



a·H·Informer

A news update from Adirondack Health Institute

January 31, 2023

News Headlines

Adirondack Food System Map Updated

Adirondack Health Institute and the **Adirondack Food System Network** are pleased to share the updated [Adirondack Food System Network Story Map](#), an interactive map that explores data and resources related to our local food systems. With support from the **Adirondack Foundation**, the Adirondack Food System Network Story Map has been updated and transferred to a new platform to navigate through relevant data and information on various aspects of the regional food system, including food insecurity rates, eligibility for nutrition assistance programs, trends in agriculture, SNAP and WIC vendor maps and much more.

As you scroll through the site, maps will appear and change, each telling a different piece of the story of the Adirondack Food System Network. We hope this new data source can assist in the advancement of sustainable and equitable food policy and support new programmatic opportunities throughout the Adirondacks.

To learn more about the Adirondack Food System network, visit <https://ahihealth.org/adirondack-food-system-network/#4>.

A new edition of the **Moreau Community Center** newsletter is available.
Click [here](#) to read!

Warren County Public Health's "Just for the Health of It Podcast"

At Warren County Public Health, the health education department has started a new outreach initiative for their community. The new initiative is called "Just for the Health of It" and is a podcast in which their health educators ask leading health experts about pressing public health issues facing the county. In total, there have been 7 podcasts ranging from cervical and breast cancer, to indoor air quality, to HIV and AIDS.

The department has also been able to interview individuals such as the Director of the Ryan White Program at Hudson Headwaters, a research scientist with NYS Department of Health, and even individuals with the Cancer Services Program with Glens Falls Hospital.

Check out our new episode where we discuss cervical cancer with the Cancer Services Program with Glens Falls Hospital here at <https://www.youtube.com/channel/UCsysoQLyywKiJs8wVATuWWW>.

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.
Click [here](#) to read!

NEW PROGRAM ALERT

SAIL is proud to assist with NYAIL on the rollout of the new Rapid Transition Housing Program for Saratoga, Warren, and Washington county.

The Rapid Transition Housing Program (RTHP) provides a rental subsidy and supportive housing services for high-need Medicaid beneficiaries.

Participants in the program must be on Medicaid and referred by a hospital, Managed Care Organization (MCO), medical respite, Performing Provider System (PPS), or skilled nursing facility (SNF)

Please send me an email for presentation of program and any questions AnthonyL@sailhelps.org

Free, On-Demand Training: Screen & Intervene: Addressing Food Insecurity Among Older Adults

Screen & Intervene: Addressing Food Insecurity Among Older Adults” is a course designed for health care providers who work with adults ages 50 and over. The course also is useful for those interested in learning more about food insecurity and how to address this serious health issue facing millions of older Americans.

The course is offered free of charge. The full course takes an hour but does not have to be completed in one seating. Participants can receive 1 AMA PRA Category 1 Credit of Continuing Medical Education (CME) for MDs and DOs as well as other professional groups. A certificate of completion is also available.

Click [here](#) for more information!



VOLUNTEER
INCOME TAX
ASSISTANCE

A Tri-County United Way Collaborative

**FREE TAX RETURN
ASSISTANCE**

for families and individuals
whose household income is
\$60,000 or less per year

Call 1-800-211-5128

to schedule an appointment



**Local IRS Certified
Tax Preparers**



**Daytime, evening, and weekend appointments
are available in Warren, Washington, and
Northern Saratoga counties, January - April**

Events

JOIN US FOR A LIVE WEBINAR

POVERTY INFORMED TRAINING

How do we address a problem that is not well-defined? In this poverty-informed training, Dr. Donna M. Beegle - who has been hungry, homeless and watched every member of her family become incarcerated - combines her insider perspective, receiving her GED, and 31 years of research and work to break the iron cage of poverty.

CECs Available
(more information below)

**FEBRUARY
7TH, 2023
11AM- 4PM**

**TWO SESSIONS:
BREAKING THE IRON CAGE OF
POVERTY FOR LEADERS
AND
COMMUNICATING EFFECTIVELY
ACROSS POVERTY BARRIERS**

SPEAKER



DR. DONNA BEEGLE
COMMUNICATION ACROSS BARRIERS

Dr. Donna M. Beegle inspires and educates individuals, organizations, politicians, and entire communities with proven models to better outcomes for people in poverty. Born into a migrant-labor family and married at 15, Dr. Beegle is the only member of her family who has not been incarcerated. By age 25, she earned her GED and then, within 10 years, received her doctorate in Educational Leadership. She is an authentic voice from poverty that speaks, writes, and trains across the nation to break the iron cage of poverty for others through services provided by her company, Communication Across Barriers (CAB).



Participants will learn:

- The many different types of poverty and how each impacts access to resources
- Facts that shatter stereotypes and myths and allow us to fight the poverty, not the people impacted by poverty
- Skills for communicating and relating more effectively
- Proven strategies you can use right away to remove barriers and improve outcomes

Western New York Rural Area Health Education Center, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0685. Western New York Rural Area Health Education Center, Inc. is recognized by the New York State Education Department's State Board as an approved provider for Physical Therapy and Occupational Therapy continuing education.



FOR MORE INFO & REGISTRATION VISIT
[HTTPS://POVERTY.EVENTBRITE.COM](https://poverty.eventbrite.com)

An Overview of the Science of Addiction and Recovery

A Training with Deb Rhoades | Rhoades to Recovery

Join us!

Gain a better **understanding** of the science behind substance use disorder and recovery, **learn** how alcohol and other drugs affect the brain, and **discuss** the vulnerabilities for substance use disorder, relapse and recovery.

Date: February 28, 2023

Time: 10AM - 12PM

Location: Virtual

To Register: [click here](#)

Questions?

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☎ 518-480-0111 ext. 336



Adirondack Health Institute

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Save the Date

2023 FOOD JUSTICE SUMMIT

Feed Back: Food Is Health

March 2nd, 2023
The Wild Center
Tupper Lake, NY

Formal invitation and details to follow. For more information about the Adirondack Food System Network visit <https://ahihealth.org/adirondack-food-system-network/>

Please send any questions to ahisummit@ahihealth.org

Brought to you by the Adirondack Food System Network



CRAIGARDAN



Community Resource Day and Job Fair May 11, 2023

Join the **Saranac Lake Area Chamber of Commerce** and the **Saranac Lake Central School District** on May 11, 2023 for the second annual Community Resource Day and Job Fair. The fair will be held at Riverside Park in Saranac Lake from 2:00 - 6:00PM.

Share your job openings and information about your business or organization. This event will be open to the public and students who are looking for full-time, part-time, and seasonal employment and who are looking for general information about our area organizations and resources.

This fair is free to register for and free to attend. Early registration is available [here](#).

Questions: Contact the Saranac Lake Area Chamber of Commerce at 518-891-1990 or welcomed@slareachamber.org.

Other Information and Resources

Career Opportunities at AHI

Adirondack Health Institute (AHI) is hiring! We are actively recruiting for the following positions:

- **Enrollment Specialist (Clinton, Essex, Franklin counties)**

To learn more or apply online, visit our [Career Center](#)!

Struggling to afford internet service?

Visit AffordableConnectivity.gov to learn more about and apply for the Affordable Connectivity Program.

Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project)** program assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at **1.866.872.3740** or visit our [website](#) to for more information.

Information sessions can be scheduled and materials made available upon request – contact us for more details!

Health Insurance Enrollment Assistance

AHI's **EASE (Enrollment Assistance Services and Education)** program assists individuals, families and small business owners enroll in health insurance coverage through the NY State of Health Marketplace. We serve eight counties: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington.

We don't charge and we're not an insurance company. We help clients look at available insurance plans and find out if they're eligible for financial assistance.

[Request an appointment online](#) or call toll-free, **1.866.872.3740**, to make an appointment with a certified enrollment specialist. We'll help to review health insurance choices via phone, for free. To learn more, click [here](#).

*AHI also provides assistance with helping individuals and families resolve issues in [accessing substance use disorder and mental health services](#), **as well as** [care management services](#).*

COVID-19 Resources

For links to various COVID-19 resources for community partners,

please visit [AHI's website](#).

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHIInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

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