

**Title:** Health Home Eligibility and Appropriateness Criteria Policy

**Department:** Health Home

**Population:** Health Home Serving Adults and Children

Effective Date: 12/5/2016

Review/Revised Date: 12/10/2019; 11/18/2020; 12/10/2020, 11/18/2021;

1/1/2022; 7/1/2022; 12/1/2023

DOH Policy: HH0016

DOH Guidance: Appropriateness and Continued Eligibility

DOH FAQ: Appropriateness and Continued Eligibility for Services Tool FAQ

\*\* This Policy replaces the Qualifying Conditions Policy\*\*

#### **Purpose of Policy**

To define and put parameters around the qualifying criteria, eligibility, and appropriateness for children and adults enrolled in the Health Home.

#### Scope

- 1. This policy must be distributed to all AHI Health Home Program staff and all subcontracting Health Home Service Providers.
- 2. All recipients of this policy must acknowledge their receipt and understanding of the policy by referring any questions, problems, or compliance issues with the policy within ten days of the issue date to the AHI's Health Home Assistant Director.
- 3. All questions regarding this policy or its implementation may be directed to the Assistant Director of Care Management and Health Home.

#### **Statement of Policy**

AHI shall develop, disseminate, and review at least annually a Health Home Eligibility and Appropriateness Criteria Policy that addresses purpose, scope, roles and responsibilities, management commitment, coordination among organization entities, and compliance. AHI shall formalize documented procedures to facilitate the implementation of the Health Home Eligibility and Appropriateness Policy.

#### **Definitions**

**Health Home Service Provider:** an organization that has a fully executed contract (the "Health Home Services Provider Agreement") with the Adirondack Health Institute to provide health home outreach and/or care management services.



**Health Home Candidate:** a person who is potentially eligible to become a Health Home Enrollee and is assigned to AHI by an MCO, by NYSDOH, or is referred by an organization or individual.

**Health Home Enrollee:** a person who meets the eligibility criteria for Health Home and has agreed to enroll and participate in the program.

**Assignment:** the process by which a Health Home Candidate is assigned to an AHI Health Home Services Provider.

**Care Management Record System:** a structured information system, maintained by the Adirondack Health Institute Health Home (AHIHH), and made available for Health Home Service Providers and Health Home Network Partners to utilize, as applicable and appropriate to their role in the Health Home.

**Core Health Home Services:** The list of five (5) approved categories of services for which a Health Home Care Management Agency can be paid, as defined by the New York State Department of Health:

- Comprehensive Care Management
- Care Coordination & Health Promotion
- Comprehensive Transitional Care
- Member & Family Support
- Referral and Community & Social Support Services

Note: the sixth category of Core Health Home Services, "The use of HIT [Health Information Technology] to link services, as feasible and appropriate," is NOT considered a billable activity.

**NYSDOH:** New York State Department of Health

**Workforce member**: means Employees, board members, volunteers, interns, independent contractors, vendors, and other persons whose conduct, in the performance of work for a covered entity, is under the direct control of such entity, whether or not they are paid by the covered entity. This includes full and part time employees, affiliates, associates, volunteers, and staff from third party entities who provide service to the covered entity.

**Children's HCBS Waiver:** In order to receive Home and Community Based Services (HCBS) through the Children's Waiver the Health Home Care Manager does not have to prove Health Home eligibility if they have an approved Level of Care Determination and will pursue HCBS. If a youth no longer meets Level of Care or chooses not to pursue HCBS and would like to remain in Health Home Care Management, the HHCM will need to collect Health Home eligibility documentation.

**Continued Eligibility for Services Tool**: The NYS DOH- approved Health Homes screening tool for the adult Health Home population. It prompts the user to answer the minimum number of questions required to determine whether the member should continue in the Health Home program or be disenrolled.



Completion of the tool generates a recommendation of "Recommend Continued Services", "Recommend Disenrollment" or "More Information Needed".

**Voluntary Disenrollment**: Member knowingly and voluntarily leaves the program.

**Involuntary Disenrollment**: Member either does not know about or does not agree with the CMA's decision to disenroll the member. The Notice of Determination for Disenrollment in the New York State Health Home Program form (DOH-5235) is used to provide fair hearing rights.

**Graduation**: A member no longer needs any care management support. They may still use other supports like family, friends, Home Attendants, etc.

**Step-Down**: A member needs a lower-level intensity of care management support (MCO/MLTC Telephonic Case Manager, Housing Case Manager, Patient Centered Medical Home Case Manager, etc.)

**Step-Up**: A member needs a higher-level intensity of care management support (AOT Case Management, Health Home Plus Case Management, ACT Case Management, Institutional Setting)

**SED:** Severe Emotional Disturbance is defined as a child or adolescent (under age 21) that has a designated mental illness diagnosis in the following list if of Diagnostic and Statistical Manual (DSM) categories as defined by the most recent version of the DSM *and* has experienced at least one of the functional limitations due to emotional disturbance over the past 12 months.

- Schizophrenia Spectrum and Other Psychotic Disorders
- Bipolar and Related Disorders
- Depressive Disorders
- Anxiety Disorders
- Obsessive-Compulsive and related Disorders
- Trauma and Stressor Related Disorders
- Dissociative Disorders
- Somatic Symptom and Related Disorders
- Feeding and Eating Disorders
- Gender Dysphoria
- Disruptive, Impulsive-Control, and Conduct Disorders
- Personality Disorders
- Paraphilic Disorders
- Elimination Disorders
- Sleep Wake Disorders
- Sexual Dysfunctions
- Medication Induced Movement Disorders
- Tic Disorder
- ADHD



\*\* Any diagnosis in these categories can be used when evaluating a child for SED. However, an additional diagnosis that is secondary to another medical condition is excluded.

#### Functional Limitations Requirements for SED Definition of Health Home:

- Ability to care for self (e.g. personal hygiene; obtaining and eating food; dressing; avoiding injuries); or
- Family life (e.g. capacity to live in a family or family like environment; relationships with parents or substitute parents, siblings and other relatives; behavior in family setting); or
- Social relationships (e.g. establishing and maintaining friendships; interpersonal
  interactions with peers, neighbors and other adults; social skills; compliance with social
  norms; play and appropriate use of leisure time); or
- Self-direction/self-control (e.g. ability to sustain focused attention for a long enough period to permit completion of age-appropriate tasks; behavioral self-control; appropriate judgment and value systems; decision making ability); or
- Ability to learn (e.g. school achievement and attendance; receptive and expressive language; relationships with teachers; behavior in school).

**SMI:** Serious Mental Illness is considered when the individual is 18 years of age or older and currently meets the criteria for a DSM psychiatric diagnosis other than alcohol or drug disorders, organic brain syndromes, developmental disabilities or social conditions.

- Anxiety Disorders Generalized Anxiety Disorder
- Avoidant Personality Disorders
- Bipolar I and II Disorder
- Borderline Personality Disorders
- Cyclothymic Disorder
- Delusional Disorder
- Dissociative Identity Disorder
- Dysthymic Disorder
- Histrionic Personality Disorder
- Major Depressive Disorder
- Mood Disorder
- Narcissistic Personality Disorder
- Obsessive Compulsive Disorder
- Panic Disorder with or without Agoraphobia
- Paranoid Personality Disorder
- Personality Disorder
- Posttraumatic Stress Disorder
- Psychotic Disorder
- Schizophrenia Disorganized Type Catatonic Type Paranoid Type Residual Type Undifferentiated Type



- Schizoaffective Disorder
- Schizoid Personality Disorder
- Schizotypal Personality Disorder

#### Functional Limitations Requirements for SMI Definition of Health Home:

- Marked difficulties in self-care such as (e.g. personal hygiene, diet, clothing, avoiding injury, securing health care, or complying with medical advice); or
- Marked restrictions of activities of daily living such as maintaining a residence, getting and maintaining a job, attending school, using transportation, day to day money management, or accessing community service; or
- Marked difficulties in maintaining social functioning such as establishing and
  maintaining social relationship, interpersonal interaction with primary partners, children
  and other family members, friends, or neighbors, social skills, compliance with social
  norms, or appropriate use of leisure time; or
- Frequent deficiencies of concentration, persistence, or pace, resulting in failure to complete tasks in a timely manner in work, home, or school setting. Individuals may exhibit limitations in these areas when they repeatedly are unable to complete simple tasks within an established time period, make frequent errors in task, or require assistance in the completion of tasks.

#### **Background**

The Health Home Eligibility and Appropriateness Policy at AHI is intended to facilitate the effective implementation of the processes necessary to meet the Health Home Program standards and requirements as stipulated by the NYS DOH, federal regulations, and best practices. This policy directs that AHI meet these requirements.

#### **POLICY**

It is the policy of the Adirondack Health Institute Health Home (AHIHH) to ensure that individuals who are enrolled in Health Home Care Management meet the eligibility and appropriateness criteria for the program.

<sup>\*</sup>Any one of these conditions will qualify a member for Health Home if the severity and duration of the mental illness results in a substantial functional disability\*



#### QUALIFYING CRITERIA FOR HEALTH HOME ENROLLMENT

All the below conditions must be met for an individual to be enrolled in Health Home Care Management

- 1. Active Medicaid
- 2. Condition criteria:
- Two chronic conditions (e.g., mental health condition, substance use disorder, asthma, diabetes, heart disease, BMI over 25 [adults], BMI in 85th percentile or higher [children], or other chronic conditions),

#### Or a single qualifying condition:

- HIV/AIDS
- One serious mental illness [adults]/ severe emotional disturbance [children]
- Complex trauma [children]\*
- Sickle Cell Disease (Adults and Children)

## \*\*Eligibility for Person with Developmental Disabilities\*\*

Persons with developmental disabilities receiving case management services from OPWDD, some persons in long-term care settings, and several other populations are restricted from receiving Health Home Care Management. Please see the Restriction Exception (R/E) codes on the NYSDOH Health Home's website for additional information

As of 7/1/18, Major Category of Developmental Disabilities was added to the chronic conditions list which includes the following:

- Intellectual Disability
- Cerebral Palsy
- Epilepsy
- Neurological Impairment
- Familial Dysautonomia
- Prader-Willi Syndrome
- Autism

If an individual does not qualify or chooses **not to participate in a CCO/HH** and has one of the diagnoses in the Developmental Disabilities Major Category and one or more of the other diagnoses included on the Health Home Chronic Conditions List, the individual may be eligible for

<sup>\*</sup>Please see the appendices for more specifics around defining trauma and assessing for trauma \*

<sup>\*</sup>Substance Use Disorders (SUDs) are considered Chronic Conditions, however, alone are not a qualifying condition. The Health Home Candidate must have another chronic condition\*.



enrollment in a Health Home Serving Children. Specifically, the individual's developmental disability diagnosis must be in the Developmental Disabilities Category, originate before the age of twenty-two and be expected to continue indefinitely to qualify as a diagnosis in the Developmental Disabilities Category.

#### 3. Appropriateness Criteria:

- The person has significant behavioral, medical, or social risk factors which can be
  addressed through care management and without care management may lead to
  adverse events. The Health Home Care Manager must determine and confirm that the
  member meets initial appropriateness criteria for enrollment into the Health Home
  program.
  - ➤ For those members enrolled in <a href="Children's Health Home">Children's Health Home</a> this is an annual determination via the Eligibility Screening Tool in Netsmart and the Continued Enrollment Screening Tool for <a href="Adults">Adults</a>. To qualify for enrollment (and ongoing care management services) in the Health Home program, an individual must be assessed and found to have significant behavioral, medical, physical, or social risk factors that require the intensive level of Care Management services provided by the Health Home program. Selection of risk factors must be well documented in the member's record and must be related to a requirement for comprehensive care management in order for the member to be effectively served.
  - ➤ Initial Appropriateness must be recorded electronically in Netsmart; this is done by completing the eligibility screening assessment in Netsmart within **30 days** of enrollment in Health Home for adults and children.

#### **Children's Health Home Guidance:**

Requirement for Reporting Annual Appropriateness for <u>Children's Health Home</u>; On an annual basis, at the annual review of the Plan of Care, Health Home care managers must verify continued eligibility for the children's Health Home Program through annual documentation of continuing appropriateness. Health Home Care Managers will be required to complete an annual Eligibility Screening Assessment. The HHCM can select a different significant risk factor for appropriateness that differs from the initial or previous annual appropriateness chosen. Supporting documentation to validate the chosen appropriateness criteria must be included within the member's case file.

For youth and children who are at risk of a higher level of care should be offered and considered for the Children's HCBS Waiver program or High-Fidelity WRAP. During the eligibility process with the family and care team members a child can be identified as needing these additional supports.



This conversation with the family as to/or not to pursue a higher level of care needs to be documented in the member's record.

#### **Pended Members Guidance:**

Once enrolled this assessment will need to be completed for any <u>new</u> segment created. For example, if a member is in DSE or an excluded setting. Failure to reassess the appropriateness criteria following a status change within 30 days will result in the CMA not being able to bill for services delivered.

\*\* Please see the appendix for a list of Health Home appropriateness criteria\*\*

## **Verifying Initial Health Home Eligibility and Appropriateness**

- Active Medicaid can be verified via MAPP (Medicaid Analytics Performance Portal) or ePACES
- In cases of Complex Trauma, for the Health Home Serving Children's Population, please see the appendices for additional guidance.
- Documentation of SED Eligibility must include a diagnosis from the DSM by a licensed Practitioner who can diagnose and report that the child meets the functional limitation requirements. The report or attestation must be within 12 months of the referral. AHI has developed an attestation form to help collect the SED determination. This is an annual determination as well.
- To be considered an individual with a serious mental illness, a person must have at least one of the diagnoses listed on pages three and four, and at least one of the functional impairments listed on page four.
- HIV/AIDS documentation of eligibility must include a Comprehensive Medical/Annual Physical within 12 months of the referral that includes HIV status and viral load.
- Health Home Service Providers are responsible for confirming Medicaid Coverage and being aware of the Health Home Enrollees Medicaid Expiration Date.
- Health Home eligibility documentation must be uploaded into the Care Management record.
- Once Medicaid eligibility is confirmed, and the Health Home service provider obtains proof of Health Home qualifying conditions and confirmed appropriateness criteria, the Health Home Service Provider is responsible for completing the Eligibility Screen Assessment in Care Management Record System within 30 days of a signed consent. Appropriateness criteria will be generated in the MAPP HTS and failure to complete within 30 days of a signed consent will result in billing being blocked for that member.
- In some instances, a referral may be made for a child that is also receiving EI services. These children can be enrolled in the EI program and in Health Home concurrently, however they must be served by an EI designated CMA.



#### **Verifying Ongoing Eligibility and Appropriateness**

- Active Medicaid is a requirement for ongoing Health Home Care Management. For members that lose Medicaid eligibility, when appropriate, HHSP will assist the member in re-establishing Medicaid. HHSP's are responsible for confirming Medicaid coverage monthly for billing purposes.
- Eligibility criteria and appropriateness criteria shall be reassessed at minimum yearly
  and documented in the member's record. This will be recorded through the Eligibility
  Screening Assessment tool in Netsmart for Children. Documentation of continued
  eligibility and appropriateness must be in the member's record.
- Health Home Serving Adults will assess the enrolled member at 12 months and every 6
  months thereafter using the CES Tool for adults. The annual Plan of Care will need to
  reflect the members' continued need for Health Home enrollment. If a member's Plan of
  Care only reflects maintenance goals for the member, then graduation will need to be
  discussed with the member.
- If a member enrolled in Children's Health Home is found to no longer be appropriate for Health Home Care Management, the Disenrollment Policy and Procedure shall be utilized. If it is determined that the member no longer meets eligibility or the appropriateness criteria after enrollment, the Health Home Service Provider can refer to other Case Management services or SPOA based on needs of the family and consent.
- If a member enrolled in Adult Health Home is found to no longer be appropriate for Health Home Care Management the health home care manager will work with the member on graduation and potential referrals to a stepdown service.

#### Annual Eligibility/Appropriateness for Adults: Continued Eligibility for Services Tool

Effective 11/1/2023; As part of standard, routine Health Home care management activities, members must be evaluated to identify those eligible for disenrollment, which may occur at any time during a member's enrollment.

The CES Tool evaluates members based upon active Medicaid (eligible and compatible with HH services), qualifying diagnosis, significant risk factors, other risk factors, and member engagement in HH care management. The CES Tool is completed for members enrolled in Health Homes Serving Adults (HHSA) **ONLY.** CMAs must use the CES Tool at least annually to coincide with the annual comprehensive assessment and every 6 months thereafter for all enrolled (non-pended) HHSA members to identify members who no longer need the Health Home level of service and take appropriate steps to disenroll such members.

The CES Tool is in Netsmart CareManager under additional forms. This assessment will be recorded electronically in the member's record and recorded in the MAPP HHTS; a paper version of the assessment is not allowable.



The use of a CES Tool does not replace the requirement to disenroll members organically as reasons to disenroll present themselves. The CES Tool is not required to be completed prior to all disenrollments, nor should it be. Members do not need to meet the criteria of the CES Tool before graduating. Rather, the tool is to be used at defined timeframes to help identify additional members who are appropriate to graduate, step down, or step up from HHCM management services.

**NOTE:** If they are HH+/HH+ Eligible the form needs to be completed for record keeping purposes. When the HHCM completes the form, they should select the appropriate sub population the member falls into (HH+SMI, HH+HIV, AOT) and save the tool.

**NOTE:** If a member moves into HH+ Stepdown the CES Tool will be due 12 months from the date of the stepdown regardless of the comprehensive assessment due date; HHCM's must track this population and date of stepdown by using the sub-program in Netsmart.

#### **Procedure:**

- The CMA will complete an initial CES Tool for the enrolled member (not including pended members at the time of the members annual comprehensive assessment.
- Once the member has completed the initial CES Tool and Continued Enrollment is recommended, the CES Tool will be due every 6 months thereafter.

#### **CES Tool Outcomes:**

#### **Continued Enrollment:**

If continued enrollment is determined the CMA will need to reassess every 6 months thereafter. The risk factor(s) that contributed to the recommendation of continued enrollment on the CES Tool should be incorporated into the Health Home Plan of Care if they are not there already. The tool's determination should be shared with the member in the course of ongoing Plan of Care development.

Recommend Continued Services – complete CES Tool at next required timeframe – 6 months



## POLICY AND PROCEDURE Disenrollment:

If disenrollment is determined the HHCM will have 60 days to work with the member regarding graduation from Health Home (please follow the Health Home Disenrollment Policy).

The outcome should be reviewed with the member and care team as appropriate and to ascertain whether the member is in agreement with the results and voluntarily agrees to graduate or does not agree and will be involuntarily discharged, and the member will need to be issued the DOH-5235. If the member is not in agreement with their disenrollment the HHCM will complete the DOH-5235 and check the "other" box and note the reason "Member is no longer engaged in HHCM services as defined by the CES Tool".

It is recommended that a transition goal be added to the members plan of care to support the work that the HHCM will complete over the next 60 days as the member works towards graduation.

If during those 60 days a new Risk Factor presents itself, the HHCM can consult with the HHCM Supervisor to decide if another CES Tool should be completed. The HHCM will need to document the new risk factor and the decision to complete an updated CES Tool.

If a member is recommended for Disenrollment and over the course of the 60 days the member becomes pended for Excluded Setting or Diligent Search the HHCM would continue to comply with the recommendation of Disenrollment.

Recommend Disenrollment – require that disenrollment be completed within 60 calendar days

#### **More Information Needed:**

If more information is needed the HHCM and supervisor will work together to obtain the clarifying information and documentation to complete the CES Tool again within the required timeframe of 60 days – a second outcome of more information required is not allowable.

- The HHCM should review the outcome with the member
- The HHCM should make an attempt to collect additional information to determine if the member should be disenrolled from Health Home or still meets the appropriateness criteria
- If there are answers that are unclear on the CES Tool, the HHCM can set up case conferences with providers and use additional sources, like PSYCKES, to obtain information.
- This process should be no longer than 60 days; a follow up CES Tool is required within 60 days from the first determination.



#### **Pended Members:**

<u>Pended for Excluded Setting:</u> If a member is pended for excluded setting and misses their due date for the CES Tool the HHCM should complete the CES within 30 days of re-engagement into the program.

<u>Pended for DSE</u>: If a member is deemed disengaged and is placed in Diligent Search Status (DSE) the HHCM would NOT complete a CES Tool for that member until the member re-engages. If the member has been enrolled under 12 months and has **NOT** had an initial CES Tool completed the HHCM will follow the original due date to complete the CES Tool.

If the member has had their initial CES Tool completed and continued services is recommended the due date for the next CES Tool would reset to coincide with the members updated re-engaged status start date.

<u>Example One:</u> Member enrolled 1/1/2023 and would be due for the initial CES Tool 1/1/2024 however that member entered DSE in 3/2023 and reengages 4/2023. The HHCM would still complete the initial CES Tool 1/1/2024.

<u>Example Two:</u> Member enrolled 1/1/2023 and had their annual CES Tool completed 1/1/2024; continued enrollment was recommended – next CES Tool would be due 6 months later 6/2024. However, this member goes into DSE in 3/2024 and reengages in 5/2024; the new CES Tool reassessment date would reset the 6 months based on the members re-engagement status date making the new due date 11/2024.

#### Supervisor Role:

The CES Tool must be completed by the CMA Supervisor or Quality Improvement staff, or if completed by the HHCM, the CMA Supervisor must review and confirm the final outcome and document in the record.

Completion of the CES Tool must be documented in the member's record. In Netsmart, if the HHCM completed the tool they can leave it in draft for the supervisor to review and finalize, or the supervisor can document in the record via contact note that they have reviewed the tool. Additionally, if there are any concerns related to the completion of the CES Tool, the CMA Supervisor has the discretion to complete a new CES Tool for submission. This new CES Tool must be completed within the same time period allotted for the first CES Tool. Completion of a second CES Tool must also be documented in the member's record.

The date of completion and outcome is recorded in Netsmart and, in turn, uploaded into the MAPP tracking system. MAPP HHTS generates the due date for the next CES Tool based on the completion date and outcome.

Member and Care Team involvement is intentionally not required to complete the CES Tool. The CES Tool should be completed based upon a chart review, provided that all documentation is present in the member's record. If answers are unclear, yielding a result of "More Information Needed", the tool must



be completed a 2nd time within the following 60 calendar days, during which time the member and/or care team member(s), a supervisor and the Health Home should be consulted about those specific questions. If the tool recommends Disenrollment, the member and Care Team would become involved to discuss and plan for an appropriate disenrollment.

Disenrollment recommendation on the CES Tool could be the result of poor documentation in the chart, the member not understanding the program, a poor fit with the Care Manager or Care Management Agency, not having all the information about the member, etc. A supervisor's judgement may supersede the recommendation on the tool in these cases, it must be thoroughly documented in the member's record by the supervisor why the disenrollment recommendation was NOT followed. The CES Tool Must be re-done within 60 days and the recommendation of the second tool must be followed. Failure to comply with the second recommendation may lead to the CMA not being able to bill for Health Home Services.

A CMA may choose to complete a CES Tool for any member at any time. This request may come from NYS DOH, the MCO, or other reasons.

#### **CES Tool Desk Guide**

Population/Status	Initial Due Date	Reassessment Due Date
Adult Mainstream population	12 months (annual comprehensive assessment due	If recommended continued
	date)	services: 6 months
Adult HH+	*You will complete the tool and indicated HH+ and	Annually while HH+
	*12 months (annual comprehensive assessment	
	due date)	
Adult HH+ Stepdown	12 months from the month that the member	If recommended continued
	entered step down	services: 6 months
Diligent Search – enrolled under a year	12 months (annual comprehensive assessment due	If recommended continued
	date)	services: 6 months
Diligent Search – enrolled over a year	N/A	6 months after the month
		of re-engagement
Pended – enrolled under a year	12 months (annual comprehensive assessment due	If recommended continued
	date)	services: 6 months
Pended – enrolled over a year	N/A	Either at the 6 month due
		date (if that has not passed)
		OR if they missed the re-
		assessment date due to
		being pended, 30 days
		within re-engagement in
		the program.



#### **TRAINING**

AHIHH will provide training related to all Health Home polices. Trainings may be formal
and informal and requested on an as needed basis by forwarding questions related to
this or any policy to <a href="mailto:health-org">health-home@ahihealth.org</a>.

#### QUALITY / PREFORMANCE IMPROVEMENT

 AHI Health Home will review a selection of cases from each HHSP's member attributions. Each case will be assessed for proper Health Home Eligibility Documentation and Health Home appropriateness. HHSP's will be notified of any record found to not have adequate eligibility documentation on file and will be expected to resolve the error promptly. Failure to have proper Health Home eligibility documentation in the Care Management Record System may result in voided billing.

Contact Person: Assistant Director, Health Home
Responsible Person: Health Home Service Provider

Reviewed By: Director, Care Management and Health Home

Approved By: Chief Compliance Officer



#### **APPENDIX A: DEFINITION OF COMPLEX TRAUMA**

#### The term complex trauma incorporates at least:

i. Infants/children/or adolescents' exposure to multiple traumatic events, often of an invasive, interpersonal nature

and

ii. the wide-ranging, long-term impact of this exposure.

#### Nature of the traumatic events:

- i. often is severe and pervasive, such as abuse or profound neglect;
- ii. usually begins early in life;
- iii. can be disruptive of the child's development and the formation of a healthy sense of self (with self-regulatory, executive functioning, self-perceptions, etc.);
- iv. often occur in the context of the child's relationship with a caregiver
- v. can interfere with the child's ability to form a secure attachment bond, which is considered a prerequisite for healthy social-emotional functioning.

Many aspects of a child's healthy physical and mental development rely on this secure attachment, a primary source of safety and stability.

#### Wide-ranging, long-term adverse effects can include impairments in:

- i. physiological responses and related neurodevelopment,
- ii. emotional responses,
- iii. cognitive processes including the ability to think, learn, and concentrate,
- iv. impulse control and other self-regulating behavior,
- v. self-image,
- vi. relationships with others.



## POLICY AND PROCEDURE APPENDIX B: PROCESS FOR ASSESSING TRAUMA IN THE HEALTH HOME

#### The workflow for this process can be found here:

https://www.health.ny.gov/health\_care/medicaid/program/medicaid\_health\_homes/docs/final\_complex\_trauma\_workflow.pdf

#### The below are guidelines:

If a Non-licensed professional (or a licensed professional without access to CT Exposure Assessment and Functional Impairment Assessment) identifies a child who may have Complex Trauma, he or she should complete the Complex Trauma Exposure Screen form located here:

https://www.health.ny.gov/health\_care/medicaid/program/medicaid\_health\_homes/docs/final\_complex\_trauma\_exposure\_screen.pdf)

If positive, a referral is made to a licensed professional to complete the CT Exposure Assessment and [if positive] the Functional Impairment Assessment. All supporting documentation should be sent to the licensed professional at this time.

#### **Complex Trauma Exposure Assessment can be found here:**

https://www.health.ny.gov/health\_care/medicaid/program/medicaid\_health\_homes/docs/final\_complex\_trauma\_exposure\_assessment.pdf

The Functional Impairment Assessment can include recent and valid assessments, child/ youth interview, collateral sources, or additional assessments using the approved list from NCTSN (National Child Traumatic Stress Network), found here:

http://www.nctsn.org/trauma-types/complex-trauma/standardized-measures-assess-complex-trauma

If functional impairment exists and Health Home Care Management would be an appropriate support for the child, the licensed provider completes the <u>CT Eligibility Determination form, found here:</u>

https://www.health.ny.gov/health\_care/medicaid/program/medicaid\_health\_homes/docs/final\_complex\_trauma\_elig\_determination.pdf

If a licensed professional believes that a child has experienced Complex Trauma, he or she should complete the CT Exposure Assessment. If positive, he or she should proceed with a Functional Impairment Assessment as specified above. If functional impairment exists the referral should be made to the Health Home.



## Appendix C: HH+ Eligibility Documentation Guide

Population/Sub-Population	Examples of Documentation Sources
<ul> <li>HIV+ Virally unsuppressed</li> <li>HIV and SMI</li> <li>HIV Only</li> </ul>	<ul><li>Lab results</li><li>Medical records</li></ul>
HIV and IDU	
<ul> <li>SMI Only</li> <li>HIV &amp; SMI</li> <li>HIV &amp; SUD</li> </ul>	<ul> <li>Letter from shelter or other homeless housing program</li> <li>Hospital discharge summary</li> <li>Eviction notice</li> <li>Documentation from local Homeless Management Information System (HMIS)</li> <li>Documentation in a Care Plan and Progress notes would maintain this billing category until external documentation in obtained.</li> </ul>
SMI Only     HIV & SMI	<ul> <li>Release papers</li> <li>Documentation from parole/probation</li> <li>Print-out from "WebCrims" or other criminal justice database</li> <li>Letter from halfway house</li> </ul>
<ul> <li>This is a superior of the second of</li></ul>	<ul> <li>Hospital discharge summary</li> <li>Print out from PSYCKES</li> <li>RHIO alerts of inpatient admission</li> <li>MCO confirmation of admission</li> </ul>
SMI only     HIV & SMI      HIV only      HIV only	<ul> <li>Hospital discharge summary</li> <li>Print out from PSYCKES</li> <li>RHIO alerts of inpatient admission</li> <li>MCO confirmation of admission</li> <li>Hospital discharge summary</li> <li>Print out from PSYCKES</li> <li>RHIO alerts of inpatient admission</li> </ul>
SMI only     •	<ul> <li>MCO confirmation of admission</li> <li>Hospital discharge summary</li> <li>Print out from PSYCKES</li> <li>RHIO alerts of inpatient admission</li> <li>MCO confirmation of admission</li> </ul>
Assertive Community Treatment (ACT) step down     SMI only or SMI & HIV	Documentation of Discharge from ACT



Enhanced Service Package (ESA)	Copy of ESA agreement
SMI only or SMI & HIV	
Expired AOT within the past year	Copy of expired AOT order
SMI only or SMI & HIV	
Active AOT	Active AOT order
CNYPC Discharge / State PC Discharge	Discharge paperwork
Clinical Discretion of the SPOA  SMI only or HIV & SMI Clinical Discretion of the MCO  ALL HH+ Eligible populations Clinical Discretion Medical provider for HIV	<ul> <li>All members being billed at the HH+ rate for clinical discretion will need to be notified to the Health Home. In the case of SPOA's the SPOA coordinator will need to provide an attestation of agreement for the members receiving this level of service</li> <li>In the case of the HIV+ population the medical provider will need to supply documentation that the member needs this</li> </ul>
Ineffectively Engaged	level of service  • Hospital discharge summary
SMI or HIV & SMI	<ul> <li>Print out from PSYCKES</li> <li>RHIO alerts of inpatient admission</li> <li>MCO confirmation of admission</li> </ul>



# POLICY AND PROCEDURE Appendix D: Health Home Program Chronic Conditions

Health Home Serving Children and Adults Chronic Conditions
Acquired Hemiplegia and Diplegia
Acquired Paraplegia
Acquired Quadriplegia
Acute Lymphoid Leukemia w/wo Remission
Acute Non-Lymphoid Leukemia w/wo Remission
Alcoholic Liver Disease
Alcoholic Polyneuropathy
Alzheimer's Disease and Other Dementias
Angina and Ischemic Heart Disease
Anomalies of Kidney or Urinary Tract
Apert's Syndrome
Aplastic Anemia/Red Blood Cell Aplasia
Ascites and Portal Hypertension
Asthma
Atrial Fibrillation
Attention Deficit / Hyperactivity Disorder (Must meet specific criteria)
Benign Prostatic Hyperplasia
Bi-Polar Disorder
Blind Loop and Short Bowel Syndrome
Blindness or Vision Loss
Bone Malignancy
Bone Transplant Status
Brain and Central Nervous System Malignancies
Breast Malignancy
Burns - Extreme
Cardiac Device Status
Cardiac Dysrhythmia and Conduction Disorders
Cardiomyopathy
Cardiovascular Diagnoses requiring ongoing evaluation and treatment
Cataracts
Cerebrovascular Disease w or w/o Infarction or Intracranial Hemorrhage
Chromosomal Anomalies
Chronic Alcohol Abuse and Dependency
Chronic Bronchitis
Chronic Disorders of Arteries and Veins
Chronic Ear Diagnoses except Hearing Loss
Chronic Endocrine, Nutritional, Fluid, Electrolyte and Immune Diagnoses
-



POLICY AND PROCEDURE			
Chronic Eye Diagnoses			
Chronic Gastrointestinal Diagnoses			
Chronic Genitourinary Diagnoses			
Chronic Gynecological Diagnoses			
Chronic Hearing Loss			
Chronic Hematological and Immune Diagnoses			
Chronic Infections Except Tuberculosis			
Chronic Joint and Musculoskeletal Diagnoses			
Chronic Lymphoid Leukemia w/wo Remission			
Chronic Metabolic and Endocrine Diagnoses			
Chronic Neuromuscular and Other Neurological Diagnoses			
Chronic Neuromuscular and Other Neurological Diagnoses			
Chronic Non-Lymphoid Leukemia w/wo Remission			
Chronic Obstructive Pulmonary Disease and Bronchiectasis			
Chronic Pain			
Chronic Pancreatic and/or Liver Disorders (Including Chronic Viral Hepatitis)			
Chronic Pulmonary Diagnoses			
Chronic Renal Failure			
Chronic Skin Ulcer			
Chronic Stress and Anxiety Diagnoses			
Chronic Thyroid Disease			
Chronic Ulcers			
Cirrhosis of the Liver			
Cleft Lip and/or Palate			
Coagulation Disorders			
Cocaine Abuse			
Colon Malignancy			
Complex Cyanotic and Major Cardiac Septal Anomalies			
Conduct, Impulse Control, and Other Disruptive Behavior Disorders			
Congestive Heart Failure			
Connective Tissue Disease and Vasculitis			
Coronary Atherosclerosis			
Coronary Graft Atherosclerosis			
Crystal Arthropathy			
Curvature or Anomaly of the Spine			
Cystic Fibrosis			
Defibrillator Status			
Dementing Disease			
Depression			
Depressive and Other Psychoses			
Developmental Language Disorder			



POLICY AND PROCEDURE			
Developmental Delay NOS / NEC / Mixed			
Diabetes w/wo Complications			
Digestive Malignancy			
Disc Disease and Other Chronic Back Diagnoses w/wo Myelopathy			
Diverticulitis			
Drug Abuse Related Diagnoses			
Ear, Nose, and Throat Malignancies			
Eating Disorder			
Endometriosis and Other Significant Chronic Gynecological Diagnoses			
Enterostomy Status			
Epilepsy			
Esophageal Malignancy			
Extrapyramidal Diagnoses			
Extreme Prematurity - Birthweight NOS			
Fitting Artificial Arm or Leg			
Gait Abnormalities			
Gallbladder Disease			
Gastrointestinal Anomalies			
Gastrostomy Status			
Genitourinary Malignancy			
Genitourinary Stoma Status			
Glaucoma			
Gynecological Malignancies			
Hemophilia Factor VIII/IX			
History of Coronary Artery Bypass Graft			
History of Hip Fracture Age > 64 Years			
History of Major Spinal Procedure			
History of Transient Ischemic Attack			
HIV Disease			
Hodgkin's Lymphoma			
Hydrocephalus, Encephalopathy, and Other Brain Anomalies			
Hyperlipidemia			
Hypertension			
Hyperthyroid Disease			
Immune and Leukocyte Disorders			
Inflammatory Bowel Disease			
Intestinal Stoma Status			
Joint Replacement			
Kaposi's Sarcoma			
Kidney Malignancy			
Leg Varicosities with Ulcers or Inflammation			



POLICY AND PROCEDURE		
Liver Malignancy		
Lung Malignancy		
Macular Degeneration		
Major Anomalies of the Kidney and Urinary Tract		
Major Congenital Bone, Cartilage, and Muscle Diagnoses		
Major Congenital Heart Diagnoses Except Valvular		
Major Liver Disease except Alcoholic		
Major Organ Transplant Status		
Major Personality Disorders		
Major Respiratory Anomalies		
Malfunction Coronary Bypass Graft		
Malignancy NOS/NEC		
Mechanical Complication of Cardiac Devices, Implants and Grafts		
Melanoma		
Migraine		
Multiple Myeloma w/wo Remission		
Multiple Sclerosis and Other Progressive Neurological Diagnoses		
Neoplasm of Uncertain Behavior		
Nephritis		
Neurodegenerative Diagnoses Except Multiple Sclerosis and Parkinson's		
Neurofibromatosis		
Neurogenic Bladder		
Neurologic Neglect Syndrome		
Neutropenia and Agranulocytosis		
Non-Hodgkin's Lymphoma		
Obesity (BMI at or above 25 for adults and BMI at or above the 85 <sup>th</sup> percentile for children)		
Opioid Abuse		
Osteoarthritis		
Osteoporosis		
Other Chronic Ear, Nose, and Throat Diagnoses		
Other Malignancies		
Pancreatic Malignancy		
Pelvis, Hip, and Femur Deformities		
Peripheral Nerve Diagnoses		
Peripheral Vascular Disease		
Persistent Vegetative State		
Phenylketonuria		
Pituitary and Metabolic Diagnoses		
Plasma Protein Malignancy		
Post-Traumatic Stress Disorder		
Postural and Other Major Spinal Anomalies		



Prematurity - Birthweight < 1000 Grams
Progressive Muscular Dystrophy and Spinal Muscular Atrophy
Prostate Disease and Benign Neoplasms - Male
Prostate Malignancy
Psoriasis
Psychiatric Disease (except Schizophrenia)
Pulmonary Hypertension
Recurrent Urinary Tract Infections
Reduction and Other Major Brain Anomalies
Rheumatoid Arthritis
Schizophrenia
Secondary Malignancy
Secondary Tuberculosis
Sickle Cell Anemia
Significant Amputation w/wo Bone Disease
Significant Skin and Subcutaneous Tissue Diagnoses
Spina Bifida w/wo Hydrocephalus
Spinal Stenosis
Spondyloarthropathy and Other Inflammatory Arthropathies
Stomach Malignancy
Tracheostomy Status
Valvular Disorders
Vasculitis
Ventricular Shunt Status
Vesicostomy Status
Vesicoureteral Reflux



# Appendix E: Adirondack Health Institute Health Home Severe Emotional Disturbance (SED) Eligibility Guidance

**Severe Emotional Disturbance (SED)** is defined as the following for Health Home Serving Children purposes:

1. A child or adolescent (under the age of 21) that has a designated mental illness diagnosis in the Diagnostic and Statistical Manual (DSM) categories below as defined by DOH:

-Anxiety Disorders	-Sleep Wake Disorders
-Depressive Disorders	-Sexual Dysfunctions
-Dissociative Disorders	-Medication Induced Movement Disorders
-Feeding and Eating Disorders	-Tic Disorders
-Paraphilic Disorders	-Obsessive-Compulsive and Related Disorders
-Schizophrenia Spectrum and Other	-Gender Dysphoria
Psychotic Disorders	
-ADHD	-Personality Disorders
-Trauma- and Stressor-Related	-Somatic Symptom and Related Disorders
Disorders	
-Bipolar and Related Disorders	-Disruptive, Impulse-Control, and Conduct Disorders
-Elimination Disorders	

#### AND

- 2. Has experienced functional limitation(s) due to emotional disturbance **over the past 12 months** (from the date of assessment) on a continuous or intermittent basis. The functional limitation(s) below must be moderate in at least two areas or severe in at least one of the areas:
  - Ability to care for self (e.g. personal hygiene; obtaining and eating food; dressing; avoiding injuries)
  - Family life (e.g. capacity to live in a family or family like environment; relationships with parents or substitute parents, siblings and other relatives; behavior in family setting)
  - Social relationships (e.g. establishing and maintaining friendships; interpersonal
    interactions with peers, neighbors and other adults; social skills; compliance with social
    norms; play and appropriate use of leisure time)
  - Self-direction/self-control (e.g. ability to sustain focused attention for long periods of time to permit completion of age-appropriate tasks; behavioral self-control; appropriate judgment and value systems; decision-making ability)
  - Ability to learn (e.g. school achievement and attendance; receptive and expressive language; relationships with teachers; behavior in school)



- Proof of Eligibility Requirements:
   To enroll the youth/child into the Health Home program under the single qualifying condition of SED:
- Proof of **both** diagnosis and functional limitation(s) must be obtained from a licensed mental health professional
- If you are unable to obtain proof of functional limitation(s) from a licensed mental health professional, you can use the mental illness diagnosis as one of two chronic conditions\* instead
- The functional limitation(s) need to be reviewed at least annually with updated proof obtained from a licensed mental health professional stating severity.

The child can enroll into the Health Home with 2 mental illness diagnoses as chronic conditions as well.

At least one of the following required documents is needed to enroll a youth/child into the Health Home program under SED single qualifying condition:

- Comprehensive Mental Health Assessment
- Evaluation must be completed within the past twelve (12) months. Completed by a licensed Medical or Mental Health professional to include valid diagnosis.
- Psychosocial
- Evaluation must be completed within the past (12) months. Completed by a licensed Medical or Mental Health professional to include valid diagnosis.
- Psychiatric Assessment
- Evaluation must be completed within the past (12) months. Completed by a licensed Psychiatrist (MD) or a Licensed Nurse Practitioner to include valid diagnosis.
- AHI HH SED Verification Form
- Form created specifically for licensed professionals to complete and sign to confirm diagnosis and functional limitation(s) resulting in SED determination
- It is recommended to also gather supporting documentation such as a Psychosocial from the licensed professional supporting the information provided but not required



## Appendix F: Adirondack Health Institute Health Home

Severe Emotional Disturbance Functionality Assessment

Name:		DOB:	CIN:	
	_		completed for accuracy. Please mak ity as Physician or Mental Health Pro	
Primai	ry Diagnosis of patient (DSM	V/ ICD 10 code):		
Other	<b>Diagnosis of patient</b> (DSM V/	ICD 10 code):		
severe The fu	impairment.	•	nave at least two moderate or at least two moderate or at least two moderate or at least or sever	
	Ability to care for self (personanderate ☐ Severe	ıl hygiene; obtaining a	and eating food; dressing; avoiding in	njuries)
			vironment or small group setting; ling and other relatives; behavior in f	<sup>-</sup> amily
		ılts; social skills; comp	riendships; interpersonal interactions oliance with social norms; play and	s with
		opriate tasks; behavio	ed attention for a long enough period oral self-control; appropriate judgme	
	Ability to learn (e.g. school ach relationships with teachers; be oderate $\square$ Severe		lance; receptive and expressive langu	ıage;

**Other Additional Recommendation or Comments:** 



Name of Licensed Professional:	 	
Organization:	 	 
Signature:	 	 
Date:		



## Appendix G: Adirondack Health Institute Health Home

Serious Mental Illness Functionality Assessment

Name:	DOB:	CIN:
	Please review this form and the information anges you see fit per your professional capo	n completed for accuracy. Please make all acity as Physician or Mental Health Provider.
Primary Diagr	nosis of patient (DSM V/ ICD 10 code): _	
Other Diagno:	sis of patient (DSM V/ ICD 10 code):	
		ed Professional or Care Manager): For SN sted below as a result of their qualifyin
or com	to care for self (personal hygiene, diet, clot plying with medical advice) loderate $\Box$ Severe	thing, avoiding injuries, securing health care,
attendi commu	tions of activities of daily living (maintaining school, using transportation, day-to-day unity service)  Ioderate   Severe	ng a residence, getting and maintaining a job, money management, or accessing
interpe neighbo		blishing and maintaining social relationships, children and other family members, friends, oms, or appropriate use of leisure time)
timely r areas w period,	ncies of concentration, persistence, or pace manner in work, home, or school setting. In when they repeatedly are unable to complet make frequent errors in task, or require ass loderate   Severe	dividuals may exhibit limitations in these te simple tasks within an established time
	al Recommendation or Comments:	
Other Addition	ar recommendation of comments.	



Name of Licensed Professional:	 	
Organization:	 	
Signature:	 	
Date:		



## Appendix H: Adirondack Health Institute Health Home

Health Home Appropriateness Criteria

Appropriateness Code	Appropriateness Criteria	Program	Comments Required (Y/N)?
10	ADVERSE EVENTS RISK: Current H-code in EMEDNY (HARP Eligible/Enrolled)	Adults	N
11	ADVERSE EVENTS RISK: Current POP flag in PSYCKES	Adults	N
12	ADVERSE EVENTS RISK: Current Quality or HH+ flag in PSYCKES or equivalent from RHIO or MCO	Adults	N
13	ADVERSE EVENTS RISK: Member currently involved with mandated preventive services. Must specify date issued services and provider of service	Children	Y
14	ADVERSE EVENTS RISK: Member recent inpatient/ED/psychiatric hospital/Detox within the last 6 months. Must specify name of institution and date of release	Children	Y
15	ADVERSE EVENTS RISK: Member recent out of home placement (foster care, relative, RTF, RTC, etc.) within the last 6 months. Must specify name of institution and date of release	Children	Y
16	ADVERSE EVENTS RISK: Member recently diagnosed with a terminal illness/condition within the last 6 months. Must specify condition and date diagnosed	Children	Y
17	ADVERSE EVENTS RISK: Member received an initial Disability Determination (SSI or DOH Disability Certificate/letter) within the last 6 months	Children	N
18	ADVERSE EVENTS RISK: Released from Jail/Prison/Juvenile detention, involved with Probation, PINS, Family Court within the last 6 months. Must specify name program and date of release/court/probation	Children	Y
19	HEALTHCARE RISK: Member (or guardian) is unable to appropriately navigate the healthcare system for the member's chronic conditions	Both	Y
20	HEALTHCARE RISK: Member does not have a healthcare provider or specialist to treat a chronic health condition	Both	N
21	HEALTHCARE RISK: Member has not seen their provider (e.g., PCP, BH, etc.) in the last year	Both	N
22	READMISSION/RECIDIVISM RISK: Released from inpatient Medical, Psych, or Detox within the last 6 months. Must specify name of institution and date of release	Adults	Y



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23	READMISSION/RECIDIVISM RISK: Released from Jail/Prison or other justice program within the last 6 months. Must specify name program and date of release	Adults	Y
24	SOCIAL DETERMINANTS RISK: Current Intimate Partner Violence/Current Family Violence in the home of the member	Both	N
25	SOCIAL DETERMINANTS RISK: Currently cannot access food due to financial limitations or ability to shop or access food site, dietary restrictions, etc.	Both	N
26	SOCIAL DETERMINANTS RISK: Currently homeless (HUD 1, 2, or 4) & for Transitional Age Youth, has no stable living arrangement (living with different friends/family)	Both	N
27	SOCIAL DETERMINANTS RISK: Member has fewer than 2 people identified as a support by the member	Both	N
28	SOCIAL DETERMINANTS RISK: Member has had a change in guardianship/caregiver within the last 6 months	Both	N
29	SOCIAL DETERMINANTS RISK: Member is concurrently HH appropriate due to caregiver/guardian enrolled in HH	Children	Y
30	SOCIAL DETERMINANTS RISK: Member (or caregiver, if Member is a child) does not have needed benefits (SSI, SNAP, etc.)	Both	N
31	SOCIAL DETERMINANTS RISK: Recent institutionalization or nursing home placement of member's primary support person	Adults	N
32	TREATMENT NON-ADHERENCE RISK: Member/care team member report of non-adherenceMust specify WHICH medication(s) and/or treatment(s) are involved	Both	Y
33	TREATMENT NON-ADHERENCE RISK: PSYCKES flag related to non-adherence or equivalent from RHIO or MCO	Both	N
34	Direct Referral from MCO	Both	N
35	Direct referral from Adult Protective Services	Adults	N
36	Direct referral from Child Protective Services/Preventive Services Program	Children	N