



a·H·Informer

A news update from Adirondack Health Institute

October 30, 2023

News Headlines

2023 North Country Leadership Summit - Thank You!

Thank you to all who attended the 2023 North Country Leadership Summit! The two-day event, hosted by [Adirondack Health Institute](#) and [Fort Drum Regional Health Planning Organization](#) in September at the Courtyard Marriott in Lake George, NY was a great success!

Over 180 attendees from over 90 organizations participated and heard from 40 speakers from across the North Country and beyond!

We are immensely thankful to our sponsors for making this event possible and look forward to next year!

Check out some photos, below, from the event!



Thank You to Our Sponsors

The sponsor collage features a variety of organizations and companies. At the top, there's a mountain range graphic. The logos are arranged in several rows, showcasing a mix of healthcare providers, financial institutions, consulting firms, and community organizations. Notable sponsors include Hixny, Glens Falls National Bank and Trust Company, UVM Health, MVP Health Care, Planned Parenthood, HCR Home Care, Gallagher, Parkview Health Services, Hudson Headwaters Health Network, Adirondack Health, St Lawrence Health, Angel Flight East, University of Vermont Health Network, CohnReznick, healthy alliance, CARE2, North Country Home Services, ASCEND Mental Wellness, Northeast Telehealth, VivaLynx, Office of Mental Health, UNITE US, AHEC, ELLI·Q, Blooming Health, Janssen, PROMA, and Neuroscience.



New York State Department of Health and State Office for the Aging Announce survey to gather public input and help shape State Master Plan for Aging

Survey to Inform Needs and Priorities in the Development of MPA Policies and Strategies

The New York State Department of Health (DOH) and New York State Office for the Aging (NYSOFA) announced a statewide public survey to help shape the state's Master Plan for Aging (MPA) strategies and priorities. Older adults, individuals with disabilities, and those who provide care for older New Yorkers and people with disabilities are encouraged to take this survey and share their input on how the MPA can best serve their needs.

The survey is available in English and 16 non-English languages and can be completed online [here](#). To choose a preferred language, use the toggle at the top right side of the survey webpage. A paper version is also available [here](#) to download, print, and complete. Bulk copies are available by sending an email to mpa@health.ny.gov. The survey will be open through December 31, 2023.

"I encourage all older New Yorkers, individuals with disabilities, and caregivers to take the Master Plan for Aging Survey, as input from the public is essential to ensuring the

implementation of Governor Kathy Hochul’s visionary roadmap to guide us in addressing the challenges we all face as we age,” **State Health Commissioner Dr. James McDonald said.** “This survey will help ensure we continue to address the most pressing needs of older and disabled New Yorkers while we build a better system of supports to help overcome obstacles and empower every New Yorker to live healthy, dignified lives.”

Master Plan for Aging Chair and Deputy Commissioner of the Department of Health’s Office of Aging and Long-term Care Adam Herbst, Esq., said, “Public input plays a crucial role in shaping the Master Plan for Aging, guaranteeing it meets the current and future needs of all New Yorkers. This survey serves as a vital instrument to actively involve older New Yorkers, individuals with disabilities, and caregivers in crafting the plan. Their input will help us create an MPA that effectively tackles the top concerns of our community.”

New York State Office for the Aging Director and Vice Chair of the Master Plan for Aging Greg Olsen said, “The Office for the Aging and Department of Health have been traveling to communities throughout New York State and hearing directly from people voicing their hopes for New York’s Master Plan for Aging. We are inspired by the ideas and energy brought to this dialogue and encourage all older adults to be a part of the conversation by completing this survey. Your responses will provide a comprehensive assessment of the issue areas where New Yorkers want us to devote our strongest focus when it comes to making New York the most age-friendly state in the nation.”

Under the direction of Governor Hochul, in [Executive Order No. 23](#), the MPA is working to establish a blueprint of strategies to ensure that all New Yorkers can live fulfilling lives, in good health, with freedom, dignity, and independence, regardless of age. The MPA, overseen by NYSDOH and NYSOFA, will culminate in a document that coordinates policies and programs for older adults, individuals with disabilities, and their caregivers, while also addressing challenges – with the overarching aim of ensuring all New Yorkers can age with dignity and independence.

The MPA involves the collective effort of over 350 public and private stakeholders, including representatives from over 20 government agencies serving on the MPA Council, an MPA Stakeholder Advisory Committee, and experts from a variety of disciplines who are now serving on various MPA subcommittees.

Public input is central to this process. In addition to the public survey announced, NYSDOH and NYSOFA are holding public engagement sessions throughout the state. To learn about recent and upcoming public engagement sessions in a community near you, please [visit the Master Plan for Aging website](#).

A Draft MPA Stakeholder Advisory Report is expected in mid-2024. A Final MPA Report is expected in early 2025.

To learn more about the overall progress of the MPA to date, view the Master Plan for Aging Preliminary Report submitted to the Governor [here](#).

General information is on the MPA website at <https://www.ny.gov/mpa>.

Free Breast Cancer Screenings

The NYS Cancer Services Program offers free breast cancer screening for eligible, uninsured NYS residents.

Learn more here:
[www.health.ny.gov/diseases/
cancer/breast/campaign/](http://www.health.ny.gov/diseases/cancer/breast/campaign/).



IT'S AN EVERY WOMAN THING
Ask your doctor about screenings for breast cancer today!

NO INSURANCE? NO PROBLEM!
CALL 518-926-6570

Warren, Washington and Hamilton Counties
Cancer Services Program
Your partner for cancer screening, support and information



ALBANY MED Health System
GLENS FALLS HOSPITAL

Supported with funds by the state of New York

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.

Click [here](#) to read!

A new edition of the **Moreau Community Center** newsletter is available.

Click [here](#) to read!

Events



BASIC WOUND CARE FOR NON-CLINICIANS

with Shannon Curry-Izzo, MS, MHC-P • National Harm Reduction Coalition

Join us for a basic overview of common injection-related wounds experienced by people who use drugs.

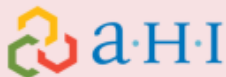
Learn how to engage individuals about wound care, optimize referrals and develop relevant action plans.

November 6, 2023 • 10:30AM to 1PM

[REGISTER HERE](#)

ONLINE TRAINING WITH LIMITED AVAILABILITY!
COURSE WILL CLOSE WHEN REGISTRATION IS FULL

Questions: Sabrina Herlick • sherlick@ahihealth.org



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number GA1RH42871 and AHI for \$1,000,000 with 0 percentage financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government. Please visit [HRSA.gov](https://www.hrsa.gov) for more information.

10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



WHAT TO WATCH FOR IN YOURSELF AND OTHERS.

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

Join us to learn about:

- » The difference between normal aging and Alzheimer's.
- » Common warning signs.
- » The importance of early detection and benefits of diagnosis.
- » Next steps and expectations for the diagnostic process.
- » Alzheimer's Association resources.

**Saturday, November 11
10:00 a.m. - 11:00 a.m.**

**Potsdam Public Library
2 Park St #1
Potsdam, NY 13676**

**To register, please visit
<https://tinyurl.com/2vvhraft>
or call 315.472.4201**

Visit alz.org/CRF to explore additional education programs online and in your area.

 **ALZHEIMER'S
ASSOCIATION**
Central New York Chapter

19494850

Open Door Mission



HOMELESSNESS
AWARENESS
COMMUNITY
CONVERSATION

1:30-2:30 pm

NOVEMBER 15TH



226 WARREN STREET, GLENS FALLS



OPENDOOR-NY.ORG

LEADERSHIP SKILLS COURSE FOR TEENS

Join us for a FREE event to learn tips on public speaking and professional writing & communication.

This event is open to middle and high school students in Saratoga, Warren and Washington counties.

Refreshments will be available!



All events are smoke-free

Registration is required.

Choose from one of the locations below:

Saturday, 11/18/23
Greenwich Free
Library,
148 Main Street
Greenwich
11:00am - 1:00pm

Tuesday, 11/28/23
Moreau Community
Center,
144 Main Street
South Glens Falls
6:00pm-8:00pm

Saturday, 12/2/23
Crandall Public
Library,
251 Glen Street
Glens Falls
11:00am - 1:00pm

This event is sponsored by Adirondack Health Institute's Reality Check program and facilitated by Hudson Mohawk AHEC.

Reality Check of New York is a free youth-led, adult-supported program focused on those 13-18 years of age throughout New York State. Involved youth lead positive change in their communities through the education of business leaders, legislators, and other community representatives and entities. Major efforts focus on reducing tobacco marketing for teens, eliminating tobacco imagery in youth-rated movies, and helping shape the tobacco landscape for future generations. To learn more, visit:

<https://ahihealth.org/casa/reality-check/#goals>



Register here:

<https://www.surveymonkey.com/r/ttpci>

Questions? Contact Adrienne Cross at across@hmahec.org



Master Plan for Aging: Listening Session in Utica November 20, 2023

On behalf of Governor Kathy Hochul, the NYS Department of Health and the NYS Office for the Aging would like to invite you to a New York Master Plan for Aging (MPA) Listening Session on November 20, 2023. The Listening Session provides the public a chance to give their input and details the efforts that the state—through philanthropic, academic, private, and local partnerships—is taking toward becoming the most age- and disability-friendly state in the nation. The goal of the MPA is advancing transformative and cross-cutting strategies to address issues that all New Yorkers encounter within their lifetimes—and to do so with a sustained focus on ensuring equity in aging and disability. Governor Hochul signed Executive Order 23 in November 2022, calling for the development of a Master Plan for Aging with the goals of improving the lives of today's older New Yorkers and people with disabilities and building a better system of care and more inclusive communities for tomorrow. We have built momentum since last November and are inviting the public to join this critical effort.

Listening Session details and registration information:

The Listening Session will take place on November 20, 2023, from 1 PM – 2:30 PM at Mohawk Valley Community College – Utica (Wilcox Hall). This is an accessible facility located at, 1101 Sherman Dr, Utica, NY 13501. Registration is required for this event.

- Please register [here](#) to attend in person.
- Those not attending in person may view the event by registering [here](#).

If you require a reasonable accommodation to participate in the event, please contact MPATownHall@health.ny.gov before November 13, 2023.



**ONLINE
Training!**

Drug User Stigma

with Shannon Curry-Izzo, MS, MHC-P • National Harm Reduction Coalition

A comprehensive overview of Harm Reduction with a focus on the practice, philosophy and movement.

Participants will be introduced to harm reduction intersects, types and elements of stigma, and best practices to ensure compassionate engagement with people who use drugs.

DECEMBER 7, 2023 • 10AM-11:30AM
REGISTRATION LINK IN DESCRIPTION

ONLINE TRAINING WITH LIMITED AVAILABILITY!
Course will close when registration is full

Questions: Sabrina Herlick • sherlick@ahihealth.org



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Other Information and Resources

Community Job Postings

The American Heart Association Heart Corps is hiring! Heart Corps is a new Public Health AmeriCorps service opportunity for people invested in driving health equity in rural America.

To learn more or to apply, click [here](#). Questions can be directed to mackenzie.shorter@heart.org.

If you are an organization that would like a link to your job posting(s) included in a future AHInformer, please send the information to us at communications@ahihealth.org.

Struggling to afford internet service?

Visit [AffordableConnectivity.gov](https://www.AffordableConnectivity.gov) to learn more about and apply for the Affordable Connectivity Program.

Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project) program** assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our [website](#) to for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Keep New York Covered

Important Changes to New York Medicaid, Child Health Plus and the Essential Plan

Do you or a family member currently have health insurance through New York State Medicaid, Child Health Plus, or the Essential Plan? New York State is resuming eligibility reviews and renewals for people enrolled in these programs. **This means you may need to take action to renew your health insurance or the insurance of your family members.**

AHI's EASE enrollment team can help! EASE provides FREE and CONFIDENTIAL service to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our site at ahihealth.org/knyc for more information.

Information sessions can be scheduled, and materials made available upon request –

contact us for more details!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801
518.480.0111 communications@ahihealth.org | www.ahihealth.org

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