitment as the first age-friendly state.

The Prevention Agenda 2019-2024 has five priorities with individual priority-specific action plans developed collaboratively with input from community stakeholders, as shown below. Each priority-specific action plan includes focus areas, goals, objectives, and measures for evidence-based interventions to track their impacts – including reductions in health disparities among racial, ethnic, and socioeconomic groups, age groups, and persons with disabilities. These objectives will be tracked on the New York State Prevention Agenda Dashboard, available at: www.health.ny.gov/prevention/prevention_agenda/2019-2024/4.

PREVENT CHRONIC DISEASE

Focus Area 1 Healthy Eating and Food Security
Focus Area 2 Physical Activity
Focus Area 3 Tobacco Prevention
Focus Area 4 Chronic Disease Preventative Care and Management

PROMOTE A HEALTHY AND SAFE ENVIRONMENT

Focus Area 1 Injuries, Violence and Occupational Health
Focus Area 2 Outdoor Air Quality
Focus Area 3 Built and Indoor Environments
Focus Area 4 Water Quality
Focus Area 5 Food and Consumer Products

PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDERS

Focus Area 1 Well-Being
Focus Area 2 Mental and Substance Use Disorders Prevention

PROMOTE HEALTHY WOMEN, INFANTS AND CHILDREN

Focus Area 1 Maternal and Women's Health
Focus Area 2 Perinatal and Infant Health
Focus Area 3 Child and Adolescent Health
Focus Area 4 Cross Cutting Healthy Women, Infants, and Children
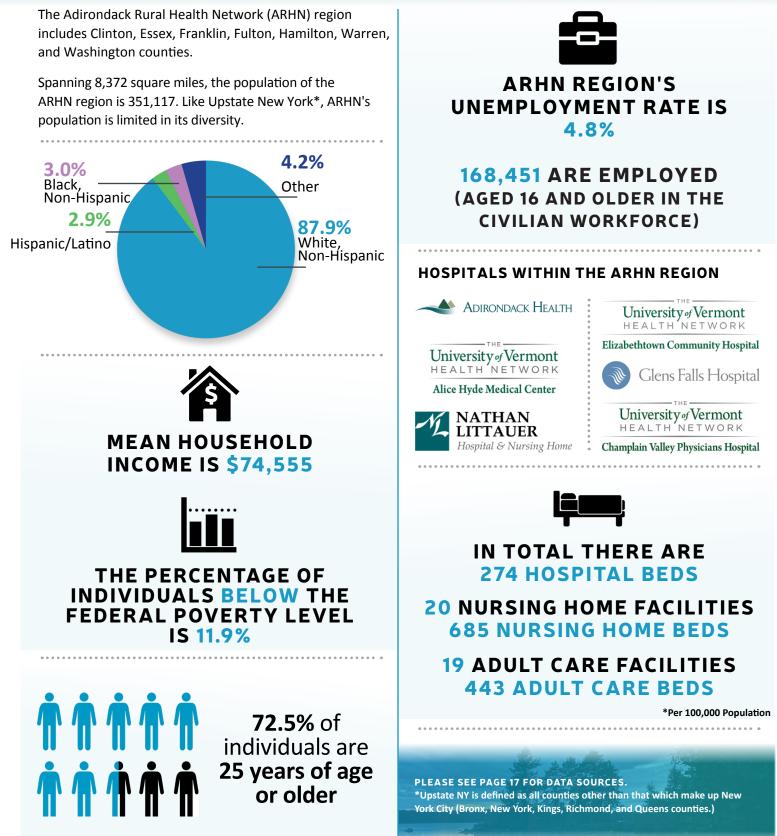
PREVENT COMMUNICABLE DISEASES

Focus Area 1 Vaccine Preventable Diseases
Focus Area 2 Human Immunodeficiency Virus (HIV)
Focus Area 3 Sexually Transmitted Infections (STIs)
Focus Area 4 Hepatitis C Virus (HCV)
Focus Area 5 Antibiotic Resistance and Healthcare-Associated Infections

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II. OVERVIEW FOR ADIRONDACK RURAL HEALTH NETWORK REGION

DATA TRENDS IN THE ARHN REGION

The Adirondack Rural Health Network (ARHN) region includes Clinton, Essex, Franklin, Fulton, Hamilton, Warren, and Washington counties.

Spanning 8,372 square miles, the population of the ARHN region is 351,117. Like Upstate New York*, ARHN's population is limited in its diversity.

3.0% Black, Non-Hispanic
2.9% Hispanic/Latino
4.2% Other
87.9% White, Non-Hispanic

MEAN HOUSEHOLD INCOME IS $74,555

THE PERCENTAGE OF INDIVIDUALS BELOW THE FEDERAL POVERTY LEVEL IS 11.9%

72.5% of individuals are **25 years of age or older**

ARHN REGION'S UNEMPLOYMENT RATE IS 4.8%

168,451 ARE EMPLOYED (AGED 16 AND OLDER IN THE CIVILIAN WORKFORCE)

HOSPITALS WITHIN THE ARHN REGION

ADIRONDACK HEALTH
THE University of Vermont HEALTH NETWORK
University of Vermont HEALTH NETWORK — Alice Hyde Medical Center
Elizabethtown Community Hospital
Glens Falls Hospital
NATHAN LITTAUER Hospital & Nursing Home
THE University of Vermont HEALTH NETWORK — Champlain Valley Physicians Hospital

IN TOTAL THERE ARE 274 HOSPITAL BEDS

20 NURSING HOME FACILITIES 685 NURSING HOME BEDS

19 ADULT CARE FACILITIES 443 ADULT CARE BEDS

*Per 100,000 Population

PLEASE SEE PAGE 17 FOR DATA SOURCES.
*Upstate NY is defined as all counties other than that which make up New York City (Bronx, New York, Kings, Richmond, and Queens counties.)

EDUCATION

The ARHN region has 55 school districts, with a total enrollment of 44,700 students. There are 4,235 public school teachers, making the student teacher ratio 9.8.

47.4% ARE ELIGIBLE FOR FREE AND REDUCED LUNCH

3,085 HIGH SCHOOL GRADUATES

HIGH SCHOOL DROPOUT RATE: 5.3%

ASSET-LIMITED, INCOME-CONSTRAINED, EMPLOYED (ALICE)
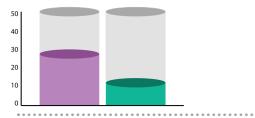
ALICE represents the growing number of families who are unable to afford the basics of housing, childcare, food, transportation, health care, and technology. There are 141,484 households in the ARHN region with 16,926 of those households belonging to individuals over 65 years of age. In total, 56,635 households were designated as either poverty or ALICE.

27.6% ALICE Rate

12.4% Poverty Rate

HEALTH DISPARITIES

93.6% Have health insurance

82.3% Have a regular health care provider

9.6% Did not recieve medical care due to costs

29.2% OF ADULTS 18 YEARS OF AGE AND OLDER ARE LIVING WITH A DISABILITY
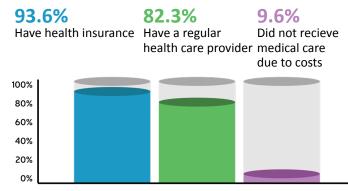
BASED ON THE SIX ADA DISABILITY QUESTIONS

165.2: RATE OF HOSPITALIZATIONS DUE TO FALLS AMONG ADULTS **AGED 65+**

981.2: RATE OF TOTAL HOSPITALIZATIONS

4,694.3: RATE OF ED VISITS

*Per 10,000 Population

HIV, STDs, VACCINE-PREVENTABLE DISEASES, AND HEALTH CARE ASSOCIATED INFECTIONS

Additional efforts can be focused on education around vaccines for preventable disease, with the percentage of 13-year-old adolescents with a complete HPV vaccine series of 25.8%, which is lower than the Prevention Agenda benchmark of 37.4%.

OUTDOOR AIR AND WATER QUALITY AND BUILT ENVIRONMENT

6.0% Percentage of the population with low-income and low access to supermarkets or large grocery stores

26.8% The percentage of residents served by community water systems that have optimally fluoridated water

OBESITY IN CHILDREN AND ADULTS

The percentage of children in elementary school who are either overweight or obese are higher than that of Upstate New York* over five separate indicators. These percentages could be higher due to less accessible recreational and fitness facilities in the region.

ADULT OBESITY

33 ARHN Region

22.5 Upstate New York

17.6 New York State

SMOKE EXPOSURE

THE PERCENTAGE OF ADULTS THAT SMOKE IN THE ARHN REGION (20.8%)

133 REGISTERED TOBACCO VENDORS

WOMEN, INFANTS, AND CHILDREN

The percentage of WIC women breastfeeding for at least six months (24.6%) and the percentage of infants fed any breast milk in delivery hospital (79.8%) performed worse than the Upstate New York* benchmarks (30.6%, 84.2%). The percentages of women receiving WIC in the ARHN region who are either underweight, obese, have gestational weight gain greater than ideal, gestational diabetes or gestational hypertension are all higher than the Upstate New York*

13.5% OF ADULTS HAVE ASTHMA

17.4: RATE OF LIP, ORAL CAVITY, AND PHARYNX CANCER CASES

SUBSTANCE USE AND BEHAVIORAL HEALTH

The percentage of adults in the ARHN region who have reported binge drinking within the past month (16.6%) is higher than the Prevention Agenda Benchmark.

In addition, the rate of alcohol-related crashes (66.4) is higher than Upstate New York* (52.0).

CHRONIC DISEASE

25.9% OF MEDICAID ENROLLEES HAD AT LEAST ONE DENTAL VISIT WITHIN THE YEAR

63.8% OF ADULTS HAD A DENTIST VISIT WITHIN THE PAST YEAR

OTHER FINDINGS
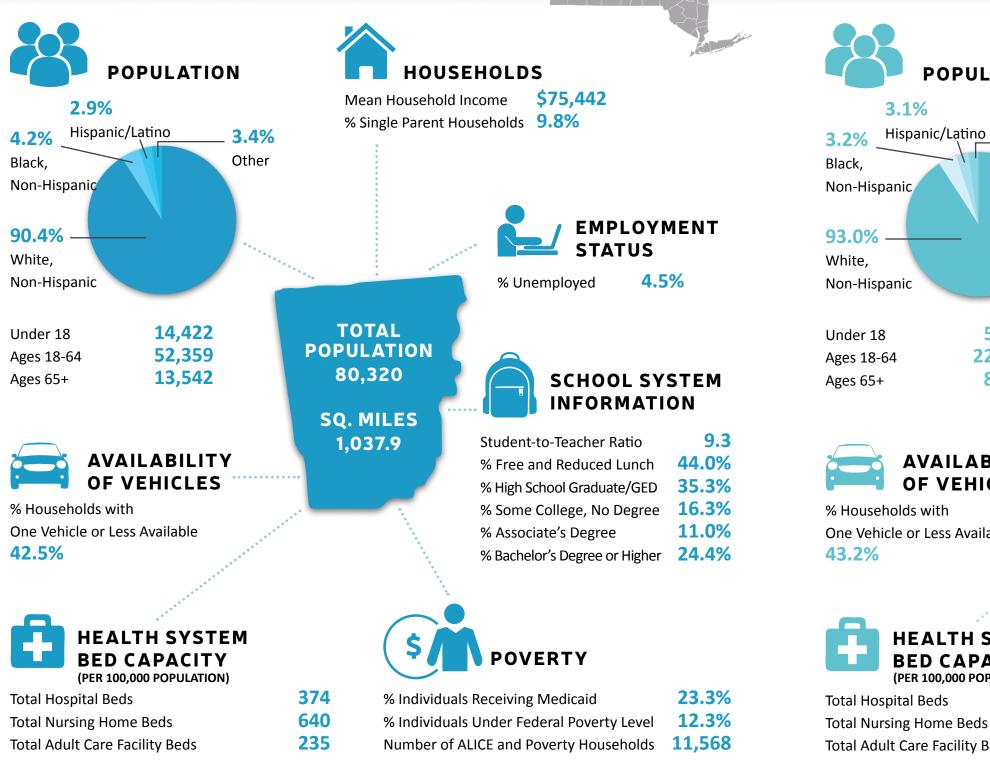
THE RATE OF LYME DISEASE CASES IN THE REGION IS 2.6X HIGHER THAN THE NYS RATE

*Upstate NY is defined as all counties other than that which make up New York City (Bronx, New York, Kings, Richmond, and Queens counties.)

POPULATION

- 2.9% Hispanic/Latino
- 3.4% Other
- 4.2% Black, Non-Hispanic
- 90.4% White, Non-Hispanic

Under 18	14,422
Ages 18-64	52,359
Ages 65+	13,542

TOTAL POPULATION 80,320

SQ. MILES 1,037.9

HOUSEHOLDS

Mean Household Income	$75,442
% Single Parent Households	9.8%

EMPLOYMENT STATUS

% Unemployed	4.5%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	9.3
% Free and Reduced Lunch	44.0%
% High School Graduate/GED	35.3%
% Some College, No Degree	16.3%
% Associate's Degree	11.0%
% Bachelor's Degree or Higher	24.4%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
42.5%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	374
Total Nursing Home Beds	640
Total Adult Care Facility Beds	235

POVERTY

% Individuals Receiving Medicaid	23.3%
% Individuals Under Federal Poverty Level	12.3%
Number of ALICE and Poverty Households	11,568

POPULATION

- 3.1% Hispanic/Latino
- 2.5% Other
- 3.2% Black, Non-Hispanic
- 93.0% White, Non-Hispanic

Under 18	5,995
Ages 18-64	22,537
Ages 65+	8,749

TOTAL POPULATION 38,233

SQ. MILES 1,794.2

HOUSEHOLDS

Mean Household Income	$77,483
% Single Parent Households	10.5%

EMPLOYMENT STATUS

% Unemployed	4.7%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	11.5
% Free and Reduced Lunch	48.0%
% High School Graduate/GED	32.0%
% Some College, No Degree	17.3%
% Associate's Degree	11.4%
% Bachelor's Degree or Higher	29.9%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
43.2%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	67
Total Nursing Home Beds	909
Total Adult Care Facility Beds	1086

POVERTY

% Individuals Receiving Medicaid	27.1%
% Individuals Under Federal Poverty Level	10.1%
Number of ALICE and Poverty Households	5,782

POPULATION

5.6% Black, Non-Hispanic
3.6% Hispanic/Latino
9.8% Other
82.3% White, Non-Hispanic

Under 18	9,748
Ages 18-64	25,071
Ages 65+	8,610

TOTAL POPULATION 50,389

SQ. MILES 1,629.1

HOUSEHOLDS

Mean Household Income	$69,689
% Single Parent Households	10.0%

EMPLOYMENT STATUS

% Unemployed	7.0%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	10.2
% Free and Reduced Lunch	58.0%
% High School Graduate/GED	37.4%
% Some College, No Degree	16.6%
% Associate's Degree	12.9%
% Bachelor's Degree or Higher	20.7%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
42.6%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	339
Total Nursing Home Beds	387
Total Adult Care Facility Beds	179

POVERTY

% Individuals Receiving Medicaid	25.9%
% Individuals Under Federal Poverty Level	17.8%
Number of ALICE and Poverty Households	8,214

POPULATION

3.4% Hispanic/Latino
1.9% Black, Non-Hispanic
4.5% Other
93.0% White, Non-Hispanic

Under 18	10,797
Ages 18-64	32,223
Ages 65+	10,432

TOTAL POPULATION 53,452

SQ. MILES 495.5

HOUSEHOLDS

Mean Household Income	$69,513
% Single Parent Households	11.9%

EMPLOYMENT STATUS

% Unemployed	4.0%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	8.7
Free and Reduced Lunch	54.0%
% High School Graduate/GED	36.5%
% Some College, No Degree	18.6%
% Associate's Degree	15.4%
% Bachelor's Degree or Higher	18.2%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
43.2%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	138
Total Nursing Home Beds	715
Total Adult Care Facility Beds	311

POVERTY

% Individuals Receiving Medicaid	28.5%
% Individuals Under Federal Poverty Level	14.8%
Number of ALICE and Poverty Households	8,988

POPULATION

- 1.7% Hispanic/Latino
- 0.5% Black, Non-Hispanic
- 3.9% Other
- 94.9% White, Non-Hispanic

Under 18	600
Ages 18-64	2,481
Ages 65+	1,373

TOTAL POPULATION 4,454

SQ. MILES 1,717.4

HOUSEHOLDS

Mean Household Income $71,980

EMPLOYMENT STATUS

% Unemployed 2.1%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	20.6
% Free and Reduced Lunch	42.0%
% High School Graduate/GED	28.7%
% Some College, No Degree	17.6%
% Associate's Degree	13.9%
% Bachelor's Degree or Higher	19.9%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
35.1%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	0
Total Nursing Home Beds	0
Total Adult Care Facility Beds	0

POVERTY

% Individuals Receiving Medicaid	24.9%
% Individuals Under Federal Poverty Level	8.6%
Number of ALICE and Poverty Households	630

POPULATION

- 2.7% Hispanic/Latino
- 1.1% Black, Non-Hispanic
- 3.1% Other
- 95.5% White, Non-Hispanic

Under 18	11,640
Ages 18-64	38,228
Ages 65+	14,319

TOTAL POPULATION 64,187

SQ. MILES 867.0

HOUSEHOLDS

Mean Household Income	$85,859
% Single Parent Households	11.8%

EMPLOYMENT STATUS

% Unemployed 4.1%

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	9.7
Free and Reduced Lunch	41.0%
% High School Graduate/GED	29.1%
% Some College, No Degree	18.9%
% Associate's Degree	11.4%
% Bachelor's Degree or Higher	32.3%

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
42.6%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	609
Total Nursing Home Beds	637
Total Adult Care Facility Beds	633

POVERTY

% Individuals Receiving Medicaid	19.7%
% Individuals Under Federal Poverty Level	8.5%
Number of ALICE and Poverty Households	10,984

POPULATION

- 3.0% Black, Non-Hispanic
- 2.8% Hispanic/Latino
- 3.5% Other
- 92.6% White, Non-Hispanic

Under 18	**11,535**
Ages 18-64	**37,864**
Ages 65+	**11,905**

TOTAL POPULATION 61,034

SQ. MILES 831.2

HOUSEHOLDS

Mean Household Income	**$71,922**
% Single Parent Households	**11.8%**

EMPLOYMENT STATUS

% Unemployed **5.6%**

SCHOOL SYSTEM INFORMATION

Student-to-Teacher Ratio	**9.6**
% Free and Reduced Lunch	**44.0%**
% High School Graduate/GED	**39.5%**
% Some College, No Degree	**17.5%**
% Associate's Degree	**10.8%**
% Bachelor's Degree or Higher	**20.2%**

AVAILABILITY OF VEHICLES

% Households with One Vehicle or Less Available
40.2%

HEALTH SYSTEM BED CAPACITY
(PER 100,000 POPULATION)

Total Hospital Beds	**0**
Total Nursing Home Beds	**929**
Total Adult Care Facility Beds	**493**

POVERTY

% Individuals Receiving Medicaid	**26.5%**
% Individuals Under Federal Poverty Level	**10.9%**
Number of ALICE and Poverty Households	**10,469**

III. COMMUNITY STAKEHOLDER SURVEY

SURVEY METHODOLOGY

The 2022 Community Stakeholder Survey was created in November 2021 by the CHA Data Sub-Committee. ARHN facilitated the release of the stakeholder survey in its seven-county service area, to provide the CHA Committee with input on regional health care needs and priorities. Stakeholders included professionals from health care, social services, educational, and governmental institutions, as well as community members. The ARHN region is made up of Clinton, Essex, Franklin, Fulton, Hamilton, Warren, and Washington Counties.

SURVEY LOGISTICS

The survey included 14 community health questions as well as several demographic questions. The CHA Committee provided a list of health care, social service, education, government, and service providers (hereafter referred to as community stakeholders) by county to be surveyed. The collected distribution list totaled 806 community stakeholders.

The survey requested that community stakeholders identify the top two priority areas from a list of five which they believe need to be addressed within their county. Community stakeholders also gave insight on what they felt were the top health concerns and what contributing factors were most influential for those specific health concerns.

SURVEY RESPONSES AND ANALYSIS

A total of 263 responses were received through March 1, 2022, for a total response rate of 32.63%. This report reviews the results through a wide-angle lens, focusing on the Adirondack Rural Health Network (ARHN) service area. The results enable us to guide strategic planning throughout the Adirondack region, for partners who serve individual counties, and those whose footprint covers multiple counties.

RESPONDENTS BY COUNTY		
COUNTY/REGION	**TOTAL RESPONSE COUNT**	**TOTAL RESPONSE PERCENTAGE**
Adirondack/North Country Region	67	25.77%
Clinton	51	19.62%
Essex	90	34.62%
Franklin	62	23.85%
Fulton	44	16.92%
Hamilton	44	16.92%
Warren	67	25.77%
Washington	79	30.38%
Other	52	20.0%

*Figures do not add up to 100% due to multiple counties per organization.

TOP PRIORITY AREA FOR THE ARHN REGION

Survey participants were asked to rank the NYS Prevention Agenda Priority Areas in order of most to least impact. Overall, respondents in the ARHN region identified Promote Well-Being and Prevent Mental and Substance Use Disorders (38.05%) as their top priority, followed by Promote a Healthy and Safe Environment (29.33%).

NYS PREVENTION AGENDA TOP PRIORITY AREA FOR THE ARHN REGION		
COUNTY	**FIRST CHOICE**	**SECOND CHOICE**
ARHN Region	Promote Well-Being and Prevent Mental and Substance Use Disorders	Promote a Healthy and Safe Environment

TOP PRIORITY AREA BY COUNTY

To analyze the chosen priority areas, responses were totaled per county and the priority area that received the most responses is listed as the First Choice, followed by the second most responses listed as Second Choice.

All seven of the ARHN counties identified Promote Well-Being and Prevent Mental and Substance Use Disorders as their top priority. Additionally, Clinton, Franklin, Fulton, Hamilton, and Warren counties identified Prevent Chronic Disease as their second choice while Essex and Washington counties identified Promote a Healthy and Safe Environment as their second choice.

As survey participants were not provided focus areas or goals associated with each priority area, it can be assumed that the answers for these priority areas were slightly swayed due to what partners believe Promote Well-Being and Prevent Mental and Substance Use Disorders represents or what they feel would be listed in that category.

NYS PREVENTION AGENDA TOP PRIORITY AREA BY COUNTY		
COUNTY	**FIRST CHOICE**	**SECOND CHOICE**
CLINTON	Promote Well-Being and Prevent Mental and Substance Use Disorders	Prevent Chronic Disease
ESSEX	Promote Well-Being and Prevent Mental and Substance Use Disorders	Promote Healthy and Safe Environment
FRANKLIN	Promote Well-Being and Prevent Mental and Substance Use Disorders	Prevent Chronic Disease
FULTON	Promote Well-Being and Prevent Mental and Substance Use Disorders	Prevent Chronic Disease
HAMILTON	Promote Well-Being and Prevent Mental and Substance Use Disorders	Prevent Chronic Disease
WARREN	Promote Well-Being and Prevent Mental and Substance Use Disorders	Prevent Chronic Disease
WASHINGTON	Promote Well-Being and Prevent Mental and Substance Use Disorders	Promote a Healthy and Safe Environment

HEALTH CONCERNS IN THE ARHN REGION

Overall, most of the health concerns identified per county aligned with the top five health concerns identified for the ARHN region. Several counties recognized health concerns outside the top five for the ARHN region. Three out of the seven ARHN counties listed Diabetes as a top health concern in their county.

Warren and Washington county respondents felt that Senior Health was a concern in their area, while Franklin and Hamilton counties included Disability as a concern for their counties. Outliers include Fulton County listing Cancers as a top concern in their county.

RESPONSE COUNTS FOR ARHN REGION HEALTH CONCERNS					
ARHN Region Health Concerns	**1 (Highest)**	**2**	**3**	**4**	**5 (Lowest)**
Mental Health Conditions	48	28	32	26	11
Substance Abuse/Alcoholism/Opioid Use	30	29	30	14	16
Child/Adolescent Emotional Health	22	23	17	15	9
Overweight or Obesity	17	8	15	23	17
Adverse Childhood Experiences	16	15	9	11	8
Senior Health	16	5	9	8	13
Cancers	14	12	8	5	5
Diabetes	10	12	10	12	4
Disability	7	4	1	2	7
Infectious Disease	7	2	3	10	7

CONTRIBUTING FACTORS BY COUNTY

The majority of the ARHN counties identified contributing factors that fell in line with the overall ARHN region's top five. Another contributing factor indicated by Clinton and Franklin counties was Poor eating/dietary practices.

TOP FIVE CONTRIBUTING FACTORS BY COUNTY					
COUNTY	**1ST**	**2ND**	**3RD**	**4TH**	**5TH**
CLINTON	Addiction to alcohol/illicit drugs	Poverty	Poor eating/dietary practices	Age of residents	Poor referrals to health care, specialty care, and community-based support services
ESSEX	Changing family structures	Poverty	Addiction to alcohol/illicit drugs	Lack of mental health services	Age of residents
FRANKLIN	Addiction to alcohol/illicit drugs	Poverty	Lack of mental health services	Changing family structures	Poor eating/dietary practices
FULTON	Poverty	Addiction to alcohol/illicit drugs	Lack of mental health services	Changing family structures	Age of residents
HAMILTON	Addiction to alcohol/illicit drugs	Age of residents	Lack of mental heatlh services	Changing family structures	Addiction to nicotine
WARREN	Lack of mental health services	Changing family strucures	Poverty	Addiction to alcohol/illicit drugs	Lack of chronic disease screening, treatment, and self management services
WASHINGTON	Lack of mental health services	Changing family structures	Poverty	Age of residents	Addiction to alcohol/illicit drugs

IV. COMMUNITY HEALTH ASSESSMENT DATA METHODS AND PROCESS

Methods and Process

The overall goal of collecting and providing this data to the CHA Committee was to provide a comprehensive picture of the individual counties and overview of population health within the ARHN region, as well as Montgomery and Saratoga counties. The process of identifying the important health status and care needs of the residents of the ARHN region involved quantitative and qualitative data collection and analysis. ARHN was tasked to collect data from a variety of sources to assist in developing individual county community needs assessments.

As part of the community health planning and assessment process, the CHA Committee identified 222 data indicators to provide an overview of population health as compared to the ARHN region, Upstate New York, and New York State.

Data Sources

The information contained in this publication is comprised of a blending of multiple data sources, including:

DEMOGRAPHIC, HEALTH SYSTEMS, EDUCATION AND ALICE PROFILE DATA SOURCES:

- ALICE Threshold, 2018
- American Community Survey, 2018
- Centers for Medicaid and Medicare Services, Medicaid Per Capita Expenditures Overview, 2019
- National Center for Education Statistics, 2020-2021
- National Center for Education Statistics, public school district data for the 2019-2020, 2020-2021 school years
- NYS County Health Rankings, 2018
- NYS Department of Health, Adult Care Facility Directory, 2022
- NYS Department of Health, Nursing Home Weekly Bed Census, 2022
- NYS Department of Health, NYS Health Profiles
- NYS Education Department, License Statistics, 2021
- NYS Education Department; 3-8 ELA Assessment Database 2019-2020 NYS Expanded Behavioral Risk Factor Surveillance System
- NYS Education Department; 3-8 ELA Assessment Database 2019-2020
- United for ALICE, 2018
- US Census Bureau, 2020 American Community Survey 5-year Estimates State and County Indicators for Tracking Public Health Priority Areas
- US Census Bureau, Quick Facts, 2010
- US Department of Agriculture, Farm Overview, 2017

OTHER SOURCES:

- Community Health Indicator Reports (CHIRs)
- Department of Health, Wadsworth Center
- Division of Criminal Justice Services Index, Property, and Firearm Rates
- NYS Behavioral Risk Factor Surveillance System (BRFSS) Health Indicators
- NYS Department of Health Hospital Report on Hospital Acquired Infections
- NYS Department of Health Tobacco Enforcement Compliance Results
- NYS Department of Health, Asthma Dashboard
- NYS Traffic Safety Statistical Repository
- Prevention Agenda Dashboard
- State and County Indicators for Tracking Public Health Priority Areas
- Student Weight Status Category Reporting System (SWSCRS) Data
- USDA Economic Research Service Fitness Facilities Data
- USDA Food Environment Atlas

ALICE is a United Way acronym that stands for Asset Limited, Income Constrained, Employed.

Adirondack Rural Health Network / Summary of ALICE Information	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington	ARHN**	Upstate NYS*	New York State
Total Households	31,392	15,425	19,088	22,439	1,124	19,665	94,156	28,007	24,009	141,484	4,185,726	7,370,222
ALICE Households over 65 years of age	3,209	2,109	2,055	2,911	158	2,792	10,254	3,613	2,871	16,926	476,148	816,702
ALICE Households by Race/Ethnicity												
Asian	102	0	0	5	0	59	326	76	0	183	29,940	192,069
Black	63	0	19	41	0	166	397	119	37	279	125,803	456,100
Hispanic	67	33	42	185	0	711	454	196	89	612	130,972	513,372
American Indian/Alaska Native	29	0	298	0	0	0	17	0	0	327	5,051	11,770
White	7,753	4,187	4,768	6,047	520	5,647	24,511	8,312	7,738	39,325	886,364	1,251,617
2+ races	61	43	43	52	0	65	256	70	57	326	21,622	62,524
Poverty %	12.3%	9.7%	17.7%	14.0%	9.9%	17.2%	6.4%	9.5%	12.0%	12.4%	11.0%	13.7%
ALICE %	24.6%	27.8%	25.4%	26.0%	46.2%	30.4%	26.8%	29.7%	31.6%	27.6%	27.1%	31.0%
Above ALICE %	63.1%	62.5%	57.0%	59.9%	44.0%	52.4%	66.9%	60.8%	56.4%	60.0%	61.9%	55.3%
# of ALICE and Poverty Households	11,568	5,782	8,214	8,988	630	9,357	31,199	10,984	10,469	56,635	1,593,472	3,291,828
Unemployment Rate	3.8%	5.8%	7.1%	6.1%	8.0%	7.7%	3.6%	4.7%	5.7%	5.9%	N/A	5%
Percent of Residents with Health Insurance	95%	96%	93%	95%	94%	95%	96%	95%	95%	94.7%	N/A	6%
Median Household Income	$56,704	$56,196	$51,696	$50,248	$57,552	$45,837	$83,765	$56,482	$54,114	$54,713	N/A	$67,844

(1) American Community Survey, 2018
(2) ALICE Threshold, 2018
(3) United for Alice, 2018
(4) NYS County Health Rankings, 2018
*Upstate NYS = NYS Total Less NYC; NYC includes NY, Kings, Bronx, Richmond, Queens Counties
**ARHN region reflects an average of ARHN counties

Appendix B: Demographic Profile 1

Adirondack Rural Health Network	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington	ARHN Region	Upstate NYS*	New York City	New York State
Summary of Demographic Information													
Square Miles 1,2													
Total Square Miles	1,037.9	1,794.2	1,629.1	495.5	1,717.4	403.0	810.0	867.0	831.2	8,372.2	46,823.75	302.65	47,126.4
Total Square Miles for Farms	252.5	90.0	219.9	34.7	1.5	179.7	111.9	15.8	289.5	903.8	10,727.98	0.42	10,728.40
Percent of Total Square Miles Farms	24.3%	5.0%	13.5%	7.0%	0.1%	44.6%	13.8%	1.8%	34.8%	10.8%	0.23	0.1%	22.8%
Population per Square Mile	77.4	20.8	30.9	107.9	2.6	122.3	283.1	74.0	73.4	41.9	237.8	27687.3	414.1
Population 3													
Total Population	80,320	37,281	50,389	53,452	4,454	49,294	229,313	64,187	61,034	351,117	11,135,297	8,379,552	19,514,849
Percent White, Non-Hispanic	90.4%	93.0%	82.3%	93.0%	94.9%	86.5%	92.1%	95.5%	92.6%	87.9%	79.8%	41.4%	62.3%
Percent Black, Non-Hispanic	4.2%	3.2%	5.6%	1.9%	0.5%	2.8%	1.7%	1.1%	3.0%	3.0%	10.1%	23.8%	15.4%
Percent Hispanic/Latino	2.9%	3.1%	3.6%	3.4%	1.7%	14.7%	3.3%	2.7%	2.8%	2.9%	13.0%	28.8%	19.1%
Percent Asian/Pacific Islander, Non-Hispanic	1.2%	0.4%	1.2%	0.8%	0.0%	0.7%	2.9%	0.9%	0.6%	0.8%	4.9%	14.3%	8.6%
Percent Alaskan Native/American Indian	0.2%	0.2%	6.2%	0.4%	0.0%	0.2%	0.2%	0.2%	0.3%	1.1%	0.4%	0.4%	0.4%
Percent Multi-Race/Other	2.2%	1.9%	2.4%	3.3%	3.9%	3.8%	2.6%	2.0%	2.6%	2.3%	4.3%	5.6%	4.7%
Number Ages 0-4	3,775	1,506	2,405	2,750	135	3,114	11,481	2,829	2,868	16,268	605,910	534,759	1,140,669
Number Ages 5-14	8,142	3,260	5,622	6,104	342	6,147	25,765	6,635	6,625	36,730	1,302,649	934,646	2,237,295
Number Ages 15-17	2,502	1,229	1,721	1,943	123	2,048	8,525	2,176	2,042	11,736	425,114	268,064	693,178
Number Ages 18-64	52,359	22,537	25,071	32,223	2,481	28,798	141,996	38,228	37,864	210,763	6,832,435	5,389,570	12,222,005
Number Ages 65+	13,542	8,749	8,610	10,432	1,373	9,187	41,546	14,319	11,905	68,930	1,969,189	1,252,513	3,221,702
Number Ages 15-44 Female	15,026	5,401	7,825	9,016	526	8,702	40,725	10,485	9,787	58,066	579,669	3,317,146	3,896,815
Family Status 3													
Number of Households	31,557	16,182	18,880	22,406	1,416	19,621	95,898	29,034	24,054	143,529	4,222,533	3,191,691	7,414,224
Percent Families Single Parent Households	9.8%	10.5%	10.0%	11.9%	N/A	11.4%	8.6%	11.8%	11.8%	11.0%	N/A	6.2%	7.3%
Percent Households with Grandparents as Parents	9.1%	24.8%	9.0%	12.8%	3.6%	8.6%	19.8%	14.1%	7.2%	11.5%	7.2%	18.9%	18.2%
Poverty 3,4													
Mean Household Income	$75,442	$77,483	$69,689	$69,513	$71,980	$67,109	$108,479	$85,859	$71,922	$74,555	$97,962	$104,788	$105,304
Per Capita Income	$29,960	$33,906	$26,886	$29,984	$28,758	$27,346	$45,624	$38,740	$29,014	$31,035	$33,208	$41,907	$40,898
Percent of Individuals Under Federal Poverty Level	12.3%	10.1%	17.8%	14.8%	8.6%	17.8%	5.9%	8.5%	10.9%	11.9%	12.5%	16.8%	13.6%
Percent of Individuals Receiving Medicaid	23.3%	27.1%	25.9%	28.5%	24.9%	30.4%	12.9%	19.7%	26.5%	24.2%	20.2%	32.9%	25.7%
Per Capita Medicaid Expenditures	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9,762
Immigrant Status 3													
Percent Born in American Territories	95.4%	95.8%	96.8%	98.1%	98.2%	96.5%	94.0%	96.1%	97.5%	96.6%	87.5%	61.3%	76.3%
Percent Born in Other Countries	4.6%	4.2%	3.2%	1.9%	1.8%	3.5%	6.0%	3.9%	2.5%	3.4%	12.5%	38.7%	23.7%
Percent Speak a Language Other Than English at Home	5.9%	6.2%	8.0%	2.5%	3.0%	13.8%	6.8%	4.1%	5.0%	5.2%	17.2%	48.0%	30.3%
Housing 3													
Total Housing Units	36,723	26,390	25,835	29,148	8,964	23,529	107,192	40,119	29,562	196,741	4,843,376	3,519,595	8,362,971
Percent Housing Units Occupied	85.9%	61.3%	73.1%	76.9%	15.8%	83.4%	89.5%	72.4%	81.4%	73.0%	87.2%	90.7%	88.7%
Percent Housing Units Owner Occupied	67.9%	76.4%	72.1%	69.7%	85.3%	67.5%	72.1%	70.7%	72.7%	71.9%	61.2%	29.8%	54.1%
Percent Housing Units Renter Occupied	32.1%	23.6%	27.9%	30.3%	14.7%	32.5%	27.9%	29.3%	27.3%	28.1%	26.0%	60.9%	45.9%
Percent Built Before 1970	46.2%	53.3%	56.2%	65.0%	52.4%	70.6%	34.1%	45.5%	58.0%	53.2%	60.6%	75.4%	66.8%
Percent Built Between 1970 and 1979	13.5%	12.6%	10.9%	10.8%	13.4%	7.6%	13.5%	11.7%	9.4%	11.7%	12%	7.0%	9.9%
Percent Built Between 1980 and 1989	14.0%	10.5%	12.5%	9.7%	10.2%	8.6%	14.4%	13.9%	10.6%	12.0%	9.6%	4.8%	7.6%
Percent Built Between 1990 and 1999	13.8%	9.2%	11.0%	6.7%	12.7%	7.2%	14.4%	11.1%	9.6%	10.5%	8.1%	3.9%	6.3%
Percent Built 2000 and Later	12.5%	14.4%	9.5%	7.9%	11.2%	6.0%	23.7%	17.9%	12.4%	12.7%	9.7%	8.9%	9.4%
Availability of Vehicles 3													
Percent of Households with No Vehicles Available	9.4%	8.4%	10.3%	10.2%	3.0%	13.4%	4.4%	8.8%	9.3%	9.3%	9.5%	54.8%	29.0%
Percent of Households with One Vehicle Available	33.1%	34.8%	32.3%	33.0%	32.1%	34.9%	31.7%	33.8%	30.9%	32.9%	33.2%	31.6%	32.5%
Percent of Households with Two Vehicles Available	38.6%	40.2%	41.1%	38.0%	48.0%	33.7%	44.0%	39.7%	38.5%	39.3%	37.9%	10.3%	26.0%
Percent of Households with Three or More Vehicles Available	19.0%	16.5%	16.2%	18.7%	16.9%	18.0%	19.9%	17.8%	21.4%	18.5%	19.4%	3.2%	12.5%
Education 3													
Total Population Ages 25 and Older	55,208	28,740	35,561	38,599	3,485	34,193	164,817	48,041	44,788	254,422	7,715,731	5,933,426	13,649,157
Percent with Less than High School Education	11.4%	10.3%	12.9%	12.1%	19.8%	13.3%	6.6%	8.4%	12.8%	11.4%	9.4%	16.7%	12.5%

N/A - Data not available

(1) 2010 Census Estimate; Census Quick Stats

(2) USDA Farm Overview; 2017

(3) US Census Bureau, 2020 American Community Survey 5-year Estimates

(4) Centers for Medicaid and Medicare Services; 2019

*Upstate NYS = NYS Total Less NYC; NYC includes NY, Kings, Bronx, Richmond, Queens Counties

Appendix B: Demographic Profile 2

Adirondack Rural Health Network	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington	ARHN Region	Upstate NYS*	New York City	New York State
Summary of Demographic Information													
Square Miles 1,2													
Percent High School Graduate/GED	35.3%	32.0%	37.4%	36.5%	28.7%	34.8%	24.3%	29.1%	39.5%	34.9%	27.1%	23.7%	25.6%
Percent Some College, no degree	16.3%	17.3%	16.6%	18.6%	17.6%	21.1%	15.9%	18.9%	17.5%	17.5%	16.9%	13.6%	15.5%
Percent Associates Degree	11.0%	11.4%	12.9%	15.4%	13.9%	13.0%	11.6%	11.4%	10.8%	12.1%	10.7%	6.4%	8.9%
Percent Bachelor's Degree	13.5%	16.6%	10.6%	9.8%	10.0%	10.6%	23.2%	17.2%	11.6%	13.2%	19.6%	22.6%	20.9%
Percent Graduate or Professional Degree	10.9%	13.3%	10.1%	8.4%	9.9%	8.0%	18.8%	15.1%	8.6%	11.1%	16.5%	16.5%	16.5%
Employment Status 3													
Total Population Ages 16 and Older	67,495	32,128	41,941	43,871	3,922	39,368	189,434	54,190	51,155	294,702	9,087,149	6,821,791	15,908,940
Total Population Ages 16 and Older in Armed Forces	80	7	5	27	3	42	1,342	112	46	280	20,858	2,654	23,512
Total Population Ages 16 and Older in Civilian Workforce	38,029	17,794	21,195	25,913	2,088	23,651	125,915	33,622	29,810	168,451	5,681,725	4,327,484	10,009,209
Percent Unemployed	4.5%	4.7%	7.0%	4.0%	2.1%	6.0%	3.2%	4.1%	5.6%	4.8%	3.0%	4.2%	5.7%
Employment Sector 3													
Total Employed (Civilian Employed Pop)	36,323	16,952	19,721	24,881	2,044	22,235	121,132	32,257	28,146	160,324	5,398,633	4,040,006	9,438,639
Percent in Agriculture, Forestry, Fishing, Hunting, and Mining	2.0%	2.7%	3.6%	1.5%	5.6%	2.2%	0.8%	0.6%	3.8%	2.3%	0.9%	0.1%	0.6%
Percent in Construction	5.4%	8.4%	6.0%	6.5%	13.7%	6.6%	5.8%	7.2%	7.7%	6.8%	5.9%	5.1%	5.7%
Percent in Manufacturing	12.5%	9.6%	3.8%	11.2%	3.2%	15.1%	10.8%	7.8%	13.7%	10.1%	7.7%	3.1%	6.0%
Percent in Wholesale Trade	1.8%	0.5%	0.9%	1.9%	1.8%	2.2%	2.5%	1.8%	1.4%	1.5%	2.3%	1.9%	2.2%
Percent in Retail Trade	13.4%	9.1%	13.5%	13.3%	6.2%	10.7%	10.2%	12.0%	15.0%	12.8%	10.2%	8.9%	9.9%
Percent in Transportation, Warehousing, Utilities	5.8%	3.2%	4.2%	5.7%	10.0%	7.1%	3.9%	3.7%	4.3%	4.7%	4.6%	6.6%	5.5%
Percent in Information Services	1.4%	2.1%	1.2%	1.5%	1.3%	1.6%	1.5%	0.8%	1.1%	1.3%	2.0%	3.8%	2.8%
Percent in Finance/Insurance/Real Estate	2.4%	4.3%	2.3%	3.9%	6.4%	4.2%	6.8%	5.3%	3.9%	3.7%	6.8%	9.5%	8.1%
Percent in Other Professional Occupations	5.5%	6.7%	6.2%	7.4%	7.3%	6.4%	11.7%	8.4%	8.0%	7.0%	10.4%	14.2%	12.2%
Percent in Education, Health Care and Social Assistance	26.6%	28.2%	31.3%	28.5%	21.4%	25.8%	25.5%	28.3%	23.2%	27.3%	27.6%	27.5%	28.3%
Percent in Arts, Entertainment, Recreation, Hotel & Food Service	9.5%	13.9%	9.3%	6.9%	10.6%	5.8%	9.0%	11.7%	8.1%	9.7%	7.8%	10.2%	9.0%
Percent in Other Services	4.9%	6.0%	4.2%	5.6%	3.7%	6.0%	4.5%	4.9%	3.7%	4.8%	4.3%	5.2%	4.8%
Percent in Public Administration	8.8%	5.3%	13.7%	6.2%	8.8%	6.4%	7.1%	7.6%	6.2%	7.9%	5.2%	3.9%	4.8%

Adirondack Rural Health Network
Summary of Education System Information

School System Information 1,2,3,4

Summary of Education System Information	County									ARHN Region	Upstate NYS*	New York State
	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington			
Total Number of Public School Districts	8	10	7	6	4	5	12	9	11	55	439	731
Total Pre-K Enrollment	367	164	269	220	18	145	319	44	217	1,299	41,126	112,797
Total K-12 Enrollment	10,314	3,423	6,717	6,802	379	6,985	31,780	8,058	7,708	43,401	1,531,010	2,512,973
Number of Students Eligible for Free Lunch	4,113	1,433	3,506	3,398	137	4,055	7,313	3,092	3,177	18,856	625,885	1,343,837
Number of Students Eligible for Reduced Lunch	393	216	397	273	24	191	724	223	188	1,714	53,943	87,949
Percent Free and Reduced Lunch	44%	48%	58%	54%	42%	61%	25%	41%	44%	47%	44%	57%
Number English Proficiency	1,317	608	596	1,041	76	900	7,063	1,616	1,284	6,538	228,804	447,858
Percent with English Proficiency	37.0%	41.0%	25.0%	34.0%	44.0%	30.0%	56.0%	47.0%	39.0%	37.5%	42.6%	45.0%
Total Number of Graduates	724	263	435	490	30	533	2,510	603	540	3,085	114,153	179,195
Number Went to GED Transfer Program	0	0	0	0	0	0	7	17	6	23	584	1,187
Number Dropped Out of High School	60	12	21	57	0	34	101	38	44	232	4,969	8,699
Percent Dropped Out of High School	7.0%	4.0%	4.0%	10.0%	0.0%	6.0%	4.0%	5.0%	7.0%	5.3%	7.3%	4.0%
Total Number of Public School Teachers	963.5	393.8	687.1	593.9	78.0	553.4	2,631.7	781.9	736.9	4,235.1	136,911	212,296
Student to Teacher Ratio	9.3	11.5	10.2	8.7	20.6	7.9	8.3	9.7	9.6	9.8	8.9	8.4

(1) National Center for Education Statistics, 2020-2021

(2) NYS Education Department; Report Card Database 2019-2020

(3) NYS Education Department; Report Card Database 2020-2021

(4) NYS Education Department; 3-8 ELA Assessment Database 2019-2020

Upstate NYS = NYS Total Less NYC; NYC includes NY, Kings, Bronx, Richmond, Queens Counties

Adirondack Rural Health Network
Summary of Education System Information
School Districts by County 1

Clinton
AUSABLE VALLEY CENTRAL SCHOOL DISTRICT
BEEKMANTOWN CENTRAL SCHOOL DISTRICT
CHAZY UNION FREE SCHOOL DISTRICT
NORTHEASTERN CLINTON CENTRAL SCHOOL DISTRICT
NORTHERN ADIRONDACK CENTRAL SCHOOL DISTRICT
PERU CENTRAL SCHOOL DISTRICT
PLATTSBURGH CITY SCHOOL DISTRICT
SARANAC CENTRAL SCHOOL DISTRICT

Essex
BOQUET VALLEY CSD*
CROWN POINT CENTRAL SCHOOL DISTRICT
KEENE CENTRAL SCHOOL DISTRICT
LAKE PLACID CENTRAL SCHOOL DISTRICT
MINERVA CENTRAL SCHOOL DISTRICT
MORIAH CENTRAL SCHOOL DISTRICT
NEWCOMB CENTRAL SCHOOL DISTRICT
SCHROON LAKE CENTRAL SCHOOL DISTRICT
TICONDEROGA CENTRAL SCHOOL DISTRICT
WILLSBORO CENTRAL SCHOOL DISTRICT

Montgomery
AMSTERDAM CITY SCHOOL DISTRICT
CANAJOHARIE CENTRAL SCHOOL DISTRICT
FONDA-FULTONVILLE CENTRAL SCHOOL DISTRICT
FORT PLAIN CENTRAL SCHOOL DISTRICT
OPPENHEIM-EPHRATAH-ST. JOHNSVILLE CSD

Saratoga
BALLSTON SPA CENTRAL SCHOOL DISTRICT
BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOL DISTRICT
CORINTH CENTRAL SCHOOL DISTRICT
EDINBURG COMMON SCHOOL DISTRICT
GALWAY CENTRAL SCHOOL DISTRICT
MECHANICVILLE CITY SCHOOL DISTRICT
SARATOGA SPRINGS CITY SCHOOL DISTRICT
SCHUYLERVILLE CENTRAL SCHOOL DISTRICT
SHENENDEHOWA CENTRAL SCHOOL DISTRICT
SOUTH GLENS FALLS CENTRAL SCHOOL DISTRICT
STILLWATER CENTRAL SCHOOL DISTRICT
WATERFORD-HALFMOON UNION FREE SCHOOL DISTRICT

Franklin
BRUSHTON-MOIRA CENTRAL SCHOOL DISTRICT
CHATEAUGAY CENTRAL SCHOOL DISTRICT
MALONE CENTRAL SCHOOL DISTRICT
SAINT REGIS FALLS CENTRAL SCHOOL DISTRICT
SALMON RIVER CENTRAL SCHOOL DISTRICT
SARANAC LAKE CENTRAL SCHOOL DISTRICT
TUPPER LAKE CENTRAL SCHOOL DISTRICT

Fulton
BROADALBIN-PERTH CENTRAL SCHOOL DISTRICT
GLOVERSVILLE CITY SCHOOL DISTRICT
JOHNSTOWN CITY SCHOOL DISTRICT
MAYFIELD CENTRAL SCHOOL DISTRICT
NORTHVILLE CENTRAL SCHOOL DISTRICT
WHEELERVILLE UNION FREE SCHOOL DISTRICT

Hamilton
INDIAN LAKE CENTRAL SCHOOL DISTRICT
LAKE PLEASANT CENTRAL SCHOOL DISTRICT
LONG LAKE CENTRAL SCHOOL DISTRICT
WELLS CENTRAL SCHOOL DISTRICT

Warren
BOLTON CENTRAL SCHOOL DISTRICT
GLENS FALLS CITY SCHOOL DISTRICT
GLENS FALLS COMMON SCHOOL DISTRICT
HADLEY-LUZERNE CENTRAL SCHOOL DISTRICT
JOHNSBURG CENTRAL SCHOOL DISTRICT
LAKE GEORGE CENTRAL SCHOOL DISTRICT
NORTH WARREN CENTRAL SCHOOL DISTRICT
QUEENSBURY UNION FREE SCHOOL DISTRICT
WARRENSBURG CENTRAL SCHOOL DISTRICT

Washington
ARGYLE CENTRAL SCHOOL DISTRICT
CAMBRIDGE CENTRAL SCHOOL DISTRICT
FORT ANN CENTRAL SCHOOL DISTRICT
FORT EDWARD UNION FREE SCHOOL DISTRICT
GRANVILLE CENTRAL SCHOOL DISTRICT
GREENWICH CENTRAL SCHOOL DISTRICT
HARTFORD CENTRAL SCHOOL DISTRICT
HUDSON FALLS CENTRAL SCHOOL DISTRICT
PUTNAM CENTRAL SCHOOL DISTRICT
SALEM CENTRAL SCHOOL DISTRICT
WHITEHALL CENTRAL SCHOOL DISTRICT

(1) National Center for Education Statistics, public school district data for the 2020-2021 school years

* BOQUET VALLEY CSD was formed when Elizabethtown-Lewis CSD and Westport CSD merged in December 2018

Hamilton County Inlet School- no longer a public school, tuition only

Adirondack Rural Health Network — Summary of Health Systems Information	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington	ARHN Region	Upstate NYS*	New York State
Population, 2020 ACS 5-Year Estimates 1	80,320	37,281	50,389	53,452	4,454	49,294	229,313	64,187	61,034	351,117	11,135,297	19,514,849
Total Hospital Beds 2												
Hospital Beds per 100,000 Population	374	67	339	138	0	264	75	609	0	274	N/A	N/A
Medical/Surgical Beds	214	0	129	47	0	70	115	300	0	690	N/A	N/A
Intensive Care Beds	14	0	14	8	0	5	12	12	0	48	N/A	N/A
Coronary Care Beds	7	0	0	0	0	3	7	12	0	19	N/A	N/A
Pediatric Beds	10	0	3	12	0	0	7	14	0	39	N/A	N/A
Maternity Beds	21	0	13	7	0	8	14	23	0	64	N/A	N/A
Physical Medicine and Rehabilitation Beds	0	0	0	0	0	24	0	0	0	0	N/A	N/A
Psychiatric Beds	34	0	12	0	0	20	16	30	0	76	N/A	N/A
Other Beds	0	25	0	0	0	0	0	0	0	25	N/A	N/A
Hospital Beds Per Facility 2												
Adirondack Medical Center-Lake Placid Site	-	-	-	-	-	-	-	-	-	-	-	-
Adirondack Medical Center-Saranac Lake Site	-	-	95	-	-	-	-	-	-	-	-	-
Alice Hyde Medical Center	-	-	76	-	-	-	-	-	-	-	-	-
Champlain Valley Physicians Hospital Medical Center	300	-	-	-	-	-	-	-	-	-	-	-
Elizabethtown Community Hospital	-	25	-	-	-	-	-	-	-	-	-	-
Glens Falls Hospital	-	-	-	-	-	-	-	391	-	-	-	-
Nathan Littauer Hospital	-	-	-	74	-	-	-	-	-	-	-	-
Saratoga Hospital	-	-	-	-	-	-	171	-	-	-	-	-
St. Mary's Healthcare	-	-	-	-	-	120	-	-	-	-	-	-
St. Mary's Healthcare-Amsterdam Memorial Campus	-	-	-	-	-	10	-	-	-	-	-	-
Total Nursing Home Beds 3												
Nursing Home Beds per 100,000 Population	640	909	387	715	0	1274	201	637	929	685	672	614
Nursing Home Beds per Facility 3												
Alice Hyde Medical Center	-	-	135	-	-	-	-	-	-	-	-	-
Capstone Center for Rehabilitation and Nursing	34	-	-	-	-	-	-	-	-	-	-	-
Champlain Valley Physicians Hospital Medical Center SNF	80	-	-	-	-	-	-	-	-	-	-	-
Clinton County Nursing Home	80	-	-	-	-	-	-	-	-	-	-	-
Elderwood at North Creek	-	-	-	-	-	-	-	92	-	-	-	-
Elderwood at Ticonderoga	-	83	-	-	-	-	-	-	-	-	-	-
Elderwood of Uihlein at Lake Placid	-	156	-	-	-	-	-	-	-	-	-	-
Essex Center for Rehabilitation and Healthcare	-	100	-	-	-	-	-	-	-	-	-	-
Fort Hudson Nursing Center, Inc.	-	-	-	-	-	-	-	-	211	-	-	-
Fulton Center for Rehabilitation and Healthcare	-	-	-	176	-	-	-	-	-	-	-	-
Glens Falls Center for Rehabilitation and Nursing	-	-	-	-	-	-	-	117	-	-	-	-
Granville Center for Rehabilitation and Nursing	-	-	-	-	-	-	-	-	122	-	-	-
Meadowbrook Healthcare	287	-	-	-	-	-	-	-	-	-	-	-
Mercy Living Center	-	-	60	-	-	-	-	-	-	-	-	-
Nathan Littauer Hospital Nursing Home	-	-	-	84	-	-	-	-	-	-	-	-
Palatine Nursing Home	-	-	-	-	-	70	-	-	-	-	-	-
Plattsburgh Rehabilitation and Nursing Center	113	-	-	-	-	-	-	-	-	-	-	-
River Ridge Living Center	-	-	-	-	-	120	-	-	-	-	-	-
Seton Health at Schuyler Ridge Residential Healthcare	-	-	-	-	-	-	120	-	-	-	-	-
Slate Valley Center for Rehabilitation and Nursing	-	-	-	-	-	-	-	-	88	-	-	-
St Johnsville Rehabilitation and Nursing Center	-	-	-	-	-	120	-	-	-	-	-	-
The Pines at Glens Falls Center for Nursing & Rehabilitation	-	-	-	-	-	-	-	120	-	-	-	-
Total Physician 5												
Total Physician per 100,000 population	273	134	159	112	157	156	259	391	48	198	393	399
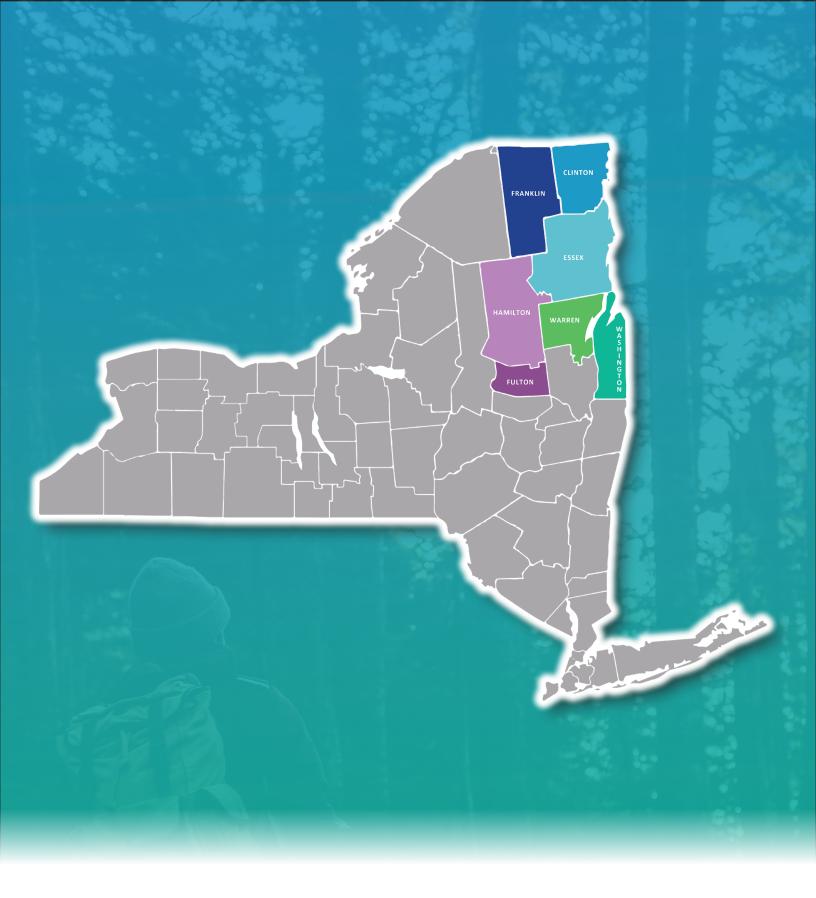
	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington	ARHN Region	Upstate NYS*	New York State
Warren Center for Rehabilitation and Nursing	-	-	-	-	-	-	-	80	-	-	-	-
Washington Center for Rehabilitation and Healthcare	-	-	-	-	-	-	-	-	146	-	-	-
Wells Nursing Home Inc	-	-	-	122	-	-	-	-	-	-	-	-
Wesley Health Care Center Inc	-	-	-	-	-	-	342	-	-	-	-	-
Wilkinson Residential Health Care Facility	-	-	-	-	-	198	-	-	-	-	-	-
Total Adult Care Facility Beds 4												
Adult Care Facility Beds per 100,000 Population	235	1086	179	311	0	1024	521	633	493	443	735	534
Total Adult Home Beds	150	194	60	114	0	294	483	248	152	918	39921	51893
Total Assisted Living Program Beds	39	30	30	52	0	169	0	54	75	280	8882	14123
Total Assisted Living Residence (ALR) Beds	0	131	0	0	0	21	401	52	50	233	19237	21885
Total Enhanced ALR Beds	0	29	0	0	0	21	252	52	14	95	8787	10520
Special Needs ALR Beds	0	21	0	0	0	58	0	10	-	31	5063	5767
(3) US Census Bureau, 2020 American Community Survey 5-year Estimates												
(4) Centers for Medicaid and Medicare Services; 2019												
Adult Home Beds by Total Capacity per Facility 4												
Adirondack Manor HFA D.B.A Adirondack Manor HFA ALP	-	-	-	-	-	-	-	-	-	-	-	-
Adirondack Manor HFA D.B.A Montcalm Manor HFA	-	40	-	-	-	-	-	-	-	-	-	-
Ahana House	-	-	-	-	-	-	-	60	-	-	-	-
Alice Hyde Assisted Living Program	-	-	30	-	-	-	17	-	-	-	-	-
Argyle Center for Independent Living	-	-	-	-	-	-	-	-	35	-	-	-
Arkell Hall	-	-	-	-	-	24	-	-	-	-	-	-
Beacon Pointe Memory Care Community	-	-	-	-	-	-	52	-	-	-	-	-
Champlain Valley Senior Community	-	81	-	-	-	-	-	-	-	-	-	-
Countryside Adult Home	-	-	-	-	-	-	-	88	-	-	-	-
Elderwood Village at Ticonderoga	-	23	-	-	-	-	-	-	-	-	-	-
Hillcrest Spring Residential	-	-	-	-	-	150	-	-	-	-	-	-
Holbrook Adult Home	-	-	-	-	-	80	-	-	33	-	-	-
Home of the Good Shepherd at Highpointe	-	-	-	-	-	-	86	-	-	-	-	-
Home of the Good Shepherd	-	-	-	-	-	-	42	48	-	-	-	-
Home of the Good Shepherd Moreau	-	-	-	-	-	-	72	-	-	-	-	-
Home of the Good Shepherd Saratoga	-	-	-	-	-	-	105	-	-	-	-	-
Home of the Good Shepherd Wilton	-	-	-	-	-	-	54	-	-	-	-	-
Keene Valley Neighborhood House	-	50	-	-	-	-	-	-	-	-	-	-
Pine Harbour	66	-	-	-	-	-	-	-	-	-	-	-
Pineview Commons H.F.A.	-	-	-	-	-	-	13	-	-	-	-	-
Samuel F. Vilas Home	44	-	-	-	-	-	-	-	-	-	-	-
Sarah Jane Sanford Home	-	-	-	94	-	-	-	-	-	-	-	-
The Cambridge	-	-	30	-	-	-	-	-	-	-	-	-
The Farrar Home	-	-	30	-	-	-	-	-	-	-	-	-
Valehaven Home for Adults	40	-	-	-	-	-	-	-	-	-	-	-
Willing Helpers' Home for Women	-	-	-	20	-	-	-	-	-	-	-	-
Willow Ridge Pointe	-	-	-	-	-	-	42	-	-	-	-	-
Woodlawn Commons	-	-	-	-	-	-	-	-	-	-	-	-

Licensure Data 5	County									ARHN Region	Upstate NYS*	New York State
	Clinton	Essex	Franklin	Fulton	Hamilton	Montgomery	Saratoga	Warren	Washington			
Clinical Laboratory Technician	14	6	6	1	0	3	19	8	4	39	1,211	1,631
Clinical Laboratory Technologist	49	20	30	29	0	34	148	49	26	203	7,421	11,418
Dental Assistant	12	3	10	3	0	7	40	11	14	53	1,372	1,521
Dental Hygienist	45	17	13	23	2	23	260	46	40	186	7,969	10,459
Dentist	44	12	20	16	0	24	180	44	17	153	8,695	14,893
Dietitian/Nutritionist, Certified	23	9	10	4	1	11	127	22	6	75	3,767	5,678
Licensed Clinical Social Worker (LCSW)	43	27	28	21	2	18	292	81	34	236	15,553	26,630
Licensed Master Social Worker (LMSW)	44	20	28	22	3	30	294	49	36	202	16,001	28,452
Licensed Practical Nurse	376	195	397	291	7	340	885	321	418	2005	47,600	61,550
Physician	219	50	80	60	7	77	595	251	29	696	43,720	77,825
Mental Health Counselor	63	21	33	10	1	15	184	41	16	185	5,573	8,306
Midwife	5	1	2	4	0	4	17	15	4	31	640	1,080
Nurse Practitioner	85	20	43	46	3	39	346	99	30	326	18,074	26,172
Pharmacist	102	27	36	40	2	36	505	78	42	327	14,089	21,930
Physical Therapist	73	45	48	31	4	43	414	71	30	302	14,245	20,265
Physical Therapy Assistant	19	5	21	20	0	23	62	26	15	106	4,080	5,619
Psychologist	12	12	5	10	1	5	115	26	5	71	6,227	11,730
Registered Physician Assistant	46	30	35	11	3	27	248	82	19	226	10,459	15,282
Registered Professional Nurse	1320	512	742	644	57	751	4029	1166	778	5219	181,132	255,088
Respiratory Therapist	21	2	6	19	0	17	113	20	14	82	4,161	5,806
Respiratory Therapy Technician	6	0	3	2	0	1	14	4	1	16	524	678

N/A - Data not available

(1) US Census Bureau, 2020 American Community Survey 5-year Estimates

(2) NYS Department of Health; NYS Health Profiles

(3) NYS Department of Health; Nursing Home Weekly Bed Census, 2022

(4) NYS Department of Health; Adult Care Facility Directory,2022

(5) NYS Education Department; License Statistics, 2021

*Upstate NYS = NYS Total Less NYC; NYC includes NY, Kings, Bronx, Richmond, Queens Counties

www.ahihealth.org/arhn

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Adirondack Health Institute