



a·H·Informer

A news update from Adirondack Health Institute

August 29, 2023

News Headlines

Continued Need to Address Tobacco and e-Cigarette Usage in the North Country

Tobacco and e-cigarette use continue to be a primary health concern across New York State and throughout the Southern Adirondacks. Shockingly, [the adult smoking rate for Washington county is 22.7% and 21.3% in neighboring Warren county.](#) Thankfully, [the New York Youth Tobacco Survey found](#) a generation-long decline in cigarette smoking among middle and high school students, dropping from 27.1% to 2.1%. E-cigarette usage is also declining from 27.4% in 2018 to 18.7% in 2022 -- a 32% drop. These are encouraging trends, but there is a continued need to for education and community engagement to address tobacco and e-cigarette use in our local communities.

Recently, **Christopher Bradley** Clear the Air in the Southern Adirondacks' (CASA) Community Engagement Specialist, spoke with Spectrum News about his past experience with e-cigarettes. His experience, which is all too commonplace among youth and adults alike, led him to quit and ultimately to advocate for tobacco-free communities.

Click [here](#) to view the segment and read more!

Need help quitting?

Health care providers and the [New York State Smokers' Quitline](#) provide support to smokers who want to quit, and quitting leads to fewer smokers, the potential for better health outcomes and reduced health care costs. When health care providers treat nicotine addiction with medication and counseling, it can double or even triple their patients' chances of success.* The New York State Smokers' Quitline is a free and confidential service for all New York State residents who wish to overcome use of commercial tobacco and/or vape products. Participants can receive individualized coaching and assistance with quit planning from highly trained tobacco treatment specialists, text and online chat support, and a free starter supply delivery of nicotine replacement therapy medications such as patches, gum and/or lozenges for those 18 and older. Residents of all ages may contact the Quitline for support and educational materials. Visit nysmokefree.com anytime or text QUITNOW to 333888 for more information, or call 1-866-NY-QUITS (1-866-697-8487) seven days a week, beginning at 9 a.m.

About Clear the Air in the Southern Adirondacks

CASA is an advancing tobacco-free communities partnership grant funded by the New York State Department of Health Bureau of Tobacco Control and serves Warren, Washington, and Saratoga Counties. CASA seeks to build healthier communities through tobacco-free living in the counties served by the program. Learn more at <http://www.ahihealth.org/casa>.

Free Cancer Screenings

No Insurance? No problem! **The Cancer Services Program of Warren, Washington, and Hamilton**

Counties offers free screenings for colorectal, breast, and cervical cancers for those who are uninsured or underinsured. As summer winds down, the program wants to remind everyone of the importance of getting screened for these diseases and that men 45-64 and women 40-64 years of age are eligible for these services.

For more information, call 518-926-6570 or visit www.glensfallshospital.org/cancerservicesprogram.



every child deserves a loving family

URGENT NEED FOR FOSTER CARE IN THE ADIRONDACK REGION

Applications now being accepted for those who are:

- ♥ At least 21 years old
- ♥ Are in good health
- ♥ Married, single, or living with a partner
- ♥ Have sufficient income to suit your own family's needs
- ♥ Can make room in your home and heart for children in need

Placement options are flexible in order to meet the needs and desires of those interested in becoming foster parents.
Respite care may also be a consideration.

Contact information:

Clinton County DSS: 518-565-3320

Essex County DSS: 518-873-3414

Franklin County DSS: 518-481-1812

2-1-1: Phone: 2-1-1 or 1-888-774-0289 Text: 8-9-8-2-1-1



United Way of the
Adirondack Region, Inc.



ADIRONDACK REGION
Serving: Clinton, Essex & Franklin Counties

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.

Click [here](#) to read!

A new edition of the **Moreau Community Center** newsletter is available.

Click [here](#) to read!

2023 NORTH COUNTRY LEADERSHIP SUMMIT

Enhancing Equitable Healthcare in Rural Communities

Adirondack Health Institute (AHI) and Fort Drum Regional Health Planning Organization (FDRHPO) are pleased to invite you to participate in the 2023 North Country Leadership Summit!



This year's Summit will include:

- A two-day agenda comprised of engaging sessions from experts in population health and telehealth initiatives.
- Exhibitor hall showcasing regional organizations and industry leaders.
- Opportunities to network with exhibitors, sponsors, and partners from across the North Country.

WEDNESDAY AND THURSDAY

SEPTEMBER
27-28, 2023

*Courtyard Marriott
Lake George, NY*

Register Here

\$40 One (1) Day Ticket

\$75 Two (2) Day Ticket

Breakfast, lunch, and refreshments included

Sponsorship Opportunities Available! For more information, please visit:

<https://ahihealth.org/2023-north-country-leadership-summit/>



Adirondack Health Institute



TEEN INTERVENE

New! Fourth Edition

TRAINING

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September 19th
9AM - 4PM

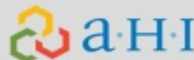
Teen Intervene is a tested, time-efficient, OASAS recognized, evidence based program for teenagers (ages 12-19) suspected of experiencing mild or moderate problems associated with alcohol or other drug use.

6 clock hours for CPS/CPD Initial;
CPS/CPD/CASAC Renewal

CLICK TO REGISTER



Seaway Valley
Prevention Council



FOR MORE INFORMATION:
AMitchell@svpc.net

The goal of this workshop is to increase clinical skills using a brief intervention with adolescents using alcohol and/or other substances. This workshop focus on the implementation of Teen Intervene, 4th Edition, including the expanded tobacco session, updated drug trend language, and guidance for virtual implementation.

This training is free and program manuals will be provided.

Space limited to 20 participants. Register by September 12th.

*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with 0 percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov"



QUEENSBURY SENIOR CITIZENS'

HEALTH & WELLNESS FAIR

FREE AND OPEN TO THE PUBLIC

SEPTEMBER 22, 2023 1-4PM



JOIN US FOR THE 2023 HEALTH & WELLNESS FAIR ON FRIDAY, SEPTEMBER 22, 2023 AT THE QUEENSBURY SENIOR CITIZENS, 742 BAY ROAD, QUEENSBURY FROM 1-4PM. THE FAIR WILL OFFER A VARIETY OF INFORMATION FOR AGING WELL INCLUDING SCREENINGS, DEMOS, ASSESSMENTS AND GIVEAWAYS!

COMMUNITY HEALTH & WELLNESS EXPERTS:

- Mental Health
- Dental Health
- Chiropractic Care
- Nutritional Health & Weight Management
- Alternative Medicine
- Caregiver Support
- Alzheimer's Support
- Health Insurance
- Home Equipment
- Hospice Care
- Independent Living
- Long Term Care
- Home Care
- Estate Planning

742 Bay Road
Queensbury, NY 12804

SAVE THE DATE

WARREN WASHINGTON COUNTIES BRAINSTORM IS BACK

Join Us in celebrating Brain Health, Mental Wellness and Recovery!

Friday, October 20th, 2023
10:00AM - 2:00PM

Salvation Army - 37 Broad Street
Glens Falls, NY 12801

This event involves many community entities aimed at providing resources for people in need, adults and youth alike.

We will have info tables from many area agencies and organizations, you can talk with a representative and find out about the organization and what they do.

Many of our activities will include speakers, workshops & more!

For more info you can contact Nick Ferranti of ADK EAP at NFerranti@askeap.com or Michele Morehouse of ASCEND at mmorehouse@ascendmw.org or (518) 747-2284 ext. 229



Other Information and Resources

Community Job Postings

If you are an organization that would like a link to your job posting(s) included in a future AHInformer, please send the information to us at communications@ahihealth.org.

Struggling to afford internet service?

Visit AffordableConnectivity.gov to learn more about and apply for the Affordable Connectivity Program.

Addiction and Mental Healthcare Access Assistance

AHI's CHAMP (Community Health Access to Addiction and Mental Healthcare Project) program

assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our [website](#) to for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Keep New York Covered

Important Changes to New York Medicaid, Child Health Plus and the Essential Plan

Do you or a family member currently have health insurance through New York State Medicaid, Child Health Plus, or the Essential Plan? New York State is resuming eligibility reviews and renewals for people enrolled in these programs. **This means you may need to take action to renew your health insurance or the insurance of your family members.**

AHI's EASE enrollment team can help! EASE provides FREE and CONFIDENTIAL service to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our site at ahihealth.org/knyc for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

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