



# a·H·Informer

A news update from Adirondack Health Institute

September 21, 2023

## *News Headlines*

### **Keep your children school-ready by maintaining your health insurance with NY State of Health**

Having health insurance is critical for children to thrive at school and in life. Children with health insurance are more likely to complete high school and graduate college compared with their peers who don't have access to care. Health coverage for kids benefits everyone.

Studies have shown that children with health coverage are less likely to miss school due to illness and are better prepared to learn, meaning fewer missed days of work for parents. Fewer missed school days may also allow kids and teens to stay involved with after-school activities like clubs and sports.

**If your child doesn't have health insurance**, apply for coverage through NY State of Health today! Nearly 99 percent of NY State of Health enrollees qualify for free or low-cost insurance that covers important benefits, including doctor visits, immunizations, mental health services, prescriptions, and hospital care. Child Health Plus provides additional dental and vision coverage.

Consumers can enroll in a health plan by:

- Calling the Customer Service Center at 1-855-355-5777, Monday to Friday from 8:00 a.m. – 8:00 p.m.; Saturdays from 9:00 a.m. – 1:00 p.m.
- Logging onto the website at [nystateofhealth.ny.gov](https://nystateofhealth.ny.gov).
- Speaking with an enrollment assistor. Find an assistor [here](#).

### **If your child is already insured, be prepared for important changes.**

Starting in Spring 2023, New York State restarted eligibility checks for enrollees in Medicaid, Child Health Plus, and the Essential Plan. This means enrollees may need to take action to renew their health insurance. If your family has health insurance through any of these programs, there are things you can do now to prepare for the upcoming renewal process.

1. **Sign up for text alerts.** Sign up to receive SMS/MMS Text alerts from NY State of Health so you don't miss important health insurance reminders and updates, including when it's time to renew your coverage. To subscribe, text START to 1-866-988-0327. Learn more at <https://info.nystateofhealth.ny.gov/COVID-19-Changes>.
2. **Make sure your address is correct.** Make sure NY State of Health or your local Medicaid office has your current mailing address, phone number and email address so you can be contacted about your health insurance. If you have insurance through with NY State of Health, call 1-855-355-5777 (TTY: 1-800-662- 1220), log into your account at [nystateofhealth.ny.gov](https://nystateofhealth.ny.gov), or contact an enrollment assistor. Find one at <https://info.nystateofhealth.ny.gov/findassistor>. If you have Medicaid through your county's Medicaid office or through New York City's Human Resources Administration (HRA), contact your local office to update your address and contact information.
3. **Take action.** When it is time to renew your health insurance, you will receive a letter from NY State of Health or a renewal packet if you enrolled through your county's Medicaid

office. This letter/packet will let you know what you need to do to renew your coverage and how much time you have to respond. Follow the instructions right away.

To stay informed and learn more visit <https://info.nystateofhealth.ny.gov/COVID-19-Changes>.

\* \* \*

### *Need enrollment help?*

*AHI's EASE (Enrollment Assistance Services and Education) team assists individuals, families and small business owners enroll in health insurance coverage through the NY State of Health Marketplace. We serve eight counties: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, Warren, and Washington. We don't charge and we're not an insurance company. We help individuals look at available insurance plans and find out if they're eligible for financial assistance.*

*Call toll-free, 1.866.872.3740, to make an appointment with a certified enrollment specialist.*

### **Hixny Snapshot**

To help you more efficiently manage care for your patients, Hixny offers a single view of your patients' most recent health history in one place. Log into Hixny and search a patient record to see an organized view of recent diagnoses, lab results and medications. You can also use Hixny to complete a social needs assessment with your patient and even refer them for services with a local organization if needed. This link shares some information regarding the Hixny Snapshot: <https://image.e.hixny.org/lib/fe381571756404797d1d70/m/1/a3571572-0e50-4786-a120-c1314c7156ab.pdf>.

If you need access to Hixny, please reach out to your organization's Trusted Agent. If you are not sure who that person is, please reach out to [support@hixny.org](mailto:support@hixny.org).

### **Governor Hochul Updates New Yorkers on New COVID-19 Vaccine and Urges Precautions as COVID-19 Cases Rise**

Last week, Gov. Hochul updated New Yorkers on the CDC's approval last night of an updated COVID-19 vaccine and urged New Yorkers to get the shot once it is available. To read the full release, click [here](#).

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.

Click [here](#) to read!

A new edition of the **Moreau Community Center** newsletter is available.

Click [here](#) to read!

### ***Events***

# 2023 NORTH COUNTRY LEADERSHIP SUMMIT

## *Enhancing Equitable Healthcare in Rural Communities*

Adirondack Health Institute (AHI) and Fort Drum Regional Health Planning Organization (FDRHPO) are pleased to invite you to participate in the 2023 North Country Leadership Summit!



This year's Summit will include:

- A two-day agenda comprised of engaging sessions from experts in population health and telehealth initiatives.
- Exhibitor hall showcasing regional organizations and industry leaders.
- Opportunities to network with exhibitors, sponsors, and partners from across the North Country.

WEDNESDAY AND THURSDAY

## SEPTEMBER

### 27-28, 2023

*Courtyard Marriott  
Lake George, NY*

### Register Here

\$40 One (1) Day Ticket  
\$75 Two (2) Day Ticket

Breakfast, lunch, and refreshments included

*Sponsorship Opportunities Available! For more information, please visit:*

<https://ahihealth.org/2023-north-country-leadership-summit/>



Adirondack Health Institute





QUEENSBURY SENIOR CITIZENS'

## HEALTH & WELLNESS FAIR

FREE AND OPEN TO THE PUBLIC

SEPTEMBER 22, 2023 1-4PM



JOIN US FOR THE 2023 HEALTH & WELLNESS FAIR ON FRIDAY, SEPTEMBER 22, 2023 AT THE QUEENSBURY SENIOR CITIZENS, 742 BAY ROAD, QUEENSBURY FROM 1-4PM. THE FAIR WILL OFFER A VARIETY OF INFORMATION FOR AGING WELL INCLUDING SCREENINGS, DEMOS, ASSESSMENTS AND GIVEAWAYS!

### COMMUNITY HEALTH & WELLNESS EXPERTS:

- Mental Health
- Dental Health
- Chiropractic Care
- Nutritional Health & Weight Management
- Alternative Medicine
- Caregiver Support
- Alzheimer's Support
- Health Insurance
- Home Equipment
- Hospice Care
- Independent Living
- Long Term Care
- Home Care
- Estate Planning

742 Bay Road  
Queensbury, NY 12804

# SAVE THE DATE

## WARREN WASHINGTON COUNTIES BRAINSTORM IS BACK

Join Us in celebrating Brain Health, Mental Wellness and Recovery!

Friday, October 20th, 2023  
10:00AM - 2:00PM

Salvation Army - 37 Broad Street  
Glens Falls, NY 12801

This event involves many community entities aimed at providing resources for people in need, adults and youth alike.

We will have info tables from many area agencies and organizations, you can talk with a representative and find out about the organization and what they do.

Many of our activities will include speakers, workshops & more!

For more info you can contact Nick Ferranti of ADK EAP at [NFerranti@askeap.com](mailto:NFerranti@askeap.com) or Michele Morehouse of ASCEND at [mmorehouse@ascendmw.org](mailto:mmorehouse@ascendmw.org) or (518) 747-2284 ext. 229



# **grief symposium**

A DAY OF **LEARNING** AND **HEALING** FOR PEERS

OCTOBER 24, 2023 | 7:30AM-5PM | COURTYARD MARRIOT | LAKE GEORGE, NY

**Join fellow peers to address and work through grief and loss due to overdose.**

**Discover new ways to cope, heal, and move forward to better serve your clients and yourself.**

meditation | sound healing | grief counseling | art therapy  
psychosocial grief | self-compassion fatigue  
guided body movement | mindfulness | group ritual

**REGISTER HERE**

by 10/6/23

space is limited to those who work in the following counties:  
**Clinton, Essex, Franklin, Fulton, St Lawrence, Warren & Washington**

questions: Sabrina Herlick | [sherlick@ahihealth.org](mailto:sherlick@ahihealth.org)



DISCLAIMER: This event is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with 0 percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov)

# 10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



## WHAT TO WATCH FOR IN YOURSELF AND OTHERS.

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

### Join us to learn about:

- » The difference between normal aging and Alzheimer's.
- » Common warning signs.
- » The importance of early detection and benefits of diagnosis.
- » Next steps and expectations for the diagnostic process.
- » Alzheimer's Association resources.

**Saturday, November 11  
10:00 a.m. - 11:00 a.m.**

**Potsdam Public Library  
2 Park St #1  
Potsdam, NY 13676**

**To register, please visit  
<https://tinyurl.com/2vvhraft>  
or call 315.472.4201**

Visit [alz.org/CRF](https://alz.org/CRF) to explore additional education programs online and in your area.

 **ALZHEIMER'S  
ASSOCIATION**  
Central New York Chapter

19494860

## Other Information and Resources

### Community Job Postings

The American Heart Association Heart Corps is hiring! Heart Corps is a new Public Health AmeriCorps service opportunity for people invested in driving health equity in rural America.

To learn more or to apply, click [here](#). Questions can be directed to [mackenzie.shorter@heart.org](mailto:mackenzie.shorter@heart.org).

If you are an organization that would like a link to your job posting(s) included in a future AHInformer, please send the information to us at [communications@ahihealth.org](mailto:communications@ahihealth.org).

### Struggling to afford internet service?

Visit [AffordableConnectivity.gov](https://AffordableConnectivity.gov) to learn more about and apply for the Affordable Connectivity

## Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project)** program assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at **1.866.872.3740** or visit our [website](#) to for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

## Keep New York Covered

*Important Changes to New York Medicaid, Child Health Plus and the Essential Plan*

Do you or a family member currently have health insurance through New York State Medicaid, Child Health Plus, or the Essential Plan? New York State is resuming eligibility reviews and renewals for people enrolled in these programs. **This means you may need to take action to renew your health insurance or the insurance of your family members.**

AHI's EASE enrollment team can help! EASE provides FREE and CONFIDENTIAL service to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our site at [ahihealth.org/knyc](https://ahihealth.org/knyc) for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

## Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to [communications@ahihealth.org](mailto:communications@ahihealth.org) to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

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518.480.0111 [communications@ahihealth.org](mailto:communications@ahihealth.org) | [www.ahihealth.org](http://www.ahihealth.org)

STAY CONNECTED WITH US!





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