Have questions about substance use or mental health insurance?

CHAMP

ALWAYS FREE.
ALWAYS CONFIDENTIAL.

- Learn your insurance rights
- Fight denials and file appeals
- Report violations
- Get the most from your plan

Contact your local CHAMPIONS

Adirondack Health Institute

866-872-3740

Mon - Fri 8am-4pm

ombuds@oasas.ny.gov

aHI

NEW YORK STATE | Community Health Access to Addiction & Mental Healthcare Project | Office of Mental Health | Office of Addiction Services and Supports