



a·H·Informer

A news update from Adirondack Health Institute

February 25, 2024

News Headlines

NYS 1115 Waiver Update – Exciting News!

Adirondack Health Institute (AHI) is pleased to share our plans to apply for and serve as the New York State 1115 Waiver Amendment's lead Social Care Network (SCN) for the 10-county North Country region encompassing Clinton, Essex, Franklin, Fulton, Hamilton, Jefferson, Lewis, St. Lawrence, Warren, and Washington counties.

The 1115 Waiver amendment supports the State's efforts to advance health equity, reduce health disparities, support the delivery of health-related social needs services, and promote workforce development. AHI, in collaboration with Fort Drum Regional Health Planning Organization (FDRHPO) and the Northwinds IPA, along with our many regional stakeholders, is well positioned to lead these efforts in the North Country region.

For more than three decades, AHI has led robust regional collaborative work with a network of clinical, behavioral, and social care providers to meaningfully advance healthcare accessibility, quality, and equity in the North Country region. AHI's work includes establishing a social care referral platform, a food systems network, a Rural Health Network, telehealth partnership, regional opioid response program, health insurance enrollment assistance, health home care management services, care coordination technical assistance, as well as support of the Adirondacks ACO's value-based payment arrangements.

AHI's longstanding portfolio of work promoting health equity, coupled with its deeply collaborative relationships with partners across the region's healthcare continuum, strongly positions it to effectively carry out the SCN lead responsibilities, including administering the SCN network, continuing to foster collaborative partnerships, building network members' capacity, facilitating Health-Related Social Needs screening and navigation, facilitating payments to network members, conducting performance evaluation, facilitating the data and IT infrastructure, and more.

If you have any questions or comments, please reach out to Karen Ashline, Chief Executive Officer, at kashline@ahihealth.org or 518.480.0111, ext. 201.

Thank you for all your efforts to ensure we can lead this work in the North Country.

A new edition of the **Family Services Association of Glens Falls, Inc.** newsletter is available.

Click [here](#) to read!

A new edition of the **Moreau Community Center** newsletter is available.

Click [here](#) to read!

Leadership Skills Course for Teens Part 2



Join us for a **FREE** event to learn tips on completing college and scholarship applications (including essays), preparing a resume, cover letter, and preparing for an interview. Learn from local experts in our region.

This event is open to middle and high school students in Saratoga, Warren and Washington counties - refreshments will be available!

Registration is required - Choose one of the locations below:

Saturday
3/2/24

Saratoga Springs
Public Library
49 Henry St
Saratoga Springs
10:00am-12:00pm

Saturday
3/16/24

Crandall Public
Library
251 Glen Street
Glens Falls
10:00am - 12:00pm

Saturday
3/23/24

Greenwich Free
Library
148 Main Street
Greenwich
10:00am - 12:00pm

This event is sponsored by Adirondack Health Institute's Reality Check program and facilitated by Hudson Mohawk AHEC

Reality Check of New York is a free youth-led, adult-supported program focused on those 13-18 years of age throughout New York State. Involved youth lead positive change in their communities through the education of business leaders, legislators, and other community representatives and entities. Major efforts focus on reducing tobacco marketing for teens, eliminating tobacco imagery in youth-rated movies, and helping shape the tobacco landscape for future generations. To learn more, visit: <https://ahihealth.org/casa/reality-check/#goals>

All events are smoke-free



Register here:

<https://www.surveymonkey.com/r/D2WX9Y3>

Questions? Contact Adrienne Cross at across@hmahec.org



Telehealth Learning Collaborative March 18, 2024

The North Country Telehealth Partnership will be hosting the next Telehealth Learning Collaborative on **March 18** from **2:00 - 3:00PM EST**. Presentation details and agenda will be released prior to the meeting.

Register for the meeting [here](#).

Virtual Workshop:

BOUNDARIES & DISCLOSURE IN HARM REDUCTION WORK

with the National Harm Reduction Coalition

Join us to learn how to establish personal and professional boundaries and avoid transference issues with people who use drugs.

MARCH 28, 2024
1 PM - 3 PM

Questions: sherlick@ahihealth.org

**REGISTER
HERE**

BY MARCH 25TH



DISCLAIMER: This event is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with 0 percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov)

REMOTE AREA MEDICAL



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April 6-7, 2024

Hudson Falls High School

80 E. Labarge Street,

Hudson Falls, NY 12839



FREE, FIRST COME, FIRST SERVED, NO ID REQUIRED!
FOR MORE INFO: RAMUSA.ORG | 865.579.1530





North Country Care Coordination Workforce Collaborative (NCWC) presents:

2024 Anxiety and Depression Training Series



Date, Time & Location:

Session 1: Thursday, April 11
Session 2: Tuesday, June 25
Session 3: Thursday, September 12

All Sessions: 11:30am - 12:30pm
Virtual via Zoom



Presenter:

Jessica Steward,
MS, LMHC, LPSS, QS
Cloud Nine Consultant



Continuing Education Credit:

Each session has CE Pending for one (1) CE Credit for Social Work, LMHC, Physical Therapy, Occupational Therapy and Speech Therapy

Session 1: April 11 - Anxiety and Depression: Care Techniques & Considerations

This session provides insight into anxiety and depression for professionals. Participants will gain knowledge about the causes, signs, symptoms, and prevalence of these conditions. The discussion will also address barriers to seeking care that may exist but do not necessarily indicate a lack of willingness on the part of the individual to seek help.

Session 2: June 25 - SMART Documentation for Care Providers

This session will provide detailed information about SMART goals and their empowering role in guiding individuals through their treatment or care journey. During this session, participants will learn how to craft their own SMART goals tailored to the populations they serve, as well as strategies for fostering ongoing client adherence with recommended treatment plans.

Session 3: September 12 - Tactics for Meaningful Work with Challenging Populations

This session will explore factors that may contribute to client resistance to treatment and the frustration that care professionals may experience when individuals express a desire to change but fail to engage. Discussion will also address working with individuals who may express or have expressed suicidal thoughts. Participants will learn to identify suicide risk factors and strategies to manage and mitigate critical situations and assist in facilitating necessary referrals for immediate attention.

This series is geared for care/case managers and care coordinators. Participation in all sessions is ideal, but not required - you may choose the session(s) you wish to attend while registering.



<https://us02web.zoom.us/join/91186312000>

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SAVE THE DATE

2024 North Country Leadership Summit

*Leveraging Partnerships to Enhance the
Regional Health and Social Care Landscape*

Wednesday - Thursday
October 9 - October 10

LAKE PLACID, NY



Other Information and Resources

Job Postings

AHI is seeking insurance **Enrollment Specialists** to join our team! AHI's Enrollment Specialists help to reduce rates of uninsured by providing education, outreach, and enrollment assistance, to help people access health insurance through New York State's State of Health Marketplace.

For more information on these roles and to apply, visit <https://ahihealth.org/who-we-are/careers/>.

If you are an organization that would like a link to your job posting(s) included in a future AHI Informer, please send the information to us at communications@ahihealth.org.

Addiction and Mental Healthcare Access Assistance

AHI's **CHAMP (Community Health Access to Addiction and Mental Healthcare Project)** program assists individuals and their families with accessing substance use disorder and mental health treatment services. We can help by breaking down barriers to care, including provider network and other health insurance related issues. We serve nine counties: Clinton, Essex, Franklin, St. Lawrence, Fulton, Hamilton, Saratoga, Warren, and Washington.

CHAMP is a **FREE** and **CONFIDENTIAL** service available to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our [website](#) to for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Keep New York Covered

Important Changes to New York Medicaid, Child Health Plus and the Essential Plan

Do you or a family member currently have health insurance through New York State Medicaid, Child Health Plus, or the Essential Plan? New York State is resuming eligibility reviews and renewals for people enrolled in these programs. **This means you may need to take action to renew your health insurance or the insurance of your family members.**

AHI's EASE enrollment team can help! EASE provides FREE and CONFIDENTIAL service to everyone, regardless of insurance coverage, including the uninsured.

Call us at 1.866.872.3740 or visit our site at ahihealth.org/knyc for more information.

Information sessions can be scheduled, and materials made available upon request – contact us for more details!

Share Your Updates

AHI partners in Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren, and Washington counties are encouraged to send news items to communications@ahihealth.org to be considered for inclusion in the AHInformer.

This edition and past issues of the newsletter are available at <https://ahihealth.org/ahi-news/ahinformer/>.

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