

SOCIAL DETERMINANTS *of* HEALTH

RESOURCE GUIDE FOR CLINTON, ESSEX, FRANKLIN, FULTON,
HAMILTON, WARREN, AND WASHINGTON COUNTIES



Adirondack
Rural Health
NETWORK



a·H·I



WHAT ARE SOCIAL DETERMINANTS OF HEALTH?

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that account for most factors impacting a person's health and wellbeing.

SDOH can be grouped into five categories:

ECONOMIC STABILITY

Economic stability is having the necessary financial resources to live a healthy life. This is impacted by income, cost of living, and socioeconomic status. The resource types below address economic challenges.



Employment Services



Affordable, Healthy Food



Financial Assistance



Legal Services



Affordable Housing



Childcare

HEALTH CARE ACCESS & QUALITY

Having access to adequate healthcare services can improve a person's health outcomes and quality of life. This includes preventive services, chronic disease management, as well as emergency treatment when needed. The resource types below address healthcare needs.



Emergency Health Care

- Hospitals
- Urgent Care



Preventative Health Care

- Primary Care
- Women's Health
- Dental
- Behavioral Health
- Addiction Services and Support

EDUCATION ACCESS & QUALITY

Education can create opportunities that enhance overall wellbeing and improve a person's access to quality healthcare. The resource types below support access to education and literacy services.



Education Programs



Language and Literacy

NEIGHBORHOOD & BUILT ENVIRONMENT

A person's environment can play an important role in their health. Living in a safe, accessible neighborhood with clean air and outdoor recreational spaces can result in better health outcomes for community members. The resource types below address transportation as well as recreational and environmental needs.



Environmental Conditions



Transportation



Recreation

SOCIAL & COMMUNITY CONTEXT

There are connections between a person's social environments and their health and wellbeing outcomes. The resource types below address needs related to community ties and social opportunities.



Community Connections

- Community Centers
- Youth Programs
- Senior Programs

ECONOMIC STABILITY



**Employment
Services**



**Affordable,
Healthy Food**



**Financial
Assistance**



Legal Services



**Affordable
Housing**



Childcare



EMPLOYMENT SERVICES

Hudson Mohawk Area Health Education Center

Counties Served:

Essex, Fulton, Hamilton, Warren, Washington

Address: 13 British American Blvd, Suite 2
Latham, NY 12110

Website: hmahec.org

Phone: 518-867-8388

ACCESS-VR Malone District Office

Counties Served:

Clinton, Essex, Franklin

Address: 209 West Main Street, Suite 3
Malone, NY 12953

Website: acces.nysed.gov/vr/malone-district-office

Phone: 518-483-3530

ACCESS-VR Albany District Office

Counties Served:

Warren, Washington

Address: 80 Wolf Road, Suite 200, 2nd Floor
Albany, NY 12205

Website: acces.nysed.gov/vr/albany-district-office

Phone: 518-473-8097

Warren County Department of Workforce Development

Counties Served:

Warren, Washington

Address: 333 Glen Street, Suite 300
Glens Falls, NY 12801

Website: warrencountyny.gov/employmenttraining

Phone: 518-743-0925



FINANCIAL ASSISTANCE

Warren – Hamilton Community Action

Website: wahacaa.org

• WARREN COUNTY OFFICE •

Address: 190 Maple Street,
Glens Falls, NY 12801

Phone: 518-793-0636

• HAMILTON COUNTY OFFICE •

Address: 13 East Main Street
Indian Lake, NY 12842

Phone: 518-648-5911

LEAP

Counties Served: Washington

Address: 383 Broadway
Fort Edward, NY 12828

Website: leapservices.org

Phone: 518-746-2390

Catholic Charities of Fulton County

Address: 55 East Main Street, Suite 30
Johnstown, NY 12095

Website: catholiccharitiesfmc.org

Phone: 518-842-4202 or 518-762-8313

Home Energy Assistance Program (HEAP)

For information regarding the Local District Home Energy Assistance Program (HEAP) for your county of residence, visit otda.ny.gov/programs/heap/contacts and click on your county.

Low-Income Household Water Assistance Program (LIHWAP)

For information regarding the Low-Income Household Water Assistance Program (LIHWAP), visit otda.ny.gov/programs/water-assistance



AFFORDABLE HOUSING

Clinton County Housing Assistance Program

Address: 24 Margaret Street, Suite 7
Plattsburgh, NY 12901

Website: clintoncountyhousing.org

Phone: 518-825-0800

Housing Assistance Program of Essex County, Inc.

Address: 103 Hand Avenue, Elizabethtown, NY 12932

Website: hapec.org

Phone: 518-873-6888

Glens Falls Housing Authority

Address: 45 Ridge Street, Glens Falls, NY 12801

Website: glensfallshousingauthority.org

Phone: 518-793-2583

Hamilton County Community Services

Address: 143 White Birch Lane, Indian Lake, NY, 12842

Website: hamiltoncounty.com

Phone: 518-648-5355

Gloversville Housing Authority

Address: 181 West Street, Gloversville, NY 12078

Website: gloversvillehousingauthority.com

Phone: 518-773-7308



HOUSING

The Conkling Center

(Housing for Seniors in Hamilton, Warren, Washington Counties)

Address: 79 Warren Street, Glens Falls, NY 12801

Website: theconklingcenter.org

Phone: 518-793-1494

Franklin County Community Housing Council

Address: 337 West Main Street, Malone, NY, 12953

Website: hcr.ny.gov/location/franklin-county-community-housing-council-inc

Phone: 518-483-5934

Community Connections of Franklin County

Address: 209 West Main Street, Malone, NY 12953

Website: communityconnectionsfc.com

Phone: 518-521-3507



LEGAL SERVICES

Legal Aid Society of Northeastern New York – Saratoga Springs Office

Counties Served: Warren, Washington

Address: 40 New Street
Saratoga Springs, New York 12866

Website: lasnny.org/location/saratoga-springs-office

Phone: 833-628-0087

Legal Aid Society of Northeastern New York – Plattsburgh Office

Counties Served: Clinton, Essex, Franklin, Hamilton

Address: 100 Court Street, Plattsburgh, New York 12901

Website: lasnny.org/location/plattsburgh-office

Phone: 833-628-0087

Legal Aid Society of Northeastern New York – Amsterdam Office

Counties Served: Fulton

Address: 6 Market Street, Amsterdam, New York 12010

Website: lasnny.org/location/amsterdam-office

Phone: 833-628-0087



CHILD CARE

Head Start of Warren County

Address: 11 Pearl Street, Glens Falls, New York 12801

Website: warrencountyheadstartny.org

Phone: 518-798-7555

LEAP Services

Counties Served: Washington

Address: 383 Broadway, Fort Edward, NY 12828

Website: leapservices.org

Phone: 518-746-2390

Fulmont Community Action Agency Community Outreach Center

Address: 1200 River Front Center
Amsterdam, NY 12010

Website: fulmont.org

Phone: 518-853-3011

Essex County Department of Social Services – Day Care Unit

Address: 7551 Court Street, Elizabethtown, NY 12932

Website: essexcountyny.gov/departments-social-services

Phone: 518-873-3431



CHILDCARE

Joint Council for Economic Opportunity: Clinton & Franklin Counties

Website: jceo.org

• **FRANKLIN COUNTY OFFICE HEADSTART PROGRAM** •

Address: 17-19 Webster Street, Malone, NY 12953

Phone: 518-483-7022

• **CLINTON COUNTY OFFICE HEADSTART PROGRAM** •

Address: 54 Margaret Street, Plattsburgh, NY 12901

Phone: 518-561-6310

New York State Child Care Assistance Program

For information regarding the New York State Child Care Assistance Program (CCAP), visit:

ocfs.ny.gov/programs/childcare/ccap/help.php

Southern Adirondack Childcare Network

Address: 37 Everts Avenue, Queensbury, NY 12804

Website: sacn.org

Phone: 518-798-7972

Adirondack Community Action Programs, Inc.

Counties Served: Essex

Address: 7572 Court Street, Suite 2
Elizabethtown, NY 12932

Website: acapinc.org

Phone: 518-873-3207



AFFORDABLE HEALTHY FOOD

Comfort Food Community

Website: comfortfoodcommunity.org

Phone: 518-692-3082

• **GREENWICH FOOD PANTRY** •

Address: 2530 Route 40 Greenwich, NY 12834

• **COSSAYUNA FOOD PANTRY** •

Address: 21 Bunker Hill Road, Cossayuna, NY 12823

Hub on the Hill

Address: 545 Middle Road, Essex, NY 12936

Website: thehubonthehill.org

Phone: 518-241-9064

One Church Street

Address: 1 Church Street, Johnstown, NY 12095

Website: onechurchstreet.org

Phone: 518-762-9210

Salvation Army of Glens Falls

Address: 37 Broad Street Glens Falls, NY 12801

Website: salvationarmy.org/empire/glens-falls

Phone: 518-792-1960

Salvation Army of Plattsburgh

Address: 4804 S. Catherine St., Plattsburgh, NY 12901

Website: salvationarmy.org/empire/plattsburgh

Phone: 518-561-2951

Hamilton Food Cupboard

Address: 6697 Airport Road, Hamilton, NY 13346

Website: hamiltonfoodcupboard.org

Phone: 518- 824-2832

Joint Council for Economic Opportunity of Clinton and Franklin Counties

Food Distribution Center

Address: 43 Valco Drive, Malone, NY 12953

Website: jceo.org/food-services

Phone: 518-561-6310 (Clinton County)
518-483-7022 (Franklin County)

To find a **Cornell Cooperative Extension** office near you and learn more about nutrition education resources, visit cals.cornell.edu/cornell-cooperative-extension/local-offices

To apply for **NYS Supplemental Nutrition Assistance Program (SNAP)** benefits, visit mybenefits.ny.gov

EDUCATION ACCESS & QUALITY



**Education
Programs**



**Language
and Literacy**



EDUCATION PROGRAMS

Washington-Saratoga-Warren- Hamilton-Essex BOCES

Address: 10 LaCrosse Street, Suite 6
Hudson Falls, NY 12839

Website: www.wsheboces.org

Phone: 518-746-3310

Franklin-Essex-Hamilton BOCES

Address: 23 Husky Lane, Malone, NY 12953

Website: feh.org

Phone: 518-483-6420

Fulton-Montgomery Community College

Address: 2805 State Highway 67, Johnstown, NY 12095

Website: fmcc.edu

Phone: 518-736-3622

Clinton Community College

Address: 136 Clinton Point Drive, Plattsburgh, NY 12901

Website: clinton.edu

Phone: 518-562-4200

SUNY Adirondack

Address: 640 Bay Road, Queensbury, NY 12804

Website: sunyacc.edu

Phone: 1-888-786-9235

North Country Community College

Address: 23 Santanoni Avenue, Saranac Lake, NY 12983

Website: nccc.edu

Phone: 1-888-879-6222



EDUCATION PROGRAMS

Warren County Department of Workforce Development

Counties Served: Warren, Washington

Address: 333 Glen Street, Suite 300
Glens Falls, NY 12801

Website: warrencountyny.gov/employmenttraining

Phone: 518-743-0925

LEAP Services — Employment and GED Preparation

Counties Served: Washington

Address: 383 Broadway, Fort Edward, NY 12828

Website: leapservices.org/employment

Phone: 518-746-2390



LANGUAGE AND LITERACY

Literacy New York

Counties Served: Fulton

Address: 73 North Main Street, Suite 101,
Gloversville, NY 12078

Website: lvasc.org

Phone: 518-725-1440 or 518-227-3786

Literacy Volunteers of Clinton, Essex, and Franklin Counties

Address: 101 Broad Street, 052 Hawkins Hall
Plattsburgh, NY 12901

Website: lvcef.org

Phone: 518-564-5332

Tri-County Literacy Center, Inc.

Address: 251 Glen Street, Glens Falls, NY 12801

Website: trilitcenter.org/programs

Phone: 518-793-7414

New York Public Library — Online English Classes

Website: nypl.org/events/classes/English

For additional remote educational resources through the New York Public Library, visit nypl.org/about/remote-resources



HEALTH CARE ACCESS & QUALITY



Emergency Health Care

- Hospitals
- Urgent Care



Preventative Health Care

- Primary Care
- Women's Health
- Dental
- Behavioral Health
- Addiction Services and Support



EMERGENCY HEALTH CARE

HOSPITALS

Champlain Valley Physician's Hospital

Address: 75 Beekman Street, Plattsburgh, NY 12901

Website: cvph.org

Phone: 518-561-2000

Alice Hyde Medical Center

Address: 133 Park Street, Malone, NY 12953

Website: alicehyde.com

Phone: 518-483-3000

Glens Falls Hospital

Address: 100 Park Street, Glens Falls, NY 12801

Website: glensfallshospital.org

Phone: 518-926-1000

Nathan Littauer Hospital

Address: 99 E State Street, Gloversville, NY 12078

Website: nlh.org

Phone: 518-725-8621

Elizabethtown Community Hospital

Address: 75 Park Street, Elizabethtown, NY 12932

Website: ech.org

Phone: 518-873-6377

Adirondack Medical Center, Saranac Lake

Address: 2233 State Route 86, Saranac Lake, NY 12983

Website: adirondackhealth.org

Phone: 518-897-2557

Adirondack Medical Center, Lake Placid

Address: 203 Old Military Road, Lake Placid, NY 12946

Website: adirondackhealth.org

Phone: 518-523-8510



EMERGENCY HEALTH CARE

URGENT CARE

WellNow Urgent Care — Plattsburgh

Address: 474 NY-3, Plattsburgh, NY 12901
Website: wellnow.com/locations/plattsburgh
Phone: 518-536-3071

Hudson Headwaters Urgent Care — Glens Falls

Address: 100 Broad Street, Glens Falls, NY 12801
Website: hhhn.org/services/urgent-care
Phone: 518-792-2223

WellNow Urgent Care — Glens Falls

Address: 202 Broad Street, Glens Falls, NY 12801
Website: wellnow.com/locations/glens-falls
Phone: 518-480-6240

Hudson Headwaters Urgent Care — Warrensburg

Address: 3767 Main Street, Warrensburg, NY 12885
Website: hhhn.org/services/urgent-care
Phone: 518-623-2844



PREVENTATIVE HEALTH CARE

PRIMARY CARE

Hudson Headwaters Health Network — Primary Care

To find a provider through the Hudson Headwaters Health Network, visit hhhn.org/services/primary-care

Glens Falls Hospital — Primary Care

To find a provider through the Glens Falls Hospital network, visit glensfallshospital.org/services/outpatient-programs-and-services/primary-care

Adirondack Health — Primary Care

To find a provider through the Adirondack Health network, visit adirondackhealth.org/services-conditions/primary-care-provider

Nathan Littauer Hospital — Primary Care

To find a Primary Care provider through the Nathan Littauer Hospital network, visit nlh.org/health-centers

Community Health Center of the North Country - Malone

Address: 380 Creighton Road (County Route 51)
Malone, NY 12953
Website: chcnorthcountry.org/malone
Phone: 518-483-0109

WOMEN'S HEALTH

Adirondack Health Women's Health Center

Address: 309 Old Lake Colby Road
Saranac Lake, NY 12983
Website: adirondackhealth.org/services-conditions/womens-health
Phone: 518-897-2726

Nathan Littauer Hospital — OBGYN

To find a Women's Health Provider through the Nathan Littauer Hospital network, please visit: nlh.org/medical-staff/medical-staff-directory?specialty=Obstetrics+%26amp%3B+Gynecology

Glens Falls Hospital — OBGYN

Address: 100 Park Street, Glens Falls, NY 12801
Website: glensfallshospital.org/services/hospital/obstetrics-and-gynecology
Phone: 518-926-1000

Hudson Headwaters, Women's Health

Address: 99 South Street, Glens Falls, NY 12801
Website: hhhn.org/locations/womens-health
Phone: 518-792-7841



PREVENTATIVE HEALTH CARE

DENTAL

Adirondack Health, Dental Care

Address: 55 Barn Road, Suite 201
Lake Placid, NY 12946

Website: adirondackhealth.org/dental-care

Phone: 518-523-1122

Hudson Headwaters, Children's School-Based Dental Program

For more information on what schools are participating, please visit hhhn.org/services/dentistry/school-based or call 518-764-3036

Hudson Headwaters, Dental Services Center

Address: 3761 Main Street – Health Center Plaza
Warrensburg, NY 12885

Website: hhhn.org/locations/albert-r-tucker-dental-services-center

Phone: 518-623-3918

For a list of Dental Providers that accept Medicaid, please visit health.ny.gov/diseases/aids/general/resources/dental_resource_directory/medicaid_medicare.htm#north_country

BEHAVIORAL HEALTH

Franklin County Community Services/Mental Health

Address: 3 Main Street, Second Floor
Saranac Lake, NY 12983

Website: franklincountyny.gov/departments/human_services/community_services_mental_health

Phone: 518-891-2280

Clinton County Mental Health and Addiction Services

Address: 130 Arizona Ave, Suite 1500
Plattsburgh, NY 12903

Website: clintoncountygov.com/mental-health-addiction-services

Phone: 518-565-4060

Hamilton County Mental Health

Address: 143 White Birch Lane, Indian Lake, NY 12842

Website: hamiltoncounty.com/health-human-services/mental-health

Phone: 518-648-5355

Non-Crisis Warm Line (7pm – 10pm): 1-888-853-9995

24-Hour Emergency Mental Health Crisis Line:
1-800-533-8443

Essex County Mental Health

Address: 7513 Court Street, Elizabethtown, NY 12932

Website: co.essex.ny.us/MentalHealth.asp

Phone: 518-873-3670

Toll-Free Emergency Services for After-hours, Weekends and Holidays: 1-888-854-3773

Fulton County Behavioral Health Services

Address: 73 North Main Street, Gloversville, NY 12078

Website: smha.org/locations/adult-mental-health-clinic-fulton-county

Phone: 518-773-3531

Warren-Washington Association for Mental Health and Caleo Clinical Services

Address: 3043 State Route 4, Hudson Falls, NY 12839

Website: wwamh.org

Phone: 518-747-8243

BEHAVIORAL HEALTH

Behavioral Health Services North

Website: bhsn.org/mental-health

• CENTER FOR WELLBEING PLATTSBURGH REGION •

Address: 2155 State Route 22B
Morrisonville, NY 12962

Phone: 518-563-8000

• CENTER FOR WELLBEING GLENS FALLS REGION •

Address: 25 Willowbrook Road, Queensbury, NY 12804

Phone: 518-926-7100

Crisis Helpline 24/7: 1-866-577-3836

STOP Domestic Violence Hotline 24/7: 1-888-563-6904

Citizen Advocates

To find a Citizen Advocates Clinic near you, please visit:

citizenadvocates.net/contact-us or call 518-483-1251

24/7 Crisis Hotline: 518-483-3261 or 518-891-5535

• CRISIS & RECOVERY CENTER 24/7/365 •

Address: 15 Fourth Street, Malone, NY 12953

Phone: 518-481-8160

Northern Rivers Mobile Crisis Services

Counties Served: Warren, Washington

Phone: 518-292-5499

988 Suicide & Crisis Lifeline

Website: 988lifeline.org

Phone: 988

ADDICTION SERVICES AND SUPPORT

St. Joseph's Addiction Treatment & Recovery Centers

Counties Served: Essex, Franklin

Address: 159 Glenwood Drive, Saranac Lake, NY 12983

Website: stjoestreatment.org

Phone: 518-891-3950

Hamilton County Mental Health

Address: 143 White Birch Lane, Indian Lake, NY 12842

Website: hamiltoncounty.com/health-human-services/mental-health

Phone: 518-648-53555

Conifer Park – Plattsburgh Outpatient Clinic

Address: 80 Sharon Avenue, Plattsburgh, NY 12901

Website: coniferpark.com/outpatient/plattsburgh

Phone: 518-561-0130

Conifer Park – Glens Falls Outpatient Clinic

Address: 55 Elm Street, Glen Falls, NY 12081

Website: coniferpark.com/outpatient/glens-falls

Phone: 518-793-7273

Conifer Park Inpatient Admissions: 1-800-926-6433

Fulton County Addiction Outpatient Clinic

Address: 73 North Main Street, Gloversville, NY 12078

Website: smha.org/locations/addiction-outpatient-clinic-fulton-county

Phone: 518-773-3532

Behavioral Health Services North

Website: bhsn.org/addiction-recovery/recovery-services

• WARREN COUNTY CENTER FOR RECOVERY •

Address: 25 Willowbrook Road, Queensbury, NY 12804

Phone: 518-926-7200

• WASHINGTON COUNTY CENTER FOR RECOVERY •

Address: 340 Main Street, Hudson Falls, NY 12839

Phone: 518-747-8001

AHI Community Health Access to Addiction and Mental Healthcare Project (CHAMP)

Website: ahihealth.org/champ

Phone: 888-614-5400

Alcoholics Anonymous

Website: aa.org

Narcotics Anonymous

Website: na.org

NYS Smokers' Quitline

nysmokefree.com

NEIGHBORHOOD & BUILT ENVIRONMENT



**Environmental
Conditions**



Recreation



Transportation



ENVIRONMENTAL CONDITIONS

Clear the Air in the Southern Adirondacks

Counties Served:
Warren, Washington

Address: 100 Glen Street, Suite 1A
Glens Falls, NY 12801

Website: ahihealth.org/casa

Phone: 518-480-0111

Reality Check

*A program for youth in
Warren and Washington counties*

Address: 100 Glen Street, Suite 1A
Glens Falls, NY 12801

Website: ahihealth.org/casa/reality-check#goals

Phone: 518-480-0111

Protect the Adirondacks

Address: 105 Oven Mountain Road
Johnsburg, NY 12843

Website: protectadks.org

Phone: 518-251-2700





RECREATION

Malone Memorial Recreational Park

Address: Duane Street, Malone, NY 12953

Lake Colby Beach

Address: Lake Colby Drive, Saranac Lake, NY 12983

Melissa Penfield Park and Dog Park

Address: 139 Boynton Avenue, Plattsburgh, NY 12901

Cadyville Beach

Address: 2199 State Route 3, Cadyville, NY 12918

Sacandaga Park and River Walk

Address: State Route 30, Speculator, NY 12164

Arrowhead Park

Address: 160 State Route 28, Inlet, NY 13360

Mid's Park

Address: 2445 Main Street, Lake Placid, NY 12946

Town Of Jay Children's Park & Playground

Address: Randy's Lane, Jay, NY 12941

Wandel Park

Address: Spring Street, Gloversville, NY 12078

Kirk Douglas Park

Address: 1 Guy Park Avenue, Amsterdam, NY 12010

Huletts Park

Address: 6303 Sunset Bay Road, Huletts Landing, NY 12841

Lauderdale Park

Address: 2642 State Route 22, Cambridge, NY 12816

Crandall Park

Address: Fire Road, Glens Falls, NY 12801

Charles R. Wood Park

Address: 17 W Brook Road, Lake George, NY 12845



TRANSPORTATION

JCEO Medical Transportation Program

Counties Served:
Clinton, Franklin

Website: jceo.org

• CLINTON COUNTY PROGRAM •

Address: 54 Margaret Street, Plattsburgh, NY 12901

Phone: 518-561-6310

• FRANKLIN COUNTY PROGRAM •

Address: 17-19 Webster Street, Malone, NY 12953

Phone: 518-483-7022

Medicaid Medical Transportation

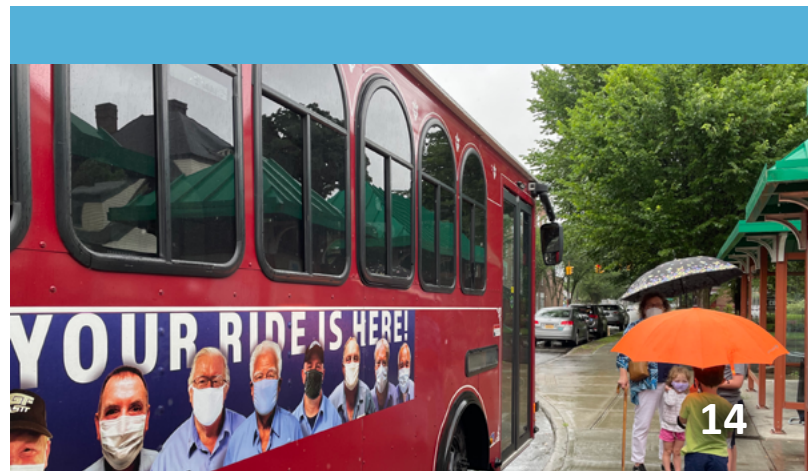
For information regarding Medicaid Medical Transportation through Medicaid Answering Service, LLC, call 1-855-360-3544 or speak with your provider.

Greater Glens Falls Transit

Address: 495 Queensbury Avenue
Queensbury, NY 12804

Website: gftransit.org

Phone: 518-792-1085



SOCIAL & COMMUNITY CONTEXT



Community Connections

- Community Centers
- Youth Programs
- Senior Programs



COMMUNITY CONNECTIONS

COMMUNITY CENTERS

Family YMCA of the Glens Falls Area

Address: 600 Glen Street, Glens Falls, NY 12801

Website: www.glensfallsymca.org

Phone: 518-793-3878

Fulton County YMCA

Address: 213 Harrison Street, Johnstown, NY 12095

Website: fultoncountyyymca.org

Phone: 518-848-3447

YMCA Adirondack Center

Address: 148 Tannery Road, Brant Lake, NY 12815

Website: glensfallsymca.org/locations/branch/ymca-adirondack-center

Phone: 518-494-4422

Moreau Community Center

Counties Served: Southern Warren and Washington

Address: 144 Main Street, South Glens Falls, NY 12803

Website: moreaucommunitycenter.org

Phone: 518-792-6007

Queensbury Activity Center

Address: 742 Bay Road, Queensbury, NY 12804

Website: queensbury.net/departments/activity-center

Phone: 518-761-8200

Town of Saranac Recreation Dept.

Address: 3662 Route 3, Saranac, NY 12981

Website: townofsaranac.com/recreation

Phone: 518-293-6666

Elizabethtown Social Center

Address: 7626 US Route 9, Elizabethtown, NY 12932

Website: elizabethtownsocialcenter.org

Phone: 518-873-6408

Plattsburgh YMCA

Website: plattsburghymca.org

Address: 52 US Oval, Plattsburgh, NY 12903

Phone: 518-536-7463

Address: 17 Oak Street, Plattsburgh NY 12901

Phone: 518-561-4290

Address: 326 West Main Street, Malone NY 12953

Phone: 518-483-2354

YOUTH PROGRAMS

Glens Falls Area Youth Center

Address: 60 Montcalm Street, Glens Falls, NY 12801

Website: gfyouthcenter.org

Phone: 518-793-5932

Minerva Youth Program

Address: 5 Morse Memorial Highway,
Minerva, NY 12851

Website: townofminerva.com/minerva-youth-program

Phone: 518-251-5136

Big Brothers Big Sisters of the Southern Adirondacks

Address: 1 Lawrence Street, Suite 1B,
Glens Falls, NY 12801

Website: bbssadk.org

Phone: 518-798-1010

Clinton County Youth Bureau

Address: 135 Margaret Street, Suite 203
Plattsburgh, NY 12901

Website: [clintoncountygov.com/
youthbureaurecreation](http://clintoncountygov.com/youthbureaurecreation)

Phone: 518-565-4750

SENIOR PROGRAMS

Senior Planet – North Country

Address: 60 Smithfield Boulevard, Plattsburgh, NY 12901

Website: seniorplanet.org/locations/north-country

Phone: 518-566-4422

Glens Falls Senior Center

Address: 380 Glen Street, Glens Falls, NY 12801

Website: gfseniors.com

Phone: 518-793-2189

Older Adults Technology Services (OATS)

Website: www.oats.org

Cambridge Valley Senior Center

Address: 5 Park Place, Cambridge NY 12816

Website: cambridgevalleyseniors.org

Phone: 518-677-8592



ADDITIONAL RESOURCES

OTHER HEALTH RESOURCES

ADK Wellness Connections

Address: 100 Glen Street, Suite 1A
Glens Falls, NY 12801

Website: adkwellnessconnections.org

Phone: 1-833-235-9355

Enrollment Assistance Services and Education (EASE)

Address: 100 Glen Street, Suite 1A
Glens Falls, NY 12801

Website: ahihealth.org/ease

Phone: 1-833-235-9355

Planned Parenthood of Greater New York

To find a Planned Parenthood of Greater New York clinic near you, call 1-800-230-7526 or visit plannedparenthood.org/planned-parenthood-greater-new-york

VA Health Clinic

To find your local VA Health Clinic, call VA Health Connect: 1-800-877-6976 or visit va.gov/albany-health-care/locations

Office for the Aging

To find your local Office for the Aging location, visit aging.ny.gov/local-offices

CARE MANAGEMENT

AHI Health Home Care Management

Address: 100 Glen Street, Suite 1A
Glens Falls, NY 12801

Website: ahihealth.org/healthhome

Phone: 518-480-0111

DISABILITY SERVICES

Center for Disability Services Prospect Center

Address: 133 Aviation Road, Queensbury, NY 12804

Website: cfdnsny.org/prospect-center

Phone: 518-798-0170

Warren Washington Albany ARC

Address: 436 Quaker Road, Queensbury, NY 12804

Website: wwaarc.org

Phone: 518-793-4204

Mountain Lake Services

Counties Served: Essex

Address: 10 St. Patrick's Place, Port Henry, NY 12974

Website: mountainlakeservices.org

Phone: 518-546-3381

North Country Center for Independence

Counties Served: Clinton, Essex

Address: 80 Sharron Avenue,
Plattsburgh, New York 12901

Website: ncci-online.com

Phone: 518-563-9058

Southern Adirondack Independent Living (SAIL)

Website: sailhelps.org

• QUEENSBURY OFFICE •

Address: 71 Glenwood Avenue, Queensbury, NY 12804

Phone: 518-792-3537

• PLATTSBURGH OFFICE •

Address: 194 US Oval, Room 226, Plattsburgh, NY 12901

Phone: 518-792-3537

Office of People with Developmental Disabilities (OPWDD)

To access services through OPWDD, please visit opwdd.ny.gov/get-started/front-door

EMERGENCY ASSISTANCE

Open Door Mission

(Meals and Food Assistance, Homeless Shelter, Emergency Overnight Code Blue Shelter, Day Room)

Address: 226 Warren Street, Glens Falls, NY 12801

Website: opendoor-ny.org

Phone: 518-792-5900

WAIT House

(Emergency Shelter for Homeless Youth, Transitional Living for Homeless Females, Human Trafficking Victim Support, and more)

Address: 10-12 Wait Street, Glens Falls, NY 12801

Website: hycwaithouse.org

Phone: 518-798-2077

FAMILY RESOURCES

Family Service Association of Glens Falls, Inc.

Address: 150 Warren Street, Glens Falls, NY 12801

Website: fsaglensfalls.org

Phone: 518-793-0797

Warren-Washington Child Advocacy, Resource & Education Center

(Serving children and families impacted by child abuse)

Address: 24 Dix Avenue, Glens Falls, NY 12801

Website: wwcarecenter.org

Phone: 518-792-2731

Catholic Charities Community Maternity Services

Counties Served: Warren, Washington

(Support services for pregnant teens & adolescent parents)

Address: 290 Canada Street, Lake George, NY 12845

Website: cccms.org/warren-washington

Phone: 518-668-3167

Catholic Charities Diocese of Ogdensburg

Catholic Charities Diocese of Ogdensburg has several locations serving Franklin, Clinton, and Essex Counties. Services include financial assistance, senior services, parent education, and more. To find a location near you, visit cathcharities.org/locations or call 315-393-2255.

Teen Awareness Group of Hudson Headwaters Health Network

(Education on responsible choices to avoid early pregnancy and parenting)

Counties Served: Warren, Washington

Address: 9 Carey Road, Queensbury, NY 12804

Website: teenawareness.net

Phone: 518-761-0300

Caregiver Wellness & Respite Center

Counties Served:

Clinton, Essex, Franklin, Hamilton, Warren, Washington

Address: 101 Broad Street, Plattsburgh, NY 12901

Website: nyscr.org/cwrc

Phone: 518-564-3373

North Country Home Services

Counties Served: Franklin, Clinton, Essex, Warren

Address: 25 Church Street, Saranac Lake, NY 12983

Website: www.nchs.net

Phone: 518-523-6453

COUNTY PUBLIC HEALTH DEPARTMENTS

Franklin County Public Health

Website: franklincountyny.gov **Phone:** 518-481-1709

Clinton County Health Department

Website: clintonhealth.org **Phone:** 518-565-4840

Essex County Health Department

Website: co.essex.ny.us **Phone:** 518-873-3514

Hamilton County Public Health

Website: hamiltoncounty.com **Phone:** 518-648-6497

Fulton County Public Health

Website: fultoncountyny.gov **Phone:** 518-736-5720

Washington County Public Health

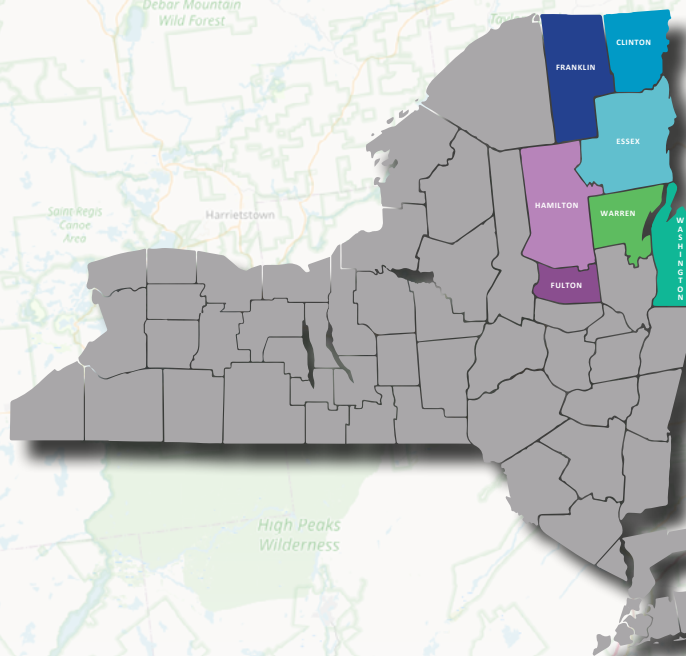
Website: washingtoncountyny.gov

Phone: 518-746-2400

Warren County Health Services

Website: warrencountyny.gov

Phone: 518-761-6580



a·H·I

www.ahihealth.org

Adirondack
Rural Health
NETWORK

DESIGN BY  advocate