



a·H·Informer

A news update from Adirondack Health Institute

January 28, 2024

News Headlines

NYS DOH Statewide Health Care Facility Transformation Project IV Funding Available

On January 9, 2024, the New York State Department of Health announced the availability of funds under the **Statewide Health Care Facility Transformation Program IV**, established pursuant to Section 2825-g of the Public Health Law.

A total of up to \$250,000,000 is available through Request for Applications (RFA #20244) to health care providers in support of capital projects, debt retirement, working capital or other non-capital projects that facilitate furthering transformational goals, including, but not limited to, transforming, redesigning, and strengthening quality health care services in alignment with statewide and regional health care needs and in the ongoing pandemic response, or other activities intended to build innovative, patient-centered models of care, to increase access to care, to improve the quality of care and to ensure financial sustainability of health care providers.

Eligible Applicants include:

- Hospitals
- Residential care facilities
- Adult care facilities
- Assisted living programs
- Children's residential treatment facilities licensed by the Office of Mental Health (OMH), and residential facilities or day program facilities licensed by the Office for People With Developmental Disabilities (OPWDD).
- Eligible Applicants also include community-based health care providers which include diagnostic and treatment centers, home care providers, primary care providers, independent practice associations or organizations, hospice providers, outpatient clinics licensed by OMH, the Office of Addiction Services and Support (OASAS) or OPWDD, and community-based programs funded by OMH, OASAS, OPWDD or through local governmental units.

The **Statewide Health Care Facility Transformation Program IV** RFA can be accessed through the New York State Department of Health website at <http://www.health.ny.gov/funding/>, or through the Grants Gateway website at <http://grantsreform.ny.gov>. Applications must be submitted in Grants Gateway by 4:00 PM EST on March 26, 2024.

Questions regarding the Statewide Health Care Facility Transformation Program IV (RFA #20244) must be e-mailed by February 20, 2024 to Statewide4transformation@health.ny.gov.

Master Plan for Aging General Public Survey extended through January 31, 2024

Due to the recent surge in enthusiasm and overwhelming response from survey participants, the

survey period for the **Master Plan for Aging survey** will be extended through **January 31, 2024**.

Since the launch of New York State's Master Plan for Aging (MPA) survey, NYS has received an unprecedented level of engagement from stakeholders, providers, advocates, and community members. To date, more than 5,000 survey responses have been received. This valuable input has provided a wealth of ideas and suggestions that will greatly contribute to the development of the MPA. NYS is thrilled by the enthusiasm shown and want to ensure that everyone has a chance to participate. The State will be working with their stakeholder partners on in-person survey events and on further promotion to their constituencies so that all older New Yorkers and New Yorkers with disabilities can have their voices heard.

The survey is available in 17 languages if completed on line at [Master Plan for Aging General Public Survey – Drawing the Blueprint \(ny.gov\)](#). Paper copies are also available by emailing MPA@health.ny.gov.

For more information on the MPA, please visit www.ny.gov/mpa. Please email MPA@health.ny.gov with any questions about the survey.

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.

Click [here](#) to read!

A new edition of the **Moreau Community Center** newsletter is available.

Click [here](#) to read!

New York State Electronic Cigarette Use Data Released

The New York State Department of Health recently announced the release of a new data product based on data from the New York Behavioral Risk Factor Surveillance System (BRFSS), entitled "[BRFSS Brief: Electronic Cigarette Use among NYS Adults, 2021](#)". Electronic cigarettes (e-cigarettes) are devices used to heat and aerosolize highly addictive nicotine or other substances that a person can inhale into their lungs. The use of an e-cigarette is generally referred to as "vaping."

The key finding within this data includes that the prevalence of e-cigarette use among adults in New York State was 5.3% in 2021, compared to national average of 6.1%. Statewide, e-cigarette use was highest among adults between the ages of 18-24, at 15.1%. Our local communities continue to be disproportionately burdened by tobacco use. The adult e-cigarette-use rates for our local area include Saratoga County at 7.2%, Warren County at 6.0%, and Washington County at 8.7%.

The Clear the Air in the Southern Adirondacks (CASA) program of the Adirondack Health Institute (AHI) continues to engage our local community to provide education on the impact of commercial tobacco product marketing and use. If you are interested in learning how you can mobilize your community for change, please contact our CASA team at casa@ahihealth.org.

Events



Adirondack Health Institute

Everyone Leads

Building the Culture for Collective Impact



02/07/24 10:00AM-2:00PM

Courtyard by Marriott Lake George
365 Canada Street
Lake George, NY 12845
RSVP by 02/02/24



02/08/24 10:00AM-2:00PM

Elizabethtown Community Hospital-
Ticonderoga Campus
101 Adirondack Drive
Ticonderoga, NY 12883
RSVP by 02/02/24

Presenter:

Paul Schmitz

CEO of Leading Inside Out

Senior Advisor at The Collective Impact Forum

Collective impact is a network of community members, organizations, and institutions that advance equity by learning together, aligning, and integrating their actions to achieve population and systems-level change.

During this interactive session, Paul Schmitz will illustrate through stories and activities the best practices that support effective collective impact and that are applicable to other collaborative work as well.

Learning Objectives:

- Participants will understand the core elements of collective impact and the best practices that support success.
- Participants will learn how practices related to racial equity, community engagement, and trust support effective collaboration to move larger goals together.

*****REGISTRATION IS REQUIRED FOR THIS EVENT AS LUNCH AND RESOURCES ARE PROVIDED AND SPACE IS LIMITED! PLEASE BRING YOUR TICKET FOR CONFIRMATION OF REGISTRATION!**

**REGISTER
HERE!**



www.ahihealth.org/arhn

Youth Mental Health First Aid Training February 9, 2024

The North Country Care Coordination Collaborative (NCCCC) will be offering a Youth Mental Health First Aid (YMHFA) on February 9 from 8:30am to 4:30pm in the CVPH Board Room.

YMHFA, an evidence-based course, prepares attendees to support young people in their lives. You'll learn how to identify, understand, and respond to mental health and substance use challenges, among adolescents 12-18. You'll build skills and confidence to use with youth who are struggling. You'll also learn how to connect them with appropriate support.


AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying

The instructor will be Bonnie Black, Trainer/Consultant in suicide prevention/intervention/postvention. She is the Chair of the Clinton County Coalition to Prevent

Suicide, Coordinator of the County Postvention Team, AFSP Capital Region Board Member and North Country Regional Leader for In-School Programming for the NYS Office of Mental Health.


To sign up for this training, please reach out to Melissa Joyce at mjoyce@ahihealth.org.




Alzheimer's Association Chapters of New York State and the Finger Lakes Geriatric Education Center present

VIRTUAL DEMENTIA EDUCATION SERIES

FOR HEALTH CARE PROFESSIONALS | **SPRING 2024** Register Today!



TO REGISTER:
<https://bit.ly/4aa64OS>

Or SCAN QR CODE ▶ 

Music Therapy & Dementia

THURSDAY, FEBRUARY 8th | 12PM
KATH FATHERS, MA, MT-BC, LCAT - Board Certified Music Therapist, Licensed Creative Arts Therapist, Co-Founder & Director CNY Music Therapy LLC

Kath will describe a range of uses of music in memory care via case study examples and a description of music therapy in group work and for individuals. Music therapists can also serve in a consultancy role to support staff and volunteers to implement music strategies that positively impact those living with dementia and the carers/staff/environment where they live.



REMOTE AREA MEDICAL



Providing free, quality healthcare to those in need



FREE CLINIC

HUDSON FALLS, NY

SERVICES AVAILABLE:



DENTAL

Cleanings, Fillings, Extractions, X-rays



VISION

Complete Eye Exams, Eye Health Evaluations, Prescription Glasses Made on Site



MEDICAL

Physical Exams, RX Consultations, Women's Health, General Exams, & More!

April 6-7, 2024

Hudson Falls High School

80 E. Labarge Street,

Hudson Falls, NY 12839



FREE, FIRST COME, FIRST SERVED, NO ID REQUIRED!
FOR MORE INFO: RAMUSA.ORG | 865.579.1530



Other Information and Resources

Job Postings

AHI is seeking insurance **Enrollment Specialists** to join our team! AHI's Enrollment Specialists help to reduce rates of uninsured by providing education, outreach, and enrollment assistance, to help people access health insurance through New York State's State of Health Marketplace.

For more information on these roles and to apply, visit <https://ahihealth.org/who-we-are/careers/>.

If you are an organization that would like a link to your job posting(s) included in a future AHInformer, please send the information to us at communications@ahihealth.org.

Struggling to afford internet service?

Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project)** program assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a FREE and CONFIDENTIAL service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at **1.866.872.3740** or visit our [website](#) to for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Keep New York Covered

Important Changes to New York Medicaid, Child Health Plus and the Essential Plan

Do you or a family member currently have health insurance through New York State Medicaid, Child Health Plus, or the Essential Plan? New York State is resuming eligibility reviews and renewals for people enrolled in these programs. **This means you may need to take action to renew your health insurance or the insurance of your family members.**

AHI's EASE enrollment team can help! EASE provides FREE and CONFIDENTIAL service to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our site at [ahihealth.org/knyc](https://www.ahihealth.org/knyc) for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://www.ahihealth.org/ahi-news/ahinformer/>.

Adirondack Health Institute | 100 Glen Street, Suite 1A, Glens Falls, NY 12801
518.480.0111 communications@ahihealth.org | www.ahihealth.org

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