



a·H·Informer

A news update from Adirondack Health Institute

March 27, 2023

News Headlines

Last Call! Reserve your spot for the North Country Internet and Digital Equity Listening Session! March 28, 2023

The North Country Digital Inclusion Coalition, in partnership with ConnectALL, invites you to the North Country region Internet and Digital Equity Listening Session on Tuesday, March 28 from 1:00 - 3:00PM. You are invited to participate in-person at The Wild Center in Tupper Lake, or virtually.

For more info and to register, [click here](#) or scan the QR code, below. Questions can be directed to ndelmastro@ahihealth.org.

PROVIDING EQUITABLE INTERNET ACCESS FOR ALL NEW YORKERS



ConnectALL



An important discussion on digital equity and New York State's plans to ensure connectivity across the North Country region.

The North Country Digital Inclusion Coalition, in partnership with Empire State Development's ConnectALL Office, invites you and your organization to the North Country region INTERNET AND DIGITAL EQUITY LISTENING SESSION.

ConnectALL is an initiative from Governor Kathy Hochul to deliver affordable internet access to millions of New Yorkers, bolster digital equity and transform the state's digital infrastructure.

The North Country Digital Inclusion Coalition and ConnectALL teams are looking to gain input from those working to close the digital divide and improve the well-being of marginalized populations including:

- Local and county government leaders
- Regional planning and economic development organizations
- Internet service providers
- Educational institutions
- Workforce development organizations
- Non-profit organizations serving vulnerable New Yorkers

This event will include a discussion of existing barriers to internet access and the resources and opportunities we need to close the digital divide.

March 28, 2023 • Time 1:00 – 3:00pm

The Wild Center

45 Museum Drive, Tupper Lake, NY 12986

We invite you to participate in person or virtually.

Please register with the link or QR code below:

<https://www.eventbrite.com/e/559052590347>



Scan Me!

DIGITAL EQUITY is achieved when all individuals and communities have the information technology capacity needed for full participation in our society, democracy, and economy. Digital equity is necessary for civic and cultural participation, employment, lifelong learning, and access to essential services.

National Digital Inclusion Alliance

ConnectALL is a Division of Empire State Development

A new edition of the **Moreau Community Center** newsletter is available.
Click [here](#) to read!

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.
Click [here](#) to read!



VOLUNTEER
INCOME TAX
ASSISTANCE

A Tri-County United Way Collaborative

**FREE TAX RETURN
ASSISTANCE**

for families and individuals
whose household income is
\$60,000 or less per year

**Call 1-800-211-5128
to schedule an appointment**



**Local IRS Certified
Tax Preparers**



**Daytime, evening, and weekend appointments
are available in Warren, Washington, and
Northern Saratoga counties, January - April**

Events



THOSE WHO CAN DO, DO.
THOSE WHO CAN DO MORE, VOLUNTEER.

UNITED WAY OF THE ADIRONDACK REGION'S

ANNUAL DAY OF CARING

SATURDAY, APRIL 22, 2023



SUGGESTED VOLUNTEER OPPORTUNITIES

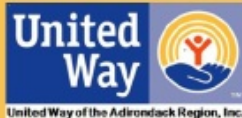
PROMOTE MENTAL HEALTH & WELLNESS: Visit, call or message people who may need your kindness. Share messages of wellness.

DONATE NEEDED FUNDS Make a monetary donation to a local or regional charity of your choice. You can go to www.unitedwayadk.org for a list of partner agencies or contact us for additional information.

HELPING NEIGHBORS: In accordance with local guidelines and when deemed safe, help an elderly or disabled person with yard work, minor repairs or spring cleaning. Help to clean and beautify public places for the enjoyment of all.

DONATE FOOD TO ALLEVIATE HUNGER: Conduct a food drive or donate food to a food shelf of your choice. Please contact the food shelf directly to ensure they are accepting donations and to arrange for drop off.

ACTS OF KINDNESS: Create your own unique opportunities as a person, family or group to help make a difference in the Adirondack Region.



For more information: Call (518) 563-0028



ADK WELLNESS CONNECTIONS

OPEN FORUM TO LEARN MORE! VIRTUAL DROP-IN



April 25, 2023 (SAVE THE DATE)



10:00 am - 11:00 am



Click here to register!

Agenda: An open forum to learn more about the ADK Wellness Connections referral network. Those interested in joining the network, as well as current network users, are welcome!

Community Resource Day and Job Fair May 11, 2023

Join the **Saranac Lake Area Chamber of Commerce** and the **Saranac Lake Central School District** on May 11, 2023 for the second annual Community Resource Day and Job Fair. The fair will be held at Riverside Park in Saranac Lake from 2:00 - 6:00PM.

Share your job openings and information about your business or organization. This event will be open to the public and students who are looking for full-time, part-time, and seasonal employment and who are looking for general information about our area organizations and resources.

This fair is free to register for and free to attend. To register, click [here](#)!

Questions: Contact the Saranac Lake Area Chamber of Commerce at 518-891-1990 or welcome@slareachamber.org.

SAVE THE DATE FOR
UNITED WAY ADK'S
OLYMPIC SPIRIT GOLF CLASSIC
TUESDAY, JUNE 13TH, 2023
LAKE PLACID GOLF CLUB MOUNTAIN COURSE



MORE INFORMATION TO FOLLOW

Other Information and Resources

Struggling to afford internet service?

Visit AffordableConnectivity.gov to learn more about and apply for the Affordable Connectivity Program.

Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project)** program assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our [website](#) to for more information.

Information sessions can be scheduled and materials made available upon request – contact us for more details!

Health Insurance Enrollment Assistance

AHI's **EASE (Enrollment Assistance Services and Education) program** assists individuals, families and small business owners enroll in health insurance coverage through the NY State of Health Marketplace. We serve eight counties: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington.

We don't charge and we're not an insurance company. We help clients look at available insurance plans and find out if they're eligible for financial assistance.

[Request an appointment online](#) or call toll-free, **1.866.872.3740**, to make an appointment with a certified enrollment specialist. We'll help to review health insurance choices via phone, for free. To learn more, click [here](#).

*AHI also provides assistance with helping individuals and families resolve issues in [accessing substance use disorder and mental health services](#), **as well as** [care management services](#).*

COVID-19 Resources

For links to various COVID-19 resources for community partners, please visit [AHI's website](#).

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801
518.480.0111 communications@ahihealth.org | www.ahihealth.org

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